

Aviva Drescher would return to the 'Real Housewives'

By Christine Burroni



Aviva Drescher wouldn't say "no" if she was ever asked back to "The Real Housewives of New York."

"If they needed somebody and I worked in the mix, I would go back," she recently told Page Six. "I really think the 'Housewives' are some of the strongest women around because they are portraying their real life and they're getting hammered for it and to have that thick skin. I think its really admirable."

However, the mom of four, who appeared on the franchise's fifth and sixth seasons, says her lifestyle is a bit different from the ladies who are currently on the Bravo show entering its tenth season in April.

“Our lives are so different because none of them are really married and none of them have kids. All their kids are grown,” said Drescher, with her husband Reid chiming in that, “All of them don’t go out until 11 p.m.”

“I go to bed at 8 p.m., so I’m really boring,” Drescher, 47, laughed.

She says she’s been in touch with her former cast mates, most recently fellow alum Jill Zarin, who is dealing with the loss of her husband, Bobby.

“Jill is one of my favorite human beings in the world,” she said. “Jill and Bobby as a team were so generous and so kind and so welcoming and so open. My heart is broken for them.”



Chatting with us about her days on camera, Drescher said, “I really love all the girls, they’re all super sweet and really hustling and working hard and trying to do good.” However, when recalling her first days of filming, Drescher’s fears revolved around one of the ladies in particular: Ramona Singer.

“I remember when I first started the show I was so scared of Ramona,” she said. “I went to the first party that was being filmed and was so afraid. Ramona was the nicest person [I’ve] ever met, and she’s so nice now.”

Drescher — whose storyline centered around her life with a prosthetic leg (“People say they love the leg throw,” she said of her notorious final scene) and her eccentric health habits — spoke to us at a book launch party for [“Get Off Your Acid,”](#) by Dr. Daryl Gioffre, whose alkaline lifestyle method she’s become a faithful follower of.

“Aviva and her family exemplifies and lives this lifestyle more than anyone I know,” Gioffre

said while celebrating his book at the Peloton showroom on the Upper East Side on Thursday.

Drescher’s healthy lifestyle is also rubbing off on her future endeavors. She’s working on a new blog and a second book that “will have definitely some sort of health and wellness involved in it.”

Zarin was also at the event, where guests enjoyed varieties of avocado toasts and crudités, and sipped on FitVine Wine and Dr. Gioffre’s Alkamind smoothies.