

This Week

Churchwide

Worship Services

Sunday, 9:00–10:15 AM or 10:30–11:45 AM

Bible Fellowships

Sunday, 9:00–10:15 AM or 10:30–11:45 AM

Biblical & Topical Studies

How We Got the Bible

Wednesday, 6:30–8:00 PM in room 206

Men

God's Plan for Men in Marriage


Wednesday, 6:30–8:00 PM in room 209

Samson Society


Thursday, 7:00–8:30 PM in the Library

Women

Cultivate

Tuesday, 10:00–11:30 AM or
Tuesday, 6:30–8:00 PM in the Loft 

Respectfully Yours

Wednesday, 6:30–8:00 PM in room 208 

👤 : Childcare available by reservation

College

College Summer LateNight

Tuesday, 7:00–9:00 PM at various homes

4th & 5th Grade

Monday Funday

Monday, 6:00–8:00 PM in the Loft

3rd–5th Grade Coyote Ranch

Wednesday, 10 :00 AM–3:00 PM at Coyote Ranch

\$10 covers pizza, swimming, and mini golf.
Bring extra money to play Laser Tag.

Preschool–3rd Grade

3rd–5th Grade Coyote Ranch

Wednesday, 10:00 AM–3:00 PM at Coyote Ranch

\$10 covers pizza, swimming, and mini golf.
Bring extra money to play Laser Tag.

This Morning

Lesson 4: Demonstrating Grace to Ourselves

Tom Rodgers, Lead Pastor

- I. **Dealing with the barrier of not understanding what the Bible teaches:** Sometimes we find it nearly impossible to demonstrate grace to ourselves because we're not sure what the Bible teaches on a specific subject.
- II. **Dealing with the barrier of not understanding middle matters:** On other occasions, we find it virtually impossible to demonstrate grace to ourselves because we don't understand the wide path of personal freedom that exists in middle matters—*Romans 14:1–6a*.
- III. **Dealing with the barrier of not understanding our propensity to sin:** Without a clear understanding and acceptance of the reality that all of us will at least occasionally sin, extending grace to ourselves becomes impossible—*1 John 2:1*.

- IV. Dealing with the barrier of not understanding how shame imprisons us:** Without a basic understanding of how shame imprisons us, we will never be able to demonstrate grace to ourselves.

"Whereas guilt is a right or wrong judgment about your behavior, shame is a feeling about yourself. Guilt motivates you to want to correct or repair the error. In contrast, shame is an intense global feeling of inadequacy, inferiority, or self-loathing. You want to hide or disappear. In front of others, you feel exposed and humiliated, as if they can see your flaws. The worst part of it is a profound sense of separation—from yourself and from others. It's disintegrating, meaning that you lose touch with all the other parts of yourself, and you also feel disconnected from everyone else" —*Darlene Lancer*.

- V. Dealing with the barrier of not understanding the issue at the Judgment Seat of Christ:** It becomes a constant struggle to demonstrate grace to ourselves when we fail to accept that faithfulness is the issue at the Bema of Christ—*1 Corinthians 4:2–5*.

- VI. Dealing with the barrier of not understanding the process of becoming a joint-heir with Christ:** The ability to demonstrate grace to ourselves is greatly diminished by misunderstanding what is involved in the process of being brought to glory as a co-heir with Jesus Christ—*Hebrews 2:10; Luke 22:31–32*.

- VII. Strategizing how to demonstrate grace to ourselves:** There are at least three ways to demonstrate God's grace to ourselves.

- A.** When we falter and even fall down, let's get back up and get into it again.
- B.** When we fall down, let's not always go back to the beginning and start over, but resume where we fell.
- C.** When we fall, let's not isolate ourselves, but get with others and experience their grace.

Notes

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