



LG Performance Body Swing Analysis

Online Physical Evaluation

Physically Evaluating you, allows us to understand the ability of your body in the areas of mobility, stability, power, strength, endurance and motor control.

The results are important as all the screens are directly related to your golf swing. Deficiencies can hinder golf mechanics, power and potentially cause injury

Swing Evaluation from one of our Top 100 Golf Pros

This allows us to understand the stylistic portion of your golf swing and determine basic swing characteristics that you possess

Body Swing Connection

This is how your body is impacting the swing and efficiency of yourself in regards to consistency, power and injury prevention

Golf Drills based on Evaluations

The Golf Pro will give you their feedback of your swing and then you will be given some range based frills to practice.

Comprehensive Fitness Routine Development on TPI Web Based Protocol

Depending on the results of the Body Swing Connection and Golf Swing Evaluation we will implement a fitness workout for you to follow via the myTPI Website. This will help overcome deficiencies in the areas of; strength, power, stability, mobility, balance, endurance and motor control

Communication

We will be communicating with you via our education platform Edufii. This platform allows all of the above to happen seamlessly and with maximum client:provider interactivity. It is a simple platform and is available on mobile devices as well as desktops.