

Program Terms and Conditions

Eligibility Requirements

- Only insured members covered under an AARP Medicare Supplement Insurance Plan insured by UnitedHealthcare Insurance Company ("UnitedHealthcare") are eligible for the special Program offer of 50% off the monthly membership rates* offered by participating YMCAs and fitness centers as part of the Fitness program ("Program").

Enrollment Requirements

- Membership and participation in the Program is voluntary.
- You must enroll in the Program according to the instructions provided on this website. More specifically, you must take your Confirmation ID to a participating YMCA or fitness center to receive the special Program offer of 50% off the monthly membership rate.*
- Program enrollment is on an individual basis and the Program's monthly membership rate at participating YMCAs and fitness centers are only applicable to individual memberships.

Liability Waiver

- Always seek the advice of a doctor prior to beginning an exercise program.
- AARP, UnitedHealthcare, and their respective subsidiaries and affiliates are not responsible for any injuries you may sustain while participating in any activities under the Program.

Other Requirements

- You must verify that the individual YMCA or fitness center participates in the Program before enrolling.
- If your YMCA or fitness center operator completely ceases to participate in the Program, your program participation and monthly membership rate will be discontinued until you join another participating facility and re-enroll in the Program. If you wish to cancel your YMCA or fitness center membership, you can opt to do so per the cancellation policy of the applicable YMCA or fitness center.
- If you experience a billing error or receive the incorrect Program monthly membership rate, please contact your selected YMCA or fitness center.
- If after you speak to your selected YMCA or fitness center, you continue to experience an error with the Program's monthly membership rate; or you have further questions, please call Customer Service toll-free at 1-800-523-5800, TTY 711, 7 a.m. to 11 p.m. Eastern time, Monday through Friday and 9 a.m. to 5 p.m. Eastern time, Saturday.

Data Requirements

- Optum (the Program administrator) and/or your YMCA or fitness center will collect and electronically send and/or receive the minimum amount of your personal information required in order to facilitate the Program in accordance with the requirements of applicable laws, including privacy laws. Such required personal information includes, but is not limited to, program confirmation ID, YMCA or fitness center membership ID, activity year, and monthly visit count. By enrolling in the Program and receiving the pre-determined monthly membership rates from your participating YMCA or fitness centers, you accept the Terms and Conditions of the Program set forth herein and authorize Optum to request, and your YMCA or fitness center to provide, such personal information.

*Please note that you can only receive this special monthly membership rate if you are an insured member covered under an AARP Medicare Supplement Plan, insured by UnitedHealthcare Insurance Company.