

“RUNNING THE RACE FOR JESUS”

(1 Corinthians 9:24-27)

Question: “What do an {athlete} and a Christian have in common?”

I. {DIET}

**1 Peter 2:2 *Matthew 4:4 *John 6:63 *Psalm 1:2-3 *Jeremiah 20:9*

Note: {Accountability} enhances spiritual development. *(Hebrews 10:23-25)*

II. {DISCIPLINE}

**1 Corinthians 9:24-27 *Luke 9:23 *John 8:30-32*

Note: “The Christian life is not a {sprint}, but a {marathon}”.

III. {DISTRACTIONS}

**Hebrews 12:1-2 *Galatians 5:7-9 *II Timothy 2:5*

Note: Distractions can cause {pride} or {discouragement}.

IV. {DETERMINATION}

**II Corinthians 4:7-10 *Proverbs 24:16 *Philippians 3:13-14*

**Revelation 2:10 *II Timothy 4:6-8 *II Corinthians 5:9-10*

Note: Spirit filled Christians desire to {win}!