
Lifestyle Consultant Resume

Job Objective

Seeking a Lifestyle Consultant position in an environment where I can utilize my experience and my knowledge to add value to an organization.

Areas of Excellence:

- Remarkable experience in Lifestyle consultancy
 - Ability to communicate with Clients and Co-Worker
 - Enthusiasm for personal health and fitness
 - Ability to promote Lifestyle Family Fitness mission statement and core values
 - Ability to learn the Lifestyle Family Fitness method of selling
 - Superior customer service skills
 - Excellent communication skills
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Professional Experience:

Lifestyle Consultant

Kent, Alton, TX, August 2005 – Present

- Managed answering phone calls and setting appointments.
- Maintained front desk and reception area.
- Aided administrative tasks and cleanliness.
- Handled completion of weekly figures and detailed comments.
- Administered stock control accounting systems.

Lifestyle Consultant

Reegal, Inc., Alton, TX, May 2000 – July 2005

- Managed delivery of recreational guest services.
 - Established extra activities and events.
 - Reviewed physical condition of all users and aided organization of seminars.
 - Administered Lifestyle Consultants on regular basis.
 - Maintained staffing costs with work schedules.
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Education:

Bachelor's Degree in Management

Florida International University, Florida, FL

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