

# ONE WEEK

\*\*One Week Campers **DO NOT NEED** a backpack for overnight camping.\*\*

## TO CAMP

## BACK HOME

- |                          |  |                          |
|--------------------------|--|--------------------------|
| <input type="checkbox"/> | 1 pillow and pillow case   | <input type="checkbox"/> |
| <input type="checkbox"/> | 1 twin flat sheet  | <input type="checkbox"/> |
| <input type="checkbox"/> | 1 twin fitted sheet  | <input type="checkbox"/> |
| <input type="checkbox"/> | 1 warm blanket or quilt  | <input type="checkbox"/> |
| <input type="checkbox"/> | 1 twin mattress pad (optional)   | <input type="checkbox"/> |
| <input type="checkbox"/> | 2 bath towels / 1 wash cloth   | <input type="checkbox"/> |
| <input type="checkbox"/> | 4 pairs of shorts  | <input type="checkbox"/> |
| <input type="checkbox"/> | 7 shirts   | <input type="checkbox"/> |
| <input type="checkbox"/> | 2 pairs of long pants – jeans or light weight hiking pants   | <input type="checkbox"/> |
| <input type="checkbox"/> | 6 pairs of underwear   | <input type="checkbox"/> |
| <input type="checkbox"/> | 2 sets of pajamas  | <input type="checkbox"/> |
| <input type="checkbox"/> | 7 pairs of socks – at least 1 wool   | <input type="checkbox"/> |
| <input type="checkbox"/> | 1 fleece ( <i>retains warmth when wet</i> )  | <input type="checkbox"/> |
| <input type="checkbox"/> | 1 sweatshirt   | <input type="checkbox"/> |
| <input type="checkbox"/> | 2 bathing suits ( <i>appropriate swimwear</i> )  | <input type="checkbox"/> |
| <input type="checkbox"/> | 2 pairs of tennis shoes with tread or one tennis and one broken in pair of hiking boots                    | <input type="checkbox"/> |
| <input type="checkbox"/> | 1 pair of water sandals with heel straps   | <input type="checkbox"/> |
| <input type="checkbox"/> | 1 pair of flip flops for shower  | <input type="checkbox"/> |
| <input type="checkbox"/> | 1 rain jacket ( <i>plastic ponchos are easily torn</i> )   | <input type="checkbox"/> |
| <input type="checkbox"/> | 1 flashlight or headlamp & batteries   | <input type="checkbox"/> |
| <input type="checkbox"/> | 2 one quart reusable water bottles   | <input type="checkbox"/> |
| <input type="checkbox"/> | 1 daypack or book bag for day hikes ( <b>large enough to hold a water bottle, raincoat, notebook etc</b> ) | <input type="checkbox"/> |
| <input type="checkbox"/> | 2 heavy duty kitchen trash bags for wet clothes  | <input type="checkbox"/> |
| <input type="checkbox"/> | Toiletry items: soap, toothbrush, toothpaste, shampoo, etc.  | <input type="checkbox"/> |
| <input type="checkbox"/> | Sunscreen  | <input type="checkbox"/> |
| <input type="checkbox"/> | Sun hat  | <input type="checkbox"/> |
| <input type="checkbox"/> | Stationary, stamps, pen  | <input type="checkbox"/> |
| <input type="checkbox"/> | Labeled non-mesh laundry bag   | <input type="checkbox"/> |
| <input type="checkbox"/> | GRP Walking Stick (if already received after 4 years at camp)  | <input type="checkbox"/> |