



Visit Greater  
**GRAND  
FORKS**

grand forks, nd | east grand forks, mn



# Welcome

## to Greater Grand Forks!

Grand Forks, ND / East Grand Forks, MN

Whether it be power shopping at big box retailers or browsing through unique boutiques. Dining at a 5-star restaurant or on a café patio overlooking Downtown. Enjoying a local music festival in Town Square or national concert tour at Alerus Center. Strolling through an awesome art gallery or on a scenic Greenway trail. Oaring up to kayak the Red or sticking around to experience University of North Dakota Hockey at the Ralph. Greater Grand Forks is a vibrant, thriving community surrounded by rich, beautiful farm country. It's a place that feels warm even in winter...where you'll find plenty to see and do, in addition to meeting some of the coolest people around. We invite you to come see firsthand why two Forks equals twice the fun!

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**QR CODES** // You will find these QR codes throughout the Visitor Guide for quick access to our web pages. To use them grab your phone or tablet, open the camera, point the camera at the QR code and tap the banner that appears. // Please note; even though several people worked diligently putting this guide together, sometimes a business gets missed. That's why we encourage everyone to check out [www.visitgrandforks.com](http://www.visitgrandforks.com) for a complete listing of all our great places to stay, play, shop, dine and unwind!





 Smiley Face Water Tower / *Southside*

Photo by: Erica LaMarca  
 @lamarcap photography









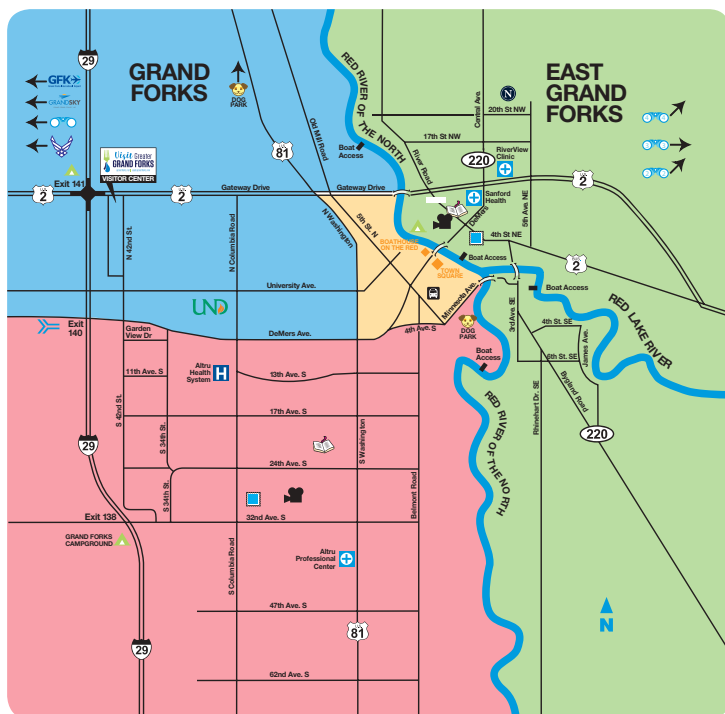
## Get to know our *Neighborhoods*

**Downtown:** With everything from performance venues, galleries, Hugo's Pure Market, the legendary Widman's Candy store and shops galore, this area attracts numerous locals and visitors. There are also several restaurants, bars and breweries dotting DeMers Avenue, 3rd Street and our beautiful Greenway Trail System.

**Eastside:** Walk across Sorlie Bridge into East Grand Forks and experience that friendly hometown vibe at its finest. There you will discover a boardwalk, situated near the Red River, lined with popular homegrown eateries. Across the street is Cabela's World's Foremost Outfitter, as well as Riverwalk Centre, which is filled with a mixture of businesses and a luxury movie theater.

**Northside/UND:** While here, cheer on our championship University of North Dakota Men's Hockey team at the magnificent Ralph Engelstad Arena. Browse through all the great works at the North Dakota Museum of Art. Then cap it off with a famously delicious Grinder sub at The Red Pepper.

**Southside:** Perhaps best known as the part of town where lots of popular big box stores, franchise restaurants and Columbia Mall reside, it has become a hot spot for locally owned boutiques and eateries, as well. This area also offers great places to tee it up, such as King's Walk Golf Course and wind down afterward, perhaps with glass of fine wine at Helix.







# DINING

// Eat, drink and gather merrily. Dine at one of our diverse eateries, some with picture perfect patios, while you enjoy comfort food, seasonal menus and fare inspired by local ingredients.



Toasted Frog / Downtown



## DOWNTOWN DINING



### **Ely's Ivy** / 22 S 3rd St., GF, 701-757-0243

If you're on the hunt for something exotically delicious, this eatery serves up the dishes. Chef Franz and his crew invite everyone to take a walk on the wild side with unique, always evolving, menu offerings such as butter poached pheasant, bison sausage and one scr'hump'tious camel burger. Ely's also serves up tasty tamer fare like bacon wrapped prime grade filet mignon, fried chicken and the best Reuben in town.

### **Harry's Steakhouse** / 421 DeMers Ave., GF, 701-757-2333

Raise your forks for the grand opening of Harry's! Located in the heart of Downtown, this already legendary steakhouse offers a warm, timeless ambience that perfectly accompanies the classic cuisine. In addition to a variety of fine bovine selections, their menu features succulent seafood, superb side dishes, amazing appetizers, decadent desserts and cool cocktails.



### **Sky's** / 322 DeMers Ave., GF, 701-746-8970

An evening here comes complete with a second story view of Downtown and exquisite cuisine like jumbo lump crab cakes, herb crusted prime rib and grilled salmon finished with their famous housemade Prairie Sauce. The Cloud 9 Lounge offers a more casual dining experience and less formal menu. Sunday Brunch, served from 11 AM to 2 PM, features everything from crème brulee French toast to smoked salmon eggs Benedict.

### **The Toasted Frog** / 124 N 3rd St., GF, 701-772-3764

This 21+ restaurant boasts an extensive cocktail list to accompany fabulous gourmet food. The Frog offers up such creative culinary creations as mahi-mahi tacos, chimichurri pork tenderloin and a game-changing elk burger.

Of course, the Cooking Channel featured fried cheesy pickles are a must-order. When it comes to dessert, there's always room for s'mores...with an espresso martini chaser.



### **Bonzer's Sandwich Pub** /

420 DeMers Ave., GF, 701-775-0365

### **Brick & Barley** /

9 3rd St. N, GF, 701-757-4012

### **French Taste** /

110 N 3rd St., 701-739-2575

### **Half Brothers Brewing Company** /

17 N 3rd St., GF, 701-757-0805

### **The Hub Pub** /

205 N 3rd St., GF, 701-746-7443

### **Joe Black's** /

118 N 3rd St., GF, 701-775-2017

### **The Loft** /

308 DeMers Ave., GF, 701-757-2020

### **Rhombus Guys Pizza** /

312 Kittson Ave., GF, 701-787-7317

### **Rhombus Guys Brewing Company** /

116 S 3rd St., GF, 701-757-0598

### **Shing Ya** /

108 N 3rd St., GF, 701-772-0515

### **Sledster's Food & Brew** /

21 S 4th St., GF, 701-775-0050

### **Tea & Crepe Café** /

307 DeMers Ave., GF, 701-757-1040

### **Thai Hot** /

414 DeMers Ave., GF, 701-739-4800

### **Urban Stampede** /

324 Kittson Ave., GF, 701-746-9531



## EASTSIDE DINING



### **The Blue Moose Bar & Grill** / 507 2nd St. NW, EGF, 218-773-6516

Surrounded by knotty pine and neon, this cozy meets eclectic eatery has a vibe perfect for all occasions. Along with The Moose's signature Norwegian BBQ ribs, Bourbon Street pasta and PEBB (peanut butter, fried egg and bacon) burger, other popular menu items include the fried walleye and flat iron steak. They also have a large tapas menu with an array of tasty small plates including spinach queso, stuffed mushrooms, tequila lime chicken and head lettuce roll.

### **Casa Mexico** / 112 14th St. NE, EGF, 218-773-4331

Mi casa es su casa, that's the motto at this locally owned restaurante! Friendly servers make you feel right at home, while bringing unlimited amounts of homemade chips & salsa. One can never go wrong with their sizzling steak fajitas, creamy seafood enchiladas or the popular pollo campestre: a grilled chicken breast topped with roasted corn, red peppers, cilantro and a spicylicious cheese queso.



### **The Spud Jr.** / 302 DeMers Ave., EGF, 218-399-0121

Thanks to The Spud Jr., everyone can enjoy our famously flavorful Red River Valley potatoes. But that's not all, they also serve up a variety of popular eats and drinks dedicated to dearly beloved local establishments such as the Antique and Whitey's. Whether you prefer your cheddar combined with mac and adorning a hot dog, gently pressed between two slices of bread or resting atop a juicy burger, The Spud's culinary creations always leave patrons exclaiming: "Cheese that's good!"

### **Up North Pizza Pub** / 314 4th St. NW, EGF, 218-399-0200

Italians may be the inventors but Minnesotans are the ones who perfected it. And when it comes to pies that are molto delizioso, Up North really takes the cake! While the mac & cheese, sandwiches and apps are all amazing, it's their fabulous flatbreads that have won over numerous fans. Local favs include the Gnarly Charlie, Saucy Hen and General Tso.



### **Boardwalk Bar & Grill** /

415 2nd St. NW, EGF, 218-399-3000

### **Bully Brew Coffee** /

321 DeMers Ave., EGF, 218-399-0187

### **Caribou Coffee** /

Hugo's: 306 14th St. NE, EGF, 218-773-2418

### **Cherry Berry** /

1010 Central Ave. NE, EGF, 218-779-1338

### **Dairy Queen** /

1412 Central Ave. NE, EGF, 218-773-7602

### **Domino's Pizza** /

130 Gateway Dr. NE, EGF, 218-773-2121

### **Joe's Diner** /

300 3rd Ave. NE., EGF, 218-791-2455

### **Little Bangkok** /

415 2nd St. NW, EGF, 218-399-1122

### **Luigi's Pizza** /

122 4th St. NE, EGF, 218-773-3036

### **McDonald's** /

Hwy. 2 and 220 N, EGF, 218-773-3922

### **Mike's Pizza & Pub** /

411 2nd St. NW, EGF, 218-773-2479

### **Red Pepper East** /

1504 Central Ave. NE, EGF, 218-773-6344

### **River Deck** /

415 2nd St. NW, 2nd Floor, EGF, 218-399-3000

### **The Shire Bar & Grill** /

211 DeMers Ave., EGF, 218-399-0230

### **Subway** /

210 Gateway Dr. NE, EGF, 218-773-6637

### **Wired Bean Coffee House** /

210 Gateway Dr. NE, EGF, 218-693-2070

## NORTHSIDE/UND DINING



### **Darcy's Café /** 1015 N Washington St., GF, 701-775-4050

Open for breakfast and lunch, this quaint downhome diner dishes up plates filled with hearty homestyle goodness that draw in regulars from miles around. In fact, their pumpkin and cinnamon roll pancakes helped garner Darcy's the Best Pancake House in North Dakota award. Along with flapjacks you'll flip over, cooks here also know how to sling some tasty savory hash including stuffed omelets, melt sandwiches and turkey with all the trimmings.

### **The Red Pepper /** 1011 University Ave., GF, 701-775-9671 / 415 N 42nd St., GF, 701-772-8226

Word has it if you're looking for the best grinder ever, head to The Red Pepper. What's a grinder you ask? Take a sub bun, add salami, turkey or ham, Swiss cheese, lettuce, hot sauce, taco meat and then top it off with a secret recipe creamy white sauce. These flavor bombs are so popular, they were even dubbed Best Late Night Food in the USA by Esquire magazine.



### **Speedway 805 Grill & Bar /** 805 42nd St. N, GF, 701-772-8548

In addition to all the mouthwatering steak, chicken and burger creations, chefs here are known for smokin' up the best ribs in town. They take perfectly prepared brisket or pork then slather it with a housemade sweet 'n sassy barbecue sauce. Other featured menu items include prime rib, smothered chicken and a jalapeno popper burger that's topped with their famous Speedway Sauce. For those who enjoy adult beverages, the fishbowl cocktails here really pack a flavorful punch.

### **Archives Coffee House /**

3012 University Ave., GF, 701-757-1970

### **BigFoot BBQ /**

Ramada: 1205 N 43rd St., GF, 701-846-2780

### **Burger King /**

3765 Gateway Dr., GF, 701-772-0343

### **Dairy Queen /**

1209 N 5th St., GF, 701-772-3801

*Closed during winter*

### **DogMahal DogHaus /**

305 N Washington St., GF, 701-757-4000

### **Far East Buffet /**

3555 Gateway Dr., GF, 701-772-1866

### **Fat Alberts Subs /**

2215 Gateway Dr., GF, 701-746-4771

### **Deek's Pizza /**

512 N Washington St., GF, 701-772-3335

### **Great American Grill /**

Hilton Garden Inn:

4301 James Ray Dr., GF, 701-775-6000

### **Hardee's /**

1213 47th St. N, GF, 701-775-8505

### **Jimmy John's /**

2855 10th Ave. N, GF, 701-775-5400

### **The Kegs Drive-In /**

901 N 5th St., GF, 701-787-5347

*Open summer only*

### **L & C Mexican Food /**

1730 N Washington St., GF, 701-317-3268

### **La Cantina /**

1730 13th Ave. N, GF, 701-757-0536

### **Little Caesar's Pizza /**

1801 Gateway Dr., GF, 701-772-1784

### **McDonald's /**

Hwy. 2 and I-29 Junction, GF, 701-746-7980

### **North Side Café /**

2950 10th Ave. N, GF, 701-738-8500

### **North Dakota Museum of Art Café /**

261 Centennial Dr., GF, 701-777-4195

### **Papa Murphy's Pizza /**

2750 Gateway Dr., GF, 701-780-0900

### **Popolino's Pizza /**

2600 DeMers Ave., GF, 701-746-7677



## NORTHSIDE/UND DINING

### Red River Grill & Market /

Grand Forks International Airport,  
701-738-4630

### Roadhouse Café /

4720 Gateway Dr., GF, 701-772-1273

### Safari Restaurant /

1305 Stanford Rd., GF, 701-757-4056

### SlapShot Pizza /

2215 Gateway Dr., GF, 701-746-4771

### Subway /

1801 Gateway Dr., GF, 701-772-6357

### Taco John's /

2522 Gateway Dr., GF, 701-772-5712

## SOUTHSIDE DINING

### Ground Round Grill & Bar / 2800 32nd Ave. S, GF, 701-775-4646

Got a hankering for the beefiest burger on the Southside of town? Then hoof it over to the Ground Round! And if you stop by on a Tuesday, their mouth-watering between-the-buns creations are 2-for-1. This newly remodeled grill and bar also serves up delicious steak, seafood, stir fry and pasta dishes, in addition to unlimited basketfuls of hot, buttery popcorn. If you feel like getting a little saucy, dive into an order of traditional Buffalo wings or St. Louis ribs, with a Long Island tea chaser.



### Helix / 4491 S Washington St., GF, 701-757-1444

Helix is a perfect place to chat with friends over charcuterie and a glass of chardonnay or spend one romantic Saturday with your mate canoodling over pasta and pinot grigio. Helix's cool yet cozy ambiance attracts 21+ patrons of all persuasions. Some of the most popular dishes are the mango peanut pork belly, NY strip steak and seafood linguine. Be sure to save room for their banana bread pudding that comes topped with salted caramel, vanilla ice cream and candied pecans!

### The Parrot's Cay Tavern & Grill / 1149 36th Ave. S, GF, 701-795-4053

If you wanna experience a little tropical heat, just head south on Washington Street...to The Parrot's Cay! Really feel the burn with an order of spicy Shark Wings, which were included on BuzzFeed's Top Ten Wings to Try Before You Die list. Nothing goes better with some Jimmy Buffet music than a pitcher of cold beer and The Cay's Bayou Sampler complete with crawdads, grilled shrimp and fried alligator bites.



### King Pho / 1206 S Washington St., GF, 701-757-0141

If you're searching for Vietnamese dishes that are royally delicious, look no further than King Pho. Along with an assortment of slurpable noodle soups (Pho Bo and Pho Ga), they also serve stellar stir fry, steamed buns, spring rolls and Bahn mi: a fresh baked baguette filled with grilled chicken or pork, pickled veggies, cucumber, jalapeno, cilantro and spicy mayo.

## SOUTHSIDE DINING

### Aalto's /

Canad Inns: 1000 S 42nd St., GF, 701-792-1957

### Applebee's Neighborhood Bar & Grill /

2851 S Columbia Rd., GF, 701-795-5688

### Arby's /

3851 32nd Ave. S, GF, 701-772-2056

### Boss' Pizza & Chicken /

951 42nd St. S, GF, 701-757-2677

### Buffalo Wild Wings /

2717 S Columbia Rd., GF, 701-775-9464

### Bully Brew Coffee /

2100 S Columbia Rd., GF, 701-772-1995

4571 S Washington St., GF, 701-757-2075

### Burger King /

1416 S Washington St., GF, 701-772-3025

3151 32nd Ave. S, GF, 701-787-2435

### Burger Time /

2651 DeMers Ave., GF, 701-775-2776

### Caribou Coffee /

2400 S Washington St., GF, 701-775-3668

Hugo's: 1750 32nd Ave. S, GF, 701-746-0688

1225 S Columbia Rd., GF, 701-746-9585

### Charras & Tequila /

3915 32nd Ave. S., GF, 701-757-3333

### Cherry Berry Yogurt Bar /

3321 32nd Ave. S, GF, 701-757-2110

### Chick-fil-A /

3230 32nd Ave. S, GF, 701-746-9942

### China Garden /

2550 32nd Ave. S, GF, 701-772-0660

### Cold Stone Creamery /

3551 32nd Ave. S, GF, 701-738-2350

### Crooked Pint Ale House /

1930 S Columbia Rd., GF, 701-780-9000

### Culver's /

3451 32nd Ave. S, GF, 701-772-9199

### Dairy Queen /

3600 S Columbia Rd., GF, 701-738-8530

### Dairy Queen/Orange Julius /

1205 S Washington St., GF, 701-775-5422

### Denny's /

3770 32nd Ave. S, GF, 701-757-1148

### Domino's Pizza /

2705 S Washington St., GF, 701-746-6437

### Eagles Crest Grill /

King's Walk Golf Course:

5301 S Columbia Rd., GF, 701-787-3491

### Early Morning Espresso /

1823 S Washington St., GF, 701-740-6494

### Einstein Bros. Bagels /

1225 S Columbia Rd., GF, 701-746-9585

### El Gordito /

Columbia Mall:

2800 S Columbia Rd., GF, 701-757-0214

### Erbert & Gerbert's /

3000 32nd Ave. S, GF, 701-757-3070

### FireHouse Subs /

2650 32nd Ave. S, GF, 701-757-1391

### Fuji Japanese Steakhouse & Seafood /

715 S Washington St., GF, 701-757-3855

### French Taste LLC /

Grand Cities Mall:

1720 S Washington St., GF, 701-739-2575

### Five Guys Burgers & Fries /

3321 32nd Ave. S, GF, 701-757-1101

### Gramma Butterwick's Family Restaurant /

1421 S Washington St., GF, 701-772-4764

### Ginna's Café /

Scheels:

2800 S. Columbia Rd., GF, 701-780-9424

### Grand Junction Grilled Subs /

801 S 42nd St., GF, 701-757-1201

### Happy Joe's Pizza & Ice Cream Parlor /

2909 S Washington St., GF, 701-772-6655

### House of Punjab /

3000 32nd Ave. S, GF, 701-757-0766

### IHOP /

3951 32nd Ave. S, GF, 701-775-7001

### Italian Moon Pizza & Mexican Food /

810 S Washington St., GF, 701-772-7277

### Jersey Mike's Subs /

1970 S Columbia Rd., GF, 701-732-3200

### Jimmy John's /

3551 32nd Ave. S, GF, 701-772-6700

1403 S Washington St., GF, 701-757-1281

### JL Beers /

2531 S Columbia Rd., GF, 701-738-1000

### Kentucky Fried Chicken /

706 S Washington St., GF, 701-772-3447

### 'I Bistro Mediterranean Eatery /

Canad Inns:

1000 S 42nd St., GF, 701-792-1960

### Marco's Pizza /

3901 S Washington St., GF, 701-772-4000



## SOUTHSIDE DINING

### McDonald's /

2910 32nd Ave. S, GF, 701-772-2410  
1125 S Washington St., GF, 701-772-0231

### Mexican Village /

1218 S Washington St., GF, 701-775-3653

### Mo's Cafe /

Grand Cities Mall:  
1726 S Washington St., GF, 701-757-0319

### Noodles & Company /

3000 32nd Ave. S, GF, 701-757-1720

### O' For Heaven's Cakes N' More /

1726 S Washington St., GF, 701-757-2253

### The Office Pub & Grub /

1210 S Washington St., GF, 701-757-1091

### Olive Garden /

3160 32nd Ave. S, GF, 701-746-2038

### The Other Half Coffee & Taphouse /

4571 S Washington St., GF, 701-757-2075

### Panda Buffet /

2451 S Columbia Rd., GF, 701-780-8800

### Panera /

2515 32nd Ave. S, GF, 701-772-1571

### Papa John's Pizza /

1515 S Washington St., GF, 701-775-7272

### Papa Murphy's Pizza /

2475 32nd Ave. S, GF, 701-738-0370

### Paradiso Mexican Restaurant /

905 S Washington St., GF, 701-772-3000

### Perkins Family Restaurant /

1305 S Columbia Rd., GF, 701-746-0493

### Pete's Za /

2400 S Washington St., GF, 701-757-0896

### Pita Pit /

3221 32nd Ave. S, GF, 701-738-8008

### Pizza Hut /

1418 S Washington St., GF, 701-772-6000  
*Delivery/carry out only*

### Pizza Ranch /

3750 32nd Ave. S, GF, 701-775-2222

### Playmaker's All-American Lounge /

Canad Inns:  
1000 42nd St. S, GF, 701-792-1955

### Qdoba Mexican Grill /

3551 32nd Ave. S, GF, 701-738-8222

### Red Lobster /

2675 32nd Ave. S, GF, 701-772-8770

### The Red Pepper /

4401 S Washington St., GF, 701-757-0235

### Rumors Bar & Grill /

1720 S Washington St., GF, 701-772-0125

### Sakura Japanese Steakhouse /

3250 32nd Ave. S, GF, 701-757-3888

### Scooter's Coffee /

1111 S Washington St, GF, 701-757-0505

### Sin Bin /

4401 S Washington St., GF, 701-757-0658

### Smiling Moose Rocky Mountain Deli /

623 S Washington St., GF, 701-757-3354

### Sonic Drive-In /

1800 S Washington St., GF, 701-757-3278

### Southgate Bar & Grill /

2525 S Washington St., GF, 701-775-7941

### SouthTown PourHouse /

2015 Library Cir., GF, 701-757-3825

### Starbucks /

Super Target: 32nd Ave. S, GF, 701-787-6177  
3551 32nd Ave. S, GF, 701-772-4292  
623 S Washington St., GF, 701-775-7996  
1419 S Columbia Rd., GF, 218-230-6149

### Steers Somali Restaurant /

2915 S Washington St., GF, 619-254-6639

### Subway /

2400 S Washington St., GF, 701-772-9334  
1850 S Columbia Rd., GF, 701-772-3526  
3341 32nd Ave. S, GF, 701-772-9335  
1217 S Washington St., GF, 701-772-9334  
4401 32nd Ave. S, GF, 701-738-0071

### Taco Bell /

1301 S Washington St., GF, 701-772-6196

### Tavern United /

Canad Inns:  
1000 42nd St. S, GF, 701-792-1958

### Texas Roadhouse /

3200 32nd Ave. S, GF, 701-746-7427

### Vinyl Taco /

1970 S Columbia Rd., GF, 701-757-2300

### Wendy's /

1503 S Washington St., GF, 701-772-6536  
3760 32nd Ave. S, GF, 701-738-8187

### West African Cuisine /

Columbia Mall:  
2800 S Columbia Rd. GF, 7001-213-8699

### Wild Bill's Sports Saloon /

1405 DeMers Ave., GF, 701-775-7740



# UNIQUELY *Forks*

## LOCAL FLAVORS FOR YOU TO SAVOR



1

### 1 Real Good Cookies - Brick & Barley /

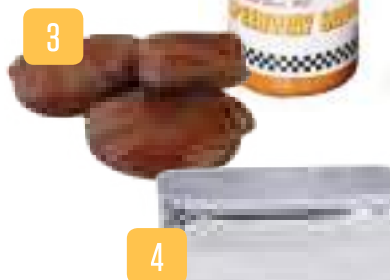
Have a monster appetite for cookies that are hugely delicious? Then order up a dozen made from scratch Salted Bittersweet Chocolate ones or get a little crazy and try the gourmet stuffed cookies filled with everything from fruit to nuts, even candy bars! Pictured is the UNICORN.



2

### 2 Speedway Sauce - Speedway 805 Grill & Bar /

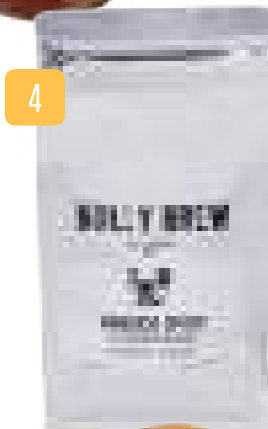
This zesty-meets-sweet, delectable culinary concoction jazzes up everything you dip it in or put it on.



3

### 3 Chippers - Widman's Candy /

What happens when you take a rippled potato chip and hand-dip it in creamy homemade chocolate? Known around the world as Chippers, these slightly salty and perfectly sweet treats are Widman's claim to candy fame.



4

### 4 Bully Brew Coffee /

Not only does this popular coffeehouse brew up lots of tasty drinks, they take pride in being Forks' official coffee roaster. Be sure to bag some of these cool beans before heading out.



5

### 5 Grinder Kits - Red Pepper /

Topped with their secret recipe red and white sauces, the sandwiches at this legendary Forks restaurant are so addictively delicious, owners just had to figure out a way to help loyal patrons all over the country get their Grinder fix.



6

### 6 Molly On The Range Cookbook - Ferguson Books & More /

Popular blogger, author and chef turned Food Network host, Molly Yeh has really put her stamp on the culinary map while simultaneously shining a spotlight on Grand Forks/East Grand Forks, where she and her family currently reside. Pick up Molly's latest cookbook, so you can prepare delicious dishes at home just like she does on "Girl Meets Farm".





@sugarspiceandstylehatsnice

1



@sugarspiceandstylehatsnice

4



@sugarspiceandstylehatsnice



2



@bullybrewcoffee



@sugarspiceandstylehatsnice



@halfbrothersbrewco

3



@nicolllettelee

5



# WINE, SPIRITS & BREWS

// All's well that ends well with ale or wine, plus a vodka chaser, courtesy of three area brewpubs, two distilleries and one winery. Both Rhombus Guys Brewing Company and Half Brothers Brewing Company serve up superb suds and fabulous food out of trendy, laidback Downtown spaces. Grape Mill is a family-owned vineyard and winery preparing and pouring glassfuls of fine wine. Take a MiNny road trip to Hallock and sample more beers from Revelation Ale Works or some of the hard stuff at Far North Spirits. Who says you can't make vodka out of sugar beets? At Red Pine Distillery, located on Grand Forks' Northside, they do just that...rum, too! Drop by any of these places to sample for yourself and perhaps even take a guided tour. When it comes to one grand place that carries it all, locals will tell you a visit to the "big red barn" (also known as Happy Harry's Bottle Shop) is a must. If caffeine is your drug of choice, we gotcha covered there, too! With several coffeehouses scattered about, our Forks are percolating up some tasty brews. Six locally owned favorites are Archives, Bully Brew, Urban Stampede, Scooter's, Wired Bean and the Early Morning Espresso kiosk. The clever folks at Half Brothers Brewing and Bully Brew Coffee recently teamed up to open The Other Half Coffee & Tap House...where they offer beverage flights that can take you higher and bring you back down for a safe landing.

**1 Urban Stampede Coffeehouse** / The Urban is a former fur bank turned saloon with tons of character. Check out the historic safe, tin ceiling, dark wood bar and intricate stone floor. Sip on freshly brewed coffee or tea while you peruse the World's Smallest Art Gallery and gift shop. Friendly baristas are always willing to whip up your favorite specialty drink or plate up a freshly baked bagel, muffin or scone. During summer months, take it outside to café tables situated in the heart of Downtown.

**2 Bully Brew Coffee** / This Grand Forks original is the only place in town that actually roasts their own beans. Ranging from light to dark, top blends include Uff Da, Cowboy and Mocha Java. Enjoy a cup at any of three Greater Grand Forks locations or since they will bag it to-go, y'all can brew a pot at home anytime. Make sure to also try one of the scrumptious caramel rolls or scones made in-house daily.

**3 Half Brothers Brewing Company** / At Half Brothers, producing superior suds and delicious dishes is a family affair. Together, siblings Chad and Taylor have created a 10-barrel production brewery, taproom and eatery located Downtown that specializes in locally inspired hand-crafted beers and food. A few noteworthy concoctions are the Grand Forks Classic Pale Ale, Morning Squeeze IPA and elusive Pink Fluffy Unicorns Dancing on Rainbows Fruited Sour Ale. Some of the signature menu offerings include the burger bomb, smoked chicken wings, Spicy Hawaiian pizza and a variety of L&M brats served on fresh baked bread.

**4 Rhombus Guys Brewing Company** / Located Downtown in the legendary Metropolitan Opera House, Rhombus Guys, along with one of the state's top brewmasters, really knows how to make iconic (blonde) ales. This 15-barrel brewhouse serves up its version of popular styles including ambers, IPAs, pales, sours and stouts. The kitchen also produces great eats like burgers, tacos, Scotch eggs and the tastiest fried Brussels sprouts this side of Belgium. Beer, in delicious dairy form, plays a starring role in several dishes: homemade pretzels with beer cheese dip, pulled pork and beer cheese smothered pub fries and a bacon beer cheese mac that's lip smacking good.

**5 Grape Mill Winery and Vineyard** / This Eastside vineyard, winery and tasting room offers you the chance to sample all the Halverson Family's great grape creations, with an option to purchase your favorites afterward. Tours are available by appointment. Please call for their seasonal schedule, which may also include live music and food truck fare.



# NIGHTLIFE

// When the lights go down in our cities, you will find an abundance of local haunts serving up good times in various venues and vessels. Are y'all a fan of country music, craft beer and games of chance? Perhaps a connoisseur of cool jazz, cabernet sauvignon and stimulating conversation? Or maybe you just want to party it up and get down on the dance floor? No matter, our awesome spots to relax, jive and imbibe will provide plentiful places to raise your spirits.



**Alcoholic Beverage State Regulations** / A person in North Dakota or Minnesota must be at least 21 years of age to buy or consume alcoholic beverages. Identification is required.



**Empire Arts Center** / *Downtown*

Photo by: Andrew Fisher Photography



@andrewfisher7

## SPORTS TAVERNS

### Buffalo Wild Wings

2712 S Columbia Rd, GF, 701-775-9464

### Ground Round Grill & Bar

2800 32nd Ave S, GF, 701-775-4646

### Joe Black's

118 N 3rd St, GF, 701-775-2017

### Long Haul Saloon

4720 Gateway Dr, GF, 701-775-9240

### The Office Pub & Grub

1210 S Washington St, GF, 701-757-1091

### Playmaker's All-American Lounge

1000 S 42nd St, GF, 701-772-8404

### Rumours Sports Bar & Grill

1826 S Washington St, GF, 701-772-5222

### Sin Bin

4401 S Washington St., GF, 701-757-0658

### Southgate Casino Bar & Grill

2525 S Washington St, GF, 701-775-7941

### Speedway 805 Bar & Grill

805 42nd St N, GF, 701-772-85481

## DIVE BARS

### American Legion Club

1009 Central Ave, EGF, 218-773-1129

### Broken Drum

1503 N Washington St, GF, 701-772-9271

### Bun Lounge

1708 State Mill Rd, GF, 701-772-4366

### Charlie Browns

414 Gateway Dr, GF, 701-772-9828

### Denny's Tavern

1011 S Washington St, GF, 701-772-7644

### Diamond Lounge

1607 DeMers Ave, GF, 701-772-8700

### Johnny's Lounge

701 S 15th St, GF, 701-780-9107

### Judy's Tavern

1221 N 20th St, GF, 701-772-9876

### Kelly's Bar

309 N 3rd St, GF, 701-772-9605

### McMenamy's Tavern

1602 State Mill Rd, GF, 701-772-9061

### VFW Club

312 DeMers Ave, EGF, 218-773-2481

## POPULAR PUBS

### BigFoot BBQ & Lounge

1205 N 43rd St, GF, 701-775-3951

### The Blue Moose Bar & Grill

507 2nd St NW, EGF, 218-773-6516

### Bonzer's Sandwich Pub

420 DeMers Ave, GF, 701-775-0365

### Boardwalk Bar & Grill & River Deck Patio

415 2nd St NW, EGF, 218-399-3000

### Brick & Barley

9 N 3rd St, GF, 701-757-4012

### Crooked Pint Ale House

1930 S Columbia Rd, GF, 701-780-9000

### Half Brothers Brewing Company

17 N 3rd St, GF, 701-757-0805

### The Hub Pub

205 N 3rd St, GF, 701-746-7443

### JL Beers

2531 S Columbia Rd, GF, 701-738-1000

### Mike's Pizza & Pub

411 2nd St NW, EGF, 218-773-2479

### The Other Half Coffee & Tap House

4571 S Washington St., GF, 701-757-2075

### O'Really's Irish Pub

10 N 3rd St, GF, 701-746-9177

### Parrot's Cay

1149 36th Ave S, GF, 701-795-4053

### Rhombus Guys Brewing Company

116 S 3rd St, GF, 701-757-0598

### Sledster's

21 S 4th St, GF, 701-775-0050

### The Spud Jr.

302 DeMers Ave., EGF, 218-399-0121

### Tavern United

1000 S 42nd St, GF, 701-792-1958

### Up North Pizza Pub

314 4th St NW, EGF, 218-399-0200

### Vinyl Taco

1970 S Columbia Rd, GF, 701-757-2300

## DANCE CLUBS

### Level 10

10 N 3rd St, GF, 701-772-3434

### The Loft

308 DeMers Ave, GF, 701-757-0162

### SouthTown PourHouse

2015 Library Cir, GF, 701-757-3825

## UPSCALE LOUNGES

### Ely's Ivy

22 S 3rd St, GF, 701-757-0243

### Harry's Steakhouse

421 DeMers Ave., GF, 701-757-2333

### Helix

4491 S Washington St, GF, 701-757-1444

### Sky's Cloud 9 Lounge

322 DeMers Ave, GF, 701-746-8970

### The Toasted Frog

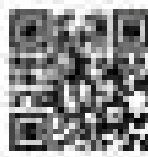
124 3rd St N, GF, 701-772-3764





# SHOPPING

// Whether it's bargain hunting at familiar retailers, strolling through one of the malls or perusing our galleries and specialty stores, say hello to good buys that are grand. Forks is the place to find your favorite big box retailers including Super Target, Lowe's, Hobby Lobby, Kohls, TJ Maxx and Ross. There are also several unique boutiques dotting the Southside shopping landscape such as Key Bliss, Mainstream and Northern Roots. Shop 'til you droppers will want to make a stop at both malls. Columbia Mall is anchored by Scheels and JCPenney and features popular chains like American Eagle, Bath & Body Works and Sephora, while Grand Cities Mall boasts several found only here stores. While on the Eastside, be sure to check out the neat boutiques, Cabela's World's Foremost Outfitter and Riverwalk Centre, which is filled with a variety of hometown businesses and a five-star multiplex theatre. Our up-and-coming Downtown District is home to several locally owned gems including Badman Design, Kittsona, Silo Boutique, RH Standard and Widman's Candy.



## DOWNTOWN UNIQUE OR BOUTIQUE



### **Badman Design /**

18 S 3rd St., GF, 701-746-7300

For those looking to find one of a kind wearable or displayable art, Bd is the place to go. Best known for his high-end jewelry, home décor and liturgical art, acclaimed local artist David Badman creates all his metal masterpieces in-studio.



### **Kittsona /**

301 N 3rd St., GF, 701-741-5373

When it comes time to get all dressed up, make this trendy, chic Downtown boutique your first shopping stop. In addition to the latest fashions from a variety of designers, Kittsona also specializes in stylish North Dakota and Minnesota wear that lets everyone display their inner uff da! While here, you'll also find cute home décor and gifts galore.



### **The Silo Boutique /**

125 S 3rd St., GF, 701-740-8412

Featuring a variety of fabulous fashions and accessories in an array of sizes, Silo truly is a store for every woman. Whether looking to purchase a stylish outfit for an upcoming party or a cute tee for casual Friday, this popular boutique can meet all your clothing needs.



### **Widman's Candy Shop /**

106 S 3rd St., GF, 701-775-3480

Chocolate dipped rippled potato chips, better known as Chippers, are Widman's claim to candy fame. These salty, sweet gems have been shipped to more than a dozen countries, bringing joy to thousands around the world. Since 1949, this family owned shop has been covering all sorts of tasty things in their delectable homemade chocolate: toffee, caramel, blueberries, bacon, even jalapenos and pickles!

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### **Browning Arts & YOU ARE HERE GALLERY /**

23 S 4th St., GF, 701-746-5090

### **Dakota Styles /**

310 Kittson Ave., 701-757-0593

### **Eden & Co. /**

7 N 3rd St., GF, 701-739-4574

### **HB Sound & Light /**

101 N 8th St., GF, 701-775-1150

### **Hugo's Pure Market /**

500 DeMers Ave., GF, 701-757-1140

### **RH Standard /**

6 S 3rd St., GF, 701-757-4220

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### **River City Jewelers /**

16 S 3rd St., GF, 701-746-9716

### **Sadie's Couture Floral & Event Styling /**

899 2nd Ave. N, GF, 701-317-3255

### **See Dick Run /**

28 S 3rd St., GF, 701-775-1115

### **Waterfront Kitchen & Bath /**

2 S 3rd St., GF, 701-775-5021



# EASTSIDE **UNIQUE OR BOUTIQUE**



### **Cabela's /**

210 DeMers Ave., EGF, 218-773-0282

Along with being known as the World's Foremost Outfitter, this popular outdoor megastore offers up a 10,000-gallon aquarium filled with indigenous fish, a trout stream and numerous wild game mounts.



### **Simply /**

223 DeMers Ave., EGF, 218-399-0206

Simply is an Eastside boutique that brings a big city shopping experience to our quaint Downtown by offering a wide range of on-trend women's clothing, shoes, accessories, baby gifts, home décor and more.



### **Hollywood Heroes /**

402 DeMers Ave., EGF, 701-741-5373

Located in Riverwalk Centre right next to River Cinema, this cool shop specializes in old and new comics plus pop culture t-shirts, mugs and more.



### **Quilter's JEM /**

1525 Central Ave. NW, EGF, 218-399-0159

For those who enjoy using a needle and thread as a means to create beautiful things, this quilt shop will set you up with a pattern for success. In addition to providing the latest fabric and notions, they also offer books and classes.

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### **Knick Knack PaddyWhacks Cards & Gifts /**

211 DeMers Ave., EGF, 218-773-5616

### **T'n'T Outfitters /**

211 DeMers Ave. #2, EGF, 218-773-8683

## NORTHSIDE/UND UNIQUE OR BOUTIQUE



### Home of Economy /

1508 N Washington St., GF, 701-772-6611

Locally owned since 1940, Home of Economy has expanded greatly but their goal never changed: provide customers high quality, reasonably priced products and services – everything from automotive supplies to Amish furniture, bakeware to outerwear, tires to toys and much more.



### North Dakota Museum of Art Gift Shop /

261 Centennial Dr., GF, 701-777-4195

Housed within the acclaimed North Dakota Museum of Art, this quaint shop features works from regional artists, handmade jewelry, children's items, kitchen goods and various eccentric pieces.



### Sioux Shop at Ralph Engelstad Arena /

1 Ralph Engelstad Arena Dr., GF, 701-777-6636

Situated inside the world-class Ralph Engelstad Arena, the Sioux Shop sells a variety of clothing, home/office décor and novelty items branded to University of North Dakota sports teams. Store profits are reinvested back into the athletics enterprise and help support the development of UND's sports programs and student-athletes.



### Flippin' Happy Home Decor & More /

418 N Washington St., GF, 612-581-2279

### Andy's Harley Davidson /

2756 N Washington St., GF, 701-775-6098

### Grand Cities Games /

120 N Washington St. GF, 701-775-8602

### Muddy Waters Clay Center /

2014 13th Ave. N, GF, 701-775-1168

### Ojata Records /

305 N Washington St. GF, 701-757-4002

### University Book Store /

775 Hamline St., GF, 701-777-2746



## SOUTHSIDE **UNIQUE OR BOUTIQUE**



### **All Seasons Garden Center /**

5101 S Washington St., GF, 701-746-7777

Our cities' largest floral shop, All Seasons specializes in gorgeous arrangements and plants, as well as beautiful home décor and festive holiday decorations.



### **Northern Roots Boutique /**

2550 S Columbia Rd., GF, 701-757-4277

One of Southside's most popular shopping spots, this trendy yet affordable boutique offers some of the hottest fashions in town, including their exclusive graphic tees featuring Up North themes.



### **CURIOUS & CURIOUS Kids /**

3750 32nd Ave. S, GF, 701-772-3726

Independently owned and operated, CURIOUS features cute and quirky jewelry, artwork, kitchen accessories, home décor, greeting cards, baby and kids' products, clothing and more.



### **The Olive Barrel /**

2100 S Columbia Rd., GF, 701-757-1617

Along with selling the finest in organic, conventional and fused whole fruit citrus olive oils, The Olive Barrel offers premium balsamic vinegars, pasta sauces, flavored salts and much more. They also carry several Pride of Dakota products.



### **Ferguson Books & More /**

1720 S Washington St., GF, 701-738-8025

Ferguson not only offers all the NY Times Bestsellers but also DVDs, CDs, toys and games. While there, make sure to sample one of the delicious creations from French Taste creperie, which is located in-store.

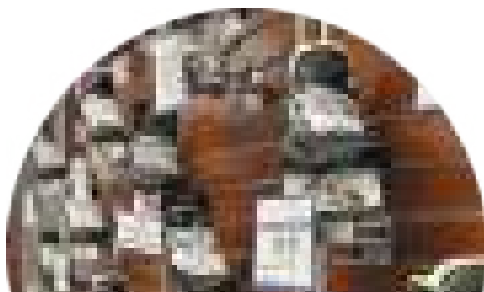


### **Picks /**

1224 S Washington St., GF, 701-741-1222

Make this vintage wonderland your go-to for beautifully repurposed furniture and décor perfect for any home. Please check their Facebook page before stopping by, as Picks is only open select days each month.

## SOUTHSIDE **UNIQUE OR BOUTIQUE**



### **Gerrells Sports Center /**

1004 S Washington St., GF, 701-775-0553



### **Treat Play Love /**

1905 S Washington St., GF, 701-772-0556

### **Balloons by Misti /**

Columbia Mall:  
2800 S Columbia Rd., GF, 701-490-2370

### **Billie's Soap and Spa Products /**

1551 28th Ave. S Ste J, GF, 701-885-4380

### **Bleu Goods Boutique /**

1909 S Washington St., GF, 701-740-6961

### **Broken Sentry Games /**

Columbia Mall:  
2800 S Columbia Rd., GF, 701-757-0528

### **Budget Music /**

714 S Washington St., GF, 701-775-5172

### **Discontent /**

1429 S Washington St., GF, 701-775-5675

### **Forks Frame Up /**

1901 Demers Ave., GF, 701-746-7248

### **The Golf Center /**

3001 S Columbia Rd., GF, 701-757-1552

### **Key Bliss Boutique /**

30000 32nd Ave. S., GF, 701-775-0567

### **Kristen's Bridal /**

2650 32nd Ave. S, GF, 701-775-0567

### **L & M Meats, Inc /**

2801 S Washington St., GF, 701-775-2009

### **The Lighting Gallery /**

1200 S Washington St., GF, 701-772-2402

### **Loveheart Boutique /**

Columbia Mall:  
2800 S Columbia Rd., GF

### **Luscious /**

Columbia Mall:  
2800 S Columbia Rd., GF

### **Mainstream Boutique /**

2712 S Columbia Rd., GF, 701-757-2003

### **Market 180 /**

1823 S Washington St., GF, 701-740-3559

### **Nature's Country Store /**

Grand Cities Mall:  
1832 S Washington St., GF, 701-772-8086  
3001 S Columbia Rd., GF, 701-746-4499

### **O' for Heaven's Cakes & More /**

1726 S Washington St., GF, 701-757-2253

### **Plain & Fancy Antique Mall /**

1726 S Washington St., GF, 701-775-0714

### **Play it Again Sports /**

1826 S Washington St., GF, 701-795-1424

### **Pretty b /**

2650 32nd Ave. S, GF, 701-757-0179

### **Revolutions Power Sports /**

4225 36th Ave. S, GF, 701-746-4997

### **Scan Design /**

1803 S Washington St., GF, 701-757-2444

### **Scheels /**

2800 S Columbia Rd., GF, 701-780-9424

### **Ski & Bike Shop /**

1711 S Washington St., GF, 701-772-5567

### **Signature Jewelers /**

4491 S Washington St., GF, 701-757-4848

### **Sterling Carpet One Floor & Home /**

2030 32nd Ave. S, GF, 701-203-3898

### **Timber & Ash Designs**

2915 S Washington St., GF, 701-739-6862

### **Tip Top Tux /**

2100 S Columbia Rd., GF, 701-775-9303

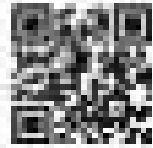
### **Victorian Rose Antiques /**

1903 S Washington St., GF, 701-740-9295

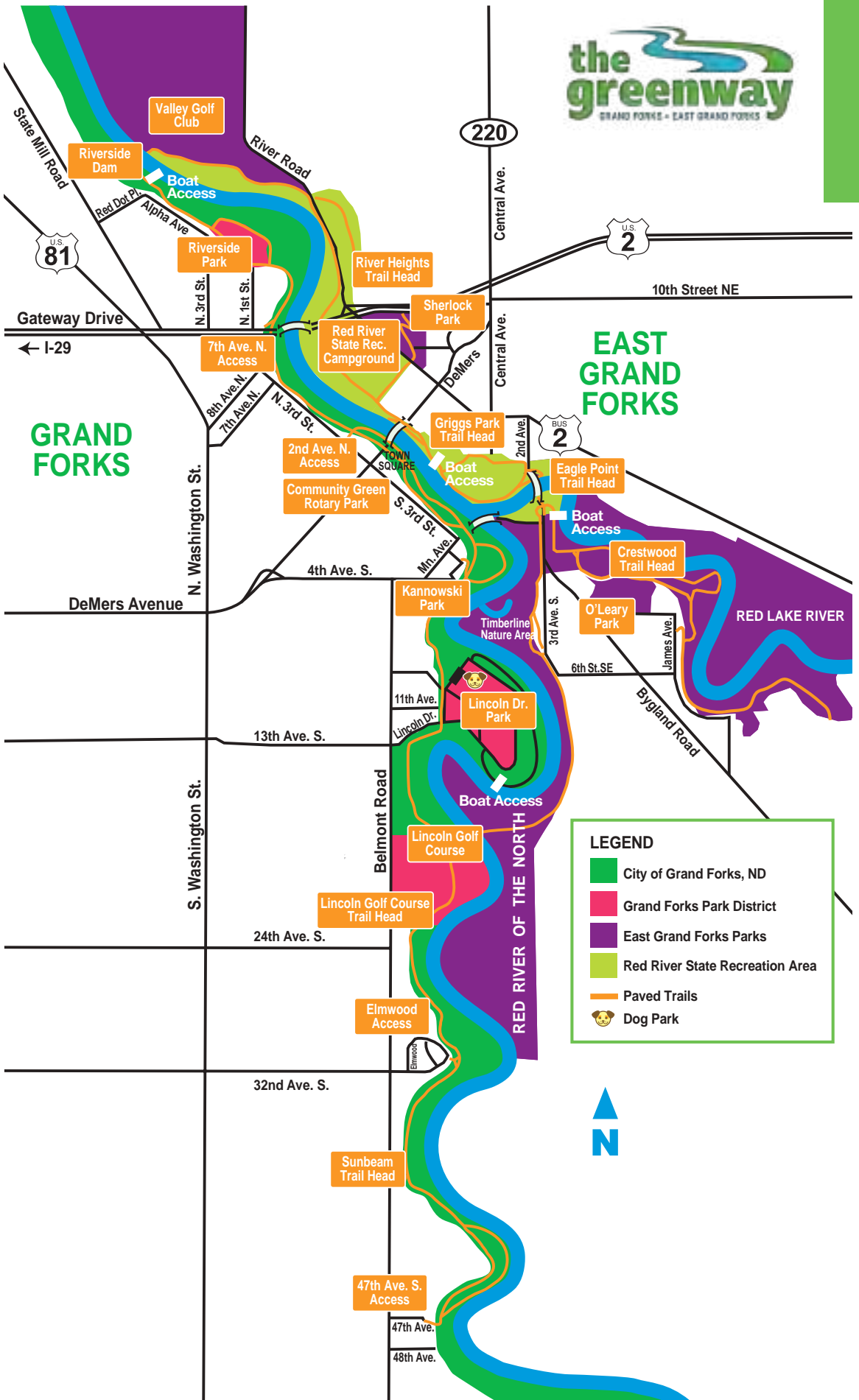




**THINGS TO DO** // Play at your pace with miles of trails and waterways. Lace up to run, ski, inline skate and bike as part of fun or competitive events. Area parks offer picnic and play areas, sledding hills, ice rinks and other seasonal flavors. When skies are gray, enjoy all of Forks' great indoor recreational spaces.



**Grand Rides** is a bike sharing program, for use in the Greater Grand Forks Area, provided by the Downtown Development Association and the support of their community partners. The program is simple to use through the smartphone application Movatic, which can be downloaded from all major app stores. Rides start at \$1/15 minutes and the program offers a variety of membership options including \$5/mo and \$60/yr for unlimited 30-minute rides (fees subject to change). Learn more at [downtownforks.com/grandrides](http://downtownforks.com/grandrides).





**Everything under the sun** // Around here, every day is a walk in the park. Lincoln Drive, University and Riverside offer paths lined with beautiful flowers, foliage and trees, while Sertoma boasts a picturesque Japanese Garden and great birdwatching opportunities. Strap on the inline skates or just use plain old sneakers to make your way through the 2,200-acre scenic Greenway Trail System. In colder months, we find ice skates, skis and snowshoes work best. Flowing waters or frozen solid, our two rivers provide opportunities for some of the best fishing, boating and snowmobiling around. Oar up with one stop at Boathouse on the Red! Open during summer months, this little blue shack gives you access to canoes, kayaks and SUPs.





## DOWNTOWN PARKS

### Boathouse on the Red

Riverboat Rd. & DeMers Ave., GF  
(north of Sorlie Bridge)

### Kannowski Park & Rydell Skatepark

701 S 4th St., GF

### Memorial Park / Flood Obelisk

DeMers Ave. & N 3rd St., GF  
(east of Town Square)

### Town Square

DeMers Ave. & N 3rd St., GF

## EASTSIDE PARKS

### O'Leary Park

711 3rd St. SE, EGF

### Red River State Recreation Area

515 2nd St. NW, EGF

### River Heights Park

River Rd. & 12th St. NW, EGF

### Sherlock Park, Playground & Pool

4th St. NW & 5th Ave. NW, EGF

### Zavoral Park

3rd Ave. SE & 1st St. SE, EGF

## NORTHSIDE PARKS

### Richards West Park

4700 6th Ave. N, GF

### Riverside Park & Pool

1811 N 1st St., GF

### University Park

320 N 25th St., GF

## SOUTHSIDE PARKS

### Ben Franklin Park

211 Westward Dr., GF

### Elks Park & Pool

1002 13th Ave. S, GF

### Independence Park

1000 5th Ave. S, GF

### Lincoln Drive Park & Lincoln Dog Park

120 Euclid Ave., GF

### Optimist Park

4600 Cherry St., GF

### Ryan Park & Ryan Lake

2001 47th Ave. S, GF

### Sertoma Park / Japanese Garden

3300 11th Ave. S, GF

### Veterans Memorial Park

2357 S 34th St., GF





Family and friends who play together stay together. In our two Forks, we invite everyone to come have one grand time. Try your hand at axe-throwing or jump for joy on a jumbo trampoline at Northern Air Family Fun Center. Hitch a ride on a Paradise Stables horse drawn wagon or swing away in Sherlock Forest, the region's largest community constructed playground. Get bowled over with a game at Red Ray Lanes or give the Scheels multi-sports simulator your best shot. Attempt to pull off a big heist at the Grand Forks Escape Room or catch a flick while relaxing in a comfy heated recliner at River Cinema. Take a slide and dip into Splasher's Water Park or cool off and get all wet at Elks Pool Spray Park. People of all ages will surely fall in love with autumn around these parts and oh my gourd, are there bushels of fun to be found at Nelson's Pumpkin Patch, Valley Corn Maize and Patch on the Point! Outdoors and in, we have lots of ways for the whole fam bam to jam.

**AMC Classic 10 /**  
2306 32nd Ave S, GF, 701-772-8404  
**Cabela's /**  
210 DeMers Ave, EGF, 218-773-0282

**Canad Inns Destination Centre /**  
**Splasher's Water Park /**  
1000 S 42nd St, GF, 701-772-8404  
**Choice Fitness & Choice Spray Park /**  
4401 S 11th St, GF, 701-746-2790



 University Spray Park / Northside/UND

**Downtown Axe /**

8 S 3rd St., GF, 701-757-1113

**Elks Pool & Spray Park /**

1002 13th Ave S, GF, 701-746-2780

**Grand Forks Escape Room /**

200 1st Ave N, GF, 701-388-1905

**Grand Forks YMCA /**

215 N 7th St, GF, 701-775-2586

**Larimore Dam Recreation Area /**

3586 18th Ave NE, Larimore, 701-343-2078

**Muddy Waters Clay Center /**

2014 13th Ave N, GF, 701-775-1168

**Nelson's Pumpkin Patch & Corn Maze /**

2448 20th Ave NE, Emerado, 701-610-6511

**Northern Air Family Fun Center /**

1600 32nd Ave S, GF, 701-757-4386

**Patch on the Point & Point Paradise Stables /**

20753 440th Ave SW, EGF, 218-779-9399

**Red Ray Lanes /**

2105 S Washington St, GF, 701-775-0663

**River Cinema 15 /**

211 DeMers Ave, EGF, 218-399-9000

**Riverside Pool /**

1810 N 1st St, GF, 701-740-1497

**Scheels /**

Columbia Mall:  
2800 S Columbia Rd, GF, 701-780-9424

**Sherlock Forest Playground & Sherlock Pool /**

919 5th Ave NW, EGF, 218-773-9231

**Turtle River State Park /**

3084 Park Ave, Arvilla, 701-795-3180

**University Spray Park /**

320 N 25th St, GF, 701-746-2750

**Valley Corn Maize /**

160th St SW, EGF, 701-215-6886



# PLAY A ROUND



In this part of the country, warmer weather means it's time to grab those clubs, don your golf shoes and hit the greens! Whether you are a novice looking for a leisurely 9-holes or an advanced player wanting a challenge, our cities can supply the perfect course of/for action. No need to fear when winter is here, we have two great indoor golf spots where you can play legendary courses the virtual way.

**King's Walk Golf Course** / 5301 S Columbia Rd, GF, 701-787-5464

This premier 18-hole Arnold Palmer Signature PGA Golf Course opened in the spring of 2002 to rave reviews. It stretches over 7,200 yards, with four sets of tees to accommodate golfers of all abilities. The clubhouse includes a pro shop and Eagle's Crest Grill, one of Southside's most popular places to grab dinner and drinks.

**Grand Forks Country Club** / 794 County Rd 6, GF, 701-772-4831

While the beautifully groomed 18-hole Robert Bruce Harris design will test the skill set of even the finest golfer, beginners can expect to enjoy a great game, as well. There is also an on-site club house and five-star restaurant.

**Lincoln Golf Course** / 250 Elks Drive, GF, 701-746-2788

First established in 1909, this legendary 9-hole course is one of North Dakota's oldest golf facilities. Running along the Red River, its numerous Elm trees, bent grass greens and closely manicured fairways are sure to provide a superb golfing experience for every player.

**Ray Richards Golf Course** / 3501 DeMers Ave, GF, 701-777-4340

When spending the day at Ray Richards, you will find nine holes to test your abilities, a driving range and complete pro shop all owned and operated by the University of North Dakota. It's perfect for those working on their game.

**Valley Golf Course** / 2407 River Rd NW, EGF, 218-773-1207

Overlooking the Red River on the Minnesota side, Valley Golf is an 18-hole course featuring rolling terrain and beautiful fairways that pose a challenge to all levels. The clubhouse offers a pro shop, with full bar and banquet facilities available.

**Albatross Indoor Golf Club** / Columbia Mall: 2800 S Columbia Rd, GF, 701-757-3220

Raise those clubs if you want to tee off in Forks without braving the elements! Thanks to Albatross Indoor Golf Club, you can take a swing at some of the world's most famous courses and never leave our grand cities. Albatross features six aboutGolf simulators, including an amazing three screen SimSurround that may be reserved. Beverages (alcoholic and non-alcoholic options) plus multiple food options are also available.

**The Golf Center** / 3001 S Columbia Rd, GF, 701-775-0019

One of the region's largest full-service golf stores, Golf Center carries all the major brands and specializes in club fitting. They also feature an onsite launch monitor and golf simulator, along with providing expert advice that will help clients improve their game.

**Frisbee/Disc Golf Courses**

Lincoln Drive Park / 120 Euclid Ave, GF

Northland Tech College / 2022 Central Ave NE, EGF

Riverside Park / 1811 N 1st St, GF

Zavoral Park / 3rd Ave SE & 1st St SE, EGF





**LET US ENTERTAIN YOU** // Let us make you smile with an abundance of standing ovation worthy events, awe-inspiring artwork and some of the nation's finest facilities in which to hold them all.

**Alerus Center** / 1200 S 42nd St, GF, 701-792-1200

In addition to giving our University of North Dakota Fighting Hawks Football team home field advantage, Alerus Center is a 160,000 square foot premier facility that boasts a variety of conventions, banquets, football and basketball championships, expos and sold-out concerts from acclaimed artists such as George Strait, Metallica, Cher and Luke Combs.

**Chester Fritz Auditorium** / 3475 University Ave, GF, 701-777-4090

While at the iconic Chester Fritz Auditorium, watch the curtain go up on an array of national and international entertainment including concerts, ballet, Broadway theatre, children's shows and special performances. During intermission, you may want to browse the hallways featuring framed, autographed photos of past performers who have graced the Fritz stage.

**Empire Arts Center** / 415 DeMers Ave, GF, 701-746-5500

Built in 1919, the beautifully restored Empire Arts Center hosts live theater, musical performances, movies and other events. The lobby area houses a visual arts gallery with featured works by Dali, Warhol and many more.





**Fire Hall Theatre** / 412 2nd Ave N, GF, 701-746-0847

The Greater Grand Forks Community Theatre is a non-profit organization, established in 1947, to provide the opportunity for everyone to experience and participate in live theatrical entertainment. In 1982, the Number One Fire Hall was purchased from the City of Grand Forks and renovated it into a quaint one-hundred-seat performance venue appropriately named Fire Hall Theatre. It is currently listed as one of the ten oldest community theatres in the nation.

**North Dakota Museum of Art** / 261 Centennial Dr, GF, 701-777-4195

NDMOA is nationally recognized for its ground-breaking human rights exhibitions, involvement with international artists, the commissioning of landmark works of art anchored in the Northern Plains and the strength of its exhibition program. Three galleries house exhibits of regional, national and international art. On permanent display is late New York City artist and collector Barton Benes' apartment that includes his collection of African art and oddities from around the world. It also offers visitors a first-class café and gift shop filled with eclectic items.

**Ralph Engelstad Arena** / 1 Ralph Engelstad Arena Dr, GF, 701-777-4167


Regarded as one of the finest hockey facilities in the world, the magnificent \$100+ million Ralph Engelstad Arena is best known as the home of championship University of North Dakota Hockey but it also plays host to several topnotch concerts and on-ice performances throughout the year. The 400,000 square foot, five-story arena seats 11,700 and features the largest center-hung videoboard in college hockey. Stop by the Sioux Shop on weekdays, at 1:30 PM, if you'd like to take a guided tour and perhaps pick out some cool UND logo wear.





 The Red Pepper | Downtown

Photo by: [www.postcardjar.com](http://www.postcardjar.com)

 @postcardjar

# 8 COOL THINGS TO DO IN Grand Forks, ND

by: Ann and Steve Teget | [www.postcardjar.com](http://www.postcardjar.com)

**W**ith so many legendary things to do in Grand Forks, North Dakota, it might just be the coolest city you've never visited. When you roll into town, you're immediately greeted by a winkly smile on the city's water tower – and the cool factor doesn't stop there. Grand Forks is filled with cool places to eat, things to do, and friendly people you'll never forget. Here are some of our favorite (and very cool) things to do in Grand Forks, North Dakota. >> *Our visit to Grand Forks was hosted. The opinions expressed and cool memories are our own.*



## 1) Things to do in Grand Forks: get saucy at Red Pepper

Your first stop in Grand Forks must be Red Pepper. Grand Forks residents will tell you there's no reason to mess with perfection, which is why the iconic Red Pepper has remained basically unchanged since it opened in 1961. Locals wait patiently in line for tasty tacos, cheese tostadas, and the famous grinder. They are all served on thin paper plates and with strangely addictive sauces. When you go, be sure to try one of their ever-popular grinders. It's a basic sub sandwich, but taco meat and a mysterious white sauce take it to a whole new level. Trust us on this one. If you're feeling even more adventurous, order the garbage plate.



## 2) Warm up with a cup of coffee

In the heart of downtown, warm up with a cup of coffee at Urban Stampede or try one of their brightly colored, cool "concoctions." We tried the Blueberry Muffin and the Green Machine concoctions paired with a freshly baked scone. Both smoothies were made with all natural ingredients and not loaded with extra sugar or calories. For a super-cool experience and delicious cup of coffee, ask one of the talented baristas for a pour-over. It takes a few minutes to craft your cup of Joe, but it's well worth the wait and something you don't see at most coffee shops.

## 3) Things to do in Grand Forks: grab a bite

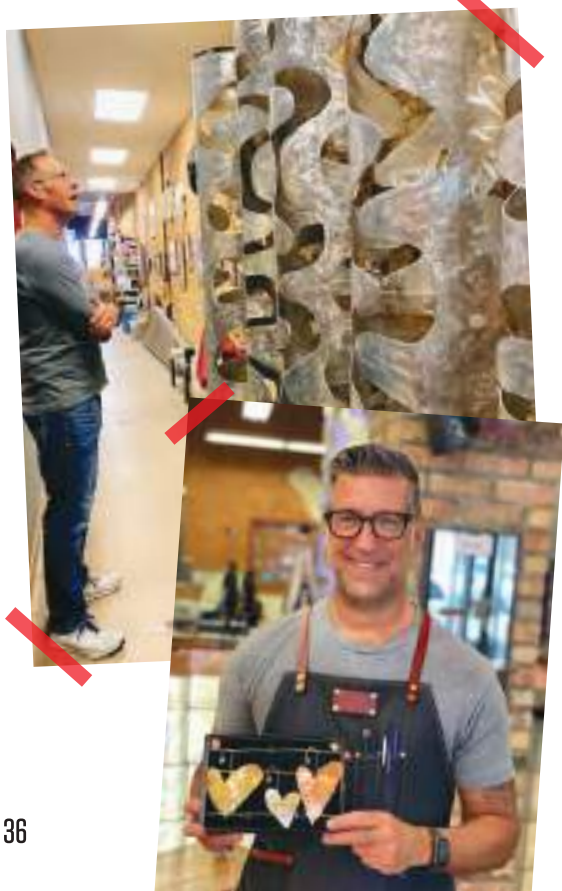
In my humble opinion, Grand Forks may well be the bar food capitol of the world. With dozens of bars and restaurants serving up local brews and fried favorites, there are tasty burgers, nachos, and wings on every corner. The Toasted Frog, for instance, offers upscale bar food alongside well-crafted cocktails. This North Dakota favorite also has daily pasta, steak, and fish specials and serves new twists on old favorites. Be sure to try their fried pickle appetizer. There's nothing quite like biting into a fresh-out-of-the-fryer dill pickle spear wrapped in Havarti cheese and a wonton wrapper. You'll find similar fried pickles on menus across North Dakota, but this is the original. Dipped in a creamy Sriracha sauce, it is also our favorite.





#### 4) Check out the cool art in Grand Forks

Do public art projects get any cooler than this? Grand Forks is full of interesting and totally Instagramable art. Take a walk around town and find unique art like this giant blue head with a planter for hair! Also, watch for the installation of metal light pillars downtown designed and created by a local artist. We saw the metalwork in production at Badman Design, and can't wait to return to see the project installed. The design honors the Red River that runs through town, and will, in part, commemorate the flood of 1997 that changed Grand Forks forever. Artist David Badman is a metalsmith and jewelry designer who has been in downtown Grand Forks for more than 33 years. Stop in the studio to meet this cool dude and see (or purchase) some of the pieces he's designed.



#### 5) Things to do in Grand Forks: enjoy the outdoors

After the flood of 1997 destroyed much of the downtown, residents knew that rebuilding everything just wasn't a wise option. Instead, they turned the flood-prone areas into the Greenway, a 2,200 acre outdoor recreation wonderland that takes Grand Forks' cool factor to a whole new level. Take a bike ride (you can rent one in town) or go for a jog on more than 20 miles of beautiful trails that snake along the banks of the scenic Red River. Try to make par at one of two golf courses or three disc golf courses. Feeling a little more outdoorsy than that? Cast a line and do a little shore fishing or even set up camp and sleep under the stars in this zone that's twice the size of New York's Central Park. Outdoor adventure doesn't stop there. Head a little ways out of town and find Turtle River State Park. We had fun hiking the trails and enjoying the woods, while seeing others camping, mountain biking, and fishing. In the winter, the park is a great destination for cross-country skiing. It is a quiet, relaxing place that provides a nice escape from the city.



#### 6) Visit a brewery

After all that exercise, you'll probably want to wet your whistle, so head to one of Grand Forks' great breweries like Rhombus Guy's Brewing Company. Sit back and sip one of their cold beers while munching on some great food. Ann tried the veggie burger and has raved about it ever since. I loved the appetizers (I could eat all the pretzel sticks) and found my Cuban sandwich to be absolutely delicious. The real stars, however, are the great beers brewed and bottled right there in the building. Rhombus Guys offers a wide variety of beers from dark to hoppy to light and refreshing. Truly, there's something for every taste. Also located in Grand Forks are Half Brothers Brewing Company, Oxford Brewing Company, JL Beers, and Brick and Barley. We didn't have a chance to visit all of those on this trip, but we definitely will try to get to them the next time we're in town.

## 7) Engage in a little retail therapy

Unwinding with a little retail therapy is another of the many enjoyable things to do in Grand Forks. Chic downtown boutiques like Kittsona and Geneva's Found Goods sell clothing, North Dakota gift items, and décor. You're sure to find a cool souvenir and maybe will even get to check some boxes on your holiday shopping list.

## 8) Have some dessert

At the end of your day, you'll be looking for one more thing to do in Grand Forks: have dessert. And the only thing hard about that in Grand Forks is deciding where to go for it. You really must stop by Widman's, a candy shop unlike any other. They're famous for their "Chippers," which are ripple potato chips covered in milk, dark, or white chocolate, as well as other candy confections like peanut butter. Each bite is the perfect embodiment of the sweet-salt cycle. You'll tell yourself you'll just have a few, but you know that's a lie. Simply looking at a picture of them makes my mouth water! But Chippers aren't the only candy offered at Widman's. They've taken the cool factor to a whole new level with a wide variety of chocolate-covered treats that we promise you've never thought of or thought you wanted to try. Sample their chocolate-covered green olives or bacon, for instance. Really. Looking at the plate you can see that they sell well. If you're looking for a more traditional (and literally cooler) dessert, may we suggest T and Crepe Café? Order a bubble tea and then step up to the counter and watch with eager anticipation as they pour sweet cream and your choice of flavorings on a frozen flat top. See as they mix, knead and hand roll your ice cream to come up with a creation. Or stand and watch as they prepare a fresh crepe for you. It's fun to see the building process from batter on the flat top to the fresh ingredient-filled treat. Yum!

## + ) One more cool thing we didn't do in Grand Forks

Sadly, we were not in Grand Forks during hockey season. However, we understand that seeing a University of North Dakota Fighting Hawks game at the Ralph Engelstad Arena is, by far, THE COOLEST thing to do there. Guess we'll have to come back.

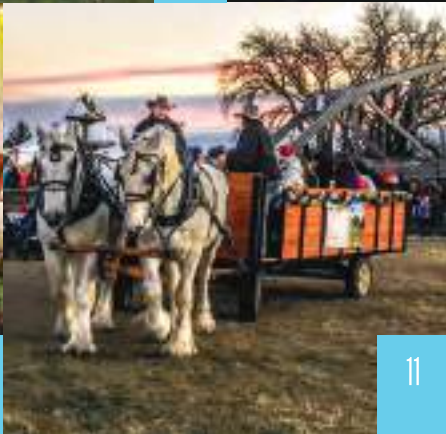
>> We'd like to thank North Dakota Tourism, Visit Greater Grand Forks, and Downtown Forks for hosting us and showing us such a cool time in your city and state.

Ann and Steve are co-creators of the travel and lifestyle blog PostcardJar.com. Named "Best Bloggers of 2019" by the Midwest Travel Network, this married couple shares authentic stories about food, travel, and healthy living.

>> Follow the Tegets on social media @postcardjar <<







# EVENTS

// Our two towns serve up tons of fun annual events, these are just a dozen! For a full listing of events head to [visitgrandforks.com/events/](http://visitgrandforks.com/events/)



- 1 **FEBRUARY : Greenway Ski Day** / Don your snuggliest sweater, snow pants, jacket and hat... then head out to Lincoln Drive Park for some skiing, sledding, ice skating, sleigh riding and more! This free event is sponsored by the Grand Forks Park District.
- 2 **APRIL - SEPTEMBER : Friday Night Races** / River Cities Speedway is considered by many to be the best 1/3-mile dirt and clay track in the nation. Race classes include Outlaw Sprints, Late Models, Midwest Modifieds and Street Stocks.
- 3 **JUNE : Art on the Red** / This Grand Cities outdoor festival features 100+ high-end artisans and quality crafters, tantalizing food vendors, live entertainment, music, kids' activities and more.
- 4 **JUNE - SEPTEMBER : Town Square Farmers Market** / Head Downtown, every Saturday during the summer, to find all kinds of just-picked produce, home baked pies like grandma used to make, mild and spicy salsas, assorted flavors of fudge and jams, jewelry, crafts, live music, food trucks and lots more.
- 5 **JULY : Sertoma July 4th Festival & Fireworks** / Spend your Independence Day in our Grand Forks with 12 hours of live music, fun games, delicious food and drinks, contests and an awesome fireworks display.
- 6 **AUGUST : Heritage Days** / Learn about our community's legendary past when attending this annual East Grand Forks Heritage Village event. Some of the fun happenings include a parade, community dinner, live music, historical re-enactments, classic car show and antique tractor pull.
- 7 **AUGUST : Rockin' Up North Fest** / This grand get-together features an August Schells Craft Beer Showcase, games, food vendors and live tunes courtesy of local, regional and national artists.
- 8 **AUGUST : Downtown Street Fair** / Dozens of vendors will offer up blocks of unique finds to buy and tasty treats to eat. When the sun goes down, they'll be dancing in the street courtesy of live music from some of today's top artists.
- 9 **SEPTEMBER : Potato Bowl USA** / Celebrate the Red River Valley's staple crop with a variety of events that include a 5K fun run, parade, UND football game and tailgate party, potato pancake breakfast, contests and the World's Largest French Fry Feed & Fireworks display.
- 10 **SEPTEMBER : Greenway Takeover Festival** / Enjoy four days filled with talented artists performing live music in a variety of genres ranging from rock, country and folk to jazz, gospel and soul. There'll also be a beer garden, food trucks, plus games for both kids and adults. It all takes place Downtown, on The Greenway, by the banks of the Red.
- 11 **NOVEMBER : HollyDazzle Festival of Lights** / Kick off the holiday season in dazzling fashion at this popular family friendly event typically held the Sunday before Thanksgiving. Festivities include a lighted parade, caroling, cookie decorating, live entertainment, kids' games, carriage rides, ice skating and fireworks.
- 12 **DECEMBER : Holiday LEGO Display** / This collaboration by HB Sound & Light, GFKlug and the community features thousands of toy blocks being used to re-create famous Forks blocks and landmarks





**FORKS: Five in Five** Want to learn more about what makes our Forks uniquely grand? Check out these in-house produced, brief but informative, always entertaining videos. Each features a five-question interview of a local attraction or business owner and lasts approximately five minutes. View videos by scanning the code to get to <https://www.visitgrandforks.com/media/video-gallery/>

 Downtown Axe / Downtown



**Five Forks Favs** Looking for a few cool to-dos while you are here? Take it from us – the Visit Greater Grand Forks staff – our two towns feature lots of hot spots that are not to be missed. These are some of our favorites!



**Julie Rygg, Executive Director /**

UND Hockey at Ralph Engelstad Arena

Dinner at Harry's Steakhouse

**Biking on The Greenway**

Lunch on The Blue Moose deck

Productions at the Empire Arts Center



**Alicia Van Eps, Marketing Coordinator /**

Shopping at The Silo Boutique

Coffee & Breakfast at Bully Brew Coffee

Pizza/Buffer & Games at Happy Joe's

Happy Harry's Rockin' Up North Fest

**Northern Air Family Fun Center**



**Shelley Wagendorf, Communications Coordinator /**

**Concerts at the Alerus Center**

Beer at Half Brothers Brewing Company

Shopping at Northern Roots Boutique

Dining at The Toasted Frog

North Dakota Museum of Art



**Stephanie Bernstrom, Director of Sports & Events /**

**Breakfast at Darcy's Cafe**

Shopping at L&M Meats, Inc

Annual Holiday LEGO® Display

Shopping for gifts at CURIOUS

Farmer's Market in Town Square



**Nicole Blair, Director of Visitor Services /**

The Spud Jr. for delicious food & fun

Lincoln FREE Kid's Golf Course

**Coffee & Frozen Lemonade at Wired Bean**

Shopping at Luscious Boutique

Drinks at Boardwalk & on the River Deck

**#** Share your favorite Greater Grand Forks spots with us via **#GrandForks** or **#EastGrandForks**





# WHERE TO STAY

// Rest easy in hotel rooms offering all the comforts of home and then some. Unwind at places with indoor water parks, gaming, adjacent restaurants and other for-fun amenities.



- 1 **Americas Best Value Inn** 1000 N 42nd St. 701-775-0555 888-275-0550
- 2 **AmericInn by Wyndham** 1820 S Columbia Rd. 701-780-9925 800-634-3444
- 3 **Baymont Inn & Suites** 951 S 42nd St. 701-757-2345 800-337-0550
- 4 **Best Western Harvest Inn & Suites** 3350 32nd Ave. S 701-775-5000 800-780-7234
- 5 **Canad Inns Destination Centre** 1000 S 42nd St. 701-772-8404 888-332-2623
- 6 **C'mon Inn** 3051 32nd Ave. S 701-775-3320 800-255-2323
- 7 **Country Inn & Suites** 3101 S 42nd St. 701-757-2200 800-596-2375
- 8 **Days Inn** 3101 S 34th St. 701-775-0060 800-325-2525
- 9 **East Grand Inn** 606 Gateway Dr., EGF 218-773-9822 888-904-8840
- 10 **Econo Lodge** 900 N 43rd St. 701-746-6666 800-553-2666
- 11 **Expressway Suites** 4040 11th Ave. S 701-757-7000 888-530-0190
- 12 **Fairfield Inn by Marriott** 3051 S 34th St. 701-775-7910 800-228-2800
- 13 **Fairfield Inn & Suites by Marriott** 514 Gateway Dr. NE, EGF 218-399-3030 888-236-2427
- 14 **Hampton Inn & Suites** 2985 42nd St. S 701-757-2255 800-HAMPTON
- 15 **Hilton Garden Inn** 4301 James Ray Dr. 701-775-6000 877-STAY-HGI
- 16 **Holiday Inn Express Hotel & Suites** 4051 32nd Ave. S 701-772-7700 866-HLDYINN
- 17 **Knights Inn & Suites** 1211 N 47th St. 701-757-4041 855-896-3206
- 18 **La Quinta Inn & Suites** 4051 Garden View Dr. 701-757-3600 800-753-3757
- 19 **My Place** 1315 S 42nd St. 701-757-1717 855-200-5685
- 20 **Plaza Motel** 309 DeMers Ave., EGF 218-773-1179 800-773-1127
- 21 **Quality Inn** 3251 30th Ave. S 701-775-7503 800-228-5150
- 22 **Ramada** 1205 N 43rd St. 701-775-3951 800-570-3951
- 23 **Rodeway Inn** 3300 30th Ave. S 701-746-1391 800-707-1391
- 24 **Sleep Inn & Suites – Alerus Center** 1350 S 42nd St. 701-757-2900 877-424-6423
- 25 **SpringHill Suites by Marriott** 2837 S 42nd St. 701-757-4150 877-467-5533
- 26 **Staybridge Suites** 1175 42nd St. S 701-772-9000 877-238-8889

## CAMPGROUNDS

Grand Forks Campground /  
4796 S 42nd S, GF, 701-772-6108

Red River State Recreation Area /  
515 2nd St NW, EGF, 218-773-4950

Number of Rooms	Meeting Room Occupancy	Continental Breakfast	Restaurant/Lounge /Casino	Room Service	Pool	Water Park	Whirlpool/Hot Tub/ Sauna	Video Games	Exercise Room	Pets Allowed
118		•								•
56		•	•	•	•		•			
91		•			•		•	•	•	•
85	15	•			•		•		•	•
201	200		•	•	•	•	•	•	•	
80	50	•			•		•	•	•	
100	40	•			•		•		•	
52		•			•		•			•
60	15	•								•
45		•							•	•
71		•			•		•	•	•	
61		•			•				•	
67	45	•			•				•	
97	110	•			•		•		•	
100	200		•	•	•		•		•	
81	15	•			•		•		•	
89		•			•					•
83	40	•			•		•		•	•
64										•
24								•		
65		•			•					
100	500	•	•	•	•		•	•		•
85	15	•			•		•	•		•
82		•			•		•		•	
93	10	•			•		•		•	
97	40	•			•		•		•	•

• Dot indicates services available.

Turtle River State Park /  
3084 Park Ave NE, Arvilla, 701-795-3180

 Canad Inns Destination Centre  
/ Southside







 Visit Greater Grand Forks / Northside/UND

**Oh Canada** We are so thrilled you chose to make the trip from your home and native land to ours. Please let us know if there is any way we can assist in making your visit to Forks the most Grand time ever!

**SCAN CODE** // To find helpful documents and useful links on border crossings, exchange rates, sales tax refunds, road conditions and more!  
<https://www.visitgrandforks.com/travel-tools/canadian-visitors/>



**Travel Tools** You will find getting to and around our towns is both quick and convenient. Let the following transportation resources be your guide to one grand time!

## AIRPORT

**Grand Forks International Airport /**

[www.gfkairport.com](http://www.gfkairport.com)

Flight Support, 701-772-5504

Airport Authority,

2301 Airport Dr., 701-795-6981

Airport Parking, 701-772-0090

U.S. Customs, 701-772-3301

## AIRLINES

**Allegiant /**

Grand Forks International Airport

702-505-8888, [www.allegiant.com](http://www.allegiant.com)

**Delta Air Lines /**

Grand Forks International Airport

800-221-1212, [www.delta.com](http://www.delta.com)

## TAXI SERVICE

**City Cab /** 701-757-1667

**Dial-A-Ride /** 701-787-9120

**Grand Forks Taxi /** 701-775-8294

(available for people with disabilities)

**Grand Forks Taxi /** 701-780-8890

[www.grandforkstaxi.net](http://www.grandforkstaxi.net)

**Green Taxi /** 701-317-6771

**Lyft /** [www.lyft.com/cities/grand-forks-nd](http://www.lyft.com/cities/grand-forks-nd)

**Nodak Radio Cab /** 701-772-3456

(available for people with disabilities)

**Platinum Taxi /** 701-335-3342

**Red White & Blue Taxi /** 701-330-9640

**S & S Taxi /** 701-772-4142, [www.sstaxis.com](http://www.sstaxis.com)

**Uber /** [www.uber.com/cities/grand-forks-nd](http://www.uber.com/cities/grand-forks-nd)

## BUS LINES

**Dietrich Bus Service /**

1115 55th St. N

701-772-0601 or 800-772-0601

**Grand Forks City Bus /**

450 Kittson Ave., 701-746-2600

**Jefferson Lines /**

450 Kittson Ave.

701-775-4781 (local terminal)

800-451-5333 (info and schedule)

**Triangle Coach Service /**

1611 Central Ave. NW, 218-773-2631

## Railway Service

**Amtrak /** 5555 DeMers Ave.

701-775-0484 (local terminal)

800-872-7245 (info and reservations)

## Rental Car Agencies

**Avis Rent-A-Car /**

Grand Forks International Airport

701-775-0688 or 800-831-2847

**Enterprise Rent-A-Car /**

Grand Forks International Airport

701-746-1375

2205 S Washington St.

701-775-3977 or 800-325-8007

**Hertz Car Rental /**

Grand Forks International Airport

701-746-6426 or 800-654-3131

1325 DeMers Ave., 701-787-7274

**National Car Rental /**

Grand Forks International Airport

701-746-1375 or 800-227-7368

## AREA INFORMATION SERVICES

**Visit Greater Grand Forks /**

701-746-0444, 800-866-4566

[www.VisitGrandForks.com](http://www.VisitGrandForks.com)

**Chamber of Commerce /**

701-772-7271, [www.gochamber.org](http://www.gochamber.org)

**City of Grand Forks Public Information Center /**

701-746-4636, [www.grandforksgov.com](http://www.grandforksgov.com)

**North Dakota Tourism /**

800-435-5663, [www.ndtourism.com](http://www.ndtourism.com)

**Explore Minnesota /**

888-847-4866, [www.exploreminnesota.com](http://www.exploreminnesota.com)

## ROAD REPORT

**Minnesota /**

800-542-0220, [511mn.org](http://511mn.org)

**North Dakota /**

866-696-3511, [travel.dot.nd.gov](http://travel.dot.nd.gov)







# SIMPLY THE FACTS //

## Population

Grand Forks Metro Area // 102,414  
Grand Forks // 59,166  
East Grand Forks // 9,176  
Grand Forks Air Force Base // 2,685  
UND Enrollment // 13,772

## Climate

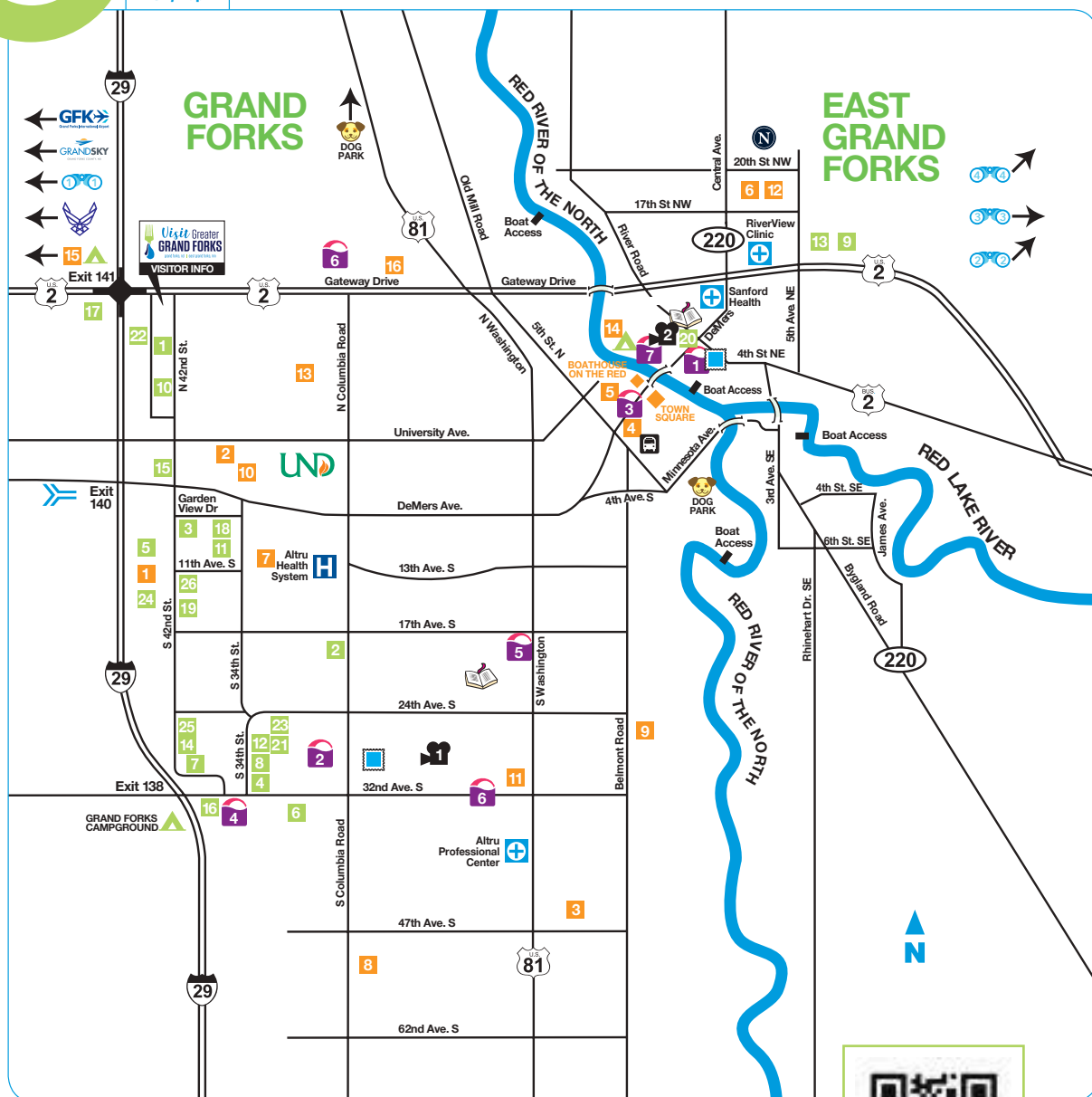
### Average High Temperatures

Spring (March-May) // 51.0°F  
Summer (June-August) // 79.9°F  
Autumn (September-November) // 54.0°F  
Winter (December-February) // 17.2°F





City Map



**MAPS** // Scan to find links to online maps and additional travel tools you'll need to plan and explore!



**Raising the bar** Greater Grand Forks is the proud home of the University of North Dakota and Northland Community and Technical College. The students, professors and staff members bring a high, ever-changing energy level to our area. Their studies, work, research and activities enrich life for all of us through leading thinking, economic development, sports and cultural activities. Find out more at [www.UND.edu](http://www.UND.edu) and [www.ThinkNorthland.com](http://www.ThinkNorthland.com).

## ACCOMMODATIONS

- 1 Americas Best Value Inn
- 2 AmericInn by Wyndham
- 3 Baymont Inn & Suites
- 4 Best Western Harvest Inn
- 5 Canad Inns
- 6 C'mon Inn
- 7 Country Inn & Suites
- 8 Days Inn
- 9 East Grand Inn
- 10 Econo Lodge
- 11 Expressway Suites
- 12 Fairfield Inn by Marriott
- 13 Fairfield Inn & Suites East
- 14 Hampton Inn & Suites
- 15 Hilton Garden Inn
- 16 Holiday Inn Express Hotel & Suites
- 17 Knights Inn & Suites
- 18 La Quinta Inn & Suites
- 19 My Place
- 20 Plaza Motel
- 21 Quality Inn
- 22 Ramada
- 23 Rodeway Inn
- 24 Sleep Inn & Suites – Alerus Center
- 25 SpringHill Suites by Marriott
- 26 Staybridge Suites

## AREA ATTRACTIONS

- 1 Alerus Center
- 2 Chester Fritz Auditorium
- 3 Choice Health & Fitness
- 4 Empire Arts Center/UND Art Collection Gallery
- 5 Fire Hall Theatre
- 6 Heritage Village
- 7 Japanese Garden
- 8 King's Walk Golf Course
- 9 Myra Museum
- 10 North Dakota Museum of Art
- 11 Northern Air Family Fun Center
- 12 Northern Lights Railroad Museum
- 13 Ralph Engelstad Arena/Betty Engelstad Sioux Center
- 14 Red River State Recreation Area
- 15 Turtle River State Park 20 miles west
- 16 River Cities Speedway

## MOVIE THEATERS

- 1 AMC Classic 10
- 2 River Cinema 15

## BIRDING SITES

- 1 Kellys Slough National Wildlife Refuge 4 miles west
- 2 Agassiz Wildlife Refuge 57 miles northeast
- 3 Rydell Wildlife Refuge 48 miles east
- 4 Wetlands, Pines & Prairie Audubon Sanctuary 27 miles northeast

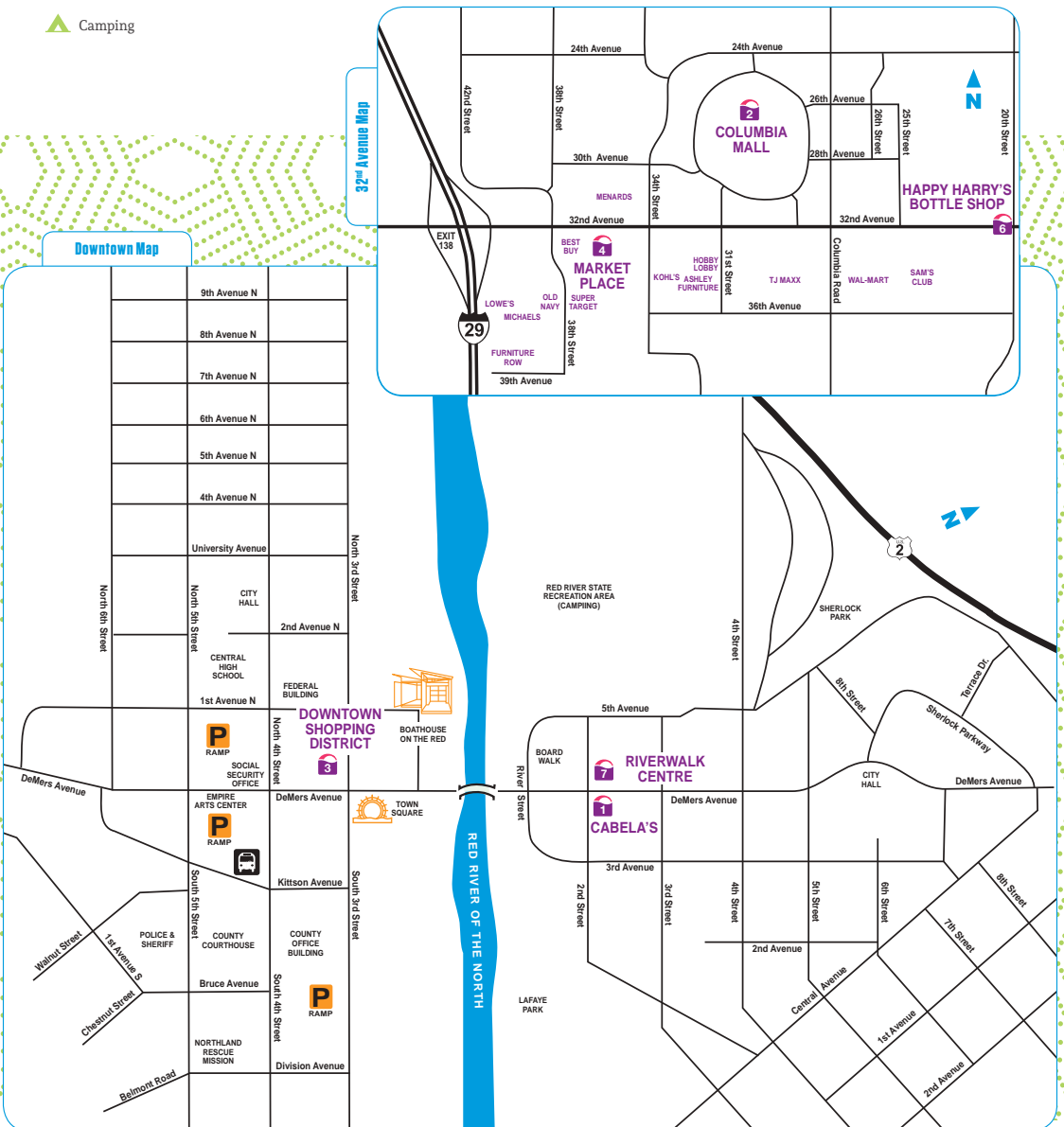
## SHOPPING DESTINATIONS

- 1 Cabela's
- 2 Columbia Mall
- 3 Downtown Shopping District
- 4 Grand Forks Marketplace
- 5 Grand Cities Mall
- 6 Happy Harry's Bottle Shops
- 7 Riverwalk Centre

## MISCELLANEOUS

- AMTRAK
- Altru Health System
- Altru Professional Center
- Sanford Health
- RiverView Clinic
- Bus Depot
- Public Library
- Post Office
- Grand Forks Air Force Base 15 miles west
- Grand Forks International Airport 5 miles west
- Grand Sky Aviation & Business Park 15 miles west
- Visit Greater Grand Forks
- Dog Parks: Lincoln Park and Circle of Friends - N Washington St.
- Northland Community and Technical College
- University of North Dakota

▲ Camping








## GREATER GRAND FORKS INFO //

Stop by or call...we're here to help! Our knowledgeable staff is ready to answer any questions you may have. There are also information boxes located outside the building filled with complimentary coupon books, brochures and maps on Greater Grand Forks, as well as Minnesota and North Dakota state guides and maps. Other visitor amenities include free Wi-Fi, picnic and pet exercise areas, a Geocaching box and Little Free Garden.

### NEED HELP? **CONTACT US**

**Visit Greater Grand Forks** / 4251 Gateway Drive, Grand Forks, ND 58203  
701-746-0444 (phone) or 800-866-4566 (toll free)

 **EASY TO FIND:** Located at the junction of Interstate 29 (Exit 141) and U.S. Hwy. 2.

**Julie Rygg, Executive Director** / [julie@visitgrandforks.com](mailto:julie@visitgrandforks.com)

**Shelley Wagendorf, Communications Coordinator** / [shelley@visitgrandforks.com](mailto:shelley@visitgrandforks.com)

**Alicia Van Eps, Marketing Coordinator** / [alicia@visitgrandforks.com](mailto:alicia@visitgrandforks.com)

**Stephanie Bernstrom, Director of Sports & Events** / [stephanie@visitgrandforks.com](mailto:stephanie@visitgrandforks.com)

**Nicole Blair, Director of Visitor Services** / [nicole@visitgrandforks.com](mailto:nicole@visitgrandforks.com)

**FOLLOW US**    **@VisitGreaterGrandForks**



# Attention Event Organizers

Greater Grand Forks...where you'll find a warm welcome and everything you need to make your special event a spectacular success. Impressive facilities rarely found in communities our size, comfortable, convenient and affordable lodging, great food, courteous service and abundant assistance from Visit Greater Grand Forks all await you!

## GO GRAND COMPLIMENTARY SERVICES

A few services include:

At Visit Greater Grand Forks, we know the venues, on-site contacts, vendors, technologies, sports sites and other details for smooth, memorable events. Our team provides expert assistance and an array of grand services at absolutely NO COST to you!



Bid Preparation & Presentation



Housing Coordination



Banners/Signage



Registration Assistance



Name Badges/Bag Tags



VIP Gifts



### HAVE AN UPCOMING EVENT?

PLEASE CONTACT **Nicole Blair**, Director of Visitor Services  
[nicole@visitgrandforks.com](mailto:nicole@visitgrandforks.com) - 701.746.0444



