NOTE FROM HARRIET TURNER

As editor of the Gold Connection and a member of the GHHS staff for 8 years, I want to share with you that this will be my last issue as I am retiring from my position as Associate Director of GHHS. I loved keeping connected with all of you in this way. As we celebrate Thanksgiving, I’ll be thinking how grateful and privileged I am to have shared this humanistic journey with you.

Fondly,
Harriet

Humans aren’t as good as we should be in our capacity to empathize with feelings and thoughts of others... So maybe part of our formal education should be training in empathy. Imagine how different the world would be if, in fact, that were reading, writing, arithmetic, empathy.

Dr. Neil deGrasse Tyson, Astrophysicist

Setting an Example for Empathy

Teaching Empathy While Performing Painful Procedures
by Raghav Govindarajan, MD
We all want our students and residents to learn procedures and become proficient in their skills but it should not be at the cost of patient discomfort. It is prudent that we not only supervise our trainees but also take over the procedure when we notice that the patient is in discomfort. Read about GHHS Advisor Dr.
Govindaharan’s techniques for teaching “procedural empathy”.

**Empathy Training and Research Program**
Dr. Helen Riess directs Massachusetts General Hospital's Empathy & Relational Science Program. She uses her findings to establish empathy training courses offering a perspective not readily found in most medical schools. [Learn more]

**Collaborative Opportunity for Health Worker Training Projects**
*by Daniel Ebbs*
Members of the A.T. Still University GHHS chapter have been working together with local non-governmental organizations to help add a critical component to the development of sustainable healthcare in regions with little to no health access. Their goal is to provide a template for community health workers to develop their own training programs. [Learn more]

**Creating a Humanistic Surgical Theater**
*by Ryan J. Berger, MD*
There exists a unique opportunity to introduce a humanistic moment in the surgical theater to improve patient safety and surgical outcomes. [See GHHS member Dr. Berger's letter] to the editor in *Academic Medicine* for a simple act to ameliorate the medical atmosphere.

**Use the Gold Guide for More Empathy Project Ideas**
Tell us about your own chapter's activities by submitting the Gold Guide template to Lynn White.

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**Welcome, New Chapters!**

- F. Edward Hebert School of Medicine-Uniformed Services University
- New York Institute of Technology College of Osteopathic Medicine
- San Juan Bautista School of Medicine
- University of Missouri School of Medicine
- University of South Carolina School of Medicine, Columbia
- Western University of Health Sciences College of Osteopathic Medicine

[See a complete list of GHHS chapters]

**What's Coming Up?**
November 23
The Arnold P. Gold Foundation Golden Thread Gala in NYC
It's not too late to register for this beautiful event!

December 2015
Submit for the GHHS Chapter Awards
The winning two chapters will be awarded $1000 each.

January 2016
Call for nominations for the GHHS Advisory Council open positions.

February 2016
GHHS National Solidarity Day for Compassionate Patient Care becomes GHHS National Solidarity Week for Compassionate Care

Congratulations!

Elizabeth Allan, MD, Ekta Taneja, MD, Sarah Britz Skog, MD and Aurora Rivendale, MD (all GHHS ‘14) shared their poster presentation at the Institute for Psychiatric Services entitled The Humanism Symposium: A Model for Humanism in Medical Education describing the creation of a for-credit, student-run humanism elective course at U Maryland.

James Banks, MD (GHHS ‘12) co-chaired a conference on quality improvement for the Jackson Memorial Health System and completed the Academy for Emerging Leaders in Patient Safety Telluride Experience.

William F. Bina III, MD, MPH (GHHS ‘14) will become Dean of the new Savannah campus of Mercer SOM in July 2016. Dr. Bina will serve as Sr. VP Provost for global medical programs for Mercer U.

Arjan Singh Flora, MD, (GHHS ’09) became a member of the International Association of HealthCare Professionals with his upcoming publication in The Leading Physicians of the World.
Robert W. Irwin, MD (GHHS ‘14) has been named interim chair of the Dept. of Physical Medicine and Rehabilitation at U of Miami Miller SOM.

Bryan Martin, DO (GHHS ’13) was recently installed as president of the American College of Allergy Asthma and Immunology.

Joanna Sharpless, MD (GHHS ‘13). Her essay entitled, Being the Narrator took 1st place in the APGF Essay Contest.

Michele Smith (GHHS ’15) received the 2015 Physicians of Tomorrow Award, recognizing academic excellence, community involvement and leadership.

Kathryn Spanknebel (GHHS ‘15) was appointed Sr. Associate Dean of Faculty Affairs for New York Medical College.

To Do List

Tell us your news

Join our Facebook group! Students and advisors are sharing photos, ideas and articles. We want to hear from you, too. Here are some articles that have really resonated with our readers.

Members: Please update your profile in the GHHS directory and stay connected. Questions? Contact michele@gold-foundation.org

Stay Connected

www.humanism-in-medicine.org  201.567.7999

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cooperation.