

YOUTH HOCKEY CAMP

JULY 22-26, 2019 | GRIFF'S ICEHOUSE AT BELKNAP PARK



INSTRUCTORS



Former Griffin & NHL D
Joel Kwiatkowski



Griffins Assistant Coach
Matt Macdonald

PART-TIME INSTRUCTORS



Griffins Right Wing
Dominik Shine



Griffins Left Wing
Chris Terry



Griffins Assistant Coach
Mike Knuble

INSTRUCTION

Skating - "Your Foundation"
Stride development
Stick handling
Balance & proper form
Forward & backward strides

Shooting & passing
Explosive starts & stops
Cross-overs
Tight turning
Flow drills

- 11 hours of ice time, 11 hours of dry-land fun & video
- Locker room provided to leave equipment for the week
- Separate groups by age
- Lunches provided by popular local eateries
(Peppino's, Beltline Bar taco bar, McDonald's, Buffalo Wild Wings, etc.)

CAMP FORMAT

8:30 - 9:45 AM
10:00 - 11:15 AM
11:30 AM - 12:00 PM
12:30 - 1:30 PM
1:45 - 2:45 PM
Morning On-Ice Sessions
Afternoon On-Ice Sessions
Friday afternoon

Group A on the ice & Group B off-ice
Group B on the ice & Group A off-ice
Lunch
Group A on the ice & Group B off-ice
Group B on the ice & Group A off-ice
Power Skating
Skills
BIG Game for the Stanley Cone



BUFFALO WILD WINGS

GRIFFINSHOCKEY.COM

REGISTRATION FORM



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CHILD'S NAME: _____

PARENT'S NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

DAYTIME PHONE: _____

EMAIL ADDRESS: _____

PREFERRED POSITION: (circle one) Forward Defense Goalie

GENDER: M F AGE (at time of camp): _____

T-SHIRT SIZE: YM Y-L / XL AS AM AL AXL

JERSEY SIZE: YM Y-L / XL AS AM AL AXL

CHECKS SHOULD BE MADE PAYABLE TO:

GRAND RAPIDS GRIFFINS | Camp Fee: \$350 per child

MAIL REGISTRATION FORM & CHECK TO:

Grand Rapids Griffins Youth Hockey Camp
130 West Fulton, Suite 111, Grand Rapids, MI 49503

QUESTIONS?

Contact Kelly Pawlak at 616.774.4585 ext. 3025 or Bob Kaser ext. 3027

LIABILITY WAIVER:

The Participant or his or her legal guardian agrees The Grand Rapids Griffins, DP Fox Sports & Entertainment and Griff's IceHouse will not be liable for any accident or loss, however caused, and agrees to release the Proprietors and/or Skating Rink from any and all damages which may occur as a result of any such accident or loss.

Signature of Parent or Guardian: _____

Date: _____