Hi there! I'm Chase Amante.

We’re in Bucharest filming a revolutionary course on dating right now that I think will excite you. It introduces a new way to think about dating and having sex... And to do this, it references over 800 scientific studies. It will be the single most heavily researched course on seduction there is.

To give you a sneak peek of that course, I wanted to create a book that uses some of the research we've found to help you get laid. This is a tip of the iceberg of what we've found, but it'll get you results immediately if you apply it.

Today we'll talk about what girls look for to hook up fast and have casual sex. Some of it you might know or suspect already. But some may surprise you indeed. Throughout this book, you'll see hypertext links that direct you to resources for more information. I hope you enjoy the book.
Everybody knows looks matter. But how much do they matter *for sex*?

Scientists have found women have a far broader range of kinds of faces they like than men do. Their preferences depend on the country they're in†, their past history with men‡... Even what time of month it is (horny girls like their men to look masculine).§

The prettier a girl is, the more masculine and better-looking she wants her guy to be.‖ But there's a lot more to both looks and masculinity than the face your DNA codes for.

* Cellerino, 2003 | † DeBruine, Jones, Crawford, Welling, & Little, 2010; Soler et al., 2010 | ‡ Wiszewska, Pawlowski, & Boothroyd, 2007 | § Provost, Kormos, Kosakoski, & Quinsey, 2006 | ‖ Little, Burt, Penton-Voak, & Perrett, 2001
So why do horny girls want manly men?

Girls use a man's masculinity rating to guess his sex strategy. * If he seems like a nice, sweet man, she assumes he won't pick her up fast and give her hard, orgasmic sex. If he seems like a strong, masculine man, she assumes he will.

The lesson is that if the goal is a one-night stand, you must get masculine to beat the odds.

* Boothroyd, Jones, Burt, DeBruine, & Perrett, 2008; Kruger, 2006
Dominance is the key element of masculinity.

It plays a huge role in how others evaluate you.* It directly predicts your desirability for both a one-night stand and a long-term relationship.† And girls don't even realize they want it.‡

Girls look for moderate levels of dominance.§ Too much and you're too aggressive. Too little and you aren't up for consideration as a fast sex partner. So, you want to be dominant, yet you have to hit the right note.

Masculine men:

- Take up space*
- Ask for compliance
- Touch men and women alike
- Move people around physically
- Lead the courtship forward
- Behave in a confident way
- Are socially dominant

Social dominance does not mean the spotlight is always on you or that you are loud, rude, or boorish. Social dominance is as much about social jiu-jitsu as anything else: you must learn to side-step opponents' efforts to tool you and girls' efforts to test you.

* Weisfeld & Beresford, 1982
Just because you're masculine doesn't mean she enjoys the courtship. Another vital key to one-night stands is humor.

The more she laughs, the more interested in you she is (and becomes).* Humor makes her follow your lead.† It tells her you're courting her (and don't just want to be friends).‡ And a good sense of humor even makes you better-looking to her.§

What guys get most wrong with humor and dominance is to focus on one. Either they're funny but non-dominant... Or they're dominant but serious. The men who pull one-night stands on a regular basis do both: they are playful and dominant.
Playful men share some common traits:

- They don't let (most) talks get too serious
- They have no qualms teasing girls
- They have no qualms teasing themselves
- They look for ways to make things fun
- They make witty remarks or observations

You needn't be a mile-a-minute comedian (nor should you be) to get playfulness right. But you do need a certain spirit of irreverent fun to help her let her hair down and enjoy your company.
The killer mix for one-night stands is the guy who’s got playfulfulness and dominance in healthy portions. Dominance is a major attractant. Humor is a major attractant. And when you’ve got both, you are majorly attractive.
Here's a sample playful-dominant interaction:

**You:** So you're from South Africa. Do you speak Afrikaans?

**Her:** Yep!

**You:** Yeah, like fluently? Show me, I want to hear this.

**Her:** [speaks Afrikaans]

**You:** You just told me you like to sky dive naked, didn't you.

**Her:** [laughs] I just said it is very nice to meet you.

**You:** Oh. It's nice to meet you too! Here, step over here so you don't get run over. I like this necklace, by the way. Looks good on you.

When you tell her to "show you", that's a **compliance demand**, which is dominant. Likewise when you tell her "step over here." You ask her to step over so she doesn't "get run over", which is protective (dominant). And you approve of her Afrikaans and of how her necklace looks on her - dominant.

When you imply she might have insulted you ("my nose is too big"), that's playful. The reason for the move ("so you don't get run over") is a little silly, so playful. And if you touch her necklace as you remark on it, that's playful too.
It's common for a man to meet a girl somewhere and then not move her much or at all until he goes for the pull. For example, he might meet her by the couch, sit with her there, talk for hours... Then invite her home. Or he may meet her on the sidewalk, take her to a café, talk there, then pull. But this can make it hard to pull.

The mind is not good at processing time. Even if you have a deep chat with her on the couch for hours, once it's over it all crams together for her. But if you chat with her for 20 minutes on the couch... Then take her to go dance... Then walk around the venue... Then leave for a smaller, quieter place... And then you invite her home, it feels like you've shared so many experiences it's natural for her to say "yes".

Mix some variety into your courtships. Take girls different places (even within the same venue). Do different things with them. Give them different experiences. And when it comes time to pull, it's easier.
Should go without saying, but... **It might surprise how often men have platonic chats with a girl, only to find she doesn't get horny.** Whether you use words, body language, eyes... You must use *something* to turn her on. Otherwise, you'll never be anything more than friends.

There are a variety of ways you can make your conversations sexier. **Sexual innuendo** is one (my personal verbal favorite). **Sex talk**'s another. Still another is the use of **sex stories**. You can even make direct sexual compliments to her ("God, your tits are perfect. I'll bet they feel incredible. Do you ever just rub them for fun?")... Though this is pretty advanced. And will likely backfire on beginners!

There's even more you can do with **sexual nonverbals**. Your nonverbal communication is crucial to a sexual vibe... Without sexual nonverbals, anything sexual you say will feel out of place. **But with sexual nonverbals, even the most platonic thing in the world becomes sensual.**

"Go make me a sandwich," he said, in his deep, guttural voice, as his eyes darted over her body like a predator takes in prey. She bit her lip, and felt her cheeks flush red.
What's the difference between a guy with great game and fundamentals but mediocre logistics... And a guy with mediocre game and fundamentals but great logistics?

*The second guy gets laid more, that's what.*

**Logistics are hands down that vital.** If you've got 'em, it's easy. If you don't have 'em, it's tough.

Your logistics are the spots you have to pull to, and how workable they are. If you have bad logistics or no logistics, she might be horny, but you have nowhere to take her.

Now, if you can get a girl SUPER turned on, she'll stick around as you figure out even crummy logistics. But you don't want to have to rely on always getting girls super turned on. It's nice if you can do it, but it's not a consistent strategy.

You want **good logistics**.
Part of logistics is just your game plan. If you think you have bad logistics, do this: sit down for 40 minutes and plan yours out. List all the places you can take girls. List out plans and backup plans. See what you can come up with. Be creative.

Do this, and you'll surprise yourself... You'll realize you have more places to take girls than you'd realized. Live an hour from downtown? There's a hot tub place near where you meet girls that's fun, cheap, and rents by the hour. Still live with your parents? Kids have been doing it in the backseat since the covered wagon days. Met a hot girl at the club but nowhere to take her? How about that dark alley?

The first few times you get creative with logistics it might feel awkward. Will she actually go for this? You'll soon find the answer's often "YES." She's dreamed of meeting a guy who'd bring this kind of excitement to her life. When you work outside the box on logistics, that's you.

Also, don't forget you can often go back to girls' places, too. In fact, if your logistics are dismal, you may even want to screen for girls with good logistics.
With everything else set, it's time to invite her home.

The biggest reason most guys don't have more one-night stands is they do not ask. Start to ask more girls home, and you'll start to have more girls come home with you. Simple, right?

To invite her home, you can:

- Seed something earlier on in your chat with her (like wine or hot chocolate) and invite her back for it later
- Ask her to come grab a nightcap with you or come watch a movie
- Invite her to an after party at your place (where it's just you and her), if it's at night
- Tell her you want to hear about some story of hers, and invite her to tell it to you over drinks... Then take her back to yours

You can use almost anything as an invite. So long as she likes you enough, there's a good chance she'll say yes. Do keep in mind though that most girls need plausible deniability*, so unless you’ve gotten her super turned on, probably stay away from ”Let’s go have sex.” Use a little ambiguity.

* Cooper, Skinner, & George, 1989; Lang, 1985
Basic ground rules:

• Shoes off at the door. Gets her comfortable and has her take an article of clothing off right away

• Make sure she sits RIGHT next to you. No purse or anything between you two (just tell her "Put your purse over there"). Don't let her sit too far away ("You're so far. Come closer!")

• Let her get comfortable first before you kiss her. Unless she's crazy turned on. If she's crazy turned on, then as soon as you get her home just kiss her

• Follow the 10 Minute Kiss Rule. She isn't allowed in your place more than 10 minutes before you try to kiss her

• Don't fret rebuffs. If she refuses your kiss, your touch, your escalation, anything, don't worry. Just back off a bit, rebuild her comfort, continue to turn her on, and try again in a minute or two

Make use of these tips and the majority of girls you bring back to your place will end up in your bed with you.
The secret to loads of one-night stands is to have a solid "get girls" process you can follow every time. And the best place to get that process is Mastery.

The Mastery Pick Up Package gives you all the tools you need to meet a girl, attract her, intrigue her, and get her to join you back home at yours. Mastery sticks to the Girls Chase philosophy of "move faster with girls", and shows you just how to do that.

From deep dives to chase frames to the fundamentals that make you sexy as hell, this is the package that gives you it all.

Watch my presentation and let me show you how I have achieved and you can achieve masterful success with women:


