



**JULY 17-21, 2023**

**FOR AGES 6-15**



# GRIFFINS YOUTH HOCKEY CAMP

## IN GRAND RAPIDS

### INSTRUCTORS



Former Griffins Assistant Coach  
Matt Macdonald

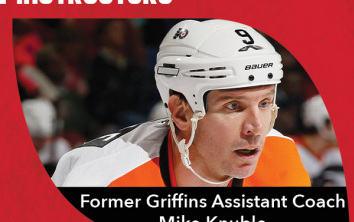


Griffins Right Wing  
Dominik Shine

### PART-TIME INSTRUCTORS



Griffins Assistant Coach  
Brian Lashoff



Former Griffins Assistant Coach  
Mike Knuble

### INSTRUCTION

Skating - "Your Foundation"  
Stride development  
Stick handling  
Balance & proper form  
Forward & backward strides

Shooting & passing  
Explosive starts & stops  
Cross-overs  
Tight turning  
Flow drills

- 11 hours of ice time, 11 hours of dry-land fun & video
- Locker room provided to leave equipment for the week
- Separate groups by age and skill level
- Lunches provided by popular local eateries:  
(McDonald's, Chick-Fil-A, Buffalo Wild Wings, Little Caesars, Arby's)

### CAMP FORMAT

8:30 - 9:45 AM  
10:00 - 11:15 AM  
11:30 AM - 12:15 PM  
12:30 - 1:30 PM  
1:45 - 2:45 PM  
Morning On-Ice Sessions  
Afternoon On-Ice Sessions  
Friday afternoon

Group A on the ice & Group B off-ice  
Group B on the ice & Group A off-ice  
Lunch  
Group A on the ice & Group B off-ice  
Group B on the ice & Group A off-ice  
Power Skating  
Skills  
BIG Game for the Stanley Cone

**\$400 PER CHILD**  
Includes camp jersey, hat, and daily lunch



CENTENNIAL SECURITIES

Investments & Advice



FOX MOTORS *Only the Best.*







**JULY 17-21, 2023**



**LUNCHES PROVIDED BY:**



**LEARN HOCKEY & SPORTSMANSHIP**

**HAVE FUN**

**CHILD'S NAME:** \_\_\_\_\_

**PARENT'S NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**DAYTIME PHONE:** \_\_\_\_\_

**EMAIL ADDRESS:** \_\_\_\_\_

**PREFERRED POSITION:** (circle one)      Forward      Defense      Goalie

**GENDER:**      M      F      **AGE (at time of camp):** \_\_\_\_\_

**JERSEY SIZE:**      YM      Y-L / XL      AS      AM      AL      AXL

**CHECKS SHOULD BE MADE PAYABLE TO:**

**GRAND RAPIDS GRIFFINS | Camp Fee: \$400 per child**

**MAIL REGISTRATION FORM & CHECK TO:**

**Grand Rapids Griffins Youth Hockey Camp  
130 West Fulton, Suite 111, Grand Rapids, MI 49503**

**QUESTIONS?**

Contact Bob Kaser at 616.774.4585 ext. 3027 or Kelly Pawlak ext. 3025

**LIABILITY WAIVER:**

The Participant or his or her legal guardian agrees The Grand Rapids Griffins, DP Fox Sports & Entertainment and Griff's IceHouse will not be liable for any accident or loss, however caused, and agrees to release the Proprietors and/or Skating Rink from any and all damages which may occur as a result of any such accident or loss.

**Signature of Parent or Guardian:** \_\_\_\_\_

**Date:** \_\_\_\_\_