

## Alerus Center

The Alerus Center is the largest sports, convention and entertainment facility of its kind between Minneapolis and Seattle. It boasts adjustable concert seating for anywhere from 2,000 to 21,000 people. This state-of-the-art facility has more than 145,000 square feet available for banquets, meetings and exhibits with a variety of powerful sound system and presentation hook-ups. The Alerus Center also houses a dozen conference rooms and a 25,588-square-foot ballroom.



### Additional Features

Meeting/banquet rooms: 17  
Capacity: up to 21,000 people  
Parking: 3,100 vehicles  
Shuttle service: as requested

1200 42nd Street South  
Grand Forks, ND 58201  
Phone: (701) 792-1200  
Fax: (701) 746-6511  
Event Line: 701-792-1420  
[www.aleruscenter.com](http://www.aleruscenter.com)

### Alerus stats

- football seating capacity: 13,500
- concert seating capacity: 21,000
- two basketball floors
- two 15x30 ft. video boards for viewing relays, live feed and messages
- converts from a showroom floor to playing field in just hours
- an Astroturf Magic Carpet provides a seamless playing surface
- easy load-in and load-out through doors on the north and south entrances
- moveable risers allow for various seating configurations
- 145,000 square feet of exhibit space

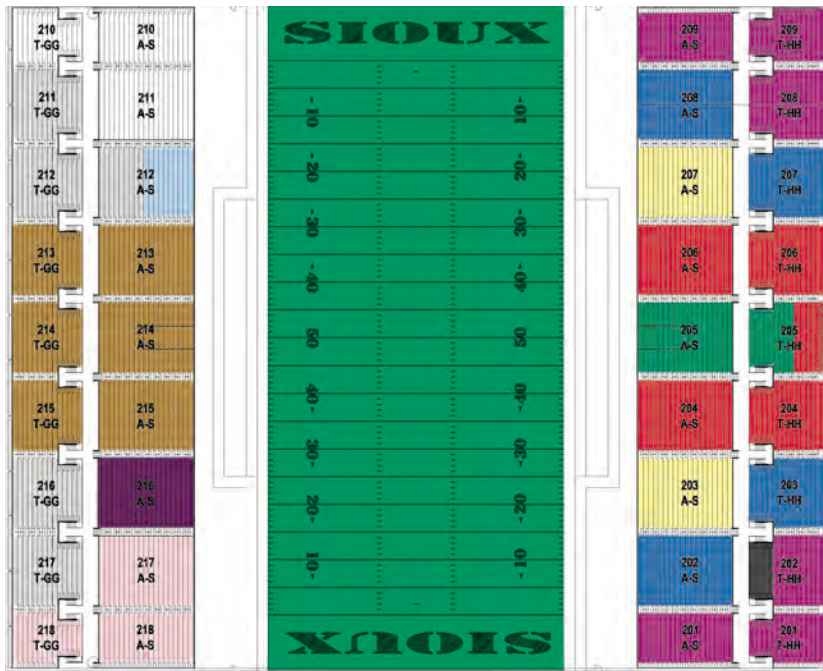
| Meeting Rooms         | Square Feet | Banquet | Classroom | Theatre | Other      |
|-----------------------|-------------|---------|-----------|---------|------------|
| Rooms 2, 3, 5, 10, 12 | 1,380       | 80      | 72        | 140     | 40 HSQ     |
| Rooms 1, 4, 11        | 598         | 30      | 24        | 50      | 16 HSQ     |
| Room 6-7, 8-9         | 690         | 40      | 32        | 56      | 28 HSQ     |
| Ballroom 1 & 3        | 2,052       | 120     | 104       | 241     | 56 HSQ     |
| Ballroom 2            | 1,344       | 80      | 60        | 144     | 40 HSQ     |
| Ballroom 4            | 9,790       | 450     | 448       | 1,050   | 55 Booths  |
| Ballroom 5            | 10,350      | 520     | 448       | 1,050   | 55 Booths  |
| Ballrooms 1-5         | 25,588      | 1,490   | 1,400     | 3,150   | 140 Booths |
| Main Arena Floor      | 100,000     | —       | —         | —       | —          |
| Prefunction Area      | 5,000+      | —       | —         | —       | —          |

## Alerus Center

Able to accommodate a variety of sporting events, the Alerus Center is home to the University of North Dakota Fighting Sioux Football team and hosts soccer, wrestling, basketball, monster trucks and Super Snowcross. This remarkable facility has the capacity to host local, regional and national sporting events.

### Behind the scenes

Locker rooms are dividable into four 25-locker sections. There are dressing rooms for coaches and officials and also 14 luxury VIP suites and a VIP club area with seating for approximately 75, eight concession stands, two vending stands, 14 ticket windows and four merchandise stands.



| Concert Event  | Capacity |
|----------------|----------|
| Half Arena     | 11,000   |
| Full Arena     | 21,000   |
| Athletic Event | Capacity |
| Football       | 13,500   |
| Soccer         | 13,500   |
| Basketball     | 9,500    |
| Theater Event  | Capacity |
| Theater Set    | 2,600    |

# Ralph Engelstad Arena

The \$104 million Ralph Engelstad Arena has just about everything and was built with the fans in mind—from the cherry wood, leather-padded seats to the spectacular view of the game. The 400,000-square-foot arena hosts hockey, family shows, ice events, concerts and basketball. The main lobby area has ticket sales, a pro shop and complete University of North Dakota Fighting Sioux museum. The main rink has a 200'x85' surface and the adjacent practice rink is Olympic-size, measuring 200'x100' with seating for 400 to 500.

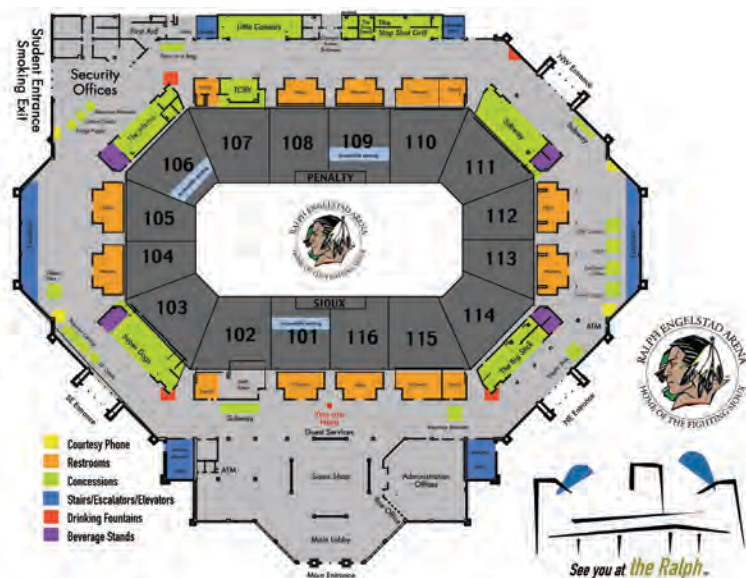
The Fighting Sioux weight room is one of the largest single-sport weight facilities in the world. The 10,000 square-foot world-class facility has 10 platforms with 10 power stations, 24 weight machines, 30 circuit machines and 30 aerobic pieces, along with 20,000 pounds of weights. Also included in the room is an 1,800-square-foot, spring-mounted pylo floor and eight TV monitors to take athletes step-by-step through their workout programs.

In 2004, the REA opened a \$7 million, 50,000 square-foot expansion nicknamed "the Betty." It is home to the UND men's and women's basketball teams along with UND women's volleyball. The new facility includes four regulation-size basketball courts and five regulation-size practice volleyball courts that can easily be converted to a main game court. Additional spaces include: weight room, lounges, team rooms, locker rooms, taped editing room, training and equipment rooms and coaches offices.

## Ralph Engelstad Arena stats

**UND Campus, Grand Forks**  
**Phone: 1-877-91-SIOUX**  
**or 701-777-4167**  
**www.theralph.com**

- hockey seating capacity: 11,700
- basketball seating: 12,806
- concert seating: up to 13,000
- 48 luxury suites that circle the arena
- 14 locker rooms
- 8-sided, Daktronics Pro-Star, Video Display Score-board above center ice
- Daktronics Video Fascia Ring around arena, 884' long and 3' high
- two separate sheets of ice
- medical and therapy center
- 300 TV sets around arena
- underwater treadmill and rehabilitation pool
- catering kitchen
- training room
- video conference room



## North Dakota's Top Scoring Venue

According to an ESPN Poll, Ralph Engelstad Arena was voted North Dakota's preferred sporting venue over the Fargodome. (Summer 2005)

## The World's Top 10 Sports Stadiums

1. Yankee Stadium (New York)  
[www.newyork.yankees.mlb.com](http://www.newyork.yankees.mlb.com)
2. Nou Camp (Barcelona)
3. Staples Center (Los Angeles)  
[www.staplecenter.com](http://www.staplecenter.com)
4. Madison Square Garden (New York)  
[www.thegarden.com](http://www.thegarden.com)
5. Millennium Stadium (Cardiff)  
[www.millenniumstadium.com](http://www.millenniumstadium.com)
6. **Ralph Engelstad Arena (Grand Forks, ND)**  
[www.theralph.com](http://www.theralph.com)
7. Sazka Arena (Praha)  
[www.sazkaarena.com](http://www.sazkaarena.com)
8. Wrigley Field (Chicago)  
[www.chicago.cubs.mlb.com](http://www.chicago.cubs.mlb.com)
9. Ibrox (Glasgow)  
[www.rangers.premiumtv.co.uk](http://www.rangers.premiumtv.co.uk)
10. Estadio Da Luz (Lisboa)  
[www.slbenfica.pt](http://www.slbenfica.pt)

Roy Kvatningen. 5-13-04  
Norwegian Television Station TV2  
<http://pub.tv2.no/nettavisen/sport/article224530.ece>

## Ralph Engelstad Arena

*"This is one of the greatest arenas I've ever played in. This arena could host just about anything...every detail was taken care of here."*

– Andre Agassi, tennis great  
Newswire 10-13-04, <http://www.espn.com>

*"It's one of the most beautiful buildings we have in North America. This truly is a special building."*

– Wayne Gretzky, hockey legend  
Wayne Nelson, *Grand Forks Herald*

*"You're sitting on quite a little secret up here. I announced football for two years; nobody in the national football league has a facility like this."*

– Dennis Miller, comedian  
Grand Forks performance, 2001

*"I was told about the facility on the telephone and how it was the best, but everybody says that about their own place. But this place really is."*

– Andy Roddick, tennis star  
Michael Linnell, *Grand Forks Herald*  
The Pros Show How it's Done, 10-13-04

*"It has perfect sight lines, marble floors, 48 luxury boxes and 11,400 leather chairs. In a town surrounded by farmland, about 150 miles south of Winnipeg, Manitoba, The Ralph offers amenities to impress the most spoiled sports sophisticates from New York or Los Angeles."*

– Joe Lapointe, journalist  
*New York Times*, pD1, 11-5-04

*"The Ralph sits in an open field in this prairie city like a combination of the Taj Mahal and the Pentagon, a \$104 million, 10-story red-brick arena that was built by a philanthropist to house his beloved North Dakota Fighting Sioux hockey team."*

– Sal Ruibal, sports writer  
*USA TODAY*, 9-28-05

*"The Ralph has been called the finest facility of its kind in the world and it's hard to argue."*

– TSN commentators  
during National Broadcast of World Juniors 2005

*"There aren't many (hockey) buildings in the world this good."*

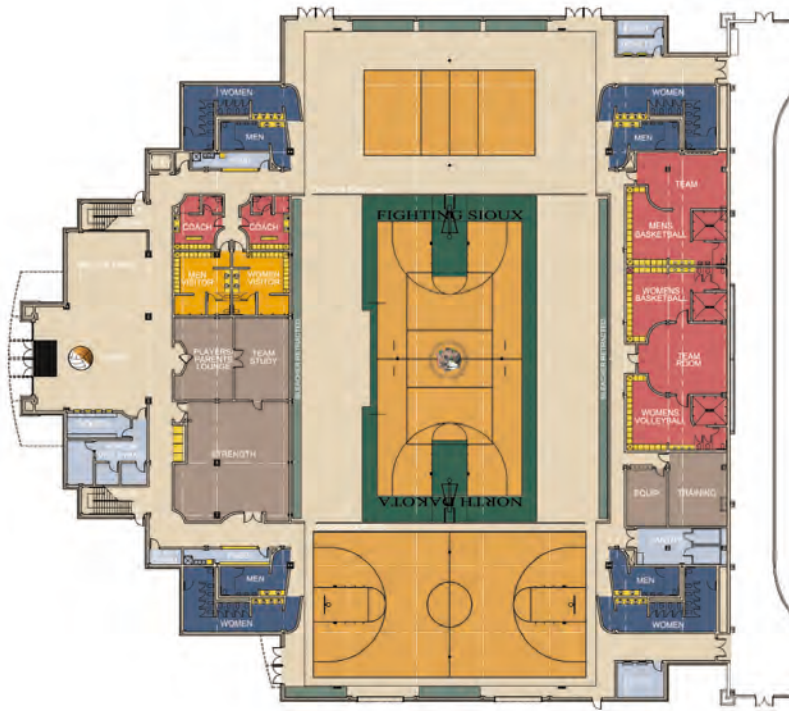
– Rene Fasel, President of International Ice Hockey Federation  
Wayne Nelson, *Grand Forks Herald*

## The Hockey Academy at Ralph Engelstad Arena

One Ralph Engelstad Drive • Grand Forks ND 58201  
701-777-6557 • [www.reahockeyacademy.com](http://www.reahockeyacademy.com)

- on and off ice instruction
- multi-tasking treadmill
- synthetic ice for shooting and stick handling drills
- speed lane
- specialized goalie stations
- 10,000 sq. ft. weight room with top of the line hockey specific training equipment

## Betty Engelstad Sioux Center



### Betty Engelstad Sioux Center stats

UND Campus, Grand Forks  
Phone: 1-877-91-SIOUX  
or 701-777-4167  
[www.theralph.com](http://www.theralph.com)

- 50,000 square feet
- 24,000 square feet of wood floor
- high quality, spring loaded wood floor
- 5 locker rooms
- players' lounge
- players' classroom
- 400 tons of structural steel
- 2,400 cubic yards of concrete
- seating capacity: 3,300 (2,600 padded and 700 bleacher seats)
- VIP hospitality room for 200
- 4 regulation basketball courts
- 5 regulation volleyball courts
- training and equipment rooms
- power operated, self storing basketball standards
- power operated, self storing divider curtains
- voted the best NCAA Division II women's basketball facility in the nation



# Sports Venues

## Hyslop Sports Center

2751 2nd Avenue N  
Grand Forks ND 58202  
701-777-2234

- Basketball courts: 8
- Volleyball courts: 8
- Seating: 2,000 main floor
- Pool: 50 meter with 8 lanes, 2-1 meter and 2-3 meter diving boards, complete electronic timing system
- Seating: 1,500
- Parking: 1,000
- Concessions: yes

## Memorial Stadium

2623 2nd Avenue N  
Grand Forks ND 58202  
701-777-2234

- Football field: 1
- Track and field: 400-meter track, full meet functional
- Seating: 5,000
- Parking: 1,000
- Concessions: yes

## Center Court Fitness Club

1600 32nd Avenue S  
Grand Forks, ND 58201  
701-746-2790

- Tennis courts: 5
- Racquetball courts: 4
- Seating: 250
- Parking: 200
- Concessions: yes

## YMCA

215 7th Street N  
Grand Forks ND 58203  
701-775-2586

- Basketball courts: 2
- Racquetball courts: 2
- Pool: 25-meter, 5 lanes
- Seating: 25
- Parking: 175
- Concessions: yes

## Red River Valley Gymnastics

1602 32nd Avenue S  
Grand Forks ND 58201  
701-746-2797

- Gymnastic area: 15,000 square feet
- Ceiling height: 40 feet
- Seating: 50
- Parking: 200
- Concessions: yes

## Cushman Field

2211 17th Avenue S  
Grand Forks ND 58201  
701-787-4869

- Football field: 1 (with lights)
- Track and field: 400-meter track
- Seating: 2,500
- Parking: 1,000
- Concessions: yes

## Senior High School

1420 4th Avenue NW  
East Grand Forks MN 56721  
218-773-2405

- Football field: 1 (with lights)
- Track and field: 400-meter track
- Seating: 2,000
- Parking: 500
- Concessions: yes

## UND Wellness Center

801 Princeton Street  
Grand Forks ND 58202  
701-777-6476

- New in 2006
- Basketball courts: 3
- Volleyball courts: 3
- Multi-purpose gym: 1 (7,500 square feet)
- Rock climbing wall

# Parks & Recreation

## Arenas

### Civic Center Arena

300 15th Street NE  
East Grand Forks, MN 56721  
218-773-8000

- Sheets of ice: 1
- Seating: 3,300
- Parking: 750
- Concessions: yes

### Eagles/Blue Line Club Arena

1900 25th Street S  
Grand Forks, ND 58201  
701-746-2750

- Sheets of ice: 2
- Seating:
  - Eagles: 300
  - Blue Line: 200
- Parking: 1,000
- Concessions: yes (Eagles)

### Purpur/Gambucci Arena

1122 7th Avenue S  
Grand Forks, ND 58201  
701-746-2750

- Sheets of ice: 2
- Seating:
  - Purpur: 2,800
  - Gambucci: 500
- Parking: 350
- Concessions: yes

### VFW Memorial/ EGF Blue Line Club Arena

711 3rd Street SE  
East Grand Forks, MN 56721  
218-773-8000

- Sheets of ice: 2
- Seating:
  - VFW: 500
  - Blue Line: 50
- Parking: 300
- Concessions: yes

## Baseball

### Stauss Park

800 5th Avenue NE  
East Grand Forks MN 56721  
218-773-8000

- Baseball fields: 2 (1 with lights)
- Fence distance: 320 feet
- Base distance: 90 feet
- Seating: 300 each field
- Parking: 200
- Concessions: yes

### Kraft Field

1900 25th Street S  
Grand Forks ND 58201  
701-746-2750

- Baseball field: 1 (with lights)
- Fence distance: 325 feet
- Base distance: 90 feet
- Seating: 1,000
- Parking: 1,000
- Concessions: yes

### Apollo

17th Avenue S & Columbia Road  
Grand Forks ND 58201  
701-746-2750

- Baseball fields: 5  
(2 with lights)
- Little League: 2
  - Fence distance: 200 feet
  - Base distance: 60 feet  
(can be used for fast pitch softball)
- Babe Ruth: 3
  - Fence distance: 300 feet
  - Base distance: 90 feet
- Seating: 150 each field
- Parking: 1,000
- Concessions: yes

## Disc/Frisbee Golf

### Lincoln Drive Park

13th Avenue South / Lincoln Drive  
36 holes - Sunrise to sunset  
701-746-2750

### Zavoral Disc Golf

Eagle Point Trail Head, Bygland Road  
East Grand Forks MN  
Sunrise to sunset

### Northland Community & Technical College

2022 Central Avenue NE  
East Grand Forks MN  
Sunrise to sunset

## Golf

### Grand Forks Country Club

18 hole course - par 36  
794 12th Avenue NE  
Grand Forks ND 58201  
701-772-3912  
(Located southeast of Grand Forks)

### King's Walk

18 hole course - par 36  
5301 S Columbia Road  
Grand Forks ND 58201  
701-787-KING (5464)

### Valley Golf Course

18 hole course - par 36  
2497 River Road NW  
EGF, MN 56721  
218-773-1207

### Ray Richards Golf Course

Par 36  
3501 DeMers Avenue  
Grand Forks ND 58201  
701-777-4340

### Lincoln Golf Course

Par 35  
250 Elks Drive  
Grand Forks ND 58201  
701-746-2788

## Recreation

### Greenway

- 701-787-3756
- Acres: 2,200
  - Trails: 20 paved miles
  - Campground: 1
  - Boat Access: 4
  - Playgrounds: 9
  - Two pedestrian bridges connecting East Grand Forks to Grand Forks

The greenway follows the banks of the legendary Red River and Red Lake River and offers many recreational activities such as boating, biking, hiking, snowmobiling and some of the best catfishing in the world.

# Parks & Recreation

## Soccer

### Southern Estates

1999 47th Avenue S  
Grand Forks ND 58201  
701-746-2750

- Soccer fields: 8
- Seating: variable
- Parking: 400
- Concessions: portable

### Soccer Bowl

1999 47th Avenue S  
Grand Forks ND 58201  
701-746-2750

- Soccer fields: 2
- Seating: 700
- Parking: 400
- Concessions: portable

### Bringewatt Park

24th Avenue S & 20th Street S  
Grand Forks ND 58201

- Soccer fields: 9 youth fields
- Parking: 100
- Volleyball courts: 6 (sand)

### EGF New Heights Elementary

1427 6th Avenue NW  
EGF, MN 56721  
• Soccer fields: 1 adult, 1 youth  
• Parking: 200

### EGF Senior High

1420 4th Avenue NW  
EGF MN 56721  
• Soccer fields: 1  
• Parking: 250

### EGF South Point Elementary

1900 13th Street SE  
EGF, MN 56721  
• Soccer fields: 2  
• Parking: 300

### Lions Park

325 17th Avenue S  
Grand Forks ND 58201  
• Soccer fields: 4 youth  
• Parking: street

### Schroeder Middle School

800 32nd Avenue S  
Grand Forks ND 58201  
• Soccer Fields: 1  
• Parking: 250

### Valley Middle School

2100 5th Avenue N  
Grand Forks ND 58203  
• Soccer fields: 1  
• Parking: street

## Softball

### Ulland Complex

2175 47th Avenue S  
Grand Forks ND 58201  
701-746-2750

- Softball fields: 16  
(2 with lights)
- Fence distance: 285 feet
- Base distance: 65 feet (adjustable)
- Seating: variable
- Parking: 1,000
- Concessions: yes

### Itts Williams

300 15th Street NE  
East Grand Forks MN 56721  
218-773-8000

- Softball fields: 2
- Fence distance: 200 feet
- Base distance: 65 feet (adjustable)
- Seating: 100 to 200 each field
- Parking: 320

### LaFave Park

East Grand Forks Greenway  
218-773-8000

- Softball fields: 2
- Fence distance: 200 feet
- Base distance: 65 feet
- Seating: 150 each field
- Parking: 100

### Central Middle School

1827 Bygland Road SE  
East Grand Forks MN 56721  
218-773-1141

- Softball fields: 4
- Fence distance: 270 feet
- Base distance: 65 feet
- Parking: 500

## Tennis

### Snookie Register Courts

3351 17th Avenue S  
Grand Forks ND 58201  
701-746-2750

- Tennis courts: 6
- Seating: 100
- Parking: 300
- Concessions: portable

### University Park

University Avenue & 23rd Street S  
Grand Forks ND 58201  
701-746-2750

- Tennis courts: 4
- Parking: 50
- Concessions: portable

### Abbott Complex

1120 7th Avenue N  
Grand Forks ND 58201  
• Tennis Courts: 2  
• Seating: 100  
• Parking: 200

### Center Court Fitness Club

1600 32nd Avenue S  
Grand Forks ND 58201  
• Tennis Courts: 5 indoor  
• Seating: 50  
• Parking: 150  
• Locker Rooms: 2

### Riverside Park

100 Park Avenue  
Grand Forks ND 58203  
• Tennis Courts: 4  
• Seating: Bleacher  
• Parking: 75

Greater Grand Forks is home to many more exciting venues and parks that can be used for multiple sporting events; please visit [www.visitgrandforks.com/main.php/sports\\_venues](http://www.visitgrandforks.com/main.php/sports_venues) for more information.