

FOR - TAMPER RESISTANT SEAL If printed heat induced seal appears to be tampered with, do not use product. This product has been manufactured and packaged in strict conformance with industry & government standards.

Directions: As a dietary supplement, take one softgel 2 to 3 times daily or as recommended by a health care professional. Consumption of Omega-3 fatty acids may reduce the risk of coronary heart disease. FDA evaluated the data and determined that, although there is scientific evidence supporting the claim, the evidence is not conclusive. The fatty acids found in coconut oil are different from other fats. They are called medium chain acids (MCA) which possess unique properties with nutritional applications.

Warning: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.



Keep Out of the Reach of Children
Store in a dry, controlled room environment.

MASON natural[®] ‡

Premium Herb

NEW

Coconut Oil / Flax Seed Omega 3-6-9



May REDUCE
the RISK of
Coronary Heart
Disease*

*See
Side Panel

HERBAL SUPPLEMENT

Essential Fatty Acids
from a Vegetable Source

60 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	%DV
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Monounsaturated Fat	120 mg	**
Polyunsaturated Fat	365 mg	**
Protein	300 mg	**
Flax Seed Oil	500 mg	**
Coconut Oil	500 mg	**

which typically contains:

Caprylic Acid	27 mg	**
Capric Acid	23 mg	**
Lauric Acid	220 mg	**
Myristic Acid	65 mg	**
Palmitic Acid	63 mg	**
Stearic Acid	23 mg	**
Oleic Acid (Omega 9)	119 mg	**
Linoleic Acid (Omega 6)	87 mg	**
alpha-Linolenic acid (Omega 3)	278 mg	**

*Percent Daily Values are based on a 2,000 calorie diet

**Daily Value not established

Other Ingredients: Gelatin, Glycerin, Purified Water.

LOT/EXP. DATE

GUARANTEED
NO ADDED:
Yeast, wheat milk
or milk
derivatives,
lactose, sugar,
preservatives, soy
artificial flavor
and sodium.

Contains naturally
harvested herbal
products. Color
variation is possible.

‡Mason Natural[®] is a
registered trademark
and does not refer to
any product claim.



Please
Recycle

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured in the USA for:
MASON VITAMINS, INC. Miami Lakes, FL 33014
1-888-880-5378 • www.MasonVitamins.com

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