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# DIETITIAN ASSISTANT RESUME

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## Objective:

To obtain the Dietitian Assistant position that will expand and develop my skills.

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## Summary of Skills:

- Certified Dietician Assistant with strong experience from Dietitian's Assistant Training Program
  - Profound knowledge of nutrition and therapeutic diets
  - Knowledge and application of medical nutrition therapy principles
  - Outstanding ability to deal with geriatric patients served by the Food and Nutrition Department
  - Skilled with strong interpersonal skills necessary to listen, obtain information and effectively communicate with all customers
  - Amazing ability to complete nutrition and food service requests
  - Excellent verbal, interpersonal and communication skills
  - Ability to handle phone calls, email and fax
  - Computer skills including word processing and spreadsheet software
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## Work Experience:

Dietitian Assistant, August 2005 to till date  
CHRISTI REGIONAL MEDICAL CENTER, Romeoville, IL

- Provided nutritional needs of patients through appropriate menu modification.
- Performed nutritional record maintenance and received patient meal selections.
- Worked under the supervision of the Clinical Nutrition Operations Supervisor.
- Ensured patients received meals and nourishments in accordance with dietary prescriptions.
- Maintained dietary files that included information of menu items selected.
- Identified opportunities and contributed to the improvement of quality, safety and costs.
- Performed other duties as were assigned by proper authority to the standards of the Department.

Dietitian Assistant, May 2000 to July 2005  
Vassar brothers Medical Center, Romeoville, IL

- Demonstrated knowledge and skills necessary to provide appropriate care to all ages of the life span such as pediatric, adolescent and adult.
  - Visited assigned patients.
  - Obtained food preferences, menu selections and nutritional information.
  - Corrected menus and ordered nourishments.
  - Instructed patients on simple diet modifications and food/drug interactions.
  - Provided optimal nutritional care.
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## Education:

Associate Bachelor's Degree in Nutrition, Mississippi Delta Community College, Moorhead, MS

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