Public Health Nutritionist Resume

Job Objective

To obtain the position of Public Health Nutritionist where I can enhance my skills and contribute to the growth and development of the organization.

Highlights of Qualifications:

- Substantial experience of public health assessment, diet therapy and food service management
- In-depth knowledge of food chemistry, caloric values and physical properties
- Exceptional knowledge of normal, therapeutic, prenatal and child nutritionprinciples and applications
- Proficient in MS Office Suite, CPR techniques and First aid treatment
- Ability to plan, prepare and modify diets and menus, as per patient's nutrition needs
- · Ability to train and educate medical, nursing and support staff on public health and nutrition related issues

Professional Experience:

Public Health Nutritionist New Wave People Inc, Forest, MS August 2012 – Present

Responsibilities:

- Collected, analyzedand documented findings of blood samples and anthropometric measurements.
- Prepared, implemented, monitored and revised patient-specific medical nutrition therapy and nutrition care plan.
- Planned and conductedeffective nutrition education workshops for children, adults and other health professionals.
- Provided nutritional screening, counseling, and information to various individuals such as, prenatal clients, lactating mothers, mothers of newborn infants, HIV /AIDS patients and malnourished clients.
- Discussed healthy lifestyle choices with clients and encouraged adoption of positive dietary habits by them.
- Conducted group meetings, community presentations, personal visits and made phonecalls, to maintain contact with clients.

Public Health Nutritionist Allegheny County Health Department, Forest, MS May 2009 – July 2012

Responsibilities:

- Developed, reviewed and executed patient-specific nutrition assessment, nutrition program and nutrition care plans.
- Delegated, supervised and assessed work done by interns and support staff.
- Worked with governmental and community agencies, various public interest groups and professional health associations.
- Handled contractors, their compliance issues and complaints, in an effective manner.
- Enforced and maintained compliance with government-specified guidelines for food and nutrition programs.
- Participated in outreach activities, program promotions and fundraising events.

Education:

Bachelor's Degree in Dietetics Foods and Nutrition Everest College, Portland, OR

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