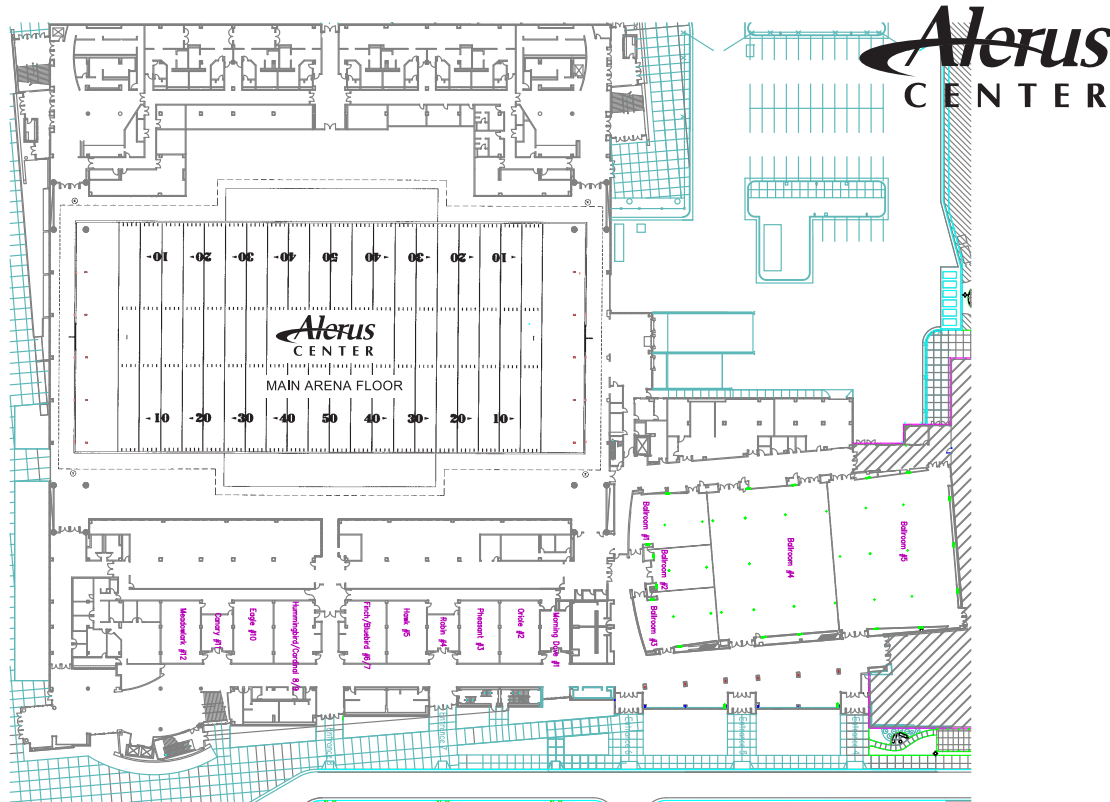


Alerus Center

The Alerus Center is one of the largest sports, convention and entertainment facility of its kind between Minneapolis and Seattle. It boasts adjustable concert seating for anywhere from 2,000 to 21,000 people. This state-of-the-art facility has more than 160,000 square feet available for banquets, meetings and exhibits with a variety of powerful sound system and presentation hook-ups. The Alerus Center also houses a dozen conference room and a 25,588-square foot ballroom.



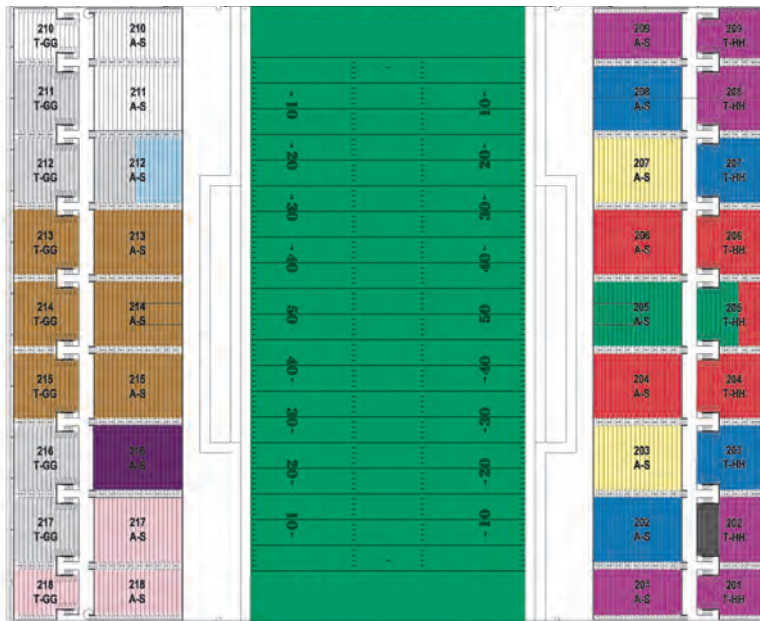
Meeting Rooms	Square Feet	Banquet	Classroom	Theatre	Reception
Rooms 2, 3, 5, 10, 12	1,380	80	72	140	40 HSQ
Rooms 1, 4, 11	598	30	24	50	16 HSQ
Rooms 6-7, 8-9	690	40	32	56	28 HSQ
Ballroom 1, 3	2,052	120	104	241	56 HSQ
Ballroom 2	1,344	80	60	144	40 HSQ
Ballroom 4	9,790	450	448	1,050	55 Booths
Ballroom 5	10,350	520	448	1,050	55 Booths
Ballrooms 1-5	25,588	1,490	1,400	3,150	140 Booths
Main Arena Floor	100,000	-	-	-	-
Prefunction Area	15,000	-	-	-	-

Alerus Center

Able to accommodate a variety of sporting events, the Alerus Center is home to the University of North Dakota Football team and has hosted soccer, wrestling, basketball, monster trucks and Super Snowcross among other events. This remarkable facility has the capacity to host local, regional, and national sporting events.

Behind the scenes

Locker rooms are divisible into four 25-locker sections. There are dressing rooms for coaches and officials and also 14 luxury VIP suites and a VIP club area with seating for approximately 75, eight concession stands, two vending stands, 14 ticket windows and four merchandise stands.



Concert Event	Capacity
Half Arena	11,000
Full Arena	21,000
Athletic Event	Capacity
Football	13,500
Soccer	13,500
Basketball	9,500
Theater Event	Capacity
Theater Set	2,600

Additional Features

Meeting/banquet rooms: 17
Capacity: up to 21,000 people
Free Conference Parking: up to 3,100 vehicles
Shuttle Service: as requested

1200 42nd Street South
Grand Forks, ND 58203
Phone: (701) 792-1200
Fax: (701) 746-6511
Event Line: 701-792-1420
www.aleruscenter.com

Alerus stats

- Football Seating
Capacity: 13,500
- Concert Seating
Capacity: 21,000
- Two basketball floors
- Two 21X63 ft. Panasonic Digital Video Display Boards for viewing relays, live feed and messages.
- Converts from a showroom floor to a playing field in just hours
- An Astroturf Magic Carpet provides a seamless playing surface
- Easy load-in and load-out through doors on the north and south entrances
- Moveable risers allow for various seating configurations
- 160,000 square feet of exhibit space

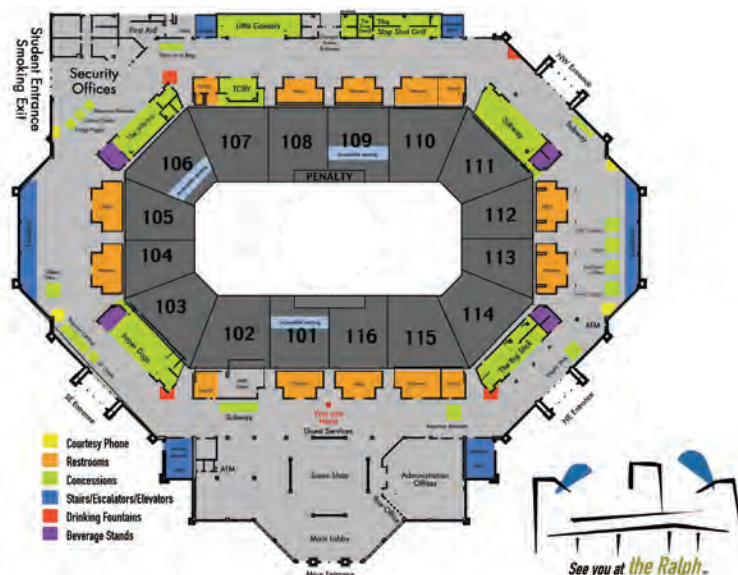
The \$104 million Ralph Engelstad Arena has just about everything and was built with the fans in mind – from the cherry wood, leather-padded seats to the spectacular view of the game. The 400,000-square-foot arena hosts hockey, family shows, ice events, concerts and basketball. The main lobby area has ticket sales and a pro shop. The main rink has a 200'x 85' surface and the adjacent practice rink is Olympic-size, measuring 200'x100' with seating for 400-500.

The team weight room is one of the largest single-sport weight facilities in the world. The 10,000 square-foot world-class facility has 10 platforms with 10 power stations, 24 weight machines, 30 circuit machines and 30 aerobic pieces, along with 20,000 pounds of weights. Also included in the room is an 1,800-square-foot, spring-mounted pylo floor and eight TV monitors to take athletes step-by-step through their workout programs.

In 2004, the REA opened a \$7 million, 50,000 square-foot expansion nicknamed “the Betty.” It is home to the UND men’s and women’s basketball teams along with UND women’s volleyball. The new facility includes four regulation-size basketball courts and five regulation-size practice volleyball courts that can easily be converted to a main game court. Additional spaces include: weight room, lounges, team rooms, locker rooms, taped editing room, training and equipment rooms and coaches offices.

UND Campus, Grand Forks
Phone: 1-877-91-SIOUX
or 701-777-4167
www.theralph.com

- Hockey seating capacity: 11,700
- Basketball seating: 12,806
- 48 luxury suites that circle the arena
- 14 locker rooms
- 8-sided Daktronics Pro-Star, Video Display Score board above center ice
- Daktronics Video Fascia Ring around arena, 884' long and 3' high
- Two separate sheets of ice
- Medical and therapy center
- 300 TV sets around the arena
- Underwater treadmill and rehabilitation pool
- Catering kitchen
- Training room
- Video conference room



North Dakota's Top Scoring Venue

According to an ESPN Poll, Ralph Engelstad Arena was voted North Dakota's preferred sporting venue over the Fargodome. (Summer 2005)

The World's Top 10 Sports Stadiums

1. Yankee Stadium (New York)
www.newyork.yankees.mlb.com
2. Nou Camp (Barcelona)
3. Staples Center (Los Angeles)
www.staplecenter.com
4. Madison Square Garden (New York)
www.thegarden.com
5. Millennium Stadium (Cardiff)
www.millenniumstadium.com
6. **Ralph Engelstad Arena (Grand Forks, ND)**
www.theralph.com
7. Sazka Arena (Praha)
www.sazkaarena.com
8. Wrigley Field (Chicago)
www.chicago.cubs.mlb.com
9. Ibrox (Glasgow)
www.rangers.premiumtv.co.uk
10. Estadio Da Luz (Lisboa)
www.slbenfica.pt

Roy Kvatningen. 5-13-04
Norwegian Television Station TV2
<http://pub.tv2.no/nettavisen/sport/article224530.ece>

Ralph Engelstad Arena

"This is one of the greatest arenas I've ever played in. This arena could host just about anything...every detail was taken care of here."

-Andre Agassi, tennis great
NewsWire 10-13-04, <http://espn.com>

"It's one of the most beautiful buildings we have in North America. This truly is a special building."

-Wayne Gretzky, hockey legend
Wayne Nelson, Grand Forks Herald

"You're sitting on quite a little secret up here. I announced football for two years; nobody in the national football league has a facility like this."

-Dennis Miller, comedian
Grand Forks performance, 2001

"I was told about the facility on the telephone and how it was the best, but everyone says that about their own place. But this place really is."

-Andy Roddick, tennis star
The Pros Show How it's Done, 10-13-04

"It has perfect sight lines, marble floors, 48 luxury boxes and 11,400 leather chairs. In a town surrounded by farmland, about 150 miles south of Winnipeg, Manitoba, The Ralph offers amenities to impress the most spoiled sports sophisticates from New York or Los Angeles."

-Joe Lapointe, journalist
New York Times, pD1, 11-5-04

"The Ralph sits in an open field in the prairie city like a combination of the Taj Mahal and the Pentagon, a \$104 million, 10-story red-bricked arena that was built by a philanthropist to house his beloved North Dakota Fighting Sioux hockey team."

-Sal Ruibal, sports writer
USA Today, 9-28-05

"The Ralph has been called the finest facility of its kind in the world and it's hard to argue."

-TSN commentators
during National Broadcast of World Juniors 2005

"There aren't many (hockey) buildings in the world this good."

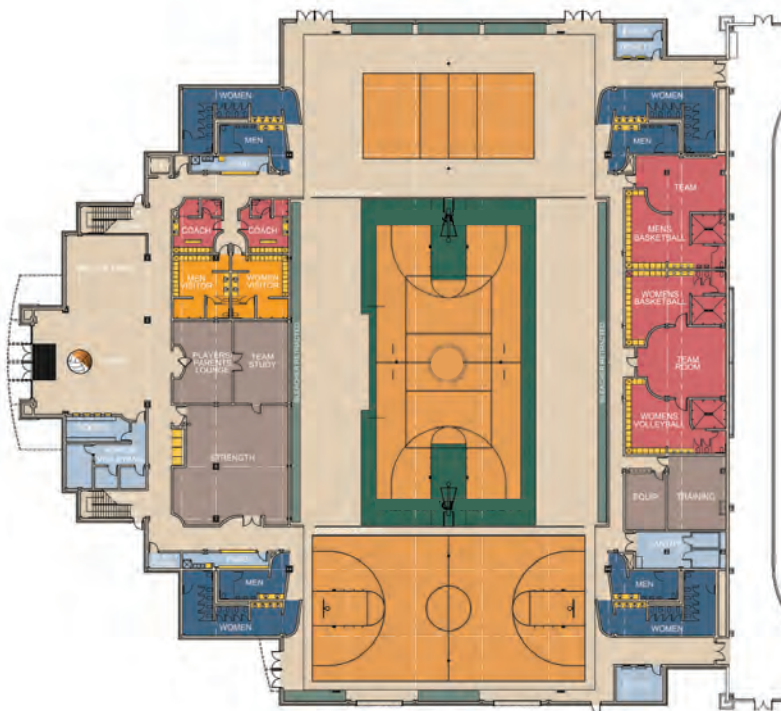
-Rene Fasel, President of International Ice Hockey Federation
Wayne Nelson, Grand Forks Herald

The Hockey Academy at Ralph Engelstad Arena

One Ralph Engelstad Drive · Grand Forks ND 58201
701-777-6557 · www.reahockeyacademy.com

- On and off ice instruction
- Multi-tasking treadmill
- Synthetic ice for shooting and stick handling drills
- Speed lane
- Specialized goalie stations
- 10,000 sq. ft. weight room with top of the line hockey training equipment

Betty Engelstad Sioux Center



Betty Engelstad Sioux Center stats

UND Campus, Grand Forks
Phone: 1-877-97-SIOUX
or 701-777-4167
www.theralph.com

- 50,000 square feet
- 24,000 square feet of wood floor
- High quality, spring loaded wood floor
- 5 locker rooms
- Players' lounge
- Players' classrooms
- 400 tons of structural steel
- 2,400 cubic yards of concrete
- Seating Capacity: 3,300 (2,600 padded and 700 bleacher seats)
- VIP hospitality room for 200
- 4 regulation basketball courts
- 5 regulation volleyball courts
- Training and equipment rooms
- Power operated, self storing basketball standards
- Power operated, self storing divider curtains
- Voted the best NCAA Division II women's basketball facility in the nation

Sports Venues

Hyslop Sports Center

2751 2nd Avenue N
Grand Forks ND 58202
701-777-2234

- Basketball courts: 8
- Volleyball courts: 8
- Seating: 2,000 main floor
- Pool: 50 meter with 8 lanes, 2-1 meter and 2-3 meter diving boards, complete electronic timing system
- Seating: 1,500
- Parking: 1,000
- Concessions: yes

ICON Sports Center

1060 47th Avenue South
Grand Forks, ND 58201
701-746-2750

- 2 Official USA Hockey Sanctioned Size Rinks
- 500 Spectator Seats Per Rink
- 10 Team Locker Rooms
- Community Room for Special Activities
- Parking: 255 plus overflow into Choice Health & Fitness
- Concessions: yes

Memorial Stadium

2623 2nd Avenue N
Grand Forks ND 58202
701-777-2234

- Football field: 1
- Track and field: 400 – meter track, full meet functional
- Seating: 5,000
- Parking: 1,000
- Concessions: yes

YMCA

215 7th Street N
Grand Forks ND 58203
701-775-2586

- Basketball courts: 2
- Racquetball courts: 2
- Pool: 25- meter, 5 lanes
- Seating: 25
- Parking: 175
- Concessions: yes

Red River Valley Gymnastics

1602 32nd Avenue S
Grand Forks ND 58201
701-746-2797

- Gymnastic area: 15,000 square feet
- Ceiling height: 40 feet
- Seating: 50
- Parking: 200
- Concessions: yes

Choice Health & Fitness

4401 South 11th Street
Grand Forks, ND 58201
701-746-2790

- Basketball Courts: 2
- Tennis Courts: 6
- Racquetball Courts: 3
- Aquatics complex featuring 3-lane lap pool and water park
- Community rooms for special events
- Parking: 480
- Concessions: yes

Cushman Field

2211 17th Avenue S
Grand Forks ND 58201
701-787-4869

- Football field: 1 (with lights)
- Track and field: 400 - meter track
- Seating: 2,500
- Parking: 1,000
- Concessions: yes

Senior High School

1420 4th Avenue NW
East Grand Forks MN 56721
218-773-2405

- Football field: 1 (with lights)
- Track and field: 400 – meter track
- Seating: 2,000
- Parking: 500
- Concessions: yes

UND Wellness Center

801 Princeton Street
Grand Forks ND 58202
701-777-6476

- New in 2006
- Basketball courts: 3
- Volleyball courts: 3
- Multi-purpose gym: 1 (7,500 square feet)
- Rock climbing wall
- Parking: 100 paved spots

Parks & Recreation

Arenas

Civic Center Arena

300 15th Street NE
East Grand Forks MN 56721
218-773-8000
• Sheets of ice: 1
• Seating: 3,300
• Parking: 750
• Concessions: yes

Eagles/ Blue Line Club Arena

1900 25th Street S
Grand Forks ND 58201
701-746-2750
• Sheets of ice: 2
• Seating:
Eagles: 300 Blue Line: 200
• Parking: 1,000
• Concessions: yes (Eagles)

Purpur/ Gambucci Arena

1122 7th Avenue S
Grand Forks ND 58201
701-746-2750
• Sheets of ice: 2
• Seating:
Purpur: 2,800 Gambucci: 500
• Parking: 350
• Concessions: yes

VFW Memorial/ EGF Blue Line Club Arena

711 3rd Street SE
East Grand Forks MN 56721
218-773-8000
• Sheets of ice: 2
• Seating:
VFW: 500 Blue Line: 50
• Parking: 300
• Concessions: yes

Baseball

Stauss Park

800 5th Avenue NE
East Grand Forks MN 56721
218-773-8000
• Baseball fields: 2 (1 with lights)
• Fence distance: 320 feet
• Base distance: 90 feet
• Seating: 300 each field
• Parking: 200
• Concessions: yes

Kraft Field

1900 25th Street S
Grand Forks ND 58201
701-746-2750
• Baseball fields: 1 (with lights)
• Fence distance: 325 feet
• Base distance: 90 feet
• Seating: 1,000
• Parking: 1,000
• Concessions: yes

Apollo

17th Avenue S & Columbia Road
Grand Forks ND 58201
701-746-2750
• Baseball fields: 5 (2 with lights)
• Little League: 2
Fence distance: 200 feet
Base distance: 60 feet
(can be used for fast pitch softball)
• Babe Ruth: 3
Fence distance: 300 feet
Base distance: 90 feet
• Seating: 150 each field
• Parking: 1,000
• Concessions: yes

Curling

Grand Forks Curling Club

Number of Curling Sheets: 4
1124 7th Ave S
Grand Forks, ND 58201
701-775-9249

Disc/Frisbee Golf

Lincoln Drive Park

13th Avenue South / Lincoln Drive
36 holes – sunrise to sunset
701-746-2750

Zavoral Disc Golf

Eagle Point Trail Head, Bygland Road
East Grand Forks MN
Sunrise to sunset

Northland Community & Technical College

2022 Central Avenue NE
East Grand Forks MN
Sunrise to sunset

Golf

Grand Forks Country Club

18 hole course – par 36
794 12th Avenue NE
Grand Forks ND 58201
701-772-3912
(Located southeast of Grand Forks)

King's Walk

18 hole course – par 36
5301 S Columbia Road
Grand Forks ND 58201
701-787-KING (5464)

Valley Golf Course

18 hole course – par 36
2497 River Road NW
East Grand Forks MN 56721
218-773-1207

Ray Richards Gold Course

9 hole course - par 36
3501 DeMers Avenue
Grand Forks ND 58201
701-777-4340

Lincoln Golf Course

9 hole course - par 35
250 Elks Drive
Grand Forks ND 58201
701-746-2788

Recreation

Greenway

701-787-3756
• Acres: 2,200
• Trails: 20 paved miles
• Campground: 1
• Boat access: 4
• Playgrounds: 9
• Two pedestrian bridges connecting
East Grand Forks and Grand Forks

The greenway follows the banks of the legendary Red River and Red Lake River and offers many recreational activities such as boating, biking, hiking, snowmobiling and some of the best catfishing in the world.

Parks & Recreation

Red River Valley Boat Access

Anglers can access the Red River from locations on both sides of the riverbank.

LaFave Park in East Grand Forks offers a public boat launching site and a large gravel parking lot, plus a handicapped accessible fishing dock. The park also has public bank fishing sites on the Red River and Red Lake River.

Public access to the Red Lake River is in Folsom Park (Red Lake River Boat Ramp).

On the Grand Forks side, there is the Whopper John Little Landing to the north and Lincoln Park Landing to the south.

Soccer

Southern Estates

1999 47th Avenue S
Grand Forks ND 58201
701-746-2750

- Soccer fields: 8
- Seating: variable
- Parking: 400
- Concessions: portable

Soccer Bowl

1999 47th Avenue S
Grand Forks ND 58201
701-746-2750

- Soccer fields: 2
- Seating: 700
- Parking: 400
- Concessions: portable

Bringewatt Park

24th Avenue S & 20th Street S
Grand Forks ND 58201

- Soccer fields: 9 youth fields
- Parking: 100
- Volleyball courts: 6 (sand)

EGF New Heights Elementary

1427 6th Avenue NW
East Grand Forks, MN 56721

- Soccer fields: 1 adults, 1 youth
- Parking: 200

EGF Senior High

1420 4th Avenue NW
East Grand Forks, MN 56721

- Soccer fields: 1
- Parking: 250

EGF South Point Elementary

1900 13th Street SE
East Grand Forks, MN 56721

- Soccer fields: 2
- Parking: 300

Lions Park

325 17th Avenue S
Grand Forks ND 58201

- Soccer fields: 4 youth
- Parking: street

Schroeder Middle School

800 32nd Avenue S
Grand Forks ND 58201

- Soccer fields: 1
- Parking: 250

Valley Middle School

2100 5th Avenue N
Grand Forks ND 58203

- Soccer fields: 1
- Parking: Street

Softball

Ulland Complex

2175 47th Avenue S
Grand Forks ND 58201
701-746-2750

- Softball fields: 16 (2 with lights)
- Fence distance: 285 feet
- Base distance: 65 feet (adjustable)
- Seating: variable
- Parking: 1,000
- Concessions: yes

Itts Williams

300 15th Street NE
East Grand Forks MN 56721
218-773-8000

- Softball fields: 2
- Fence distance: 200 feet
- Base distance: 65 feet (adjustable)
- Seating: 100 to 200 each field
- Parking: 320

LaFave Park

East Grand Forks Greenway
218-773-8000

- Softball fields: 2
- Fence distance: 200 feet
- Base distance: 65 feet
- Seating: 150 each field
- Parking: 100

Central Middle School

1827 Bygland Road SE
East Grand Forks MN 56721
218-773-1141

- Softball fields: 4
- Fence distance: 270 feet
- Base distance: 65 feet
- Parking: 500

Tennis

Snookie Register Courts

3351 17th Avenue S
Grand Forks ND 58201
701-746-2750

- Tennis courts: 6
- Seating: 100
- Parking: 300
- Concessions: portable

University Park

University Avenue & 23rd Street S
Grand Forks ND 58201
701-746-2750

- Tennis Courts: 4
- Parking: 50
- Concessions: portable

Abbott Complex

1120 7th Avenue N
Grand Forks ND 58201

- Tennis Courts: 2
- Seating: 100
- Parking: 200

Riverside Park

100 Park Avenue
Grand Forks ND 58203

- Tennis Courts: 4
- Seating: bleacher
- Parking: 75

Greater Grand Forks is home to many more exciting venues and parks that can be used for multiple sporting events; please visit www.visitgrandforks.com/main.php/sports_venues for more information.