

Cranford

MEDICAL

Cranford Medical Ladies Sock Size Chart

	Small	Medium	Large	X-Large
US Shoe Size	4-5	5.5-7.5	8-10.5	11-12.5
Ankle Cir.	7"-8" 17.75-20.3 cm	8"-9.5" 20.3-24.1 cm	9.5"-11" 24.1-27.9 cm	11"-12.5" 27.9-31.8 cm
Calf Cir.	10.5"-14.5" 26.7-36.8 cm	11.5"-15.5" 29.2- 39.4cm	12.5"-17" 31.8-43.2 cm	13.5"-18" 34.3-45.7 cm

Cranford Medical Men's Sock Size Chart

	X-Small	Small	Medium	Large	X-Large	XX-Large
US Shoe Size	3.5-4.5	5-7	7.5-10	10.5-12	12.5-14	14.5-16
UK Shoe Size	3-4	4.5-6.5	7-9.5	10-11.5	12-13.5	14-15
European Shoe Size	35-36	37-39	40-44	44.5-47	47.5-48.5	49-51
Ankle Cir.	6"-6.75" 15.2-17.1 cm	7"-8.75" 17.8-21.3 cm	8.75"-10" 22.2-25.4 cm	10"-11.5" 25.4-29.2 cm	11.5"-13 29.2-33 cm	13"-14.5" 33-36.8 cm
Calf Cir.	9.75"-11" 24.8-27.9	11.25"-15" 28.6-38.1	12"-16.5" 30.5-41.9	12.5"-18" 31.8-45.7	13.5"- 19.75" 34.3-50.2	19.75"-21" 50.2-53.3

Fabric Contents

Style #82331 is 80% Nylon and 20% Spandex

Style #81223 is 85% Nylon and 15% Spandex

Style #83225 is 91% Nylon and 8% Spandex

Style #83313 is 85% Nylon and 15% Spandex

Style #87215 is 65% Coolmax Polyester, 25% Nylon, 10% Spandex

Care Instructions

Machine Wash in water on gentle cycle using mild detergent

Air Dry

Do not bleach, tumble dry, dry clean or iron

What is graduated Compression Therapy?

Graduated Compression therapy hosiery is designed to gently provide maximum compression at the ankle and gradually reduce the pressure up the leg.

The massaging action is medically proven to help improve the blood flow in your legs. The results are a reduction of swelling and discomfort in the feet and lower legs.

Graduated Compression is measured in millimeters of Mercury. The higher the “mmHg” number, the greater the compression at the ankle.

Graduated compression ranges include:

Mild	8-15 mmHg
Moderate	15-20 mmHg
Firm	20-30 mmHg
Extra Firm	30-40 mmHg

Live Healthy...Compression Legwear

Healthy veins contract blood upward through valves.

Unhealthy veins become dilated from too much pressure.

Compression lessens gradually up the leg

Maximum compression at ankle

Graduated compression forces the veins to constrict to normal diameter, making the valves function correctly.

Effects of compression legwear are instantaneous because:

- circulation in the legs is increased immediately
- relieves pain and swelling associated with small varicose veins to varicose ulcers and thrombosis
- helps prevent more serious problems such as blood clots in the deep vein

Positive blood flow makes you feel great and energizes your legs!

All Cranford Medical products are made in the United States