

GREATER GRAND FORKS

GRAND FORKS, ND / EAST GRAND FORKS, MN



Greater
**GRAND
FORKS**
simply grand

Welcome to SimplyGrand Forks!

Grand Forks, ND / East Grand Forks, MN

Whether it be power shopping at big box retailers or browsing through unique boutiques. Dining at a 5-star restaurant or on a café patio overlooking Downtown. Enjoying a local music festival in Town Square or national concert tour at Alerus Center. Strolling through an awesome art gallery or on a scenic Greenway trail. Oaring up to kayak the Red or sticking around to experience University of North Dakota Hockey at the Ralph. Greater Grand Forks is a vibrant, thriving community surrounded by rich, beautiful farm country. It's a place that feels warm even in winter...where you'll find plenty to see and do, in addition to meeting some of the coolest people around. We invite you to come see firsthand what makes us SimplyGrand!

Follow Visit Grand Forks on Facebook, Instagram and Twitter to stay updated on all the happenings!

   /VisitGrandForks



SCAN CODE // Even though several people worked diligently putting this guide together, sometimes a business gets missed. That's why we encourage everyone to check out www.visitgrandforks.com for a complete listing of all our great places to stay, play, shop, dine and unwind!

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More info...

www.VisitGrandForks.com

   /VisitGrandForks

Simply the facts

Population

Grand Forks Metro Area // 101,694

Grand Forks // 55,041

East Grand Forks // 8,550

Grand Forks Air Force Base // 2,683

UND Enrollment // 13,581

Climate

Average High Temperatures

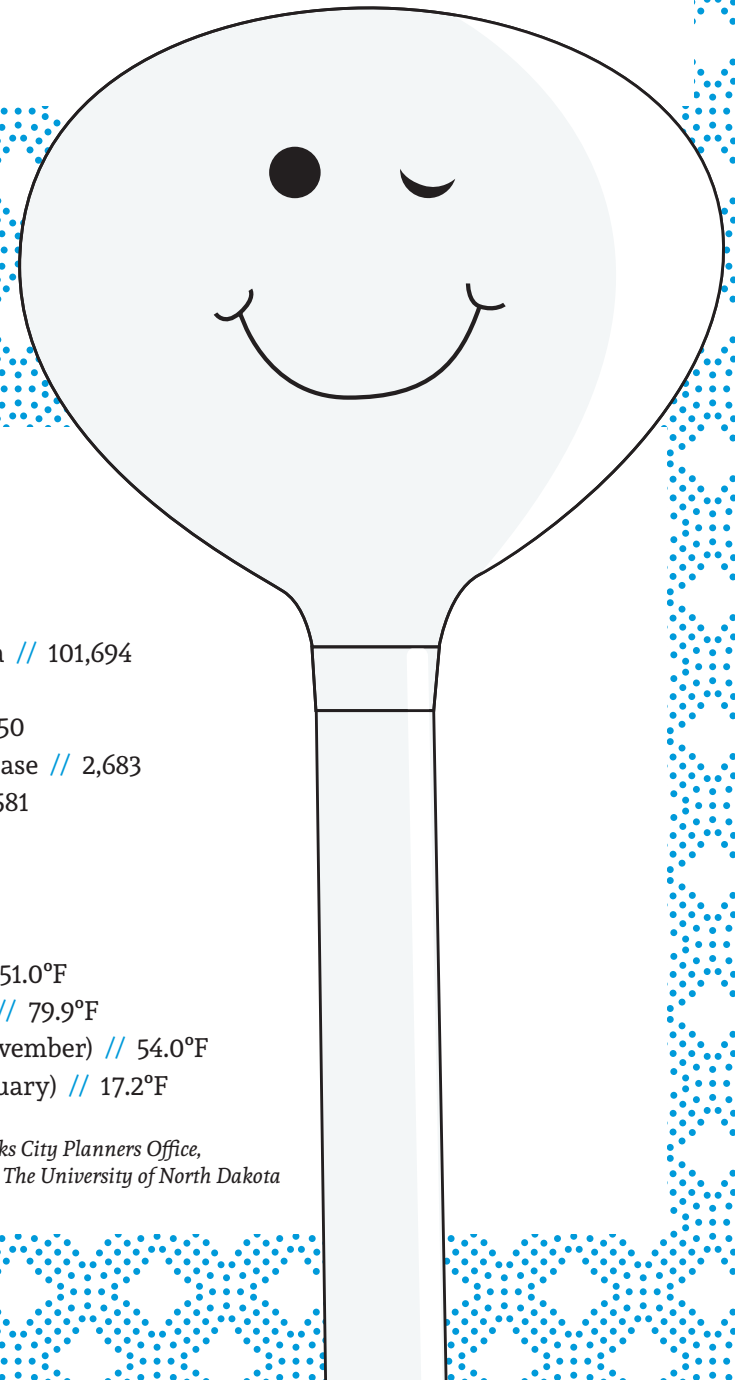
Spring (March-May) // 51.0°F

Summer (June-August) // 79.9°F

Autumn (September-November) // 54.0°F

Winter (December-February) // 17.2°F

*Figures provided by Grand Forks City Planners Office,
Grand Forks Air Force Base and The University of North Dakota





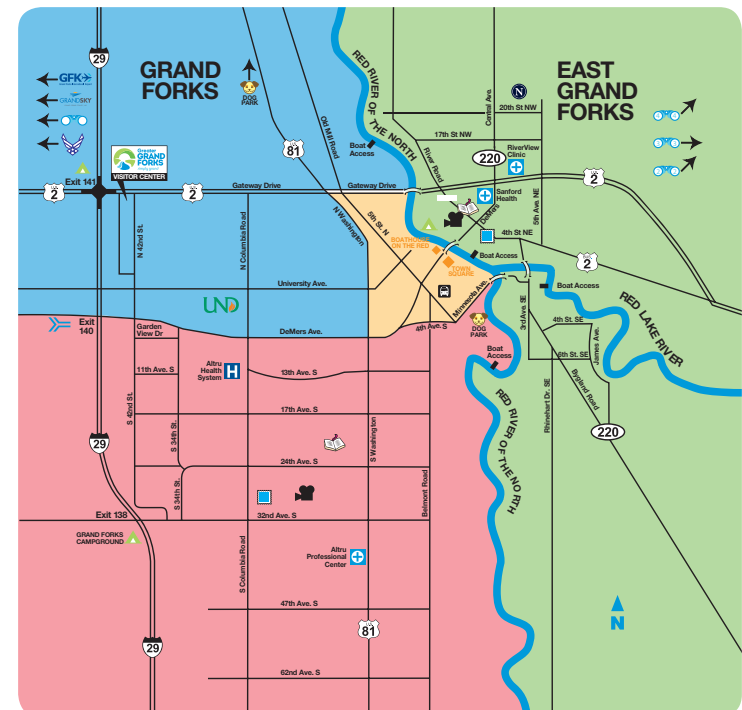
Say hello to our *Neighborhoods*

Downtown: With everything from performance venues, galleries, the legendary Widman's Candy store and shops galore, this area attracts numerous locals and visitors. There are also several restaurants, bars and breweries dotting DeMers Avenue, 3rd Street and our beautiful Greenway Trail System.

Eastside: Walk across Sorlie Bridge into East Grand Forks and experience that friendly hometown vibe at its finest. There you will discover a boardwalk, situated near the Red River, lined with popular homegrown eateries. Across the street is Cabela's World's Foremost Outfitter, as well as Riverwalk Centre, which is filled with a mixture of businesses and luxury movie theater.

Northside/UND: While here, cheer on our championship University of North Dakota Men's Hockey team at the magnificent Ralph Engelstad Arena. Browse through all the great works at the North Dakota Museum of Art. Then cap it off with a famously delicious Grinder sub at The Red Pepper.

Southside: Perhaps best known as the part of town where lots of popular big box stores, franchise restaurants and Columbia Mall reside, it has become a hot spot for locally owned boutiques and eateries, as well. This area also offers great places to tee it up, such as King's Walk Golf Course and wind down afterward, perhaps with glass of vino at Helix Wine & Bites.





// The Toasted Frog



Dining

Eat, drink and gather merrily. Dine at one of our diverse eateries, some with picture perfect patios, while you enjoy comfort food, seasonal menus and fare inspired by local ingredients.



// Half Brothers Brewing Company

Rhombus Guys Brewing Company

DOWNTOWN DINING

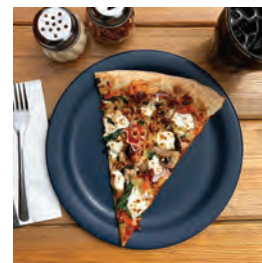


Ely's Ivy / 22 S 3rd St., GF, 701-757-0243

If you're on the hunt for something exotically delicious, this eatery serves up the dishes. Chef Franz and his crew invite everyone to take a walk on the wild side with unique, always evolving, menu offerings such as duck gnocchi, bison sausage, fried frog legs and one scr'hump'tious camel burger. Ely's also serves up tasty tamer fare like bacon wrapped prime grade filet mignon, blackened chicken and the best Reuben in town.

Rhombus Guys / 312 Kittson Ave., GF, 701-787-7317

Dreaming about pizza with pizzazz? Rhombus Guys can make all your foodie fantasies come true. This funky three-level restaurant, with rooftop seating, specializes in gourmet pies dubbed Best Pizza in the State by Business Insider. Toppings range from the usual suspects (pepperoni, sausage and peppers) to the more avant-garde (pork loin, shrimp and pickles).



Sky's / 322 DeMers Ave., GF, 701-746-8970

An evening here comes complete with a second story view of Downtown and exquisite cuisine like jumbo lump crab cakes, herb crusted prime rib and seared scallops finished with their famous housemade Prairie Sauce. The Cloud 9 Lounge offers a more casual dining experience and less formal menu. Sunday Brunch, served from 11 AM to 2 PM, features everything from crème brulee French toast to smoked salmon eggs Benedict.

The Toasted Frog / 124 N 3rd St., GF, 701-772-3764

This 21+ restaurant boasts an extensive cocktail list to accompany fabulous gourmet food. The Frog offers up such creative culinary creations as mahi-mahi tacos, chimichurri pork tenderloin and a game-changing elk burger. Of course, the Molly Yeh endorsed/Cooking Channel featured fried cheesy pickles are a must-order. When it comes to dessert, there's always room for s'mores...with an espresso martini chaser.



Bonzer's Sandwich Pub /

420 DeMers Ave., GF, 701-775-0365

Brick & Barley /

9 3rd St. N, GF, 701-757-4012

Half Brothers Brewing Company /

17 N 3rd St., GF, 701-757-0805

Harry's Steakhouse /

421 DeMers Ave., GF

The Hub Pub /

205 N 3rd St., GF, 701-746-7443

Joe Black's /

118 N 3rd St., GF, 701-775-2017

The Loft /

308 DeMers Ave., GF, 701-757-2020

Rhombus Guys Brewing Company /

116 S 3rd St., GF, 701-757-0598

Shing Ya /

108 N 3rd St., GF, 701-772-0515

Sledster's Food & Brew /

21 S 4th St., GF, 701-775-0050

Tea & Crepe Café /

307 DeMers Ave., GF, 701-757-1040

Tenu Café /

315 1st Ave. N, GF

Thai Hot /

414 DeMers Ave., GF, 701-739-4800

Urban Stampede /

324 Kittson Ave., GF, 701-746-9531

EASTSIDE DINING



The Blue Moose Bar & Grill / 507 2nd St. NW, EGF, 218-773-6516
Surrounded by knotty pine and neon, this cozy yet eclectic eatery has a vibe perfect for all occasions. Along with The Moose's signature Norwegian BBQ ribs, Bourbon Street pasta and PBEB (peanut butter, fried egg and bacon) burger, other popular menu items include the fried walleye sandwich and flat iron steak. They also have a large tapas menu with an array of tasty small plates including spinach queso, stuffed mushrooms, tequila lime chicken and head lettuce roll.

Casa Mexico / 112 14th St. NE, EGF, 218-773-4331

Mi casa es su casa, that's the motto at this locally owned restaurante! Friendly servers make you feel right at home, while bringing unlimited amounts of homemade chips & salsa. One can never go wrong with their sizzling steak fajitas, creamy seafood enchiladas or the popular pollo campestre: a grilled chicken breast topped with roasted corn, red peppers, cilantro and a spicylicious cheese queso.



The Spud Jr. / 302 DeMers Ave., EGF, 218-399-0121
If you're looking to get your mojo back, just head to The Spud! Those who remember the legendary Shakey's Pizza will really enjoy eating these tasty fried potato wedges, affectionately known as Mojos, once again. Other menu must-tries include their meaty burgers, ooey gooeylicious grilled cheese sandwiches and ginormous hot dogs piled high with everything from chili and fritos to bacon and mac & cheese.

Up North Pizza Pub / 314 4th St. NW, EGF, 218-399-0200

Italians may be the inventors but Minnesotans are the ones who perfected it. And when it comes to pies that are molto delizioso, Up North really takes the cake! While the mac & cheese, sandwiches and apps are all amazing, it's their fabulous flatbreads that have won over numerous fans. Local favs include the Gnarly Charlie, Saucy Hen and General Tso.



Boardwalk Bar & Grill /

415 2nd St. NW, EGF, 218-399-3000

Bully Brew Coffee /

321 DeMers Ave., EGF, 218-399-0187

Caribou Coffee /

Hugo's: 306 14th St. NE, EGF, 218-773-2418

Cherry Berry /

1010 Central Ave. NE, EGF, 218-779-1338

Dairy Queen /

1412 Central Ave. NE, EGF, 218-773-7602

Domino's Pizza /

130 Gateway Dr. NE, EGF, 218-773-2121

Joe's Diner /

300 3rd Ave. NE., EGF, 218-791-2455

Little Bangkok /

415 2nd St. NW, EGF, 218-399-1122

Luigi's Pizza /

122 4th St. NE, EGF, 218-773-3036

McDonald's /

Hwy. 2 and 220 N, EGF, 218-773-3922

Mike's Pizza & Pub /

411 2nd St. NW, EGF, 218-773-2479

Red Pepper East /

1504 Central Ave. NE, EGF, 218-773-6344

River Deck /

415 2nd St. NW, 2nd Floor, EGF, 218-399-3000

Sickies Garage Burgers & Brews /

121 DeMers Ave., EGF, 218-399-2006

Subway /

210 Gateway Dr. NE, EGF, 218-773-6637

NORTHSIDE/UND DINING



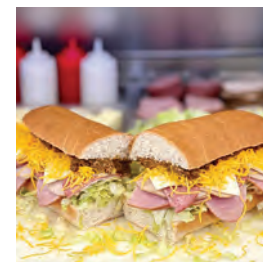
Darcy's Café / 1015 N Washington St., GF, 701-775-4050

Open for breakfast and lunch, this quaint downhome diner dishes up plates filled with hearty homestyle goodness that draw in regulars from miles around. In fact, their pumpkin and cinnamon roll pancakes helped garner Darcy's the Best Pancake House in North Dakota award. Along with flapjacks you'll flip over, cooks here also know how to sling some tasty savory hash including stuffed omelets, melt sandwiches and turkey with all the trimmings.

The Red Pepper / 1011 University Ave., GF, 701-775-9671

/ 415 N 42nd St., GF, 701-772-8226

Word has it if you're looking for the best grinder ever, head to The Red Pepper. What's a grinder you ask? Take a sub bun, add salami, turkey or ham, Swiss cheese, lettuce, hot sauce, taco meat and then top it off with a secret recipe creamy white sauce. These flavor bombs are so popular, they were even dubbed Best Late Night Food in the USA by Esquire magazine.



Speedway 805 Grill & Bar / 805 42nd St. N, GF, 701-772-8548

In addition to all the mouthwatering steak, chicken and burger creations, chefs here are known for smokin' up the best ribs in town. They take perfectly prepared brisket or pork then lightly slather it with a housemade sweet 'n sassy barbecue sauce. Other featured menu items include prime rib, smothered chicken and a jalapeno popper burger that's topped with their famous Speedway Sauce. For those who enjoy adult beverages, the fishbowl cocktails here really pack a flavorful punch.

Archives Coffee House /

3012 University Ave., GF, 701-757-1970

BigFoot BBQ /

Ramada: 1205 N 43rd St., GF, 701-846-2780

Burger King /

3765 Gateway Dr., GF, 701-772-0343

Dairy Queen /

1209 N 5th St., GF, 701-772-3801

Closed during winter

DogMahal DogHaus /

305 N Washington St., GF, 701-757-4000

El Roco Bar & Grill /

1730 13th Ave. N, GF, 701-746-2631

Far East Buffet /

3555 Gateway Dr., GF, 701-772-1866

Fat Alberts Subs /

2215 Gateway Dr., GF, 701-746-4771

Deek's Pizza /

512 N Washington St., GF, 701-772-3335

Great American Grill /

Hilton Garden Inn:

4301 James Ray Dr., GF, 701-775-6000

Hardee's /

1213 47th St. N, GF, 701-775-8505

Jimmy John's /

2855 10th Ave. N, GF, 701-775-5400

The Kegs Drive-In /

901 N 5th St., GF, 701-787-5347

Open summer only

L & C Mexican Food /

1730 N Washington St., GF, 701-317-3268

Little Caesar's Pizza /

1801 Gateway Dr., GF, 701-772-1784

McDonald's /

Hwy. 2 and I-29 Junction, GF, 701-746-7980

North Side Café /

3450 Gateway Dr., GF, 701-738-8500

North Dakota Museum of Art Café /

261 Centennial Dr., GF, 701-777-4195

Papa Murphy's Pizza /

2750 Gateway Dr., GF, 701-780-0900

Popolino's Pizza /

2600 DeMers Ave., GF, 701-746-7677

NORTHSIDE/UND DINING

Red River Grill & Market /

Grand Forks International Airport,
701-738-4630

Roadhouse Café /

4720 Gateway Dr., GF, 701-772-1273

Safari Restaurant /

1305 Stanford Rd., GF, 701-757-4056

SlapShot Pizza /

2215 Gateway Dr., GF, 701-746-4771

Subway /

1801 Gateway Dr., GF, 701-772-6357

Taco John's /

2522 Gateway Dr., GF, 701-772-5712

SOUTHSIDE DINING

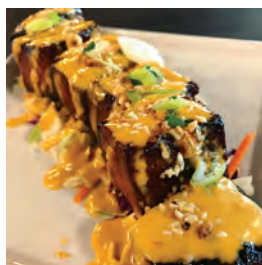
Ground Round Grill & Bar / 2800 32nd Ave. S, GF, 701-775-4646

Got a hankering for the beefiest burger on the Southside of town? Then hoof it over to the Ground Round! And if you stop by on a Tuesday, their mouth-watering between-the-buns creations are 2-for-1. This newly remodeled grill and bar also serves up delicious steak, seafood, stir fry and pasta dishes, in addition to unlimited basketfuls of hot, buttery popcorn. If you feel like getting a little saucy, dive into an order of traditional Buffalo wings or St. Louis ribs, with a Long Island tea chaser.



Helix Wine & Bites / 4491 S Washington St., GF, 701-757-1444

Helix is a perfect place to chat with friends over charcuterie and a glass of chardonnay or spend one romantic Saturday with your mate canoodling over pasta and pinot grigio. Helix's cool yet cozy ambiance attracts 21+ patrons of all persuasions. Some of the most popular dishes are the mango peanut pork belly, NY strip steak and seafood linguine. Be sure to save room for their banana bread pudding that comes topped with salted caramel, vanilla ice cream and candied pecans!



The Parrot's Cay Tavern & Grill / 1149 36th Ave. S, GF, 701-795-4053

If you wanna experience a little tropical heat, just head south on Washington Street...to The Parrot's Cay! Really feel the burn with an order of spicy Shark Wings, which were included on BuzzFeed's Top Ten Wings to Try Before You Die list. Nothing goes better with some Jimmy Buffet music than a pitcher of cold beer and The Cay's Bayou Sampler complete with crawdads, grilled shrimp and fried alligator bites.



Vinyl Taco / 1970 S Columbia Rd., GF, 701-757-2300

All the food here is made fresh including their tortilla chips, salsas and "holy moly that's good" guacamole. Instead of hard shells, Vinyl Taco's street variety come with your choice of corn or flour tortillas and are filled with everything from chicken tinga, carne asada and crispy fish to chipotle slaw, queso fresco and fried capers. Ordering a pitcher of margaritas is a given, as are some churro waffles for dessert.



SOUTHSIDE DINING

Aalto's /

Canad Inns: 1000 S 42nd St., GF, 701-792-1957

Applebee's Neighborhood Bar & Grill /

2851 S Columbia Rd., GF, 701-795-5688

Arby's /

3851 32nd Ave. S, GF, 701-772-2056

Boss' Pizza & Chicken /

951 42nd St. S, GF, 701-757-2677

Buffalo Wild Wings /

2717 S Columbia Rd., GF, 701-775-9464

Bully Brew Coffee /

2100 S Columbia Rd., GF, 701-772-1995
4571 S Washington St., GF, 701-757-2075

Burger King /

1416 S Washington St., GF, 701-772-3025
3151 32nd Ave. S, GF, 701-787-2435

Burger Time /

2651 DeMers Ave., GF, 701-775-2776

Caribou Coffee /

2400 S Washington St., GF, 701-775-3668
Hugo's: 1750 32nd Ave. S, GF, 701-746-0688
1225 S Columbia Rd., GF, 701-746-9585

Cherry Berry Yogurt Bar /

3321 32nd Ave. S, GF, 701-757-2110

Chick-fil-A /

3230 32nd Ave. S, GF, 701-746-9942

China Garden /

2550 32nd Ave. S, GF, 701-772-0660

Cold Stone Creamery /

3551 32nd Ave. S, GF, 701-738-2350

Crooked Pint Ale House /

1930 S Columbia Rd., GF, 701-780-9000

Culver's /

3451 32nd Ave. S, GF, 701-772-9199

Dairy Queen /

3600 S Columbia Rd., GF, 701-738-8530

Dairy Queen/Orange Julius /

1205 S Washington St., GF, 701-775-5422

Denny's /

3770 32nd Ave. S, GF, 701-757-1148

Domino's Pizza /

2705 S Washington St., GF, 701-746-6437

Eagles Crest Grill /

King's Walk Golf Course:
5301 S Columbia Rd., GF, 701-787-3491

Early Morning Espresso /

1823 S Washington St., GF, 701-740-6494

Einstein Bros. Bagels /

1225 S Columbia Rd., GF, 701-746-9585

El Gordito /

Columbia Mall:
2800 S Columbia Rd., GF, 701-757-0214

Erbert & Gerbert's /

3000 32nd Ave. S, GF, 701-757-3070

FireHouse Subs /

2650 32nd Ave. S, GF, 701-757-1391

Fuji Japanese Steakhouse & Seafood /

715 S Washington St., GF, 701-757-3855

French Taste LLC /

Grand Cities Mall:
1720 S Washington St., GF, 701-739-2575

Five Guys Burgers & Fries /

3321 32nd Ave. S, GF, 701-757-1101

Gramma Butterwick's Family Restaurant /

1421 S Washington St., GF, 701-772-4764

Ginna's Café /

Scheels:
2800 S. Columbia Rd., GF, 701-780-9424

Grand Junction Grilled Subs /

801 S 42nd St., GF, 701-757-1201

Happy Joe's Pizza & Ice Cream Parlor /

2909 S Washington St., GF, 701-772-6655

HuHot Mongolian Grill /

2712 S Columbia Rd., GF, 701-757-4171

IHOP /

3951 32nd Ave. S, GF, 701-775-7001

Italian Moon Pizza & Mexican Food /

810 S Washington St., GF, 701-772-7277

Jersey Mike's Subs /

1970 S Columbia Rd., GF, 701-732-3200

Jimmy John's /

3551 32nd Ave. S, GF, 701-772-6700
1403 S Washington St., GF, 701-757-1281

JL Beers /

2531 S Columbia Rd., GF, 701-738-1000

Kentucky Fried Chicken /

706 S Washington St., GF, 701-772-3447

King Pho /

1206 S Washington St., GF, 701-757-0141

'I Bistro Mediterranean Eatery /

Canad Inns:
1000 S 42nd St., GF, 701-792-1960



SOUTHSIDE DINING

Marco's Pizza /

3901 S Washington St., GF, 701-772-4000

McDonald's /

2910 32nd Ave. S, GF, 701-772-2410

1125 S Washington St., GF, 701-772-0231

Mexican Village /

1218 S Washington St., GF, 701-775-3653

Noodles & Company /

3000 32nd Ave. S, GF, 701-757-1720

O' For Heaven's Cakes N' More /

1726 S Washington St., GF, 701-757-2253

The Office Pub & Grub /

1210 S Washington St., GF, 701-757-1091

Olive Garden /

3160 32nd Ave. S, GF, 701-746-2038

Panda Buffet /

2451 S Columbia Rd., GF, 701-780-8800

Panera /

2515 32nd Ave. S, GF, 701-772-1571

Papa John's Pizza /

1515 S Washington St., GF, 701-775-7272

Papa Murphy's Pizza /

2475 32nd Ave. S, GF, 701-738-0370

Paradiso Mexican Restaurant /

905 S Washington St., GF, 701-772-3000

Perkins Family Restaurant /

1305 S Columbia Rd., GF, 701-746-0493

Pete's Za /

2400 S Washington St., GF, 701-757-0896

Pita Pit /

3221 32nd Ave. S, GF, 701-738-8008

Pizza Hut /

1418 S Washington St., GF, 701-772-6000

Delivery/carry out only

Pizza Ranch /

3750 32nd Ave. S, GF, 701-775-2222

Playmaker's All-American Lounge /

Canad Inns:

1000 42nd St. S, GF, 701-792-1955

Qdoba Mexican Grill /

3551 32nd Ave. S, GF, 701-738-8222

Red Lobster /

2675 32nd Ave. S, GF, 701-772-8770

The Red Pepper /

4401 S Washington St., GF, 701-757-0235

Rumors Bar & Grill /

1720 S Washington St., GF 701-772-0125

Sakura Japanese Steakhouse /

3250 32nd Ave. S, GF, 701-757-3888

Scotty's Deli & Catering /

1113 S Washington St., GF, 701-757-0965

Smiling Moose Rocky Mountain Deli /

623 S Washington St., GF, 701-757-3354

Sonic Drive-In /

1800 S Washington St., GF, 701-757-3278

Southgate Bar & Grill /

2525 S Washington St., GF, 701-775-7941

SouthTown PourHouse /

2015 Library Cir., GF, 701-757-3825

Starbucks /

Super Target: 32nd Ave. S, GF, 701-787-6177

3551 32nd Ave. S, GF, 701-772-4292

623 S Washington St., GF, 701-775-7996

1419 S Columbia Rd., GF, 218-230-6149

Steer's Somali Restaurant /

2915 S Washington St., GF, 619-254-6639

Subway /

2400 S Washington St., GF, 701-772-9334

1850 S Columbia Rd., GF, 701-772-3526

3341 32nd Ave. S, GF, 701-772-9335

1217 S Washington St., GF, 701-772-9334

4401 32nd Ave. S, GF, 701-738-0071

Taco Bell /

1301 S Washington St., GF, 701-772-6196

Tavern United /

Canad Inns:

1000 42nd St. S, GF, 701-792-1958

Texas Roadhouse /

3200 32nd Ave. S, GF, 701-746-7427

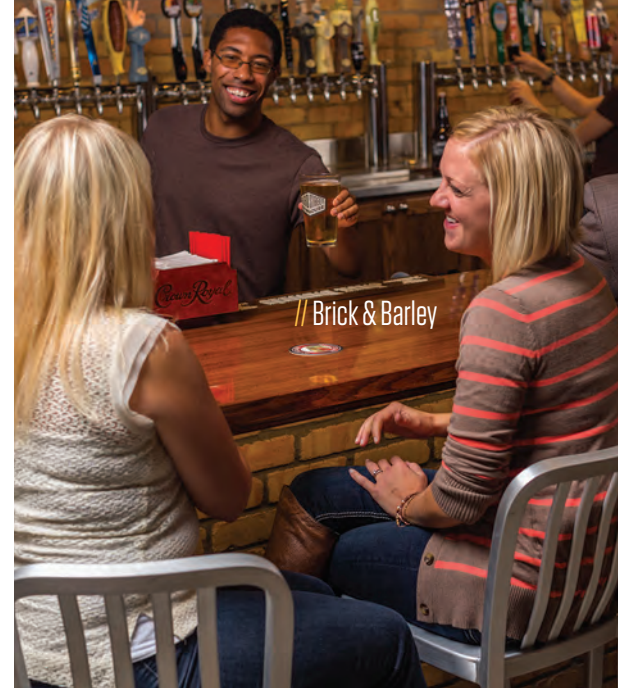
Wendy's /

1503 S Washington St., GF, 701-772-6536

3760 32nd Ave. S, GF, 701-738-8187

Wild Bill's Sports Saloon /

1405 DeMers Ave., GF, 701-775-7740



// Brick & Barley



// Up North Pizza Pub



// Rhombus Guys Pizza



// Urban Stampede



// Boardwalk Bar & Grill



// Darcy's Cafe



SCAN CODE For the most up-to-date listing. // Even though several people worked diligently putting this guide together, sometimes a business gets missed. That's why we encourage everyone to check out visitgrandforks.com for a complete listing of all our great places to stay, play, shop, dine and unwind!
<https://www.visitgrandforks.com/dining-nightlife/>

WINE, SPIRITS and BREWS TWO WAYS

All's well that ends well with ale or wine, plus a vodka chaser, courtesy of three area brewpubs, two distilleries and one winery. Both Rhombus Guys Brewing Company and Half Brothers Brewing Company serve up superb suds and fabulous food out of trendy, laidback Downtown spaces. Grape Mill is a family-owned vineyard and winery preparing and pouring glassfuls of fine wine. Take a MiNny road trip to Hallock and sample more beers from Revelation Ale Works or some of the hard stuff at Far North Spirits. Who says you can't make vodka out of sugar beets? At Red Pine Distillery, located on Grand Forks' Northside, they do just that...rum, too! Drop by any of these places to sample for yourself and perhaps even take a guided tour. When it comes to one grand place that carries it all, locals will tell you a visit to the "big red barn" (also known as Happy Harry's Bottle Shop) is a must. If caffeine is your drug of choice, we gotcha covered there, too! With several coffeehouses scattered about, our Forks are percolating up some tasty brews. Four locally owned favorites are Archives, Bully Brew, Urban Stampede and the Early Morning Espresso kiosk.

All's well that ends well with ale or wine, plus a vodka chaser, courtesy of three area brewpubs, two distilleries and one winery. Both Rhombus Guys Brewing Company and Half Brothers Brewing Company serve up superb



@sugarspiceandstylethatsnice

Half Brothers Brewing Company:

At Half Brothers, producing superior suds and delicious dishes is a family affair. Together, siblings Chad and Taylor have created a 10-barrel production brewery, taproom and eatery located Downtown that specializes in locally inspired hand-crafted beers and food. A few noteworthy concoctions are the Grand Forks Classic Pale Ale, Morning Squeeze IPA and famously elusive Pink Fluffy Unicorns Dancing on Rainbows Fruited Sour Ale. Some of the signature menu offerings include a 13-ounce meatball with marinara, smoked chicken wings, Spicy Hawaiian pizza and a variety of hearty sandwiches served on fresh baked bread.



Rhombus Guys Brewing Company:

Located Downtown in the legendary Metropolitan Opera House, Rhombus Guys, along with one of the state's top brewmasters, really knows how to make iconic (blonde) ales. This 15-barrel brewhouse serves up its version of popular styles including ambers, IPAs, pales, sours and stouts. The kitchen also produces great eats like burgers, tacos, Scotch eggs and the tastiest fried Brussels sprouts this side of Belgium. Beer, in delicious dairy form, plays a starring role in several dishes: homemade pretzels with beer cheese dip, pulled pork and beer cheese smothered pub fries and a bacon beer cheese mac that's lip smacking good. If you're there on a Sunday, from 11 AM to 2 PM, give Rhombus' delish brunch dishes a try.



@sugarspiceandstylethatsnice

Urban Stampede Coffeehouse:

The Urban is a former fur bank turned saloon with tons of character. Check out the historic safe, tin ceiling, dark wood bar and intricate stone floor. Sip on freshly brewed coffee or tea while you peruse the World's Smallest Art Gallery and gift shop. Friendly baristas are always willing to whip up your favorite specialty drink or plate up a freshly baked bagel, muffin or scone. During summer months, take it outside to café tables situated in the heart of Downtown.



@sugarspiceandstylethatsnice

Bully Brew Coffee:

This Grand Forks original is the only place in town that actually roasts their own beans. Ranging from light to dark, top blends include Uff Da, Cowboy and Mocha Java. Enjoy a cup at any of three Greater Grand Forks locations or since they will bag it to-go, y'all can brew a pot at home anytime. Make sure to also try one of the scrumptious caramel rolls or scones made in-house daily.



Grape Mill Winery and Vineyard:

This Eastside vineyard, winery and tasting room offers you the chance to sample all the Halverson Family's great grape creations, with an option to purchase your favorites afterward. Tours are available by appointment. Please call for their seasonal schedule, which may also include live music and food truck fare.



Nightlife

When the lights go down in our cities, you will find an abundance of local haunts serving up good times in various venues and vessels. Are y'all a fan of country music, craft beer and games of chance? Perhaps a connoisseur of cool jazz, cabernet sauvignon and stimulating conversation? Or maybe you just want to party it up and get down on the dance floor? No matter, our awesome spots to relax, jive and imbibe will provide plenty of places to raise your spirits.

// Downtown Grand Forks



Alcoholic Beverage State Regulations / A person in North Dakota or Minnesota must be at least 21 years of age to buy or consume alcoholic beverages. Identification is required.

SPORTS TAVERNS

Buffalo Wild Wings

2712 S Columbia Rd, GF, 701-775-9464

Ground Round Grill & Bar

2800 32nd Ave S, GF, 701-775-4646

Joe Black's

118 N 3rd St, GF, 701-775-2017

Long Haul Saloon

4720 Gateway Dr, GF, 701-775-9240

The Office Pub & Grub

1210 S Washington St, GF, 701-757-1091

Playmaker's All-American Lounge

1000 S 42nd St, GF, 701-772-8404

Rumors Sports Bar & Grill

1826 S Washington St, GF, 701-772-5222

Southgate Casino Bar & Grill

2525 S Washington St, GF, 701-775-7941

Speedway 805 Bar & Grill

805 42nd St N, GF, 701-772-85481

DIVE BARS

American Legion Club

1009 Central Ave, EGF, 218-773-1129

Broken Drum

1503 N Washington St, GF, 701-772-9271

Bun Lounge

1708 State Mill Rd, GF, 701-772-4366

Charlie Browns

414 Gateway Dr, GF, 701-772-9828

Denny's Tavern

1011 S Washington St, GF, 701-772-7644

Diamond Lounge

1607 DeMers Ave, GF, 701-772-8700

Johnny's Lounge

701 S 15th St, GF, 701-780-9107

Judy's Tavern

1221 N 20th St, GF, 701-772-9876

Kelly's Bar

309 N 3rd St, GF, 701-772-9605

McMenamy's Tavern

1602 State Mill Rd, GF, 701-772-9061

VFW Club

312 DeMers Ave, EGF, 218-773-2481

POPULAR PUBS

The Blue Moose Bar & Grill

507 2nd St NW, EGF, 218-773-6516

Bonzer's Sandwich Pub

420 DeMers Ave, GF, 701-775-0365

Boardwalk Bar & Grill & River Deck Patio

415 2nd St NW, EGF, 218-399-3000

Brick & Barley

9 N 3rd St, GF, 701-757-4012

Crooked Pint Ale House

1930 S Columbia Rd, GF, 701-780-9000

Dreamer's Lounge

1205 N 43rd St, GF, 701-775-3951

Half Brothers Brewing Company

17 N 3rd St, GF, 701-757-0805

The Hub Pub

205 N 3rd St, GF, 701-746-7443

JL Beers

2531 S Columbia Rd, GF, 701-738-1000

Mike's Pizza & Pub

411 2nd St NW, EGF, 218-773-2479

O'Really's Irish Pub

10 N 3rd St, GF, 701-746-9177

Parrot's Cay

1149 36th Ave S, GF, 701-795-4053

Rhombus Guys Brewing Company

116 S 3rd St, GF, 701-757-0598

Sickies Garage Burgers & Brews

121 DeMers Ave, EGF, 218-399-2006

Sledster's

21 S 4th St, GF, 701-775-0050

The Spud Jr.

302 DeMers Ave., EGF, 218-399-0121

Tavern United

1000 S 42nd St, GF, 701-792-1958

Up North Pizza Pub

314 4th St NW, EGF, 218-399-0200

Vinyl Taco

1970 S Columbia Rd, GF, 701-757-2300

DANCE CLUBS

El Roco

1730 13th Ave N, GF, 701-772-2631

Level 10

10 N 3rd St, GF, 701-772-3434

The Loft

308 DeMers Ave, GF, 701-757-0162

SouthTown PourHouse

2015 Library Cir, GF, 701-757-3825

UPSCALE LOUNGES

Ely's Ivy

22 S 3rd St, GF, 701-757-0243

Helix Wine & Bites

4491 S Washington St, GF, 701-757-1444

Sky's Cloud 9 Lounge

322 DeMers Ave, GF, 701-746-8970

The Toasted Frog

124 3rd St N, GF, 701-772-3764



// CURIOUS

Scheels

Shopping

Whether it's bargain hunting at familiar retailers, strolling through one of the malls or perusing our galleries and specialty stores, say hello to good buys that are Simply Grand. Grand Forks is home to your favorite big box retailers including Super Target, Lowe's, Hobby Lobby, Kohls, TJ Maxx and Ross. There are also several unique boutiques dotting the Southside shopping landscape such as Key Bliss, Mainstream and Northern Roots. Shop 'til you droppers will want to make a stop at both malls. Columbia Mall is anchored by Scheels and JCPenney and features popular chains like American Eagle, Bath & Body Works and Sephora, while Grand Cities Mall boasts several found only here stores. While on the Eastside, be sure to check out the neat boutiques, Cabela's World's Foremost Outfitter and Riverwalk Centre, which is filled with a variety of hometown businesses and five-star multiplex theatre. Our up-and-coming Downtown District is home to several locally owned gems including Badman Design, Kittsona, RH Standard and Widman's Candy. For a complete listing of all our awesome spots to shop, simply head to VisitGrandForks.com

DOWNTOWN UNIQUE OR BOUTIQUE



Badman Design /

18 S 3rd St., GF, 701-746-7300

For those looking to find one of a kind wearable or displayable art, Bd is the place to go. Best known for his high-end jewelry, home décor and liturgical art, acclaimed local artist David Badman creates all his metal masterpieces in-studio.



Kittsona /

402 DeMers Ave., GF, 701-741-5373

When it comes time to get all dressed up, make this trendy, chic Downtown boutique your first shopping stop. In addition to the latest fashions from a variety of designers, Kittsona also specializes in stylish North Dakota and Minnesota wear that lets everyone display their inner uff da! While here, you'll also find cute home décor and gifts galore.



RH Standard /

6 S 3rd St., GF, 701-757-4220

RH offers knowledgeable staff who will assist both male and female clientele with personal styling consultation and tailoring. They also have exclusive rights to Antique logo wear, an iconic Eastside nightclub frequented by pretty much every college student back in the 1980s and 90s. Whether looking to purchase a glittery gown for the gala or stylish sweatshirt for casual Friday, RH can meet all your clothing needs.



Widman's Candy Shop /

106 S 3rd St., GF, 701-775-3480

Chocolate dipped rippled potato chips, better known as Chippers, are Widman's claim to candy fame. These salty, sweet gems have been shipped to more than a dozen countries, bringing joy to thousands around the world. Since 1949, this family owned shop has been covering all sorts of tasty things in their delectable homemade chocolate... toffee, caramel, blueberries, bacon, even jalapenos and pickles!

Browning Arts & YOU ARE HERE GALLERY /

23 S 4th St., GF, 701-746-5090

Geneva's /

7 N 3rd St., GF

HB Sound & Light /

101 N 8th St., GF, 701-775-1150

River City Jewelers /

16 S 3rd St., GF, 701-746-9716

Sadie's Couture Floral & Event Styling /

899 2nd Ave. N, GF, 701-317-3255

See Dick Run /

28 S 3rd St., GF, 701-775-1115

Waterfront Kitchen & Bath /

2 S 3rd St., GF, 701-775-5021

EASTSIDE UNIQUE OR BOUTIQUE



Cabela's /

210 DeMers Ave., EGF, 218-773-0282

Along with being known as the World's Foremost Outfitter, this popular outdoor megastore offers up a 10,000-gallon aquarium filled with indigenous fish, trout stream and numerous wild game mounts.



Simply /

223 DeMers Ave., EGF, 218-399-0206

Simply is an Eastside boutique that brings a big city shopping experience to our quaint Downtown by offering a wide range of on-trend women's clothing, shoes, accessories, baby gifts, home décor and more.



Hollywood Heroes /

402 DeMers Ave., EGF, 701-741-5373

Located in Riverwalk Centre right next to River Cinema, this cool shop specializes in old and new comics plus pop culture t-shirts, mugs and more.



Quilter's JEM /

1525 Central Ave. NW, EGF, 218-399-0159

For those who enjoy using a needle and thread as a means to create beautiful things, this quilt shop will set you up with a pattern for success. In addition to providing the latest fabric and notions, they also offer books and classes.

Knick Knack PaddyWhacks Cards & Gifts /

211 DeMers Ave., EGF, 218-773-5616

T'n'T Outfitters /

211 DeMers Ave. #2, EGF, 218-773-8683

NORTHSIDE/UND UNIQUE OR BOUTIQUE



Home of Economy /

1508 N Washington St., GF, 701-772-6611

Locally owned since 1940, Home of Economy has expanded greatly but their goal never changed: provide customers high quality, reasonably priced products and services – everything from automotive supplies to Amish furniture, bakeware to outerwear, tires to toys and much more.



North Dakota Museum of Art Gift Shop /

261 Centennial Dr., GF, 701-777-4195

Housed within the acclaimed North Dakota Museum of Art, this quaint shop features works from regional artists, handmade jewelry, children's items, kitchen goods and various eccentric pieces.



Andy's Harley Davidson /

2756 N Washington St., GF, 701-775-6098

Flippin' Happy Home Décor /

418 N Washington St., GF, 612-581-2279

Grand Cities Games /

120 N Washington St. GF, 701-775-8602

Muddy Waters Ceramics /

2014 13th Ave. N, GF, 701-775-1168

Ojata Records /

305 N Washington St. GF, 701-757-4002

University Book Store /

775 Hamline St., GF, 701-777-2746

Sioux Shop at Ralph Engelstad Arena /

1 Ralph Engelstad Arena Dr., GF, 701-777-6636

Situated inside the world-class Ralph Engelstad Arena, the Sioux Shop sells a variety of clothing, home/office décor and novelty items branded to University of North Dakota sports teams. Store profits are reinvested back into the athletics enterprise and help support the development of UND's sports programs and student-athletes.

SOUTHSIDE UNIQUE OR BOUTIQUE



All Seasons Garden Center /

5101 S Washington St., GF, 701-746-7777

Our cities' largest floral shop, All Seasons not only sells gorgeous arrangements and plants but some of the most beautiful home décor and holiday decorations to be found anywhere.



CURIOUS & CURIOUS Kids /

3750 32nd Ave. S, GF, 701-772-3726

Independently owned and operated, CURIOUS specializes in cute and quirky jewelry, artwork, kitchen accessories, home décor, greeting cards, baby and kids' products, plus lots more.



Ferguson Books & More /

1720 S Washington St., GF, 701-738-8025

Ferguson not only offers all the NY Times Bestsellers but also DVDs, CDs, toys, games and more. While there, make sure to sample one of the delicious creations from French Taste creperie, which is located in-store.



Key Bliss Boutique /

3000 32nd Ave. S, GF, 701-757-1797

One of Southside's most popular shopping spots, this trendy yet affordable boutique offers some of the hottest fashions in town, including their KB exclusive graphic tees featuring Up North themes.



The Olive Barrel /

2100 S Columbia Rd., GF, 701-757-1617

Along with selling the finest in conventional, organic and fused whole fruit citrus olive oils, Olive Barrel carries premium balsamic vinegars, pasta sauces, flavored salts and much more.



Picks /

1224 S Washington St., GF, 701-741-1222

Make this vintage wonderland your go-to for beautifully repurposed furniture and décor perfect for any home. Please check their Facebook page before stopping by, as Picks is only open select days each month.

SOUTHSIDE UNIQUE OR BOUTIQUE

Balloons by Misti /

Columbia Mall:
2800 S Columbia Rd., GF, 701-490-2370

Bleu Goods Boutique /

1909 S Washington St., GF, 701-740-6961

Broken Sentry Games /

Columbia Mall:
2800 S Columbia Rd., GF, 701-757-0528

Budget Music /

714 S Washington St., GF, 701-775-5172

The Candy Corner /

2800 S Columbia Rd., GF, 701-757-4008

Discontent /

1429 S Washington St., GF, 701-775-5675

Forks Frame Up /

1901 Demers Ave., GF, 701-746-7248

Gerrells Sports Center /

1004 S Washington St., GF, 701-775-0553

The Golf Center /

3001 S Columbia Rd., GF, 701-757-1552

Kristen's Bridal /

2650 32nd Ave. S, GF, 701-775-0567

L & M Meats, Inc /

2801 S Washington St., GF, 701-775-2009

The Lighting Gallery /

1200 S Washington St., GF, 701-772-2402

Luscious /

Columbia Mall:
2800 S Columbia Rd., GF, 701-331-9453

Mainstream Boutique /

2712 S Columbia Rd., GF, 701-757-2003

Market 180 /

1823 S Washington St., GF, 701-740-3559

Nature's Country Store /

Grand Cities Mall:
1832 S Washington St., GF, 701-772-8086
3001 S Columbia Rd., GF, 701-746-4499

Northern Roots Boutique /

2550 S Columbia Rd., GF, 701-757-4277

O' for Heaven's Cakes & More /

1726 S Washington St., GF, 701-757-2253

Plain & Fancy Antique Mall /

1726 S Washington St., GF, 701-775-0714

Play it Again Sports /

1826 S Washington St., GF, 701-795-1424

Pretty b /

2650 32nd Ave. S, GF, 701-757-0179

Revolutions Power Sports /

4225 36th Ave. S, GF, 701-746-4997

Scan Design /

1803 S Washington St., GF, 701-757-2444

Scheels /

2800 S Columbia Rd., GF, 701-780-9424

Ski & Bike Shop /

1711 S Washington St., GF, 701-772-5567

Signature Jewelers /

4491 S Washington St., GF, 701-757-4848

Sterling Carpet One Floor & Home /

2030 32nd Ave. S, GF, 701-203-3898

Timber & Ash Designs

2915 S Washington St., GF, 701-739-6862

Tip Top Tux /

2100 S Columbia Rd., GF, 701-775-9303

Treat Play Love /

1905 S Washington St., GF, 701-772-0556

Victorian Rose Antiques /

1903 S Washington St., GF, 701-740-9295



SCAN CODE // For a full listing of all places to shop in Greater Grand Forks!
<https://www.visitgrandforks.com/things-to-do/shopping/>



Things to do

Play at your pace with miles of trails and waterways. Lace up to run, ski, inline skate and bike as part of fun or competitive events. Area parks offer picnic and play areas, sledding hills, ice rinks and other seasonal flavors. When skies are gray, enjoy all of Forks' great indoor recreational spaces.



Everything under the sun

Around here, every day is a walk in the park. Lincoln Drive, University and Riverside offer paths lined with beautiful flowers, foliage and trees, while Sertoma boasts a picturesque Japanese Garden and great birdwatching opportunities. Strap on the inline skates or just use plain old sneakers to make your way through the 2,200-acre scenic Greenway Trail System. In colder months, we find ice skates, skis and snowshoes work best. Flowing waters or frozen solid, our two rivers provide opportunities for some of the best fishing, boating and snowmobiling around. Oar up with one stop at Boathouse on the Red! Open during summer months, this little blue shack gives you access to canoes, kayaks and SUPs.



Grand Rides is a bike sharing program, for use in the Greater Grand Forks Area, provided by the Downtown Development Association and the support of their community partners. The program is simple to use through the smartphone application Movatic, which can be downloaded from all major app stores. Rides start at \$1/15 minutes and the program offers a variety of membership options including \$5/mo and \$60/yr for unlimited 30-minute rides. Learn more at downtownforks.com/grandrides.

DOWNTOWN PARKS

Boathouse on the Red
Riverboat Rd. & DeMers Ave., GF
(north of Sorlie Bridge)

Kannowski Park & Rydell Skatepark
701 S 4th St., GF

Memorial Park/ Flood Obelisk
DeMers Ave. & N 3rd St., GF
(east of Town Square)

Town Square
DeMers Ave. & N 3rd St., GF

EASTSIDE PARKS

O'Leary Park
711 3rd St. SE, EGF

Red River State Recreation Area

515 2nd St. NW, EGF

River Heights Park
River Rd. & 12th St. NW, EGF

Sherlock Park, Playground & Pool
4th St. NW & 5th Ave. NW, EGF

Zavoral Park
3rd Ave. SE & 1st St. SE, EGF

NORTHSIDE PARKS

Richards West Park
4700 6th Ave. N, GF

Riverside Park & Pool
1811 N 1st St., GF

University Park
320 N 25th St., GF

SOUTHSIDE PARKS

Ben Franklin Park
211 Westward Dr., GF

Elks Park & Pool
1002 13th Ave. S, GF

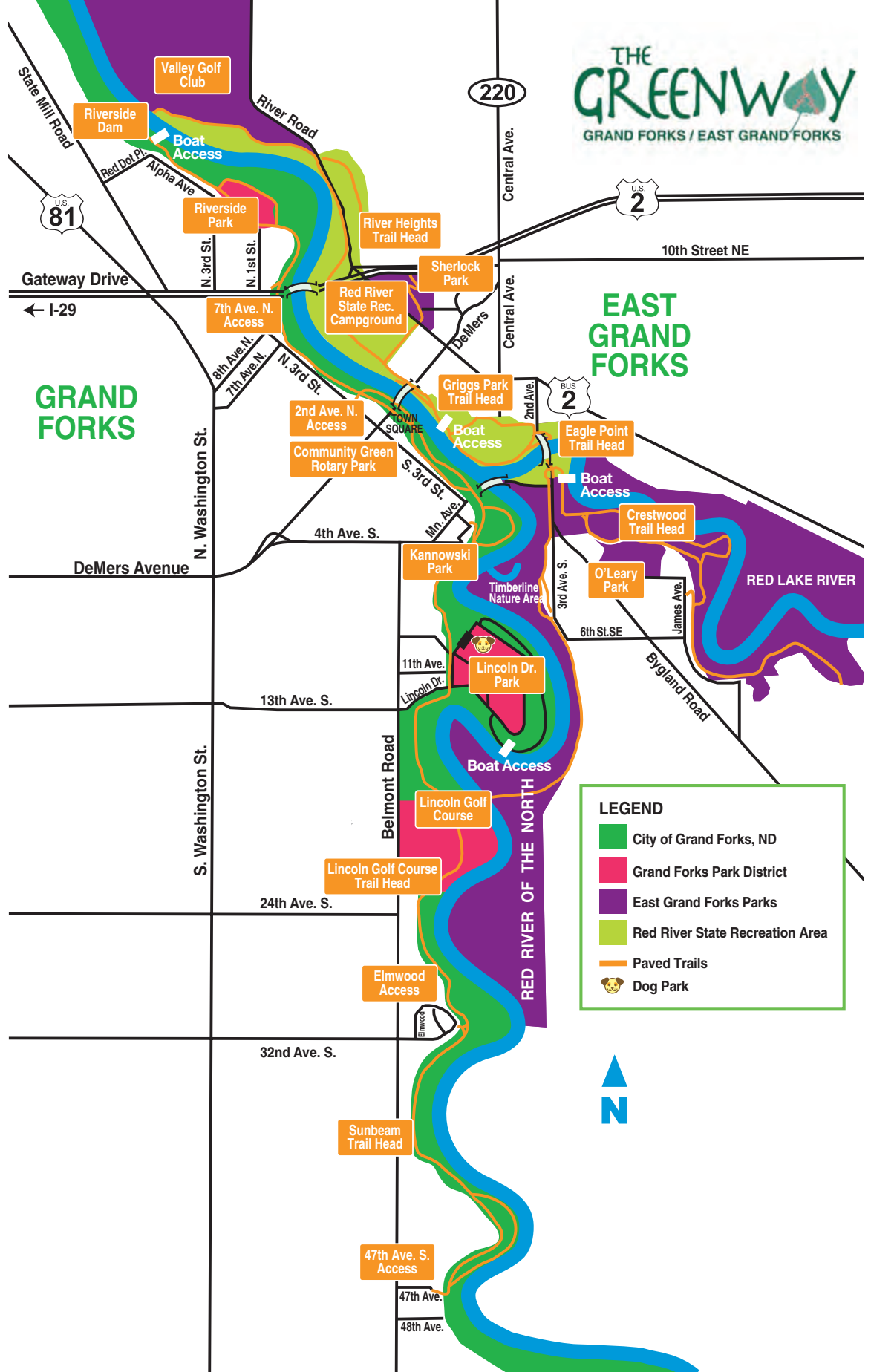
Independence Park
1000 5th Ave. S, GF

Lincoln Drive Park & Lincoln Dog Park
120 Euclid Ave., GF

Optimist Park
4600 Cherry St., GF

Ryan Park & Ryan Lake
2001 47th Ave. S, GF

Sertoma Park/ Japanese Garden
3300 11th Ave. S, GF



SCAN CODE // For more information on these and other local parks, including amenities they offer, plus all things to do in Greater Grand Forks. <https://www.visitgrandforks.com/things-to-do/>



PLAY AROUND

Family and friends who play together stay together. In our two Forks, we invite everyone to come have one SimplyGrand time. Try your hand at axe-throwing or jump for joy on a jumbo trampoline at Northern Air Family Fun Center. Hitch a ride on a Paradise Stables horse drawn wagon or swing away in Sherlock Forest, the region's largest community constructed playground. Get bowled over with a game at Red Ray Lanes or give the Scheels multi-sports simulator your best shot. Attempt to pull off a big heist at the Grand Forks Escape Room or catch a flick while relaxing in a comfy heated recliner at River Cinema. Take a slide and dip into Splasher's Water Park or cool off and get all wet at Elks Pool Spray Park. People of all ages will surely fall in love with autumn around these parts and oh my gourd, are there bushels of fun to be found at Nelson's Pumpkin Patch, Valley Corn Maize and Patch on the Point! Outdoors and in, we have lots of ways for the whole fam bam to jam.

AMC Classic 10 /

2306 32nd Ave S, GF, 701-772-8404

Cabela's /

210 DeMers Ave, EGF, 218-773-0282

Canad Inns Destination Centre /

Splasher's Water Park /

1000 S 42nd St, GF, 701-772-8404

Choice Fitness & Choice Spray Park /

4401 S 11th St, GF, 701-746-2790

Elks Pool & Spray Park /

1002 13th Ave S, GF, 701-746-2780

Grand Forks YMCA /

215 N 7th St, GF, 701-775-2586

Larimore Dam Recreation Area /

3586 18th Ave NE, Larimore, 701-343-2078

Nelson's Pumpkin Patch & Corn Maze /

2448 20th Ave NE, Emerado, 701-610-6511

Northern Air Family Fun Center /

1600 32nd Ave S, GF, 701-757-4386

Grand Forks Escape Room /

2300 S Columbia Rd & 100 N 3rd St, GF, 701-388-1905

Patch on the Point & Point Paradise Stables /

20753 440th Ave SW, EGF, 218-779-9399

Red Ray Lanes /

2105 S Washington St, GF, 701-775-0663

River Cinema 15 /

211 DeMers Ave, EGF, 218-399-9000

Riverside Pool /

1810 N 1st St, GF, 701-740-1497

Scheels Sports /

2800 S Columbia Rd, GF, 701-780-9424

Sherlock Forest Playground & Sherlock Pool /

919 5th Ave NW, EGF, 218-773-9231

Turtle River State Park /

3084 Park Ave, Arvilla, 701-795-3180

University Spray Park /

320 N 25th St, GF, 701-746-2750

Valley Corn Maize /

160th St SW, EGF, 701-215-6886

PLAY A ROUND

In this part of the country, warmer weather means it's time to grab those clubs, don your golf shoes and hit the greens! Whether you are a novice looking for a leisurely 9-holes or an advanced player wanting a challenge, our SimplyGrand cities can supply the perfect course of/for action. No need to fear when winter is here, we have two great indoor golf spots where you can play legendary courses the virtual way.

King's Walk Golf Course / 5301 S Columbia Rd, GF, 701-787-5464

This premier 18-hole Arnold Palmer Signature PGA Golf Course opened in the spring of 2002 to rave reviews. It stretches over 7,200 yards, with four sets of tees to accommodate golfers of all abilities. The clubhouse includes a pro shop and Eagle's Crest Grill, one of Southside's most popular places to grab dinner and drinks.

Grand Forks Country Club / 794 County Rd 6, GF, 701-772-4831

While the beautifully groomed 18-hole Robert Bruce Harris design will test the skill set of even the finest golfer, beginners can expect to enjoy a great game, as well. There is also an on-site club house and five-star restaurant.

Lincoln Golf Course / 250 Elks Drive, GF, 701-746-2788

First established in 1909, this legendary 9-hole course is one of North Dakota's oldest golf facilities. Running along the Red River, its numerous Elm trees, bent grass greens and closely manicured fairways are sure to provide a superb golfing experience for every player.

Ray Richards Golf Course / 3501 DeMers Ave, GF, 701-777-4340

When spending the day at Ray Richards, you will find nine holes to test your abilities, a driving range and complete pro shop all owned and operated by the University of North Dakota. It's perfect for those working on their game.

Valley Golf Course / 2407 River Rd NW, EGF, 218-773-1207

Overlooking the Red River on the Minnesota side, Valley Golf is an 18-hole course featuring rolling terrain and beautiful fairways that pose a challenge to all levels. The clubhouse offers a pro shop, with full bar and banquet facilities available.

Albatross Indoor Golf Club / 2950 10th Ave N, GF, 701-757-3220

Raise those clubs if you want to tee off in Forks without braving the elements! Thanks to Albatross Indoor Golf Club, you can take a swing at some of the world's most famous courses and never leave our SimplyGrand cities. Albatross features four aboutGolf simulators that may be reserved. Beverages (beer, wine and non-alcoholic options) plus pizza and snacks are also available.

The Golf Center / 3001 S Columbia Rd, GF, 701-775-0019

One of the region's largest full-service golf stores, Golf Center carries all the major brands and specializes in club fitting. They also feature an onsite launch monitor and golf simulator, along with providing expert advice that will help clients improve their game.

Frisbee/Disc Golf Courses

- Lincoln Drive Park / 120 Euclid Ave, GF
- Northland Tech College / 2022 Central Ave NE, EGF
- Riverside Park / 1811 N 1st St, GF
- Zavoral Park / 3rd Ave SE & 1st St SE, EGF



Alicia Underlee Nelson is a freelance writer and photographer who has written for Thomson Reuters, Food Network, Delta Sky Magazine, AAA Living, Midwest Living, Beer Advocate, trivago Magazine, Matador Network, craftbeer.com, and numerous other publications. Her photos have appeared in these outlets, as well in USA Today and promotional materials for North Dakota Tourism and Explore Minnesota.

Her first book, "North Dakota Beer: A Heady History," was published in 2017. She also contributed to "Midwest Road Trip Adventures," a new release in 2020. Alicia has appeared on KFGO-AM and Minnesota Public Radio, and co-hosts a podcast called Travel Tomorrow. Follow her adventures in the Midwest and around the world at prairiestylefile.com.

A downtown public art walk

Article and Photography by // Alicia Underlee Nelson

If you love art and being outdoors, combine the two with a public art walk in downtown Grand Forks. You can take an art-focused stroll and enjoy the sunshine, or pop into the shops, galleries and restaurants to really make a day of it.

Grand Forks combines accessible public art (especially sculptures) with outdoor recreation in a way that seems organic and effortless. Start downtown at Town Square (3rd Street South and DeMers) to take a photo with one of The BIG Heads, perhaps the city's most photographed public sculptures. If you look closely, you'll see the city reflected in this sculpture's sunglasses.

To spot its companion, walk through the pocket park on the other side of 3rd Street. Some of the coolest sculptures in the state are tucked into this compact urban enclave, hidden in plain sight.

The sculptures begin along a pretty wall ivy and fill in the space between Sledsters and The Urban Stampede, a beloved local coffeeshop and longtime gathering place for creative types. They also flank the excellently named Kim Holmes Alley of Love, which honors a local chef. A few more pieces are set into, along and across from Sledster's exterior walls.

Head east on 4th Street to see the art spilling out onto the sidewalk outside Browning Arts and YOU ARE HERE. Sometimes you'll spot large and colorful paintings. On other days, you'll encounter sculptures or ultra-textured collages. No matter what you find, it's consistently eye-catching, so have a camera on hand.

From here, you'll see the second big blue head standing just across the road, outside the Grand Forks MTC at 4th Street and Kittson Avenue. There are panels featuring regional artists along the bus shelters to the east of the building as well.

If murals are more your thing, snap a picture of the one in the alley behind Brick & Barley Bar and Restaurant off 3rd Street. You'll have to stand much further back to take in the mural on the south wall of Rhombus Guys Brewing Company just down the road -- its small dots of color are designed to be viewed from a distance.

If you settle in at the amphitheater, you can snack or sip a coffee with a soothing view of the Red River and the Flood Memorial Monument. The obelisk illustrates just how high the waters rose during the historic flood of 1997. It's a sobering reminder of the challenges this neighborhood faced and how it's reinvented itself.

This sculpture is located along The Greenway, a 2,200-acre network of green space along the banks of the Red and the Red Lake Rivers in Grand Forks and East Grand Forks. That's more than twice as large as Central Park in Manhattan!

Commemorate your trip with a pic on the Sorlie Memorial bridge. When you walk across it, you're also crossing the North Dakota-Minnesota border. It's a fun and photogenic way to end your outdoor art walk.



Events

Our two towns serve up tons of fun annual events, these are just a baker's dozen + one!



JANUARY

Happy Harry's Pork & Brew / Dubbed one of the region's top food festivals, this tasty event brings together a variety of delicious bacon dishes prepared by top Grand Forks chefs with samples of more than 100 different craft beers from local and regional breweries.



FEBRUARY

Greenway Ski Day / Don your snuggliest sweater, snow pants, jacket and hat...then head out to Lincoln Drive Park for some skiing, sledding, ice skating, sleigh riding, chili eating and more! This free event is sponsored by the Grand Forks Park District.



APRIL - SEPTEMBER

Friday Night Races / River Cities Speedway is considered by many to be the best 1/3-mile dirt and clay track in the nation. Race classes include Outlaw Sprints, Late Models, Midwest Modifieds and Street Stocks.



JUNE

Art on the Red / This Grand Cities outdoor festival features 100+ high-end artisans and quality crafters, tantalizing food vendors, live entertainment, music, kids' activities and more.



JUNE - AUGUST

Blues on the Red / One of the region's most popular blues festivals, this three-part summer music series features acclaimed artists from around the country, plus great food and brews.



JUNE - SEPTEMBER

Town Square Farmers Market / Head Downtown, every Saturday during the summer, to find all kinds of just-picked produce, home baked pies like grandma used to make, mild and spicy salsas, assorted flavors of fudge and jams, jewelry, crafts, live music, food trucks and lots more.



JULY

Sertoma July 4th Festival & Fireworks / Spend your Independence Day in our Grand Forks with 12 hours of live music, fun games, delicious food and drinks, contests and an awesome fireworks display.



AUGUST

Heritage Days / Learn about our community's legendary past when attending this annual East Grand Forks Heritage Village event. Some of the fun happenings include a parade, community dinner, live music, historical re-enactments, classic car show and antique tractor pull.



AUGUST

Rockin' Up North Fest / This grand get-together features an August Schells Craft Beer Showcase, games, food vendors and live tunes courtesy of local, regional and national artists.



AUGUST

Downtown Street Fair / Dozens of vendors will offer up blocks of unique finds to buy and tasty treats to eat. When the sun goes down, they'll be dancing in the street courtesy of live music from some of today's top artists.



SEPTEMBER

Potato Bowl USA / Celebrate the Red River Valley's staple crop with a variety of events that include a 5K fun run, parade, UND football game and tailgate party, potato pancake breakfast, contests and the World's Largest French Fry Feed & Fireworks display.



SEPTEMBER

Greenway Takeover Festival / Enjoy four days filled with talented artists performing live music in a variety of genres ranging from rock, country and folk to jazz, gospel and soul. There'll also be a beer garden, food trucks, plus games for both kids and adults. It all takes place Downtown, on The Greenway, by the banks of the Red.



NOVEMBER

HollyDazzle Festival of Lights / Kick off the holiday season in dazzling fashion at this popular family friendly event held the first Sunday after Thanksgiving. Festivities include a lighted parade, caroling, cookie decorating, live entertainment, kids' games, carriage rides, ice skating and fireworks.



DECEMBER

Holiday LEGO Display / This collaboration by HB Sound & Light, GFKlug and the community features thousands of toy blocks being used to re-create Grand Forks blocks and landmarks



SCAN CODE // For full listing of events happening in Greater Grand Forks!
<https://www.visitgrandforks.com/events/>



FORKS: Five in Five Want to learn more about what makes our Forks uniquely grand? Check out these inhouse produced, brief but informative, always entertaining videos. Each features a five-question interview of a local attraction or business owner and lasts approximately five minutes.



SCAN CODE TO VIEW VIDEOS // <https://www.visitgrandforks.com/media/video-gallery/>



Five Forks Favs Looking for a few cool to-dos while you are here? Take it from us – the Visit Greater Grand Forks staff – our two towns feature lots of SimplyGrand hot spots that are not to be missed. These are some of our favorites!



Julie Rygg, Executive Director /
Geneva's
The Toasted Frog
Ely's Ivy
Canoeing on the Red River
Empire Arts Center



Alicia Van Eps, Marketing Coordinator /
Picks
Scheels
Happy Joe's Pizza & Ice Cream Parlor
Speedway 805 Grill & Bar
The Greenway



Shelley Wagendorf, Communications Coordinator /
Vinyl Taco
Rhombus Guys Brewing Company
North Dakota Museum of Art
Greenway Takeover Festival
UND Hockey at the Ralph Engelstad Arena



Stephanie Bernstrom, Director of Sports & Events /
L&M Meats, Inc
Widman's Candy Shop
Darcy's Cafe
The Farmer's Market
Lincoln Golf Course



Nicole Blair, Director of Visitor Services /
The Spud Jr.
The Blue Moose Bar & Grill
River Cinema 15
Northern Air Family Fun Center
Sherlock Forest Playground/Pool

Share your favorite Greater Grand Forks spots with us via #SimplyGrand

Where to Stay

Rest easy in hotel rooms offering all the comforts of home and then some. Unwind at places with indoor water parks, gaming, adjacent restaurants and other for-fun amenities.



| | | Number of Rooms | Meeting Room Occupancy | Continental Breakfast | Restaurant/Lounge /Casino | Room Service | Pool | Water Park | Whirlpool/Hot Tub/ Sauna | Video Games | Exercise Room | Pets Allowed |
|----|--------------------------------------------------------------------------------------|-----------------|------------------------|-----------------------|---------------------------|--------------|------|------------|--------------------------|-------------|---------------|--------------|
| 1 | Americas Best Value Inn 1000 N 42nd St. 701-775-0555 1-888-275-0550 | 118 | | • | | | | | | | | • |
| 2 | AmericInn by Wyndham 1820 S Columbia Rd. 701-780-9925 1-800-634-3444 | 56 | | • | • | • | • | | • | | | |
| 3 | Baymont Inn & Suites 951 S 42nd St. 701-757-2345 1-800-337-0550 | 91 | | • | | | • | | • | • | • | • |
| 4 | Best Western Harvest Inn & Suites 3350 32nd Ave. S 701-775-5000 1-800-780-7234 | 85 | 15 | • | | | • | | • | | • | • |
| 5 | Budget Inn Express 3400 Gateway Dr. 701-775-5341 1-800-437-9562 | 45 | | | | | | | | | | • |
| 6 | Canad Inns Destination Centre 1000 S 42nd St. 701-772-8404 1-888-332-2623 | 201 | 200 | | • | • | • | • | • | • | • | |
| 7 | C'mon Inn 3051 32nd Ave. S 701-775-3320 1-800-255-2323 | 80 | 50 | • | | | • | | • | • | • | |
| 8 | Country Inn Suites 3101 S 42nd St. 701-757-2200 800-596-2375 | 100 | 40 | • | | | • | | • | | • | |
| 9 | Days Inn 3101 S 34th St. 701-775-0060 1-800-325-2525 | 52 | | • | | | • | | • | | | • |
| 10 | East Grand Inn 606 Gateway Dr., EGF 218-773-9822 1-888-904-8840 | 60 | 15 | • | | | | | | | | • |
| 11 | Econo Lodge 900 N 43rd St. 701-746-6666 1-800-553-2666 | 45 | | • | | | | | | | • | • |
| 12 | Expressway Suites 4040 11th Ave. S 701-757-7000 888-530-0190 | 71 | | • | | | • | | • | • | • | |
| 13 | Fairfield Inn by Marriott 3051 S 34th St. 701-775-7910 1-800-228-2800 | 61 | | • | | | • | | | | • | |
| 14 | Fairfield Inn & Suites by Marriott 514 Gateway Dr. NE, EGF 218-399-3030 888-236-2427 | 67 | 45 | • | | | • | | | | • | |
| 15 | Hampton Inn & Suites 2985 42nd St. S 701-757-2255 1-800-HAMPTON | 97 | 110 | • | | | • | | • | | • | |
| 16 | Hilton Garden Inn 4301 James Ray Dr. 701-775-6000 1-877-STAY-HGI | 100 | 200 | | • | • | • | | • | | • | |
| 17 | Holiday Inn Express Hotel & Suites 4051 32nd Ave. S 701-772-7700 1-866-HLDYINN | 81 | 15 | • | | | • | | • | | • | |
| 18 | Knights Inn & Suites 1211 N 47th St. 701-757-4041 855-896-3206 | 89 | | • | | | • | | | | | • |
| 19 | La Quinta Inn & Suites 4051 Garden View Dr. 701-757-3600 800-753-3757 | 83 | 40 | • | | | • | | • | | • | • |
| 20 | My Place 1315 S 42nd St. 701-757-1717 855-200-5685 | 64 | | | | | | | | | | • |
| 21 | Plaza Motel 309 DeMers Ave., EGF 218-773-1179 1-800-773-1127 | 24 | | | | | | | | • | | |
| 22 | Quality Inn 3251 30th Ave. S 701-775-7503 1-800-228-5150 | 65 | | • | | | • | | | | | |
| 23 | Ramada 1205 N 43rd St. 701-775-3951 1-800-570-3951 | 100 | 500 | • | • | • | • | | • | • | | • |
| 24 | Rodeway Inn 3300 30th Ave. S 701-746-1391 1-800-707-1391 | 85 | 15 | • | | | • | | • | • | | • |
| 25 | Sleep Inn & Suites – Alerus Center 1350 S 42nd St. 701-757-2900 1-877-424-6423 | 82 | | • | | | • | | • | | • | |
| 26 | SpringHill Suites by Marriott 2837 S 42nd St. 701-757-4150 1-877-467-5533 | 93 | 10 | • | | | • | | • | | • | |
| 27 | Staybridge Suites 1175 42nd St. S 701-772-9000 877-238-8889 | 97 | 40 | • | | | • | | • | | • | • |
| 28 | Super 8 Motel 1122 N 43rd St. 701-775-8138 1-800-800-8000 | 33 | | • | | | | | | | | • |

• Dot indicates services available.



CAMPGROUNDS

Grand Forks Campground /
4796 S 42nd S, GF, 701-772-6108

Red River State Recreation Area /
515 2nd St NW, EGF, 218-773-4950

Turtle River State Park /
3084 Park Ave NE, Arvilla, 701-795-3180



SCAN CODE // For more
information on places to stay in
Greater Grand Forks.
[https://www.visitgrandforks.com/
things-to-do/](https://www.visitgrandforks.com/things-to-do/)



// Visit Greater Grand Forks

Oh Canada We are so thrilled you chose to make the trip from your home and native land to ours. Please let us know if there is any way we can assist in making your visit here the most SimplyGrand ever!

SCAN CODE // To find helpful documents and useful links on border crossings, exchange rates, sales tax refunds, road conditions and more!
<https://www.visitgrandforks.com/travel-tools/canadian-visitors/>



Travel Tools You will find getting to and around our towns is both quick and convenient. Let the following transportation resources be your guide to one SimplyGrand time!

AIRPORT

Grand Forks International Airport /
www.gfkairport.com
 Flight Support, 701-772-5504
 Airport Authority,
 2301 Airport Dr., 701-795-6981
 Airport Parking, 701-772-0090
 U.S. Customs, 701-772-3301

AIRLINES

Allegiant /
 Grand Forks International Airport
 702-505-8888, www.allegiant.com
Delta Air Lines /
 Grand Forks International Airport
 800-221-1212, www.delta.com

TAXI SERVICE

City Cab / 701-757-1667
Dial-A-Ride / 701-787-9120
Grand Forks Taxi / 701-775-8294
 (available for people with disabilities)
Grand Forks Taxi / 701-780-8890
www.grandforkstaxi.net
Green Taxi / 701-317-6771
Lyft / www.lyft.com/cities/grand-forks-nd
Nodak Radio Cab / 701-772-3456
 (available for people with disabilities)
Platinum Taxi / 701-335-3342
Red White & Blue Taxi / 701-330-9640
S & S Taxi / 701-772-4142, www.sstaxis.com
Uber / www.uber.com/cities/grand-forks-nd

BUS LINES

Dietrich Bus Service /
 1115 55th St. N
 701-772-0601 or 800-772-0601
Grand Forks City Bus /
 450 Kittson Ave., 701-746-2600
Jefferson Lines /
 450 Kittson Ave.
 701-775-4781 (local terminal)
 800-451-5333 (info and schedule)

Triangle Coach Service /

1611 Central Ave. NW, 218-773-2631

Railway Service

Amtrak / 5555 DeMers Ave.
 701-775-0484 (local terminal)
 800-872-7245 (info and reservations)

Rental Car Agencies

Avis Rent-A-Car /
 Grand Forks International Airport
 701-775-0688 or 800-831-2847
Enterprise Rent-A-Car /
 Grand Forks International Airport
 701-746-1375
 2205 S Washington St.
 701-775-3977 or 800-325-8007

Hertz Car Rental /
 Grand Forks International Airport
 701-746-6426 or 800-654-3131
 1325 DeMers Ave., 701-787-7274

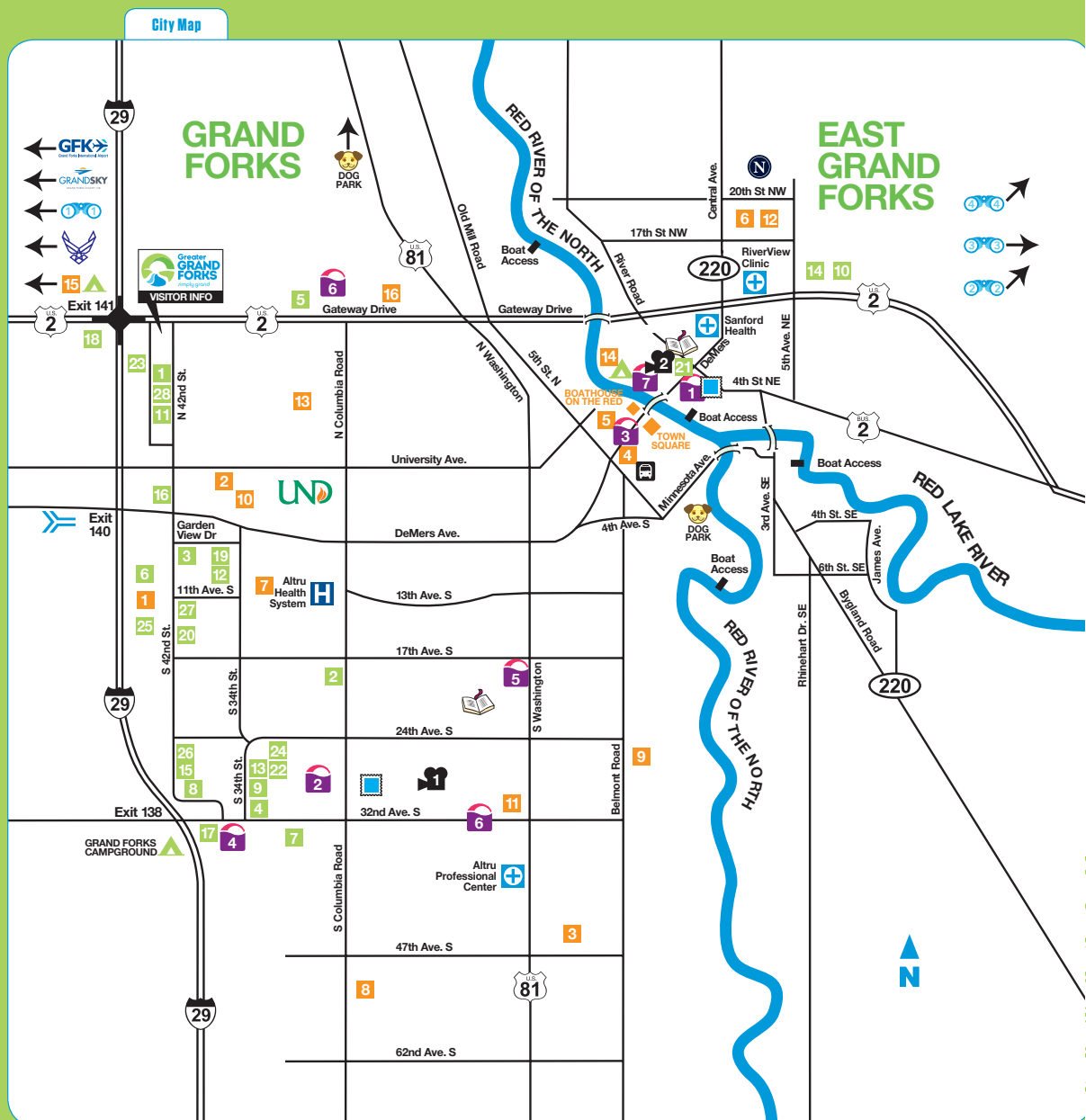
National Car Rental /
 Grand Forks International Airport
 701-746-1375 or 800-227-7368

AREA INFORMATION SERVICES

Visit Greater Grand Forks /
 701-746-0444, 800-866-4566
www.VisitGrandForks.com
Chamber of Commerce /
 701-772-7271, www.gochamber.org
City of Grand Forks Public Information Center /
 701-746-2736, www.grandforksgov.com
North Dakota Tourism /
 800-435-5663, www.ndtourism.com
Explore Minnesota /
 888-847-4866, www.exploreminnesota.com

ROAD REPORT

Minnesota /
 800-542-0220, 511mn.org
North Dakota /
 866-696-3511, travel.dot.nd.gov



ACCOMMODATIONS

- 1 Americas Best Value Inn
- 2 AmericInn by Wyndham
- 3 Baymont Inn & Suites
- 4 Best Western Harvest Inn
- 5 Budget Inn Express
- 6 Canad Inns
- 7 C'mon Inn
- 8 Country Inn & Suites
- 9 Days Inn
- 10 East Grand Inn
- 11 Econo Lodge
- 12 Expressway Suites
- 13 Fairfield Inn by Marriott
- 14 Fairfield Inn & Suites East
- 15 Hampton Inn & Suites
- 16 Hilton Garden Inn
- 17 Holiday Inn Express Hotel & Suites
- 18 Knights Inn & Suites
- 19 La Quinta Inn & Suites
- 20 My Place
- 21 Plaza Motel
- 22 Quality Inn
- 23 Ramada
- 24 Rodeway Inn
- 25 Sleep Inn & Suites – Alerus Center
- 26 SpringHill Suites by Marriott
- 27 Staybridge Suites
- 28 Super 8 Motel

▲ Camping

AREA ATTRACTIONS

- 1 Alerus Center
- 2 Chester Fritz Auditorium
- 3 Choice Health & Fitness
- 4 Empire Arts Center/UND Art Collection Gallery
- 5 Fire Hall Theatre
- 6 Heritage Village
- 7 Japanese Garden
- 8 King's Walk Golf Course
- 9 Myra Museum
- 10 North Dakota Museum of Art
- 11 Northern Air Family Fun Center
- 12 Northern Lights Railroad Museum
- 13 Ralph Engelstad Arena/Betty Engelstad Sioux Center
- 14 Red River State Recreation Area
- 15 Turtle River State Park 20 miles west
- 16 River Cities Speedway

MOVIE THEATERS

- AMC Classic 10
- River Cinema 15

BIRDING SITES

- 1 Kellys Slough National Wildlife Refuge 4 miles west
- 2 Agassiz Wildlife Refuge 57 miles northeast
- 3 Rydell Wildlife Refuge 48 miles east
- 4 Wetlands, Pines & Prairie Audubon Sanctuary 27 miles northeast

SHOPPING DESTINATIONS

- 1 Cabela's
- 2 Columbia Mall
- 3 Downtown Shopping District
- 4 Grand Forks Marketplace
- 5 Grand Cities Mall
- 6 Happy Harry's Bottle Shops
- 7 Riverwalk Centre

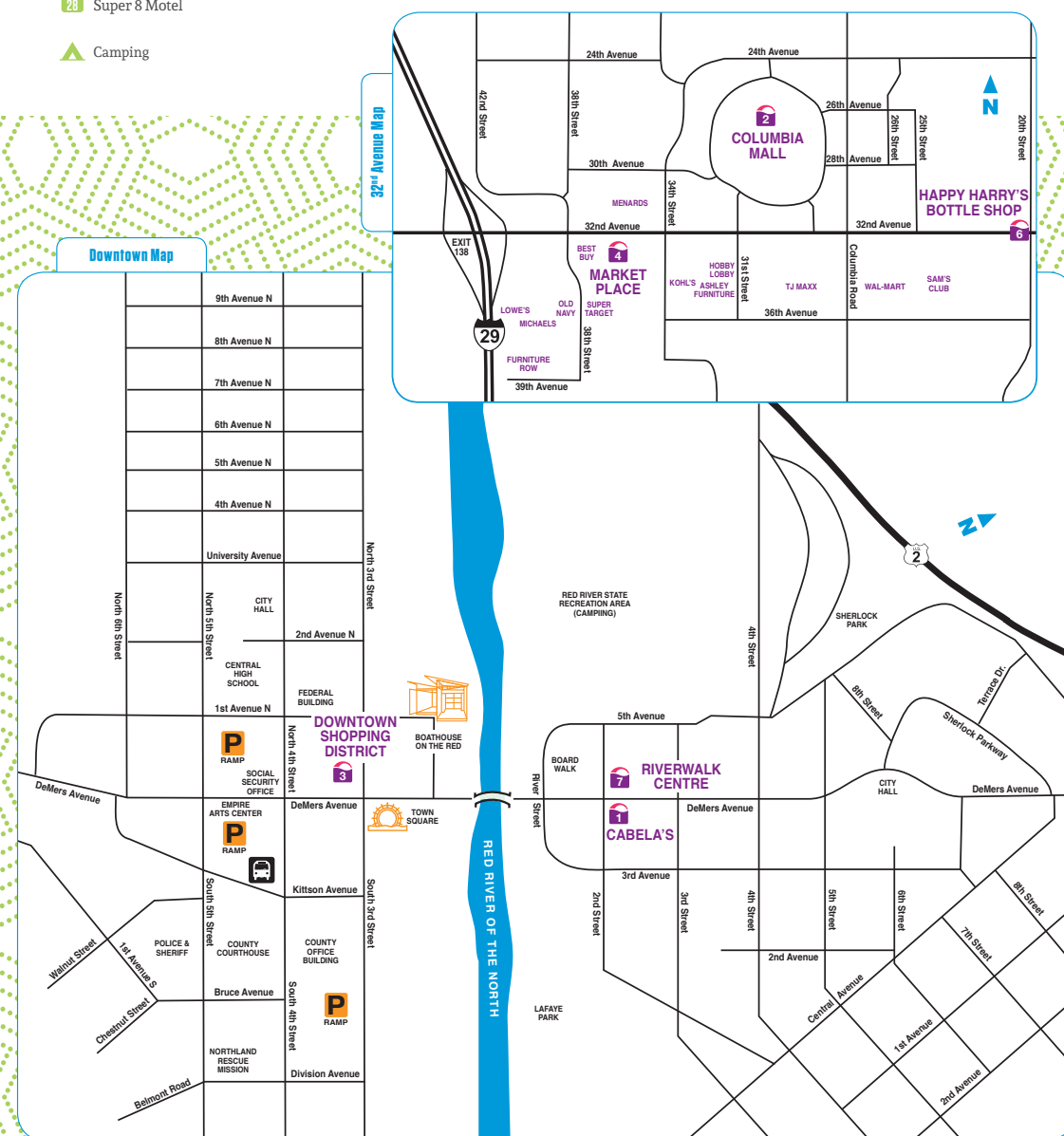
MISCELLANEOUS

- AMTRAK
- Altru Health System
- Altru Professional Center
- Sanford Health
- RiverView Clinic
- Bus Depot
- Public Library
- Post Office
- Grand Forks Air Force Base 15 miles west
- Grand Forks International Airport 5 miles west
- Grand Sky Aviation & Business Park 15 miles west
- Visit Greater Grand Forks
- Dog Parks: Lincoln Park and Circle of Friends - N Washington St.
- Northland Community and Technical College
- University of North Dakota



SCAN CODE // For maps you can download, links to online maps and additional travel tools you'll need to plan and explore!
<https://www.visitgrandforks.com/travel-tools/maps/>

Raising the bar Greater Grand Forks is the proud home of the University of North Dakota and Northland Community and Technical College. The students, professors and staff members bring a high, ever-changing energy level to our area. Their studies, work, research and activities enrich life for all of us through leading thinking, economic development, sports and cultural activities. Find out more at www.UND.edu and www.ThinkNorthland.com.





Info

VISIT GREATER GRAND FORKS

Stop by or call....we're here to help! While not currently open to the general public, we are fully staffed to answer any questions you may have. There are information boxes located outside the building filled with free brochures and maps on Greater Grand Forks and surrounding areas, as well as MN and ND State information! We also offer visitor coupon books, picnic and pet exercise areas, free Wi-Fi, a Geocaching box and Little Free Garden.



NEED HELP? CONTACT US

Visit Greater Grand Forks / 4251 Gateway Drive, Grand Forks, ND 58203
701-746-0444 (phone) or 800-866-4566 (toll free)

EASY TO FIND: Located at the junction of Interstate 29 (Exit 141) and U.S. Hwy. 2.

Julie Rygg, Executive Director / julie@visitgrandforks.com

Shelley Wagendorf, Communications Coordinator / shelley@visitgrandforks.com

Alicia Van Eps, Marketing Coordinator / alicia@visitgrandforks.com

Stephanie Bernstrom, Director of Sports & Events / stephanie@visitgrandforks.com

Nicole Blair, Director of Visitor Services / nicole@visitgrandforks.com



Attention Event Organizers

Greater Grand Forks...where you'll find a warm welcome and everything you need to make your special event a spectacular success. Impressive facilities rarely found in communities our size, comfortable, convenient and affordable lodging, great food, courteous service and abundant assistance from Visit Greater Grand Forks all await you!

GO GRAND COMPLIMENTARY SERVICES

A few services include:

At Visit Greater Grand Forks, we know the venues, on-site contacts, vendors, technologies, sports sites and other details for smooth, memorable events. Our team provides expert assistance and an array of SimplyGrand services at absolutely NO COST to you!



Bid Preparation & Presentation



Housing Coordination



Banners/Signage



Registration Assistance



Name Badges/Bag Tags



VIP Gifts



HAVE AN UPCOMING EVENT?

PLEASE CONTACT

Nicole Blair, Director of Visitor Services
nicole@visitgrandforks.com - 701.746.0444
Office hours: Monday - Friday, 8am-1pm

// The Blue Moose Bar and Grill

