

Supplement Facts

Serving Size 6 tablets

Servings Per Container 48

	Amount Per Serving	% Daily Value
Calories	26	**
Total Fat	0g	0%
Cholesterol	0g	0%
Sodium	10mg	1%
Total Carbohydrates	0g	0%
Vitamin C (as Calcium Ascorbate)	60mg	100%
Protein (as Collagen Type 1, 2 & 3)	6g	12%

** % Daily Values are based on a 2000 calorie diet.

Other ingredients: Magnesium Stearate (vegetable grade).

SUGGESTED USE: Take (3) tablets twice a day
with or without food

DIETARY SUPPLEMENT IS GLUTEN DAIRY AND SOY FREE

ALLERGY WARNING: May contain sulfite residues.

KEEP OUT OF REACH OF CHILDREN

If you are pregnant, nursing or have a medical condition,
consult your physician before use.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

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Calories	26	
Total Fat	0 g	0%
Cholesterol	0 g	0%
Sodium	10 mg	<1%
Total Carbohydrates	0 g	0%
Protein (as Collagen Type 1 & 3)	5 g	10%
Biotin (as d-Biotin)	1,200 mcg	400%
Collagen 1 & 3 (Bovine)	5,000 mg	**
Fe-Ti Extract (root) (<i>Polygonum multiflorum</i>)	420 mg	**
L-Cysteine (as L-Cysteine Hydrochloride)	320 mg	**

** Daily values not established

Other ingredients: Calcium Carbonate, Dicalcium Phosphate
Magnesium Stearate (vegetable-grade).

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