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Designed to provide business and leisure travelers with a relaxing stay, Country Inn & Suites offers 100 spacious guest rooms and suites, each accented with a variety of rewarding amenities. Whether you're visiting for business or leisure, our accommodations offer the perfect home away from home during your stay in Grand Forks.



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Fairfield Inn by Marriott is the first hotel to greet visitors traveling west on Highway 2 into East Grand Forks. It is only 2 miles from Downtown East Grand Forks and Grand Forks and within walking distance to stores and restaurants. We also have a 45-person meeting room, which includes an in-house projector and screen and a whiteboard.



514 Gateway Drive NE
East Grand Forks, MN 56721

218-399-3030

www.marriott.com/gfkeg



Springhill Suites

Our hotel is located within five minutes of any activity Greater Grand Forks has to offer. Take in an event at the Alerus Center, Ralph Engelstad Hockey Arena, Betty Engelstad Sioux Center, Chester Fritz Auditorium or UND. If you are here on business you can meet clients in our meeting room, keep in touch with the office at our business library, and take advantage of free high speed internet throughout the hotel.



2837 South 42nd Street
Grand Forks, ND 58201

701-757-4150

Toll-free: 1-877-467-5533

www.springhillsuites.com/gfksh



Welcome to our Forks!

Whether it's power shopping at big box retailers or browsing through unique boutiques. Dining at a 5-star restaurant or on a café patio overlooking Downtown. Enjoying a local music festival in Town Square or national concert tour at Alerus Center. Strolling through an awesome art gallery or on a scenic Greenway trail. Daring up to kayak the Red or sticking around to experience UND hockey at the Ralph. Greater Grand Forks is a vibrant, thriving community surrounded by rich, beautiful farm country. It's a place that feels warm even in winter...where you'll find plenty to see and do, in addition to meeting some of the coolest people around. We invite you to come see firsthand what makes us SimplyGrand!

[f](#) [t](#) [i](#) /VisitGrandForks

Even though many people worked diligently putting this Guide together, sometimes a few attractions, events and businesses get missed. That's why we encourage everyone to check out visitgrandforks.com for a complete listing of all our great places to stay, play, shop, dine and unwind. You can also follow Visit Grand Forks on Facebook, Instagram and Twitter.

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Cover - Darcy's Cafe

Above - Town Square



Blue Moose

FLAVORS

for you to savor



Darcy's Cafe



Eat, drink and gather merrily. Dine at one of our diverse eateries, some with picture perfect patios, while you enjoy comfort food, seasonal menus and fare inspired by local ingredients.



Urban Stampede

Dishing with Molly... Yeh, you betcha!

Popular blogger, chef and cookbook author turned Food Network star Molly Yeh has really put her stamp on the culinary map while simultaneously shining a spotlight on Grand Forks/East Grand Forks, where she currently resides with her fifth-generation farmer husband, Nick and darling little daughter, Bernie. Since its debut in 2018, her television show “Girl Meets Farm” has skyrocketed to the top of the ratings. Molly sprinkles (oftentimes literally) a love of food and family on every dish she makes, incorporating her Chinese and Jewish heritage with all things Upper Midwest. And yes, she has mastered the art of making the perfect hotdish. A woman of many talents, one of which includes being a Juilliard trained percussionist, Yeh never likes to beat her own drum; so, we’ll proudly take on that role. Greater Grand Forks is thrilled this Illinois native has decided to call our community home and is willing to share with the world just what she thinks makes us SimplyGrand!

Molly’s Must-Tries

★ GET PICKLED

The Toasted Frog is a 21+ trendy yet inviting restaurant and lounge boasting extensive martini and wine lists to accompany fabulous gourmet food. Our area’s hottest chefs offer up cool culinary creations like mahi-mahi tacos, gorgonzola butter filet mignon and a game-changing grilled elk burger adorned with fresh arugula, tomato and housemade aioli. Of course, the Molly Yeh endorsed/Cooking Channel featured fried cheesy pickles are a must-order, along with their Bianca wood-fired pizza that comes topped with mozzarella, basil, roasted garlic, caramelized onions and prosciutto but Molly puts her own spin on it by also adding sausage. When it comes to dessert, there’s always room for s’mores...with an espresso martini chaser.

★ KNOTTY IS NICE

If you’re on the lookout for delicious, innovative food served in a unique setting, Blue Moose Bar & Grill is just the place. Surrounded by knotty pine and neon, the cozy yet eclectic atmosphere is perfect for all occasions. Along with the Moose’s signature Cowboy nachos, Norwegian barbecue ribs and PBEB (peanut butter, fried egg and bacon) burger, some of Molly Yeh’s favorites include the Oriental chicken salad, fried walleye sandwich and grilled salmon accompanied by an angel hair pasta that’s tossed with capers, artichoke hearts and garlic infused olive oil. Don’t forget to make a stop at the Back 40 Bar – yes, as in 40 tap beers – where you can relax and let loose your inner Moose.



★ FLAPJACKS TO FLIP OVER

Ask any local, including Molly Yeh, you need to make a stop at Darcy’s Café! Open for breakfast and lunch, this quaint downhome diner dishes up plates filled with hearty homemade goodness that draw in regulars from miles around. In fact, their pumpkin pancakes (served in the fall only) helped garner Darcy’s the Best Pancake House in North Dakota award.

Cooks here also know how to sling

some tasty savory hash, including German omelets, eggs Benedict, knoephla soup and turkey with all the trimmings. Molly’s go-to items include the cheesylicious hamburger patty melt and cinnfully good cinnamon roll pancakes.

★ PHONOMENAL FOOD

If you’re searching for Vietnamese dishes that are royally delicious, look no further than King Pho. Along with an assortment of slurpable noodle soups (Pho Bo and Pho Ga), they also serve simply delicious steamed buns, spring rolls and stir fry dishes. What would Molly Yeh eat? Be sure to try the Banh mi: a Vietnamese baguette filled with grilled chicken, pickled vegetables, cucumber, jalapeño, cilantro and spicy mayo.

★ PIE IN THE SKY

Dreaming about pizza with pizzazz? Rhombus Guys can make all your foodie fantasies come true! This funky three-level restaurant, with rooftop seating overlooking Downtown, specializes in gourmet pies that were dubbed Best Pizza in the State by Business Insider. Toppings range from the usual suspects (pepperoni, sausage, bacon, mushrooms and peppers) to the more avant-garde (pork loin, steak, shrimp, pickles and tater tots). Listen to patrons like Molly Yeh when they say these Guys not only serve up the tastiest pizzas in North Dakota but anywhere in the whole USA!



Forks’ Favorites

DRIVE BACK TO THE PAST

The Fabulous Kegs Drive-In may be open only a few months during the year but it’s well worth the wait. Roll down the window and a friendly carhop will take your order while you enjoy summer breezes and tunes on the radio till your homemade sloppy Joes, onion rings and root beer arrive.

PEP TALK

Word has it if you’re looking for the best grinder ever, Red Pepper is the place. What’s a grinder you ask? Take a sub bun, add salami, turkey or ham, Swiss cheese, lettuce, hot sauce, taco meat and then top it off with a secret recipe creamy white sauce. See why people all over the country order grinder kits shipped via overnight delivery. The Red Pepper also serves amazing Mexican food off a menu so popular it hasn’t changed in over three decades.

UP NORTH FARE WITH FLAIR

Italians may be the inventors but Minnesotans are the ones who perfected it. And when it comes to pies that are molto delizioso, Eastside’s Up North Pizza Pub really takes the cake! While the mac & cheese, sandwiches, salads and appetizers are all amazing, it’s their fabulous flatbreads that have quickly won over numerous fans. Perfect pizza chasers include on-tap brews from Surly, New Belgium and Guinness.

EXOTICALLY NO

If you’re on the hunt for a culinary home where buffalo roam and deer is plated to perfection, Ely’s Ivy is just the place. Chef Scott and his crew invite everyone to take a walk on the wild side with unique offerings that include duck wontons, bison ribeye, shark tacos, venison sausage and a Wednesday night camel burger special so scrumptious, it’ll make hump day your favorite time of the week. When it comes to adult beverages, Ely’s expert mixologists know how to whip up some of the tastiest cocktails in town.



Half Brothers Brewing Company

ALL IN THE FAMILY

At Half Brothers Brewing Company, producing superior suds and delicious dishes is a family affair. Together, siblings Chad and Taylor have created a 10-barrel production brewery, taproom and eatery that specializes in locally inspired hand-crafted beers and food. A few noteworthy concoctions are the Bully Brew Brown Ale, Morning Squeeze IPA and famously elusive Pink Fluffy Unicorns Dancing on Rainbows Fruited Sour Ale. Some of the signature menu offerings include a 13-ounce meatball with marinara, smoked chicken wings, pizza and a turkey, apple and French cheese sandwich so intoxicating, it will leave you feeling ine’Brie’ated.

THE HEAT IS ON

No need to contact a travel agent if you wanna experience some tropical heat, just head south on Washington Street...to The Parrot’s Cay! Along with numerous crazy good Cajun creations, really feel the burn with an order of spicy Shark Wings, which were included on BuzzFeed’s Top Ten Wings to Try Before You Die list. According to diehard parrotheads, nothing goes better with some Jimmy Buffett music than a pitcher of cold beer and The Cay’s Bayou Sampler complete with crawdads, grilled shrimp and fried alligator bites.

American Fare

Aaltos
Canad Inns, 1000 S 42nd St., GF, 701-792-1957

Aroma Café
Ramada, 1205 N 43rd St., GF
701-775-3951

Darcy's Café
1015 N Washington St., GF, 701-775-4050

Denny's
3770 32nd Ave. S, GF, 701-757-1148

DogMahal
305 N Washington St., GF, 701-757-4000

Eagle's Crest Grill
King's Walk Golf Course
5301 S Columbia Rd., GF, 701-787-3491

Gramma Butterwick's Family Restaurant
1421 S Washington St., GF, 701-772-4764

Gramma Ginna's
Scheels, 2800 S. Columbia Rd., GF
701-780-9424

Great American Grill
Hilton Garden Inn
4301 James Ray Dr., GF, 701-775-6000

IHOP
3951 32nd Ave. S, GF, 701-775-7001

JL Beers
2531 S Columbia Rd., GF, 701-738-1000

The Kegs Drive-In
901 N 5th St., GF, 701-787-5347

North Side Café
3450 Gateway Dr., GF, 701-738-8500

North Dakota Museum of Art Café
261 Centennial Dr., GF, 701-777-4195

Panera
2515 32nd Ave. S, GF, 701-772-1571

Perkins Family Restaurant
1305 S Columbia Rd., GF, 701-746-0493

Red Lobster
2675 32nd Ave. S, GF, 701-772-8770

Red River Grill & Market
Grand Forks International Airport
701-738-4630

Roadhouse Café
4720 Gateway Dr., GF, 701-772-1273

Ruby Tuesday
3915 32nd Ave. S, GF, 701-772-1105

Scotty's Deli & Catering
1113 S Washington St., GF, 701-757-0965

Sickies Garage Burgers & Brews
121 DeMers Ave., EGF, 218-399-2006

Southgate Bar & Grill
2525 S Washington St., GF, 701-775-7941

Speedway 805 Grill & Bar
805 42nd St. N, GF, 701-772-8548

Texas Roadhouse
3200 32nd Ave. S, GF, 701-746-7427

Bar & Grill

Applebee's Neighborhood Grill & Bar
2851 S Columbia Rd., GF, 701-795-5688

Blue Moose Bar & Grill
507 2nd St. NW, EGF, 218-773-6516

Boardwalk Bar & Grill
415 2nd St. NW, EGF, 218-399-3000

Bonzer's Sandwich Pub
420 DeMers Ave., GF, 701-775-0365

Brick & Barley
9 3rd St. N, GF, 701-757-4012

Buffalo Wild Wings Grill & Bar
2717 S Columbia Rd., GF, 701-775-9464

Crooked Pint Ale House
1930 S Columbia Rd., GF, 701-780-9000

El Roco Bar & Grill
1730 13th Ave. N, GF, 701-746-2631

Ground Round Grill & Bar
2800 32nd Ave. S, GF, 701-775-4646

The Hub Pub
205 N 3rd St., GF, 701-746-7443

JL Beers
2531 S Columbia Rd., GF, 701-738-1000

Joe Black's
118 N 3rd St., GF, 701-775-2017



The Loft
308 DeMers Ave., GF, 701-757-2020

Muddy Rivers Bar & Grill
TownHouse Hotel,
710 1st Ave. N, GF, 701-787-0733

The Office Pub & Grub
1210 S Washington St., GF, 701-757-1091

O'Really's Irish Pub
10 3rd St. N, GF, 701-746-9177

Parrot's Cay Tavern & Grill
1149 36th Ave. S, GF, 701-795-4053

Playmaker's All-American Lounge & Casino
Canad Inns, 1000 42nd St. S, GF, 701-792-1955

River Deck
415 2nd St. NW, 2nd Floor, EGF
218-399-3000

Rumors Bar & Grill
1720 S Washington St., GF 701-772-0125

Sledster's Food & Brew
21 S 4th St., GF, 701-775-0050

Southgate Bar & Grill
2525 S Washington St., GF, 701-775-7941

South Town PourHouse
2015 Library Circle, GF, 701-757-3825

Speedway 805 Grill & Bar
805 42nd St. N, GF, 701-772-8548

The Spud Jr.
302 DeMers Ave., EGF

Tavern United
Canad Inns, 1000 42nd St. S, GF
701-792-1958

Wild Bill's Sports Saloon
1405 DeMers Ave., GF, 701-775-7740

Breweries

Half Brothers Brewing Company
17 N 3rd St., GF, 701-757-0805

Rhombus Guys Brewing Company
116 S 3rd St., 701-757-0598

Coffeehouses

Archives
3012 University Ave., GF, 701-757-1970

Bully Brew
2100 S Columbia Rd., GF, 701-772-1995
4571 S Washington St., GF
321 DeMers Ave., EGF

Caribou Coffee
2400 S Washington St., GF, 701-775-3668
Hugo's 1750 32nd Ave. S, GF, 701-746-0688
2100 S Columbia Rd., GF
Hugo's 306 14th St. NE, EGF, 218-773-2418

The Ember
8 3rd St. N, GF, 701-203-2877

Starbucks
Super Target, 32nd Ave. S, GF, 701-787-6177
3551 32nd Ave. S, GF, 701-772-4292
623 S Washington St., GF, 701-775-7996
1419 S Columbia Rd., GF, 218-230-6149

Urban Stampede
324 Kittson Ave., GF, 701-746-9531

Fast Food

Arby's
3851 32nd Ave. S, GF, 701-772-2056

Burger King
3765 Gateway Dr., GF, 701-772-0343
1416 S Washington St., GF, 701-772-3025
3151 32nd Ave. S, GF, 701-787-2435
926 Central Ave. NE, EGF, 218-773-4121

Burger Time
2651 DeMers Ave., GF, 701-775-2776

Chick-fil-A
3230 32nd Ave. S, GF, 701-746-9942

Culver's
3451 32nd Ave. S, GF, 701-772-9199

Dairy Queen
1412 Central Ave. NE, EGF, 218-773-7602
3600 S Columbia Rd., GF, 701-738-8530
1209 N 5th St., GF, 701-772-3801
(Closed in winter)

Dairy Queen/Orange Julius
1205 S Washington St., GF, 701-775-5422

Einstein Bagels
1225 S Columbia Rd., GF, 701-746-9585

Erbert & Gerbert's
3000 32nd Ave. S, GF, 701-757-3070

Fat Alberts
2215 Gateway Dr., GF, 701-746-4771

FireHouse Subs
2650 32nd Ave. S, GF, 701-757-1391

Five Guys Burgers & Fries
3321 32nd Ave. S, GF, 701-757-1101

Grand Junction
801 S 42nd St., GF, 701-757-1201

Hardee's
1750 S Columbia Rd., GF, 701-772-8249
1213 47th St. N, GF, 701-775-8505

Jersey Mike's Subs
1970 S Columbia Rd., GF, 701-732-3200

Jimmy John's
3551 32nd Ave. S, GF, 701-772-6700
2855 10th Ave. N, GF, 701-775-5400
1403 S Washington St., GF, 701-757-1281

Kentucky Fried Chicken
706 S Washington St., GF, 701-772-3447



McDonald's
2910 32nd Ave. S, GF, 701-772-2410
Hwy. 2 and I-29 Junction,
GF, 701-746-7980
1125 S Washington St., GF, 701-772-0231
Hwy. 2 and 220 N, EGF, 218-773-3922

Noodles & Company
3000 32nd Ave. S, GF, 701-757-1720

Pita Pit
3221 32nd Ave. S, GF, 701-738-8008

Qdoba Mexican Grill
3551 32nd Ave. S, GF, 701-738-8222

Red Pepper East
1504 Central Ave. NE, EGF, 218-773-6344

Smiling Moose Rocky Mountain Deli
623 S Washington St., GF, 701-757-3354

Sonic Drive-In
1800 S Washington St., GF, 701-757-3278

Subway
1801 Gateway Dr., GF, 701-772-6357
2400 S Washington St., GF, 701-772-9334
1850 S Columbia Rd., GF, 701-772-3526
3341 32nd Ave. S, GF, 701-772-9335
1217 S Washington St., GF, 701-772-9334
210 Gateway Dr. NE, EGF, 218-773-6637
4401 32nd Ave. S, GF, 701-738-0071

Taco Bell
1301 S Washington St., GF, 701-772-6196

Taco John's
2522 Gateway Dr., GF, 701-772-5712
2651 24th Ave. S, GF, 701-780-9800

Valley Dairy Deli, Coffee Bar & Bakery
1125 S 42nd St., GF, 701-746-1564

Wendy's
1503 S Washington St., GF, 701-772-6536
3760 32nd Ave. S, GF, 701-738-8187

Fine Dining

Ely's Ivy
22 S 3rd St., GF, 701-757-0243

Helix Wine & Bites
4491 S Washington St., GF, 701-757-1444

Sky's
322 DeMers Ave., GF, 701-746-8970

The Toasted Frog
124 N 3rd St., GF, 701-772-3764

International Flavors

Casa Mexico
112 14th St. NE, EGF, 218-773-4331

China Garden
2550 32nd Ave. S, GF, 701-772-0660

Far East Buffet
3555 Gateway Dr., GF, 701-772-1866

French Taste LLC
www.frenchtastellc.com, 701-739-2575

Fuji Japanese Steakhouse & Seafood
715 S Washington St., GF, 701-757-3855

HuHot Mongolian Grill
2712 S Columbia Rd., GF, 701-757-4171

King Pho
1206 S Washington St., GF, 701-757-0141

'I Bistro Mediterranean Eatery
Canad Inns, 1000 S 42nd St., GF
701-792-1960

L & C Mexican Food
1730 N Washington St., GF, 701-317-3268

Little Bangkok
415 2nd St. NW, EGF, 218-399-1122

Half Brothers Brewing Company

Mexican Village
1218 S Washington St., GF, 701-775-3653

Olive Garden
3160 32nd Ave. S, GF, 701-746-2038

Panda Buffet
2451 S Columbia Rd., GF, 701-780-8800

Paradiso Mexican Restaurant
905 S Washington St., GF, 701-772-3000

The Red Pepper
1011 University Ave., GF, 701-775-9671
415 N 42nd St., GF, 701-772-8226
4401 S Washington St., GF, 701-757-0235

Safari Restaurant
1305 Stanford Rd., GF, 701-757-4056

Sakura Japanese Steakhouse
3250 32nd Ave. S, GF, 701-757-3888

Shing Ya
108 N 3rd St., GF, 701-772-0515

Steers
2915 S Washington St., GF, 701-775-3113

Thai Hot
414 DeMers Ave., GF, 701-739-4800

Vinyl Taco
1970 S Columbia Rd., GF, 701-757-2300

Italian/Pizza

Boss' Pizza & Chicken
951 42nd St. S, GF, 701-757-2677

Deek's Pizza
512 N Washington St., GF, 701-772-3335

Domino's Pizza
2705 S Washington St., GF, 701-746-6437
130 Gateway Dr. NE, EGF, 218-773-2121

Happy Joe's Pizza & Ice Cream Parlor
2909 S Washington St., GF, 701-772-6655

Italian Moon Pizza & Mexican Food
810 S Washington St., GF, 701-772-7277

Little Caesars Pizza
1801 Gateway Dr., GF, 701-772-1784

Luigi's Pizza
122 4th St. NE, EGF, 218-773-3036

Mamma Maria's Italian Restaurant & Pizzeria
211 DeMers Ave., EGF, 218-773-2225

Marco's Pizza
3901 S Washington St., GF, 707-772-4000

Mike's Pizza & Pub
411 2nd St. NW, EGF, 218-773-2479

Papa John's Pizza
1515 S Washington St., GF, 701-775-7272

Papa Murphy's Pizza
2750 Gateway Dr., GF, 701-780-0900
2475 32nd Ave. S, GF, 701-738-0370

Pete's Za
2400 S Washington St., GF, 701-757-0896

Pizza Hut
2751 32nd Ave. S, GF, 701-772-7800
Dine in, delivery or carry out.
1418 S Washington St., GF, 701-772-6000
Delivery or carry out only.

Pizza Ranch
3750 32nd Ave. S, GF, 701-775-2222

Popolino's Pizza
2600 DeMers Ave., GF, 701-746-7677

Rhombus Guys
312 Kittson Ave., GF, 701-787-7317

Slapshot Pizza
2215 Gateway Dr., GF, 701-746-4771

Spicy Pie
3000 32nd Ave. S, GF, 701-757-4747

Up North Pizza Pub
314 4th St. NW, EGF, 218-399-0200

Sweet Treats/Bakeries

Cherry Berry Yogurt Bar
3321 32nd Ave. S, GF, 701-757-2110
1010 Central Ave. NE, EGF, 218-779-1338

Cold Stone Creamery
3551 32nd Ave. S, GF, 701-738-2350

Culver's
3451 32nd Ave. S, GF, 701-772-9199

The Donut Hole
801 42nd St. S, GF, 701-757-4440



O' For Heaven's Cakes N' More
1726 S Washington St., GF, 701-757-2253

Panera
2515 32nd Ave. S, GF, 701-772-1571

Perkins Family Restaurant
1305 S Columbia Rd., GF, 701-746-0493

Tea & Crepe Café
307 DeMers Ave., GF, 701-757-1040



EVENTS

that show off

HollyDazzle Festival of Lights



Ralph Engelstad Arena



Experience live theatre, Broadway-quality shows, Art & Wine Walks, Blues on the Red, Greenway Takeover Festival, championship University of North Dakota hockey and other types of lively entertainment.



Empire Theatre Company

Come here every year

Our two towns serve up tons of fun annual events – these are just a baker’s dozen.

Happy Harry’s Pork & Brew

Dubbed one of the region’s top food festivals, this tasty event brings together a variety of delicious bacon dishes, prepared by talented Grand Forks chefs, with samples of more than 100 different craft beers from local and regional breweries.

When: January

Friday Night Races

River Cities Speedway is considered by many to be the best 1/3-mile dirt and clay track in the nation. Race classes include Outlaw Sprints, Late Models, Midwest Modifieds and Street Stocks.

When: Late April through Mid-September

Art & Wine Walk

Get ready to sip, savor and stroll through our beautiful Downtown District, as local businesses host and display works by regional artists while offering samples of fine wines.

When: May, June, July, August, September and October

Hugo’s Concert Series

Get down in our Downtown during these awesome outdoor live music events. Bring a lawn chair and relax toward the back or put on your dancing shoes and boogie up to the front. Past headliners include Hairball, Eric Paslay, David Nail and The Purple Xperience: A Prince Tribute. Beverages and food vendors will also be on hand to quench both your thirst and appetite.

When: May – August

Art on the Red

This Grand Cities outdoor festival features 100+ high-end artisans and quality crafters, tantalizing food vendors, live entertainment, music, kids’ activities and more.

When: June

Blues on the Red

One of the region’s most popular blues festivals, this three-part summer music series features top notch musicians from around the country plus great food and brews.

When: June, July and August

Sertoma July 4th Festival & Fireworks

Spend your Independence Day in Grand Forks with 12 hours of live music, fun games, delicious food and drinks, contests and an awesome firework display over the Red River.

When: July

Heritage Days

Learn about our community’s legendary past when attending this annual East Grand Forks Heritage Village event. Some of the fun happenings include a parade, community dinner, live music, historical re-enactments, classic car show and antique tractor pull.

When: August

Rockin’ Up North Fest

This popular get-together features an August Schells Craft Beer Showcase, games, food vendors and live music courtesy of top local, regional and national musicians.

When: August

Downtown Street Fair

Dozens of vendors will offer up blocks of unique finds to buy and tasty treats to eat. When the sun goes down, they’ll be dancing in the street courtesy of live music from some of today’s top artists.

When: August

Greenway Takeover Festival

Enjoy four days filled with talented artists performing live music in a variety of genres ranging from rock, country and folk to jazz, gospel and soul. 2019’s headliners included Tim Mahoney, Cherry Poppin’ Daddies and Everclear. There’ll also be a beer garden, numerous food trucks, plus games for both kids and adults. It all takes place Downtown, on The Greenway, by the banks of the Red.

When: September

Potato Bowl USA

Celebrate the Red River Valley’s staple crop with a variety of events that include a 5K fun run, parade, University of North Dakota football game and tailgate party, potato pancake breakfast, contests and the World’s Largest French Fry Feed & Fireworks display.

When: September

HollyDazzle Festival of Lights

Kick off the holiday season in grand style at this popular family friendly event held the first Sunday after Thanksgiving. Festivities include a lighted parade, caroling, cookie decorating, live entertainment, kids’ games, carriage rides, ice skating and fireworks.

When: November



Let us entertain you

Let us make you smile with an abundance of standing ovation worthy events, awe-inspiring attractions and some of the finest facilities in the country at which to hold them all.

Oh say, did you see that rockin’ country concert, cool Cirque show, exciting college hockey game and fresh from Broadway performer? Yes, we did! Our top-notch venues have hosted these and many more SimplyGrand events. In addition to giving our University of North Dakota Fighting Hawks football team home field advantage, Alerus Center is a 160,000 square foot state-of-the-art facility that boasts a variety of conventions, banquets, football and basketball championships, concerts, expos and more.

Regarded as one of the finest hockey facilities in the world, the \$100+ million Ralph Engelstad Arena is best known as the home of championship University of North Dakota hockey but it also plays host to several concerts and on-ice performances throughout the year. The 400,000 square foot, five-story arena seats 11,700 and features the largest center-hung videoboard in college hockey. Stop by weekdays, at 1:30 p.m., if you’d like to take a guided tour. Built in 1919, the restored Empire Arts Center hosts musical performances, movies and other events, in addition to housing a visual arts gallery with featured works by Dali, Warhol and more. While at the iconic Chester Fritz Auditorium, watch the curtain go up on an array of national and international entertainment including concerts, ballet, Broadway theatre, children’s shows and special performances.



VENUES

Alerus Center

1200 42nd St. S, GF
701-792-1420, www.aleruscenter.com

Betty Engelstad Sioux Center

1 Ralph Engelstad Arena Dr., GF
701-777-4694, www.theralph.com

Chester Fritz Auditorium

3475 University Ave., GF
Box Office: 701-777-4090, www.cfa.und.edu

Ralph Engelstad Arena

1 Ralph Engelstad Arena Dr., GF
701-777-4167, www.theralph.com

MUSEUMS

Casey Holt Junction Northern Lights Railroad Museum

Hwy. 220 N and 20th St. NE, EGF
218-773-1726 or 218-773-6668
northernlightsrailroadmuseum.org

Grand Forks County Historical Society & Myra Museum

2405 Belmont Rd., GF, 701-775-2216
www.grandforkshistory.com

Heritage Village

Hwy. 220 N and 20th St. NE, EGF
218-773-3952 or 218-773-3190
www.egfheritage.com

UND Paleontology Collections

Corner of Cornell St. & Campus Rd., GF
701-777-2811, www.geology.und.edu

GALLERIES

Art & Artists Among Us

Alerus Center
1200 42nd St. S, GF
701-792-1200, www.aleruscenter.com

Art of Wellness

Altru Professional Center
701-732-7700

Browning Arts

23 4th St. S, GF, 701-746-5090
www.browningarts.com

Colonel Eugene E. Meyers Gallery

Hughes Fine Arts Center, GF, 701-777-2257

East Grand Forks Campbell Library

422 4th St. NW, EGF, 218-773-9121
www.library.egf.mn

Mayor's Choice Exhibit

Grand Forks City Hall
255 4th St. N, GF, 701-746-2607

North Dakota Museum of Art

261 Centennial Dr., GF
701-777-4195, www.ndmoa.com

Riverwalk Artists

Riverwalk Centre, EGF, 218-399-0162

UND Art Collection Gallery

415 DeMers Ave., GF, 701-746-5500

World's Smallest Gallery

Urban Stampede
324 Kittson Ave., GF
701-746-9531

YOU ARE HERE

25 S 4th St., GF, 701-746-5090

PERFORMING ARTS

Burtness Theatre

281 Centennial Dr., GF, 701-777-2587
www.und.edu/dept/dtheater/burtness.html

COMPAC

1420 4th Ave. NW, EGF
218-773-2405, ext. 273

Empire Arts Center

415 DeMers Ave., GF, 701-746-5500
www.empireartscenter.com

Fire Hall Theatre

412 N 2nd Ave., GF, 701-746-0847
www.ggfct.com

Grand Cities Children's Choir

701-885-4242, melanie.popejoy@und.edu

Grand Forks City Band

701-746-7471, www.gfcityband.org

Grand Forks Master Choralas

701-732-0091

Greater Grand Forks Community Theatre

701-746-0847, www.ggfct.com

Greater Grand Forks Symphony

701-732-0579, www.ggfso.org

North Dakota Ballet Company

701-746-6044, www.northdakotaballet.org

Northern Valley Youth Orchestras

701-757-3009, www.novyo.org

Summer Performing Arts Company (SPA)

701-746-2411, www.spacompany.org

UND Music Department

701-777-2644
www.arts-sciences.und.edu/music

SPORTS

Border Blades Figuring Skating Club

www.borderblades.org

Forks Karting Track

2300 Gateway Dr., GF, 701-732-0014

Forx Women's Roller Derby

Blue Line Club, 701-739-9651

Dakno Gaming eSports

701-640-2582, www.daknogaming.com

LudoSport Lightsaber Combat Academy

1726 S Washington St., 701-203-8585
www.usa.ludosport.net

North Valley Baseball Academy

1605 Central Ave. NW, EGF, 218-399-0188

Red River BMX Track

6950 Gateway Dr., GF, 218-207-9694
www.facebook.com/redriver.bmx

Red River Valley Athletics

1602 32nd Ave.S, 701-746-2797
www.rrvathletics.org

River Cities Speedway

2300 Gateway Dr., GF
701-780-0999 (seasonal)
www.rivercityspeedway.com

Tri City North Stars

Cushman Field, GF, 701-740-9847
www.gonorthstars.com

University of North Dakota Athletics

UND Ticket Office, GF, 701-777-4689
www.undsports.com

ATTRACTIONS

Cabela's

210 DeMers Ave., EGF, 218-773-0282
www.cabelas.com

Choice Health & Fitness

4401 S 11th St., GF, 701-746-2790
www.choicehf.com

Energy and Environmental Research Center

15 N 23rd St., GF, 701-777-5000
www.undeerc.org

Grand Forks Air Force Base

16 miles west of GF, 701-747-5023
www.grandforks.af.mil

Grand Forks County Historical Society

2405 Belmont Rd., GF, 701-775-2216
www.grandforkshistory.com

Grand Sky Business & Aviation Park

1 Grand Sky Boulevard, Emerado
210-364-8306, www.grandskynd.com

Grand Forks Escape Room

100 N 3rd St., GF, 701-388-1905
2300 Columbia Rd. S, GF
www.gfescaperoom.com

Grape Mill Vineyard & Winery

18696 430th Ave. SW, EGF, 218-499-9463
www.thegrapemill.com

Heritage Village

Hwy. 220 N and 20th St. NE, EGF
218-773-3952 or 218-773-3190
www.egfheritage.com

North Dakota Museum of Art

261 Centennial Dr., GF
701-777-4195, www.ndmoa.com

Northern Air Family Fun Center

1600 S 32nd Ave., GF, 701-757-4386
www.northernairffc.com

Ralph Engelstad Arena

1 Ralph Engelstad Arena Dr., GF
701-777-4167, www.theralph.com

Ronald Reagan Minuteman Missile State Historic Site

555 113 Ave.NE, Hwy 45, Cooperstown
701-797-3691

Splasher's of the South Seas Water Park - Canad Inns

1000 S 42nd St., GF, 701-772-8404

UND Aerospace

University Ave. and Tulane Dr., GF
701-777-2791, www.aero.und.edu

USDA-ARS Grand Forks Human Nutrition Research Center

2420 2nd Ave. N, GF, 701-795-8353
www.gfhnrc.ars.usda.gov



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1621 45TH ST SW
1125 19TH AVE N





EXPLORE
more

Red River State Recreation Area



Grand Forks Marathon



Play at your pace with miles of trails and waterways. Lace up to run, ski, inline skate and bike as part of fun or competitive events. Area parks offer picnic and play areas, sledding hills, ice rinks and other seasonal flavors.



Lincoln Park



Town Square Bike Share

OUTDOOR RECREATION

Around here, every day is a walk in the park. Lincoln Drive, University and Riverside offer paths lined with beautiful flowers, while Sertoma boasts a picturesque Japanese Garden and great birdwatching opportunities. Strap on the inline skates or use sneakers to make your way through the 2,200-acre scenic Greenway Trail System. In colder months, we find skis and ice skates work best. Flowing waters or frozen solid, our two rivers provide opportunities for some of the best fishing, boating and snowmobiling around. But first, oar up with one stop at Boathouse on the Red. Open during summer months, this little blue shack gives you access to canoes, kayaks and SUPs.

FAMILY FUN

Outdoors and in, we have lots of ways for the whole fam bam to jam. Jump for joy on a jumbo trampoline at Northern Air Family Fun Center or hitch a ride on a Paradise Stables horse drawn wagon. Get bowled over with a game at Red Ray Lanes or swing away in Sherlock Forest, the region's largest community constructed playground. Take a slide and dip into Splasher's Water Park or cast your rod and reel in a great catch on the Red River and Ryan Lake. People of all ages will surely fall in love with autumn around these parts, with bushels of fun to be found at Nelson's Pumpkin Patch, Valley Corn Maize and Patch on the Point.

BIKE SHARE

Sharing is caring, especially when it's offering you a healthy, fun and cost-effective transportation option. Our "lock-to" dockless bike share service from Pace by Zagster allows riders to rent a bike from a number of dedicated racks located throughout the community. To ride, download the free Pace bike share app available through the App Store or Google Play. If you're a guest in our cities, be sure to stop by the Visitors Center and pick up a free ride pass.

UAS

No need to drone on about our region's grand accomplishments regarding Unmanned Aerial Systems (UAS) but thanks to unparalleled local, state and federal collaboration, we have now become a global leader in this field. Notable events include ground breakings by industry giants Northrup Grumman and General Atomics and the signing of a Joint Use Agreement between the United States Air Force and Grand Sky Aviation Park to utilize the Grand Forks Air Force Base runway for private and public operations. These actions helped augment the first ever UAS flight training degree through University of North Dakota Aerospace and preeminent industry startups like Sky Skopes.



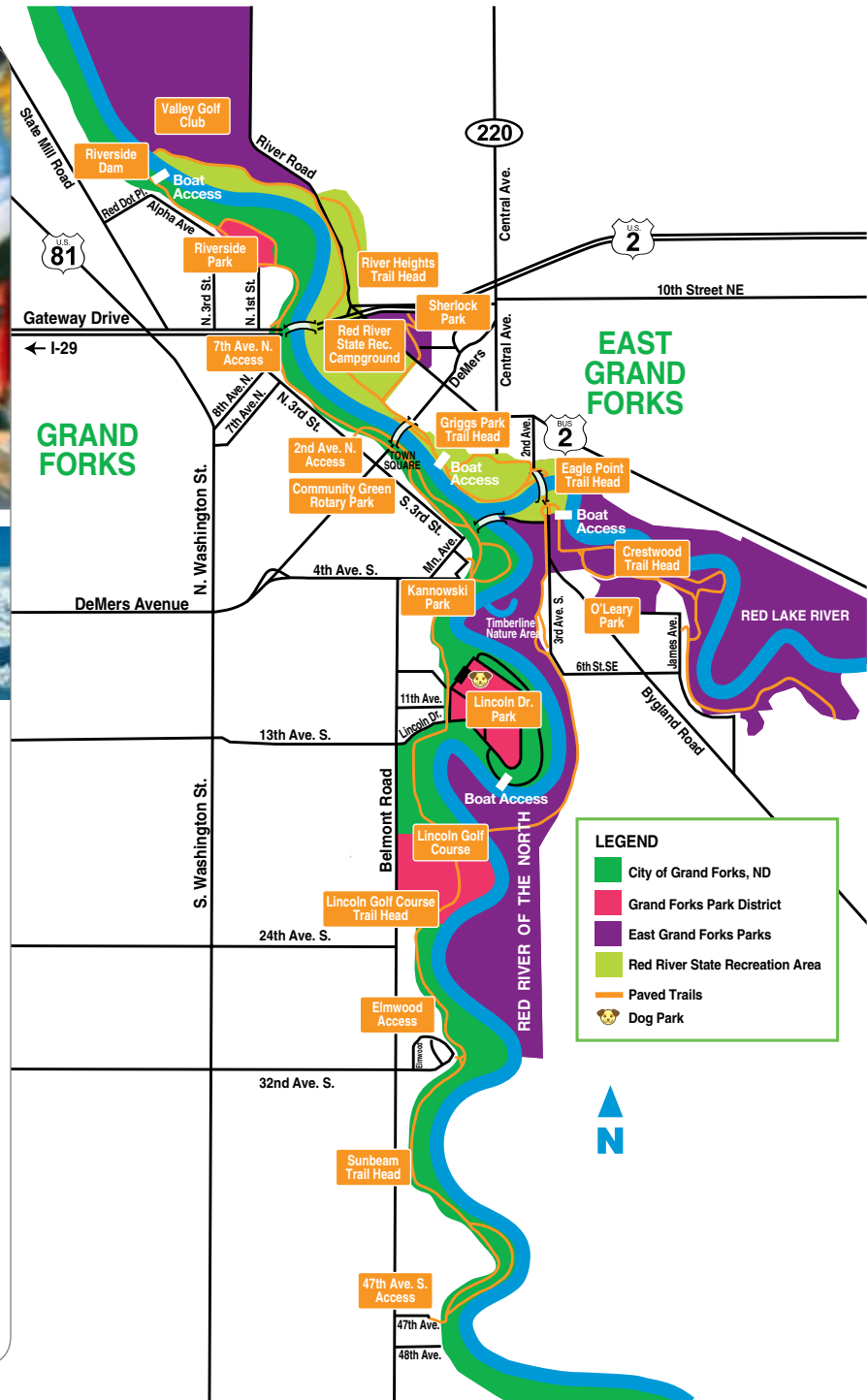
The Greenway

Golf • Bike • Cross Country Ski • Camp Hike • Boat • Picnic • Birdwatch • Walk Run • Canoe • Inline Skate • Kayak • Fish And More

The Greenway is 2,200 acres of natural space lining the Red River and Red Lake Rivers as they flow through Greater Grand Forks. This picturesque urban space offers countless recreational, cultural, historical and natural experiences.



www.greenwaygff.com
www.facebook.com/greenwaygff
701.738.8746
866.857.2757 (Camping Reservations)



PARKS

Adaptive

- Ali's Boundless Playground (Sertoma Park)

Basketball

- Abbot
- Bringewatt
- Exchange Club
- Jaycee's
- Lake Agassiz
- Lincoln Drive
- Midtown
- Optimist
- Prime Steel
- Richard's West
- Riverside
- Willmar

Cross Country Skiing

- Lincoln Drive

Dog Parks

- Lincoln Bark Park
- Circle of Friends Humane Society

Fishing

- Lafave
- Lincoln Drive
- Riverside
- Ryan

Frisbee/Disc Golf

- Lincoln Drive
- Northland Tech College
- Riverside
- Zavoral

Gardens

- Independence
- Itts Williams
- Japanese Garden (Sertoma Park)
- Lincoln Drive
- Nash
- Skidmore
- University

Hockey & Indoor Skating

- Eagles/Blue Line Club Arenas
- EGF Civic Center
- EGF Blue Line Club Arena
- ICON Sports Center
- Purpur/Gambucci Arenas

Hockey & Outdoor Skating

- Ben Franklin
- Cox
- Dike
- Elks
- Exchange Club
- Griggs
- Harney
- Jaycees
- Kelly
- Lincoln Drive
- Lions
- Maplewood
- Nash
- O'Leary
- Optimist
- Riverside
- Stauss
- Town Square

Horseshoe Pits

- Lincoln Drive
- University
- Willmar

Outdoor Pools

- Elks
- Sherlock
- Riverside

Pickleball

- Abbott
- O'Leary
- Symington

Picnic Parks

- Bringewatt
- DanMor
- Dike
- Griggs
- Itts Williams
- Jaycees
- Lincoln Drive
- Masonic
- Nash
- North Kiwanis
- O'Leary
- Optimist
- Prime Steel
- Riverside
- Ryan
- Sertoma
- Sherlock
- Stauss
- University

Play Equipment

- Ben Franklin
- Bringewatt
- Cox
- Elks
- Exchange Club
- Half Circle
- Jaycees
- Kelly
- Lincoln Drive
- Lion's
- Masonic

- Midtown
- North Kiwanis
- Optimist
- Prime Steel
- Richard's West
- Riverside
- Sertoma
- Sherlock Forest Playground (Sherlock Park)
- University
- Williamson
- Willmar

Sand Volleyball

- Bringewatt
- Lincoln Drive
- Riverside

Skate Parks

- Royce LaGrave
- Rydell (Kannowski Park)

Sledding

- Lincoln Drive
- Riverside

Soccer

- Bringewatt
- Nash
- Southern Estates
- VFW Arena

Softball/Baseball

- Apollo Field
- Ben Franklin
- Central Middle School
- Cox
- Exchange Club
- Jaycees
- Kelly
- Kraft Field
- Lake Agassiz
- Nash
- North Kiwanis
- Optimist
- Stauss
- Ulland
- Lake Agassiz

Splash Parks

- Elks
- University

Tennis

- Abbott
- O'Leary
- Optimist
- Riverside
- Snookie Register
- Symington
- University

CAMPGROUNDS

Grand Forks Campground

4796 S 42nd St., GF, 701-772-6108

Larimore Dam Recreation Area

3586 18th Ave. NE, Larimore
701-343-2078

Red River State Recreation Area

515 2nd St. NW, EGF
218-773-4950

Turtle River State Park

3084 Park Ave., Arvilla
701-795-3180

OUTFITTERS

Boathouse on the Red

groundupadventures@gmail.com
www.groundupadventures.com/bhotr

Gerrells Sports Center

701-775-0553
www.hockeyworldgrandforks.com

Play It Again Sports

701-795-1424
www.playitagainsports.com

Scheels

701-780-9424, www.scheels.com

Ski & Bike Shop

701-772-5567
www.skiandbikeshop.net

The Outpost at UND Wellness Center

701-777-6526
www.und.edu/student-life/wellness-center/
programs/outpost.html

GOLF

Albatross Indoor Golf Club

2950 10th Ave. N, GF, 701-757-3220
www.albatrossgf.com

Golf Center

3001 S Columbia Rd., GF
701-775-0019, www.thegolfcenter.net

Grand Forks Country Club

794 East County Rd. 6, GF
701-772-4831, www.gfcountryclub.com

King's Walk Golf Course

5301 S Columbia Rd., GF
701-787-5464, www.kingswalk.org

Lincoln Golf Course

250 Elks Dr., GF, 701-746-2788
www.lincolngolf.org

Ray Richards

3501 DeMers Ave., GF, 701-777-4340

Valley Golf

2407 River Rd. NW, EGF
218-773-1207, www.valleygolffegf.com

AQUATICS

Choice Health & Fitness

4401 S 11th St., GF, 701-746-2790
www.choicehf.com

Grand Forks YMCA

215 N 7th St., GF, 701-775-2586
www.gfymca.org

Hyslop Sports Center

2751 2nd Ave. N, GF, 701-777-2234
www.visitgrandforks.com/directory/hyslop-sports-center

FAMILY FUN

Albatross Indoor Golf Club

2950 10th Ave. N, GF, 701-757-3220
www.albatrossgf.com

AMC Classic 10

2306 32nd Ave. S, GF, 701-772-3514
www.amctheatres.com

Canad Inns Destination Centre

1000 S 42nd St., GF, 701-772-8404
www.canadinns.com/play/your-choices

Choice Health & Fitness

4401 S 11th St., GF, 701-746-2790
www.choicehf.com

Northern Air Family Fun Center

1600 32nd Ave. S, GF, 701-757-4386
www.northernairffc.com

Grand Forks Escape Room

2300 S Columbia Rd. & 100 N 3rd St., GF
701-388-1905, www.gfescaperoom.com

Northern Valley Baseball Academy

1605 Central Ave. NW, EGF, 218-399-0188
www.northvalleybaseball.us

Red Ray Lanes

2105 S Washington St., GF, 701-775-0663
www.facebook.com/redraylanes

River Cinema 15

211 DeMers Ave., EGF, 218-399-9000
www.moorefamilytheatres.com

Scheels

2800 S Columbia Rd., GF, 701-780-9424
www.scheels.com



Kittsona

Ann Love



Style seekers will find chic boutiques, spacious malls, department stores and more. Shop for the latest trends, vintage finds and locally made specialties.

SHOPS

that pop



Simply Boutique

Shopping



You found that in Forks?!

Whether it's bargain hunting at familiar retailers, strolling through one of the malls or perusing our galleries and specialty stores, say hello to good buys that are SimplyGrand. Grand Forks is the place to find favorite big box retailers like Super Target, Lowe's, Hobby Lobby, Kohl's and Ross. There are also several locally owned boutiques dotting the Southside shopping landscape such as CURIOUS, Key Bliss and Northern Roots. Shop 'til you droppers will want to make a stop at all three malls. Columbia Mall is anchored by Scheels and JCPenney and includes popular chains American Eagle, Bath & Body Works, Eddie Bauer, Sephora and more, while both Grand Cities Mall and Eastside's Riverwalk Centre feature a variety of businesses. Our trendy Downtown District boasts several unique boutiques including Ann Love and RH Standard.

Molly's Yea Vote

Molly Yeh's first stop is Downtown Forks for what she considers that authentic, local experience where one can walk from store to store while taking breaks to explore restaurants, coffeehouses and pubs. One

place she always finds time in her busy schedule to frequent is Kittsona, which features both exclusive and name brand clothing, accessories and shoes for women.

Feeling Grand

Lay back and relax or kick it up a notch at any of our day spas, workout facilities, fitness classes or yoga sessions. Choice Health & Fitness offers all of the above and more including a three-lane lap pool with two large water slides, tennis, racquetball and basketball courts, wellness programs and chiropractic services. Other popular spots to get cut, limber, toned and hot stoned include Avant Hair & Skin Care, Rhapsody Salon & Spa, Lotus Yoga, Achieve Fitness and True Healing Massage.

Homegrown Goodness

Want to gift others or yourself a taste of the north? Our Red River Valley is famous for its rich, fertile farmland and abundance of crops including wheat, sugar beets, soybeans, sunflowers and potatoes. The legendary Widman's Candy Shop, family owned and operated since the 1940s, has been known to feature several of those as main ingredients for their sweet treats. Widman's #1 claim to fame are Chippers: rippled potato chips covered in their decadently delicious chocolate. Several local stores, including Hugo's Family Marketplace and the Grand Forks Visitors Center Gift Shop, carry an array of regional products. Our Town Square Farmers Market is a great place to stock up on lots of freshly grown produce. You can also visit the Pride of Dakota website for a listing of additional local products/retailers and be sure to stop by their Holiday Showcase, held each November, at the Alerus Center.

APPLIANCES & FURNITURE

Aaron's
2120 S Washington St., GF, 701-772-2299

The Amish Gallery at Home of Economy
1508 N Washington St., GF, 701-772-6611

Ashley HomeStore
3201 32nd Ave.S, GF, 701-746-8089

Best Buy
3751 32nd Ave.S, GF, 701-775-2784

Conlin's
1605 S Washington St., GF, 701-775-0475

Dakota TV & Appliance
2218 32nd Ave.S, GF, 701-772-5533

Furniture Row
4000 39th Ave.S, GF, 701-402-0580

Lowe's
4001 32nd Ave.S, GF, 701-765-9000

Menards
3550 32nd Ave.S, GF, 701-775-6204

Scan Design
1803 S Washington St., GF, 701-757-2444

Slumberland
1449 32nd Ave.S, GF, 701-746-6600

CLOTHING & SHOES

American Eagle
2800 S Columbia Rd., GF, 701-775-1178

Ann Love
402 DeMers Ave., GF, www.annloveboutique.com

Boot Barn
2800 S Columbia Rd., GF, 701-772-7875

The Buckle
2800 S Columbia Rd., GF, 701-772-0757

Cabela's
210 DeMers Ave., EGF, 218-773-0282

Catherine's Plus Sizes
3811 32nd Ave.S, GF, 701-765-3223

Christopher & Banks
2800 S Columbia Rd., 701-772-6637

Churchill's Shoe World
2650 32nd Ave.S, GF, 701-772-8256

Claire's
2800 S Columbia Rd., GF, 701-775-3351

CURIOUS Clothing
3750 32nd Ave. S, GF, 701-757-3011

Famous Footwear
3711 32nd Ave. S, GF, 701-775-4550

Fighting SAWKS
106 N 3rd St., GF, 701-289-7095

Eddie Bauer
2800 S Columbia Rd., GF, 701-772-8211

Francesca's
2800 S Columbia Rd., GF, 701-746-9649

Glitz, Glam & Tan
1402 Central Ave.NE, EGF, 218-773-4038

Gordmans
3501 32nd Ave.S, GF, 701-792-0984

Hot Topic
2800 S Columbia Rd., GF, 701-775-0047

JCPenney
2800 S Columbia Rd., GF, 701-746-4521

Journeys
2800 S Columbia Rd., GF, 701-795-0286

Justice
2800 S Columbia Rd., GF, 701-746-8308

Key Bliss
3000 32nd Ave.S, GF, 701-757-1797

Kittsona
402 DeMers Ave., GF, 701- 741-5373

Kohl's
3301 32nd Ave.S, GF, 701-746-0191

Kristen's Bridal
2650 32nd Ave.S, GF, 701-775-0567

Lane Bryant
3721 32nd Ave.S, GF, 701-765-3178

Mainstream Boutique
2712 S Columbia Rd., GF, 701-757-2003

Maurices
2800 S Columbia Rd., GF, 701-772-9446

Men's Warehouse
2800 S Columbia Rd., GF, 701-775-1095

Northern Roots Boutique
2550 S Columbia Rd., GF, 701-757-4277

Old Navy
3821 32nd Ave.S, GF, 701-772-9232

Once Upon a Child
2791 32nd Ave. S, GF, 701-775-1055

Plato's Closet
2500 S Columbia Rd., GF, 701-757-3100

Pretty b
2650 32nd Ave. S, GF, 701-757-0179

Ragstock
2800 S Columbia Rd., GF, 701-757-2160

Red Wing Shoes
2475 32nd Ave. S, GF, 701-772-4641

RH Standard
6 S 3rd St., GF, 701-757-4220

Ross Dress for Less
2450 S Columbia Rd., GF, 701-772-2736

Scheels
2800 S Columbia Rd., GF, 701-780-9424

Simply
223 DeMers Ave., EGF, 218-399-0206

Tip Top Tux
2100 S Columbia Rd., GF, 701-775-9303

TJ Maxx
2925 32nd Ave. S, GF, 701-795-1524

T"n"T Outfitters
211 DeMers Ave., EGF, 218-773-8683

Tradehome Shoes
2800 S Columbia Rd., GF, 701-780-9661

Victoria's Secret
701-772-0294

Zumiez
2800 S Columbia Rd., GF, 701-775-1007

DISCOUNT

Dollar Tree
2761 32nd Ave. S, GF, 701-620-6093
1719 S Washington St., GF, 701-620-6450

Family Dollar
1720 S Washington St., GF, 701-772-2212

Gordmans
3501 32nd Ave. S, GF, 701-792-0984

Ross Dress for Less
2450 S Columbia Rd., GF, 701-772-0736

Sam's Club
2501 32nd Ave. S, GF, 701-795-9449

Target Super Store
3601 32nd Ave. S, GF, 701-787-6177

TJ Maxx
2925 32nd Ave. S, GF, 701-795-1524

Walmart Supercenter
2551 32nd Ave. S, GF, 701-746-7225
5755 Gateway Dr., GF, 701-620-6003

FLORAL & DECOR

All Seasons Garden Center
5101 S Washington St., GF, 701-746-7777

East Grand Floral
1521 Central Ave. NW, EGF, 218-773-3400

Flowers by US
2708 17th Ave. S, GF, 701-746-0308

The Lighting Gallery
1200 S Washington St., GF, 701-772-2402

Nakota Floral & Gifts
2800 S Columbia Rd., GF, 701-757-0158

Rose Flower Shop
1375 S Columbia Rd., GF, 701-772-4887

Sadie's Couture Floral & Event Styling
899 2nd Ave. N, GF, 701-317-3255

Shea's Nursery
3515 S Washington St., GF, 701-772-3489

Waterfront Kitchen & Bath
2 S 3rd St., GF, 701-775-5021

Wy's Floral
3001 S Columbia Rd., GF, 701-775-4677

GIFT & SPECIALTY

Amy's Hallmark
3731 32nd Ave. S, GF, 701-787-5613

Badman Design
18 S 3rd St., GF, 701-746-7300

Bath & Body Works
2800 S Columbia Rd., GF, 701-746-9557

Bed Bath & Beyond
3841 32rd Ave. S, GF, 701-795-1033

Browning Arts & YOU ARE HERE Gallery
23 S 4th St., GF, 701-746-5090

Budget Music
714 S Washington St., GF, 701-775-5172

The Candy Corner
2800 S Columbia Rd., 701-757-4008

CURIOUS Gift
3750 32nd Ave. S, GF, 701-772-3726

Discontent
1429 S Washington St., GF, 701-775-5675

Ferguson Books & More
1720 S Washington St., GF, 701-738-8025

Forks Frame Up
1901 DeMers Ave., GF, 701-746-7248

GameStop
3551 32nd Ave. S, GF, 701-772-4092

GNC Live Well
2800 S Columbia Rd., GF, 701-746-7442

Grand Cities Games
120 N Washington St., GF, 701-775-8602

Grandma's Attic
2215 Gateway Dr., GF, 701-779-8117

Helzberg Diamonds
2800 S Columbia Rd., GF, 701-746-7321

Hobby Lobby
3181 32nd Ave. S, GF, 701-772-1499

Hollywood Heroes
211 DeMers Ave., EGF, 218-773-2371

JoAnn's Fabric
2781 32nd Ave. S, GF, 701-775-8999

Kay Jewelers
2800 S Columbia Rd., GF, 701-746-5484

Knick Knack PaddyWhacks Cards & Gifts
211 DeMers Ave., EGF, 218-773-5616

Michael's
3861 32nd Ave. S, GF, 701-746-0072

Muddy Waters Ceramics
2014 13th Ave. N, GF, 701-775-1168

North Dakota Museum of Art Gift Shop
261 Centennial Dr., GF, 701-777-4195

Office Max
3225 30th Ave. S, GF, 701-780-8491

Ojata Records
305 N Washington St., GF, 701-757-4002

Party City
2861 32nd Ave. S, GF, 701-772-8845

Popplers Music
1726 S Washington St., GF, 701-746-7471

Riddle's Jewelry
3901 32nd Ave. S, GF, 701-772-1861

River City Jewelers
16 S 3rd St., GF, 701-746-9716

Sephora
2800 S Columbia Rd., GF, 701-746-4521

Signature Jewelers
4491 S Washington St., GF, 701-757-4848

Spencer's Gifts
2800 S Columbia Rd., GF, 701-772-1140

Trade Secret
2800 S Columbia Rd., GF, 701-772-9181

University Book Store
775 Hamline St., GF, 701-777-2746

Widman's Candy Shop
106 S 3rd St., GF, 701-775-3480

GROCERY

Al Amin Grocery
1440 S Washington St., GF, 701-757-0737

Hugo's
1631 S Washington St., GF, 701-772-3419
1750 32nd Ave. S, GF, 701-738-0688
1925 13th Ave. N, GF, 701-772-5531
1315 S Columbia Rd., GF, 701-772-7283
Downtown GF (Opening 2020)

L&M Meats
2801 S Washington St., GF, 701-775-2009

Natural Grocers
1901 32nd Ave. S, GF, 701-775-8333

Nature's Country Store
3001 S Columbia Rd., GF, 701-746-4499
1830 S Washington St., GF, 701-772-8086

The Olive Barrel
2100 S Columbia Rd., GF, 701-757-1617

Safari Market
1305 Stanford Rd., GF, 701-757-4056

Sam's Club
2501 32nd Ave. S, GF, 701-795-9449

Target Super Store
3601 32nd Ave. S, GF, 701-787-6177

Toucan International Market
1826 S Washington St., GF, 701-775-4692

Walmart Supercenter
2551 32nd Ave. S, GF, 701-746-7225
5755 Gateway Dr., GF, 701-620-6003

HARDWARE & HOME IMPROVEMENT

Burgraff's Ace Hardware
1826 S Washington St., GF, 701-738-0455

Acme Rentals
1702 13th Ave. N, GF, 701-746-2823

Acme Tools
1705 13th Ave. N, GF, 701-746-6481

Harbor Freight
2450 S Columbia Rd., GF, 701-765-7500

Hardware Hank
1017 Central Ave. NW, EGF, 218-773-7933

Lowe's
4001 32nd Ave. S, GF, 701-765-9000

Lumber Mart
1910 Business Hwy 2, EGF, 218-773-1151

Menards
3550 32nd Ave. S, GF, 701-775-6204

LIQUOR

Kasper's Bottle Shop
4220 5th Ave. N, GF, 701-757-4112

El Roco Bottle Shop
1730 13th Ave. N, GF, 701-772-2631

Happy Harry's Bottle Shop
2702 Gateway Dr., GF, 701-772-2671

Happy Harry's Bottle Shop
2051 32nd Ave. S, GF, 701-780-0902

Hugo's Wine & Spirits
1950 32nd Ave. S, GF, 701-746-4684

Hugo's Wine & Spirits
1325 S Columbia Rd., GF, 701-738-2007

Hugo's Wine & Spirits
210 14th St. NE, EGF, 218-793-0014

Pop's Liquor
122 4th St. NE, EGF, 218-773-3036

Rite Spot Liquor
1901 S Washington St., GF, 701-775-7051

Rite Spot Liquor
801 S 42nd St., GF, 701-757-4013

Sam's Club Liquor
2501 32nd Ave. S, GF, 701-795-9449

Walmart Liquor
2551 32nd Ave. S, GF, 701-746-7225

OPTICAL

Advanced Eyewear
2860 10th Ave. N, GF, 701-757-2121

EyeMart Express
3750 32nd Ave. S, GF, 701-792-2607

JCPenney Optical
2800 S Columbia Rd., GF, 701-746-4810

Lifetime Vision Center
2900 S Columbia Rd., GF, 701-746-6745

Midwest Vision
2800 S Columbia Rd., GF, 701-757-4100

North Dakota Eye Clinic
1820 S 42nd St., GF, 701-775-3151

Opticare
421 DeMers Ave., EGF, 218-773-3438

Sterling Optical
2650 32nd Ave. S, GF, 701-746-4240

Target Optical
3601 32nd Ave. S, GF, 701-787-8627

Valley Vision Clinic
2200 S Washington St., GF, 701-775-3135

OUTDOORS & MORE

Andy's Harley Davidson
2756 N Washington St., GF, 701-775-6098

Cabela's
210 DeMers Ave., EGF, 218-773-0282

Gerrells Sports Center
1004 S Washington St., GF, 701-775-0553
www.hockeyworldgrandforks.com



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Home of Economy
1508 N Washington St., GF, 701-772-6611

Play It Again Sports
1826 S Washington St., GF, 701-795-1424

Revolutions Power Sports
4225 36th Ave. S, GF, 701-746-4997

Scheels
2800 S Columbia Rd., GF, 701-780-9424

See Dick Run
3750 32nd Ave. S, GF, 701-775-1115

Ski & Bike Shop
1711 S Washington St., GF, 701-772-5567

Tractor Supply Co.
4460 32nd Ave. S, GF, 701-746-0391

PET CARE

Petco
2901 32nd Ave. S, GF, 701-746-1996

Petopia Daycare Boarding & Grooming
920 N 3rd St., GF, 701-757-0104

PetSmart
2450 S Columbia Rd., GF, 701-765-3120

Pets R Inn
2800 S Columbia Rd., GF, 701-746-1354

Ruffing It Daycare Boarding & Grooming
1521 DeMers Ave., GF, 701-780-0700

Stay & Play Pet Resort
7254 S Washington St., GF, 701-775-7020

Treat Play Love
1905 S Washington St., GF, 701-772-0556

Wag-N-Train Boarding Training & Daycare
1662 15th Ave. NE, GF, 701-746-9331

PHARMACIES

Altru Pharmacy
1200 S Columbia Rd., GF, 701-780-3444

CVS Pharmacy
1950 32nd Ave. S, GF, 701-746-8643

Embrace Pharmacy
2424 32nd Ave. S, GF, 701-757-1552



Hugo's Family Pharmacy
224 14th St. NE, EGF, 218-773-0611

Skip's Budget Drug
2015 Library Cir, GF, 701-772-4805

Thrifty White Drug
1395 S Columbia Rd., GF, 701-746-1800

Wall's Medicine Center
708 S Washington St., GF, 701-746-0497

White Drug
2475 32nd Ave. S, GF, 701-775-4209

SPA, MASSAGE & FITNESS

117 Yoga & Wellness
117 N Washington St., GF, 701-738-8888

Achieve Fitness
2424 32nd Ave. S, GF, 701-757-1322

Achieve Therapy & Fitness
1425 S Columbia Rd., GF, 701-746-8374

Anytime Fitness
3750 32nd Ave. S, 701-772-0208
1010 Central Ave. NE, 218-773-2882

Avant Hair & Skin Care
2750 Gateway Dr., GF, 701-746-8000
33 S 3rd St., GF, 701-775-5333

Choice Health & Fitness
4401 S 11th St., GF, 70x1-746-2790

Ganesha Yoga
306 DeMers Ave., GF, 701-360-0183

Glitz, Glam & Tan
1402 Central Ave. NE, EGF, 218-773-4038

Grand Forks YMCA
215 N 7th St., GF, 701-775-2586

Haute Yogis
306 DeMers Ave., EGF, 701-360-2623

Ironworks Gym
1807 S Washington St., GF, 701-330-4569

Lotus Yoga
2650 32nd Ave. S, GF, 701-360-1306

Men's Hair Co.
1970 S Columbia Rd., GF, 701-757-1400

Mobile Life Massage
1407 24th Ave. S, GF, 701-215-3335

Orangetheory Fitness
2800 S Columbia Rd., GF, 701-248-0043

The PEDAL
2 N 3rd St., GF, 701-330-8266

Planet Fitness
715 S Washington St., GF, 701-775-8820

Premier Aesthetics
1725 32nd Ave. S, GF, 701-757-2111

QW Massage & Spa
1616 Central Ave., EGF, 218-399-1011

Rhapsody Spa & Salon
2424 32nd Ave. S, GF, 701-775-0545

Snap Fitness
4571 S Washington St., GF, 701-757-7627

Thaw Yoga
623 S 48th St., GF, 770-324-2047

True Healing Massage
2397 DeMers Ave., GF, 701-213-8283

Truyu Aesthetic Center
3165 DeMers Ave., GF, 701-780-6623

Truyu at Choice
4401 S 11th St., GF, 701-732-7570

The Ultimate Look
2150 32nd Ave. S, GF, 218-779-3537

Waves Float Center
211 DeMers Ave., EGF, 218-230-7233

Waxing the City
3251 32nd Ave. S, GF, 701-757-0453

TECHNOLOGY

AT&T Store
2851 32nd Ave. S, GF, 701-795-5700

BeMobile/Verizon Wireless
2100 S Columbia Rd., GF, 701-775-9696

Cellular Communications
2600 DeMers Ave., GF, 701-795-1513

Cricket Wireless
1725 32nd Ave. S, GF, 701-739-8568

Sprint Store
3000 32nd Ave. S, GF, 701-757-2440

T-Mobile
1970 S Columbia Rd., GF, 701-757-0282

Verizon Wireless
3221 32nd Ave. S, GF, 701-739-8568

THRIFT

Dakota Boys & Girls Ranch
2017 DeMers Ave., GF, 701-775-7805

Goodwill
3651 S Washington St., GF, 701-787-8201

Home Place Thrift Store
1811 S Washington St., GF, 701-795-9704

Lulu's Thrift Store
404 2nd Ave. NE, EGF, 218-399-2009

Ragstock
2800 S Columbia Rd., GF, 701-757-2160

Salvation Army
3401 S 31st. St., GF, 701-775-7255

Second Impressions
1502 Central Ave. NE, EGF, 701-317-2901

St. Joseph's Social Care
620 8th Ave. S, GF, 701-795-8614

Valley ARC Thrift Shoppe
2500 DeMers Ave., GF, 701-772-3855

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1020 S Washington St., GF, 218-779-7993

Key Bliss
3000 32nd Ave. S, GF, 701-757-1797

Kittsona
402 DeMers Ave., GF, 701- 741-5373

Mainstream Boutique
2712 S Columbia Rd., GF, 701-757-2003

Market 180
1823 S Washington St., GF, 701-740-3559

North Dakota Museum of Art Gift Shop
261 Centennial Dr., GF, 701-777-4195

Northern Roots Boutique
2550 S Columbia Rd., GF, 701-757-4277

The Olive Barrel
2100 S Columbia Rd., GF, 701-757-1617

Picks
1224 S Washington St., GF, 701-741-1222

Plain & Fancy Antique Mall
1726 S Washington St., GF, 701-775-0714

Pretty b
2650 32nd Ave. S, GF, 701-757-0179

RH Standard
6 S 3rd St., GF, 701-757-4220

Simply
223 DeMers Ave., EGF, 218-399-0206

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Downtown Grand Forks

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What's up is Downtown. Discover uniquely grand outdoor public art. Dine and unwind while taking stock of all your one-of-a-kind finds. Then soak up the nightlife at some of our local hot spots.

Downtown To-Dos

Downtown shines with family-friendly festivals, seasonal farmers markets, outdoor concerts, iconic architecture, plus SimplyGrand dining, shopping and so much more! We even have a historic bridge that literally lights up DeMers Avenue.

SUMMERTIME BLUES

Happy Harry’s Blues on the Red, an annual three-part live music series, will fill Town Square with groovin’ tunes in June, July and August. It’s an event suitable for all ages; however, there will be a beer garden area for those 21+ to partake in some adult beverages. Listening fees are just \$5 but bring along a few extra bucks to enjoy all the tasty food and brews.

SKY’S THE LIMIT

Enjoy five-star fare up high at Sky’s. An evening here comes complete with a second story view of Downtown, full bar service, an excellent wine cellar and exquisite cuisine like housemade lump crab cakes, herb crusted prime rib, braised lamb shank and seared scallops finished with their legendarily delicious Prairie Sauce. Sky’s Cloud 9 Lounge offers a more casual dining experience and less formal menu that includes abundant appetizers, lavosh, burgers and barbecue. For those who love to brunch, stop by on Sundays from 11 a.m. to 2 p.m. and indulge in everything from crème brûlée French toast to smoked salmon eggs Benedict, along with the best Bellini in town.



LEGENDARY BEERS

Located in the historic Metropolitan Opera House, Rhombus Guys Brewing Company, along with one of the state’s top brewmasters, really knows how to make iconic (blonde) ales. The 15-barrel brewhouse serves up its version of popular styles including ambers, IPAs, pales, sours and stouts. The kitchen also produces great eats like burgers, street tacos, Scotch eggs and the tastiest fried Brussel sprouts this side of Belgium. Beer, in delicious dairy form, plays a starring role in several dishes: homemade pretzels with beer cheese dip, pulled pork and beer cheese smothered pub fries and a bacon beer cheese mac that’s lip smacking good. If you’re there on a Sunday, from 11 a.m. to 2 p.m., give Rhombus’ eggcellent brunch menu a try.

MAKE YOUR CHASSIS HAPPY

Ever since parking it in the legendary Whitey’s space in Downtown East Grand Forks, Sickies Garage has been refueling patrons’ empty tanks deliciously. This casual, eclectic hamburger joint takes classic comfort food to a whole new level! Fresh, all-beef patties (turkey, chicken and veggie, too) get sandwiched between alternative buns like pretzels and doughnuts. When it comes to an abundance of tasty toppings, Sickies doesn’t disappoint. Just some of their supercharged burgers include the Couch Potato, Crazy Cuban, Jalapeno Peanut Butter and aforementioned Glazed Doughnut, which is adorned with American cheese and peppered bacon. Along with 50 burgers comes an assortment of 50 beers on tap.

HEAVY METAL

For those looking to find unique high-end wearable or displayable art, Badman Design is the place to go. Specializing in jewelry, home décor, liturgical art and more, acclaimed local artist David Badman creates all his metal masterpieces in-studio.

HIP TO BE IN THE SQUARE

Enter Town Square through the larger-than-life paddlewheel or slip past the kids’ play area and you’re in our year-round gathering place. It’s home to the area’s largest 4th of July Festival and a variety of other community events, as well as being a convenient meeting spot to start or end your time Downtown. When the snow flies, people still gather in the Square to recreate, ice skate and celebrate the season during our annual HollyDazzle Festival of Lights...good golly, you might even spot Miss Molly Yeh and her family here!

GET FRESH AT THE FARMERS MARKET

Vine-ripened tomatoes, the world’s best sweet corn, homemade pies and kuchen, fresh baked breads, assorted flavors of fudge, hot ‘n’ spicy salsas, handmade jewelry and crafts, plus live music and always a few surprises await you every Saturday, during the summer, in Town Square. Stop by between 9 a.m. and 1 p.m. to stock up on lots of SimplyGrand goodies.

SOBERED-UP SALOON

Urban Stampede coffeehouse is a former fur bank turned saloon with lots of character. Check out the historic safe, tin ceiling, dark wood bar and intricate stone floor. Sip on freshly brewed java while you peruse the World’s Smallest Art Gallery and gift shop. Friendly baristas are always willing to whip up your favorite specialty drink or plate up a freshly baked muffin, cookie or scone. During the summer, take it outside to café tables situated in the heart of Downtown.

CHIP CHIP HOORAY

Chocolate dipped rippled potato chips, better known as Chippers, are Widman’s claim to candy fame. These salty, sweet gems have actually been shipped to more than a dozen countries, bringing joy to thousands around the world. Since 1949, however, this family owned shop has been covering all sorts of tasty things in their delectable homemade chocolate...toffee, caramel, marshmallows, blueberries, sunflower seeds, bacon, even olives and pickles!

IN GRAND FASHION

Simply boutique brings a big city shopping experience to our quaint Downtown by offering a wide variety of on-trend women’s clothing, shoes, accessories, baby gifts, home décor and more. In addition to debuting the latest fashions, their popular Ladies Night and other special events have been known to include appetizers, mocktails, giveaways and live music.



SETTING HIGH STANDARDS

RH Standard offers knowledgeable staff who will assist both male and female clientele with personal style interpretation, stylist consulting and exemplary tailoring. They also have exclusive rights to Antique logo wear, an iconic Downtown East Grand Forks nightclub frequented by pretty much every UND student back in the 1980s and ’90s. Whether looking to purchase a glittery gown for the gala or stylish sweatshirt for casual Fridays, RH can meet all your clothing needs.

SOCK IT TO ME

If you want to look good from head to toe, Fighting SAWKS has the “toe” part covered! This store will literally rock your socks off with every theme, design and color imaginable including our beloved UND Fighting Hawks. Along with the cutest darn stockings in town, customers will find cool cards, jewelry and gift items.

LIGHT

up the night



Sorlie Bridge



Downtown Grand Forks



When the lights go down in our cities, you'll find an abundance of local haunts serving up good times in various venues and vessels.

Restaurant Row — East Grand Forks



Nightlife

Are y'all a fan of country music, craft beer and billiards? Or perhaps a connoisseur of cool jazz, classic cocktails and stimulating trivia? Doesn't really matter, our awesome spots to relax, jive and imbibe will provide everyone plenty of ways to raise their spirits.

BARRELS OF FUN

All's well that ends well with ale (plus a vodka chaser) courtesy of three area brewpubs and two distilleries. Both Rhombus Guys Brewing Company and Half Brothers Brewing Company serve up superb suds and fabulous food out of hip, historic Downtown spaces. Take a Minny road trip to Hallock and sample more beers from Revelation Ale Works or some of the hard stuff at Far North Spirits. Who says you can't make vodka out of sugar beets? At Red Pine Distillery, located on Grand Forks' Northside, they do just that...rum, too! Drop by any of these places to sample for yourself and perhaps even take the grand tour.

Rhombus Guys Brewing Company



Brick & Barley

NOTES-WORTHY HOTSPOTS

When it comes to our live music scene, the Grand Cities are alive and buzzing with venues producing it on a smaller scale. Half Brothers Brewing Company offers up toe-tapping tunes with their in-house taps every Wednesday through Saturday. South Town PourHouse and Southgate Casino Bar & Grill spotlight popular regional bands on their stages, while The Ember and Archives coffeehouses feature Forks' favorite low-key artists. Whether it be honky-tonk country songs, power ballads or those classic sing-alongs we all know and love, our two towns are one hot ticket.

ALL BETS ARE ON

If you're looking to take a chance on games, Forks offers up lots of spots to stop for a little competitive amusement. Trivia takeovers and bar bingo (bargo) happen weekly at Up North Pizza Pub, Ground Round and Bonzer's. Pick up a stick, then hit the billiard table or aim and throw some darts at The Loft, Brick & Barley, Joe Black's and The Office. Go retro and try your hand at pinball, shuffleboard or foosball at Rhombus Guys Brewing Company. If singing is more your thing, sling back a few and give Friday night karaoke at O'Really's Irish Pub a try. Win big at one of many live gaming sites dealing out blackjack, pull-tabs and more. As you can see, hanging out with friends here is full of fun and games!

**For a complete listing of all our local nightlife options, go to www.visitgrandforks.com.*

STAY

and play



Rest easy in hotel rooms offering all the comforts of home and then some. Stay at places with indoor water parks, gaming, adjacent restaurants and other for-fun amenities.



PLACES TO STAY All properties have credit card service, outdoor power outlets, copy/fax service, cable, cribs and non-smoking rooms.		Number of Rooms	Meeting Room Occupancy	Continental Breakfast	In-Room Coffee	Restaurant, Lounge & Casino	Room Service	Laundry	Pool	Water Park	Whirlpool/ Hot Tub/Sauna	Whirlpool Suite	Video Games	Microwave	Refrigerator	Exercise Room	Handicap Rooms	Pets Allowed	High Speed Internet	Wireless Internet
● Dot indicates services available.																				
Americas Best Value Inn	1000 N 42nd St. 701-775-0555 1-888-275-0550	118		●				●						●	●			●	●	●
AmericInn by Wyndham	1820 S Columbia Rd. 701-780-9925 1-800-634-3444	56		●	●	●	●	●	●		●	●		●	●	●	●		●	●
Baymont Inn & Suites	951 S 42nd St. 701-757-2345 1-800-337-0550	91		●	●			●	●		●		●	●	●	●	●	●	●	●
Best Western Harvest Inn & Suites	3350 32nd Ave. S 701-775-5000 1-800-780-7234	85	15	●	●			●	●		●			●	●	●	●	●	●	●
Budget Inn Express	3400 Gateway Dr. 701-775-5341 1-800-437-9562	45																●		
Canad Inns Destination Centre	1000 S 42nd St. 701-772-8404 1-888-332-2623	201	200		●	●	●	●	●	●	●	●	●	●	●	●	●		●	●
C'mon Inn	3051 32nd Ave. S 701-775-3320 1-800-255-2323	80	50	●	●				●		●	●	●	●	●	●	●		●	
Country Inn Suites	3101 S 42nd St. 701-757-2200 800-596-2375	100	40	●	●			●	●		●	●		●	●	●	●		●	●
Days Inn	3101 S 34th St. 701-775-0060 1-800-325-2525	52		●	●				●		●			●	●		●	●	●	●
East Grand Inn	606 Gateway Dr., EGF 218-773-9822 1-888-904-8840	60	15	●				●						●	●		●	●	●	
Econo Lodge	900 N 43rd St. 701-746-6666 1-800-553-2666	45		●	●			●						●	●	●	●	●	●	●
Expressway Suites	4040 11th Ave. S 701-757-7000 888-530-0190	71		●	●			●	●		●		●	●	●	●	●		●	●
Fairfield Inn by Marriott	3051 S 34th St. 701-775-7910 1-800-228-2800	61		●	●				●					●	●	●	●		●	●
Fairfield Inn & Suites by Marriott	514 Gateway Dr. NE, EGF 218-399-3030 888-236-2427	67	45	●	●			●	●					●	●	●	●		●	●
Hampton Inn & Suites	2985 42nd St. S 701-757-2255 1-800-HAMPTON	97	110	●	●			●	●		●			●	●	●	●		●	●
Hilton Garden Inn	4301 James Ray Dr. 701-775-6000 1-877-STAY-HGI	100	200		●	●	●	●	●		●	●		●	●	●	●		●	●
Holiday Inn Express Hotel & Suites	4051 32nd Ave. S 701-772-7700 1-866-HLDYINN	81	15	●	●			●	●		●	●		●	●	●	●		●	●
Ideal Inn	2201 Gateway Dr. 701-792-0422	30						●						●	●		●			
Knights Inn & Suites	1211 N 47th St. 701-757-4041 855-896-3206	89		●	●			●	●			●		●	●		●	●	●	●
La Quinta Inns & Suites	4051 Garden View Dr. 701-757-3600 800-753-3757	83	40	●	●			●	●		●	●		●	●	●	●	●	●	●
My Place	1315 S 42nd St. 701-757-1717 855-200-5685	64			●			●						●	●		●	●	●	●
Plaza Motel	309 DeMers Ave., EGF 218-773-1179 1-800-773-1127	24											●	●	●		●			
Quality Inn	3251 30th Ave. S 701-775-7503 1-800-228-5150	65		●	●				●		●			●	●		●		●	●
Ramada	1205 N 43rd St. 701-775-3951 1-800-570-3951	100	500	●	●	●	●	●	●		●		●		●	●	●	●	●	●
Rodeway Inn	3300 30th Ave. S 701-746-1391 1-800-707-1391	85	15	●	●			●	●		●	●	●		●		●	●	●	●
Sleep Inn & Suites – Alerus Center	1350 S 42nd St. 701-757-2900 1-877-424-6423	82		●	●			●	●		●			●	●	●	●		●	●
SpringHill Suites by Marriott	2837 S 42nd St. 701-757-4150 1-877-467-5533	93	10	●	●			●	●		●			●	●	●	●		●	●
Staybridge Suites	1175 42nd St. S 701-772-9000 877-238-8889	97	40	●	●			●	●		●			●	●	●	●	●	●	●
Super 8 Motel	1122 N 43rd St. 701-775-8138 1-800-800-8000	33		●	●							●		●	●		●	●	●	●
TownHouse Hotel	710 1st Ave. N 701-746-5411 1-800-733-7663	104	300	●	●	●	●		●		●		●	●	●	●	●	●	●	●
Travelodge	2100 S Washington St. 701-772-8151 1-800-578-7878	64		●	●			●	●		●	●		●	●	●	●	●	●	



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02.22 **KISS: END OF THE ROAD TOUR**
03.03 **FEAST OF NATIONS**
03.06 - 03.08 **20TH ANNUAL GRAND FORKS CAMPER SHOW**
03.07 - 03.08 **DAKOTA TERRITORY GUN COLLECTORS SHOW**
03.21 **HEALTHY LIVING EXPO**
03.28 - 03.29 **FORX BUILDERS HOME & GARDEN SHOW**
04.10 **ALICE COOPER'S OL' BLACK EYES IS BACK TOUR**
04.11 **EASTER EGG SCRAMBLE**
04.17 - 04.19 **RRV MOTORCYCLE SHOW**
04.21 - 4.22 **TROLLS LIVE!**
04.25 **HUGO'S TOUGHEST MONSTER TRUCK TOUR CHAMPIONSHIP WEEKEND**
05.02 **BRANTLEY GILBERT'S FIRE'T UP TOUR**
05.23 **ANYTHING GOES SALE**
09.03 **UND VS. VALPARAISO**
10.03 **UND VS. SOUTH DAKOTA STATE**
10.10 **UND VS. MISSOURI STATE**
10.31 **UND VS. SOUTH DAKOTA**
11.06 - 11.08 **PRIDE OF DAKOTA SHOWCASE**
11.21 **UND VS. SOUTHERN ILLINOIS**



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www.gfkairport.com
Flight Support, 701-772-5504
Airport Authority, 2301 Airport Dr.
701-795-6981
Airport Parking, 701-772-0090
U.S. Customs, 701-772-3301

Airlines
Allegiant
Grand Forks International Airport
702-505-8888, www.allegiant.com
Delta Air Lines
Grand Forks International Airport
800-221-1212, www.delta.com

Taxi Service
B&R Taxi, 701-213-6682
Dial-A-Ride
Grand Forks Taxi, 701-775-8294
(available for people with disabilities)

Grand Forks Taxi, 701-780-8890
www.grandforkstaxi.net
Green Taxi, 701-317-6771
Lyft, www.lyft.com/cities/grand-forks-nd
Nodak Radio Cab, 701-772-3456
(available for people with disabilities)
Platinum Taxi, 701-335-3342
Red White & Blue Taxi, 701-330-9640
S & S Taxi, 701-772-4142
www.sstaxis.com
Uber, www.uber.com /cities/grand-forks-nd

Bus Lines
Dietrich Bus Service, 1115 55th St. N
701-772-0601 or 800-772-0601
Grand Forks City Bus, 450 Kittson Ave.
701-746-2600 (routes and fare info)
Jefferson Lines, 450 Kittson Ave.
701-775-4781 (local terminal)
800-451-5333 (info and schedule)
Triangle Coach Service
1611 Central Ave. NW, 218-773-2631

Railway Service
Amtrak, 5555 DeMers Ave.
701-775-0484 (local terminal)
800-872-7245 (info and reservations)

Rental Car Agencies
Avis Rent-A-Car
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Enterprise Rent-A-Car
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2205 S Washington St.
701-775-3977 or 800-325-8007
Hertz Car Rental
Grand Forks International Airport
701-746-6426 or 800-654-3131
1325 DeMers Ave., 701-787-7274
National Car Rental
Grand Forks International Airport
701-746-1375 or 800-227-7368

City of Grand Forks
Public Information Center — 701-746-2736
Website — www.grandforksgov.com
Job Service ND — 701-795-3700
Website — www.jobsnd.com
North Dakota Tourism — 800-435-5663
Website — www.ndtourism.com
Explore Minnesota — 888-VISITMN
Website — www.exploreminnesota.com

Road Report
Minnesota — 800-542-0220
North Dakota — 800-696-3511

Currency Exchange Rate
Call the Greater Grand Forks Convention
and Visitors Bureau at 800-866-4566
or 701-746-0444.

Alcoholic Beverage State Regulations
A person in North Dakota or Minnesota
must be at least 21 years of age to buy or
consume alcoholic beverages. Identification
is required.

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Forks offer you the amenities of a large
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more about how to smoothly relocate here:

Greater Grand Forks Visitors Bureau
701-746-0444 or 800-866-4566
www.visitgrandforks.com

Chamber of Commerce – 701-772-7271
www.gochamber.org

City of Grand Forks – 701-746-INFO
www.grandforksgov.com

City of East Grand Forks – 218-773-2483
www.ci.east-grand-forks.mn.us

Grand Forks Public Schools – 701-746-2200
www.grand-forks.k12.nd.us

East Grand Forks Public Schools
218-773-3494
www.egf.k12.mn.us

Grand Forks Air Force Base – 701-747-5023
public.grandforks.amc.af.mil

Grand Forks Herald – 800-477-6572
www.gfherald.com

Job Service North Dakota
701-795-3700 or 800-247-0986
www.jobsnd.com

Minnesota Workforce Center
888-438-5627 or 218-773-9841
www.MNWorkforcecenter.org

Grand Forks Board of Realtors and
Apartment Association – 701-775-4231
www.grandforksndrealestate.com

Grand Forks Region Economic
Development Corporation – 701-746-2720
www.grandforks.org

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 - Housing coordination
 - Attractions and spouse tour information
 - Registration and media assistance
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 - Visitor information
- Transportation assistance
 - Pre-event promotion
(email blasts, social media and other tools)
 - Banners and signage
 - VIP gifts
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Choose from:

Alerus Center: 701-792-1200
Meeting/Exhibit Space: 160,000 sq ft
Meeting/Banquet Rooms: 17
Capacity: 2,100
Arena Capacity: 21,000
Parking: 4,000 vehicles
Shuttle Service: As requested

Canad Inns Destination Center: 701-792-1968
Meeting/Banquet Rooms: 5
Capacity: 150
Specialty Rooms: UND Theme Board
Room, Jacuzzi Rooms
& Suites, Theme Rooms
Parking: 1,200 vehicles
Shuttle Service: Airport

Hilton Garden Inn: 701-775-6000
Meeting/Banquet Rooms: 3
Capacity: 200
Parking: 150 vehicles

Ramada: 701-775-3951
Meeting/Banquet Rooms: 7
Capacity: 500
Shuttle Service: Airport

TownHouse Hotel: 701-746-5411
Meeting/Banquet Rooms: 6 Deluxe
hospitality suites
Capacity: 300
Shuttle Service: Airport

Unique Meeting Venues: For a listing
of smaller places to gather, please go
to [www.visitgrandforks.com/
meeting/facilities](http://www.visitgrandforks.com/meeting/facilities).

Simply the facts

Location
Distance to Greater Grand Forks:
Bismarck, ND — 240 miles
Sioux Falls, SD — 328 miles
Minot, ND — 210 miles
Minneapolis, MN — 311 miles
Fargo, ND — 72 miles
Duluth, MN — 267 miles
Winnipeg, Manitoba — 145 miles

Population
Grand Forks Metro Area — 102,414
Grand Forks — 57,339
East Grand Forks — 8,739
Grand Forks Air Force Base — 2,856
UND Enrollment — 13,847

Climate
Average High Temperatures
Spring (March-May) — 51.0°F
Summer (June-August) — 79.9°F
Autumn (September-November) — 54.0°F
Winter (December-February) — 17.2°F

Important Numbers
Emergency — 911
Grand Forks Police Dept — 701-787-8000
Grand Forks County Sheriff — 701-780-8280
East Grand Forks Police Dept — 218-773-1104
Polk County Highway Dept — 218-745-6709
Polk County Sheriff — 218-281-0431

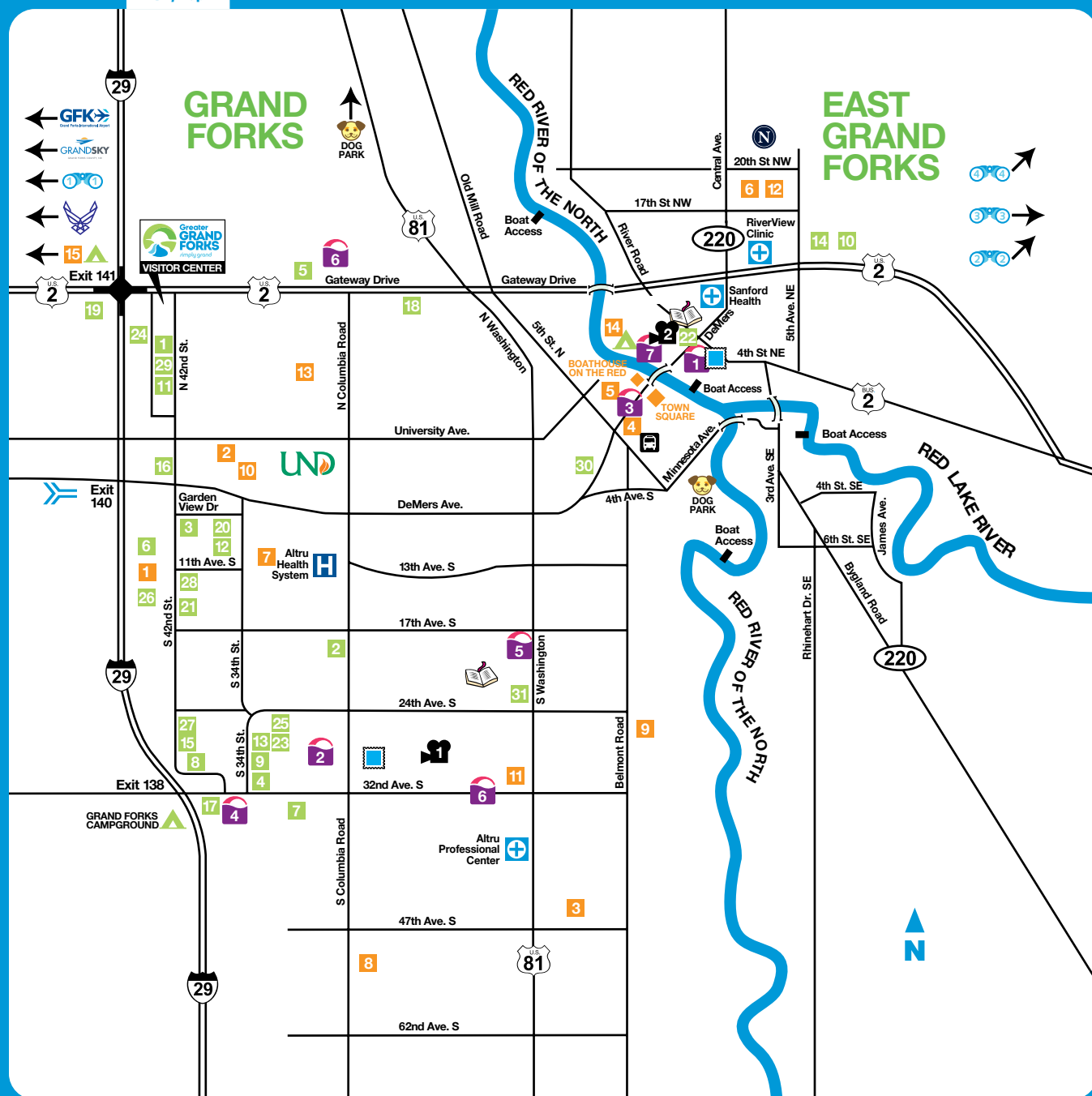
Medical Assistance
Altru Hospital — 701-780-5000
(24-hour info)
After Hours Emergency — 701-795-2200
Medical Park — 701-732-2000
RiverView Clinic — 218-773-1390
Sanford Health — 218-773-6800

Area Information Services
Greater Grand Forks Convention
and Visitors Bureau
Local — 701-746-0444
Toll Free — 800-866-4566
Fax — 701-746-0775
Website — www.visitgrandforks.com
Chamber of Commerce — 701-772-7271
Website — www.gochamber.org

*Figures provided by Grand Forks City Planners Office, Grand Forks Air Force Base and The University of North Dakota



City Map



ACCOMMODATIONS

- 1 Americas Best Value Inn
- 2 AmericInn by Wyndham
- 3 Baymont Inn & Suites
- 4 Best Western Harvest Inn
- 5 Budget Inn Express
- 6 Canad Inns
- 7 C'mon Inn
- 8 Country Inn & Suites
- 9 Days Inn
- 10 East Grand Inn
- 11 Econo Lodge
- 12 Expressway Suites
- 13 Fairfield Inn by Marriott
- 14 Fairfield Inn & Suites East
- 15 Hampton Inn & Suites
- 16 Hilton Garden Inn
- 17 Holiday Inn Express Hotel & Suites
- 18 Ideal Inn
- 19 Knights Inn & Suites
- 20 La Quinta Inns & Suites
- 21 My Place
- 22 Plaza Motel
- 23 Quality Inn
- 24 Ramada
- 25 Rodeway Inn
- 26 Sleep Inn & Suites – Alerus Center
- 27 SpringHill Suites by Marriott
- 28 Staybridge Suites
- 29 Super 8 Motel
- 30 TownHouse Hotel
- 31 Travelodge

Camping

AREA ATTRACTIONS

- 1 Alerus Center
- 2 Chester Fritz Auditorium
- 3 Choice Health & Fitness
- 4 Empire Arts Center/UND Art Collection Gallery
- 5 Fire Hall Theatre
- 6 Heritage Village
- 7 Japanese Garden
- 8 King's Walk Golf Course
- 9 Myra Museum
- 10 North Dakota Museum of Art
- 11 Northern Air Family Fun Center
- 12 Northern Lights Railroad Museum
- 13 Ralph Engelstad Arena/Betty Engelstad Sioux Center
- 14 Red River State Recreation Area
- 15 Turtle River State Park 20 miles west

MOVIE THEATERS

- AMC Classic 10
- River Cinema 15

BEHIND THE SCENES

The Official Visitors Guide to Greater Grand Forks is published annually by the Greater Grand Forks Visitors Bureau, 4251 Gateway Drive, Grand Forks, ND 58203. Information, editorial content and photography are current. However, the publisher cannot assume responsibility for any changes occurring after publication. No portion of this publication may be reproduced without the written permission of the publisher. Advertising rates are available upon request.

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BIRDING SITES

- 1 Kellys Slough National Wildlife Refuge 4 miles west
- 2 Agassiz Wildlife Refuge 57 miles northeast
- 3 Rydell Wildlife Refuge 48 miles east
- 4 Wetlands, Pines & Prairie Audubon Sanctuary 27 miles northeast

SHOPPING DESTINATIONS

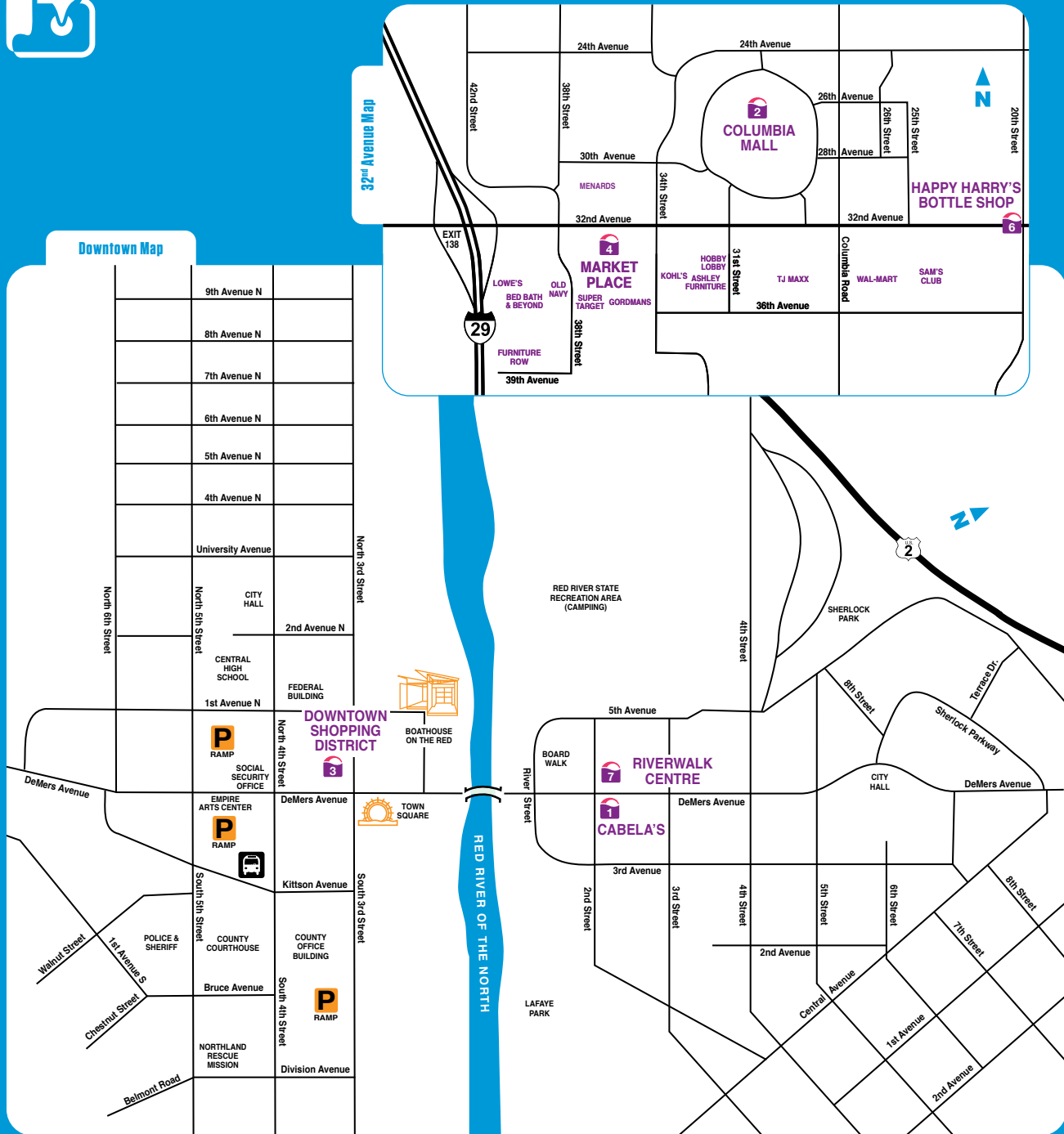
- 1 Cabela's
- 2 Columbia Mall
- 3 Downtown Shopping District
- 4 Grand Forks Marketplace
- 5 Grand Cities Mall
- 6 Happy Harry's Bottle Shops
- 7 Riverwalk Centre

MISCELLANEOUS

- AMTRAK
- Altru Health System
- Altru Professional Center
- Sanford Health
- RiverView Clinic
- Bus Depot
- Public Library
- Post Office
- Grand Forks Air Force Base 15 miles west
- Grand Forks International Airport 5 miles west
- Grand Sky Aviation & Business Park
- Greater Grand Forks Visitor Center
- Dog Parks: Lincoln Park and Circle of Friends - N Washington
- Northland Community and Technical College
- University of North Dakota

RAISING THE BAR

Greater Grand Forks is the proud home of the University of North Dakota and Northland Community and Technical College. The students, professors and staff members bring a high, ever-changing energy level to our area. Their studies, work, research and activities enrich life for all of us through leading thinking, economic development, sports and cultural activities. Find out more at www.UND.edu and www.ThinkNorthland.com.



Make the Visitor Center your first stop

Drop by or call...we're here to help! Open Monday through Friday and on Saturday during the summer months, our knowledgeable staff will provide you with information on area and statewide events, attractions, shops, restaurants and accommodations.



[f](#) [t](#) [i](#) /VisitGrandForks

We offer

- Free visitor coupon book (great savings at area businesses)
- Free brochures, maps and guides
- After-hours box (outside the front door) so you can pick up local and state maps and information
- Display board of current events
- Picnic and pet exercise area
- Free coffee and kids' treats
- Flood of 1997 video (12-minute video) chronicling the devastation caused by our cities' historic "flood of the century"
- Free Wi-Fi, computers and charging station
- Regional gift shop
- Geocaching box
- Little Free Garden

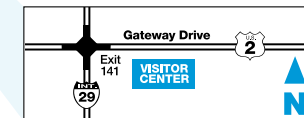
Easy to find

We're conveniently located at the junction of Interstate 29 (Exit 141) and U.S. Hwy. 2.

4251 Gateway Dr.

GPS coordinates:

N 47 55.954, W 97 05.439



Contact us

Greater Grand Forks Visitors Bureau

4251 Gateway Drive
Grand Forks, ND 58203

701-746-0444 (phone)
800-866-4566 (toll free)
701-746-0775 (fax)

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SimplyGrand Gifts

Be sure to browse our Visitors Center Gift Shop featuring Pride of Dakota products that include syrup, jam, bison sausage, mustard, Grubbersputz's Popcorn, Dot's Pretzels and many others. Pick up souvenirs for family and friends like magnets, key chains, coasters, coffee mugs, wine glasses, t-shirts, postcards and more...treasures perfect for giving or keeping as a reminder of your SimplyGrand time in Forks.