



GRACE REDEEMER CHURCH

Dynamics of Biblical Change

CCEF's Foundational Course • Taught by David Powlison & Alasdair Groves
September 2026 Term • Registration Now Open

Tired of surface-level fixes that leave hearts unchanged? **Dynamics of Biblical Change**, CCEF's foundational course, offers something far better. For your own heart, this course reorients you to the living God. You'll learn to move from self-preoccupation into worship-centered transformation, engaging Scripture relationally amid real suffering and sin. Through Psalm 119's honest I-to-You prayer, you'll practice naming inner struggles and outer pressures, crying out for mercy, and anchoring delight and commitment in Christ—even when change feels slow. You'll see how the gospel breaks vicious cycles of sin and sorrow and draws you into the gracious circle of God's intervention, fueling genuine progressive sanctification and hope fixed on full Christlikeness.

For your church, you'll gain a clear, practical framework for understanding people: **Heat** (situational pressures), **Lifestyle** (visible patterns), **Motive** (vertical heart issues), and **Consequences**. You'll learn to "think globally" from the whole counsel of God while "acting locally"—connecting one timely Scripture to one specific struggle. This equips you to bring biblical counseling wisdom into preaching, small groups, discipleship, evangelism, and one-another ministry, helping your church become a place where real heart change happens.

Through case studies, self-counseling projects, and rich interaction with Scripture, you'll grow personally while gaining tools to serve others with compassion and clarity.

■ Experience It Together in the GRC CCEF Cohort

At Grace Redeemer Church, you won't take this course alone. We form a **CCEF Cohort** — a committed group that gathers **weekly at GRC** (in person or via Zoom) to review the lectures, discuss the material, and focus on **practical application** in your own life and ministry.

The cohort is facilitated by **Kyle Mack, Director of Counseling**, who provides custom weekly summaries, real-life case examples, and guidance to help you apply what you're learning. This relational, discussion-based format makes the course far more transformative than studying individually online.

■ SEPTEMBER 2026 TERM — IMPORTANT DATES

Registration Open	June 29, 2026 (<i>Currently Open</i>)
Early Registration Pricing Ends	July 28, 2026
Registration Deadline	August 11, 2026
Anticipated Course Access	September 7, 2026
Term Start Date	September 14, 2026
Term End Date	November 21, 2026
Course Access Ends	March 14, 2027

Why enroll now? The September term is perfectly timed for fall rhythms. Early pricing saves \$50 and registration is currently in the early window. Secure your spot before July 28!

COURSE PRICING & OPTIONS

All prices are for the full 10-week term including lectures, materials, and community access. Early registration discount applies to the September 2026 term only.

EARLY BIRD (until July 28, 2026)	REGULAR (after July 28)	AUDIT TRACK
\$725 Full Graded / Certificate Save \$50!	\$775 Full Graded / Certificate	\$387.50 50% of regular price Personal enrichment only

GROUP DISCOUNT — 5+ People Registering Together

Additional 50% off your chosen track (Full Graded or Audit)!

- **Group Full Track:** Approx. \$362.50 – \$387.50 per person
- **Group Audit Track:** \$181.25 – \$193.75 per person

Requires a group code. Speak with **Kyle Mack** *BEFORE* registering to coordinate the group and receive the code.

AUDIT vs. FULL GRADED / CERTIFICATE TRACK

Feature	Audit \$387.50	Full Graded / Certificate \$725 – \$775
Access to lectures & materials	✓ Yes	✓ Yes
Assignments & projects (case studies, papers, self-counseling)	— No (not required)	✓ Yes (required)
Discussion boards participation	— No	✓ Yes (weekly posts & replies required)
Feedback & grades from Online Instructor	— None	✓ Yes
Certificate of completion	— No	✓ Yes (counts toward Formation Certificate)
Best for	Personal listening & enrichment	Deep personal growth + ability to minister to others

Next Step: Speak with **Kyle Mack, Director of Counseling**, to join a group from Grace Redeemer Church, receive the group discount code, and get guidance on the best track for you. Kyle can be reached at kyle@graceredeemer.com.

CCEF Cohort Testimonials

What GRC participants are saying about the cohort experience

Anne Levan: “Do you want to care more effectively for others who are suffering? How about learning to be a better listener and to speak more wisely? Would you like to grow spiritually? An online 10-week CCEF course, with weekly discussion sessions right here at GRC is one way to pursue these goals. I have found these courses to be personally transformative and practical in helping with everyday struggles. CCEF isn't just for counselors. Churches tend to grow when visitors encounter church members listening well and caring for others. The first course, Dynamics of Biblical Counseling, offers a biblical framework for understanding people and their real life struggles. The other foundation course, Helping Relationships, taught me how to have wise, Christ-centered conversations. It was during this course that I realized that I tended not to reach out to others, missing opportunities to minister to them. I learned how to listen better, ask important questions, and build trust with others. The weekly review sessions at GRC can be done either in person or via Zoom. Kyle Mack, our Director of Counseling, has compiled comprehensive summaries of the weekly course material that you can review prior to each session (also very useful if you have to miss a week). CCEF provides truly excellent course lectures on video (or audio), combined with Christ-centered readings. Courses can be audited or taken for credit, and we've managed to obtain a group discount for several courses. I've recently finished “Applied Theology of the Person” and “Scripture for Life and Ministry”. The latter course showed me how to interpret scripture more skillfully, and our weekly discussions were particularly edifying when discussing (anonymous) real life cases. I highly recommend taking a CCEF course, both for personal transformation and to bless your family and those around you.”

Alina Samu: “CCEF has been the answer to an older, unpursued interest of mine in learning how to support people going through difficult times. The unexpected but wonderful discovery was that, from the very class, the material offered was first of all an x-ray of MY own heart and mind, a support for my own growth as I prepare to walk along others in their own struggles. The classes are a beautiful blend of understanding people as God's creation and the power of applying scripture in one's life. The flexibility of organizing the work for the CCEF classes around my job and my family responsibilities was extremely helpful. The GRC cohort (a group of adults taking the same CCEF class together, meeting once a week) offered the added benefits of further discussing the topics, applying them to fictional case studies and getting practical feedback from the GRC counseling director leading the weekly meetings.”

Wo Teng: “Years of walking with people who suffered and battled with various life challenges has helped me to realize I needed wisdom from a deep well to draw from. When I found CCEF biblical counseling classes, I thought, “prayer answered.” Unfortunately, the fees were prohibitive and didn't work with my family's budget. At the end of 2024, I shared with my ministry team this desire and asked them to pray that it aligns with God's desires for my current and future service. Soon after, I received an email from Kyle, GRC's Counseling Director! Exactly what was prayed for was answered: offerings of CCEF courses at a discount with the additional bonus of joining the GRC Counseling Cohort to process and discuss lectures and materials learned. Under Kyle's guidance, the academics turned practical. Kyle provided numerous case examples in his weekly lecture notes which were helpful and broadening. I have been able to directly apply the lessons into my ministry. I was leading a prayer meeting and the team shared how inadequate they felt trying to provide godly advice. That week, in Scripture for Life and Ministry, I learned about the 4 counselors for Job. After my rush summary, we all recognized we fell under “the counsel of over-simplification,” leading us to a time of confession and prayers to unlearn bad practices. On another occasion during campus ministry, students discussed putting beliefs into practice as we studied Proverbs. I shared a CCEF lesson on Wisdom Literature in Counseling, showing the various types of fools. We spent the remaining time examining our hearts and our propensity for unwise living, ending with our need for God to circumcise our hearts. Grateful for this opportunity to learn — and even more, for moments to apply it.”

Offered through the **CCEF School of Biblical Counseling**. Course access and materials provided by CCEF. Group coordination, cohort facilitation, and support provided by Grace Redeemer Church's Biblical Counseling Ministry.