

2026 GLVC Indoor Track & Field Championship  
Saturday, February 28<sup>th</sup> – Sunday, March 1<sup>st</sup>

**Saturday, February 28<sup>th</sup>**

**Combined Events**

- 9:00am Women's Pentathlon
  - 60m Hurdles
  - High Jump
  - Shot Put
  - Long Jump
  - 800m
- 9:25am Men's Heptathlon
  - 60m Dash
  - Long Jump
  - Shot Put
  - High Jump

**Field Events**

- 3:30pm Men's Pole Vault
- 4:00pm Men's Weight Throw
- 4:30pm Men's Long Jump
- 6:00pm Women's Weight Throw
- 6:30pm Women's Long Jump

**Running Events**

- 3:45pm GLVC Sportsmanship Statement
- 4:00pm Women's 60m Hurdles Prelims
- 4:20pm Men's 60m Hurdles Prelims
- 4:40pm Women's 400m Dash Prelims
- 5:05pm Men's 400m Dash Prelims
- 5:35pm Women's 60m Dash Prelims
- 5:50pm Men's 60m Dash Prelims
- 6:05pm Women's 5,000m Final
- 6:50pm Men's 5,000m Final
- 7:30pm Women's 200m Dash Prelims
- 7:55pm Men's 200m Dash Prelims
- 8:25pm Women's Distance Medley Relay Final
- 8:50pm Men's Distance Medley Relay Final

**Sunday, March 1<sup>st</sup>**

**Combined Events**

- 9:00am Men's Heptathlon
  - 60m Hurdles
  - Pole Vault
  - 1,000m Run

**Field Events**

- 11:30am Women's Triple Jump
- 11:30am Men's Shot Put
- 11:30am Men's High Jump
- 1:30pm Men's Triple Jump
- 1:30pm Women's Shot Put
- 1:30pm Women's High Jump
- 1:30pm Women's Pole Vault

**Running Events**

- 1:15pm National Anthem
- 1:30pm Women's Mile
- 1:45pm Men's Mile
- 2:10pm Women's 60m Hurdles Final
- 2:20pm Men's 60m Hurdles Final
- 2:30pm Women's 400m Dash Final
- 2:40pm Men's 400m Dash Final
- 3:00pm Women's 60m Dash Final
- 3:05pm Men's 60m Dash Final
- 3:10pm Women's 800m Final
- 3:25pm Men's 800m Final
- 3:40pm Women's 200m Dash Final
- 3:50pm Men's 200m Dash Final
- 4:00pm Women's 3,000m Final
- 4:30pm Men's 3,000m Final
- 4:55pm Women's 4x400m Final
- 5:10pm Men's 4x400m Final