



Golf Canada Women in Coaching Program

Although female athletes make up half of the players on our National Teams (junior, amateur and Young Pro), female coaches are underrepresented within our coaching staff. Since the Team Canada program began in 2003, only three females have been part of the coaching staff. Golf Canada recognizes that we need to do more to support the growth and development of female PGA of Canada professionals in order to fill the pipeline of future Team Canada coaching staff and make a positive impact on the sport as a whole. Not only will this strengthen the coaching system within Canada, but we predict it will have a positive effect on girls' participation in golf throughout the player development pathway.

Golf Canada, with the support of our partners at the PGA of Canada and Sport Canada are therefore pleased to announce the creation of the **Golf Canada Women in Coaching Program** which will be led by Tristan Mullally (National Team Head Coach) and Emily Phoenix (Manager, High Performance Sport).

Vision: To have female coaches equitably represented on the National Team Coaching Staff by increasing the pool of trained female PGA of Canada coaches.

Mission: The program is designed to provide support for female PGA of Canada professionals interested in pursuing a career in coaching through expert lectures, hands-on experiences, and individualized project work.

The Golf Canada Women in Coaching Program consists of **four main elements:**

1. Lectures/workshops featuring guest speakers (online & in-person)
2. Hands-on training experiences with provincial and national players and coaches
3. Project work (*may be submitted in French or English*)
 - a. Team Periodization Plans: coaches must present a plan to prepare and coordinate a team over a 6-month timeline to optimize performance.
 - b. Special Participation Project: coaches will select a project in their locality that will have an impact on the game from a developmental point of view.
4. Self-Assessment and individualized learning plan

Female PGA of Canada members who have shown an interest and/or involvement in coaching are welcome to apply via an online form (to be posted on Golf Canada & PGA of Canada websites). A selection committee composed of Golf Canada & PGA of Canada staff will select a short list of candidates to be interviewed as the final step of the application process. Successful candidates will be notified of their selection by late-September.

Each successful candidate will receive a \$2,500 bursary from Golf Canada to assist with their time and travel expenses over the course of the program. This will be paid in instalments based on participants meeting project deadlines. This bursary might not cover the entire program travel costs for participants and Golf Canada may increase the bursary depending on the candidate's location and relative travel costs.



Golf Canada Women in Coaching Program Schedule

Please note this schedule is subject to change—activities that involve travel will move online if deemed prudent considering the COVID-19 situation.

APPLICATION PROCESS

Early August, 2020: Program announcement & application opens

September 7, 2020: Closing dates for applications

September 14-20, 2020: Panel meetings to interview candidates

September 21-25, 2020: Successful candidates notified

PROGRAM SCHEDULE (*exact dates to be finalized once candidates confirmed and content will be tailored to findings from the initial Self-Assessments*)

Mid October 2020: Program Induction and Workshop (**2 Days of 3 hrs virtual sessions per day**)

End of October 2020: Virtual Sessions

Day 1 – 3 hrs Launch monitor and statistics

Day 2 – 3 hrs Physical screening and differences required for female high performance. Mental performance strategies.

November 2020: Online workshop - Testing and Protocols (**1-Day**)

December 2020: Online Workshop - Yearly Plans (**1-Day**)

January 2021: National Team training camp shadowing (**2-Days**)

February 2021: In-Person Workshop & Project Introduction (**2-Days**)

March 2021: Regional Training Shadowing (**2-Days**)

April – June 2021: Online mentoring sessions for project work

July 2021: National Championship Shadowing (**2-Days**)

August 2021: Special Participation Project Submission

September 2021: Conclusion @ World Junior Girls Championship (**2-Days**)