

TOP 10 MINDSET RESOURCES



Inside you'll find:

- ✓ Top tools
- ✓ Top forums and blogs
- ✓ Top tips and how to's

1. Basecamp

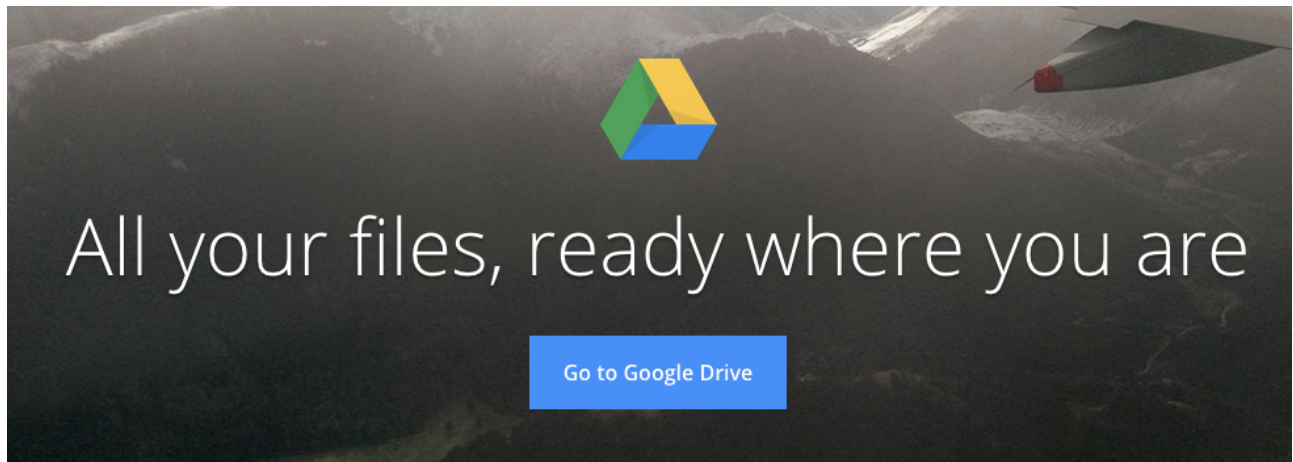
www.basecamp.com



Basecamp lets you keep track of all the things that you have to-do, work with other people and keep everything organized in one place. Stress-free management!

2. Google Drive

www.google.com/drive



Google Drive is a fantastic way to store all of your files online and allow multiple people to work on them all at the same time, without conflicting versions.

3. Evernote

www.evernote.com



Evernote is a great app if you love to have all your notes with you on-the-go. You can sync between all of your devices very easily and make changes from anywhere.

4. Mindset Kit

<https://www.mindsetkit.org/>

This is a free resource which has lessons on how you can improve and enhance your mindset to become better in your craft.

5. Mind Tools

https://www.mindtools.com/pages/main/newMN_TCS.htm



Multiple tools which can help you to improve your mentality and become a winner.

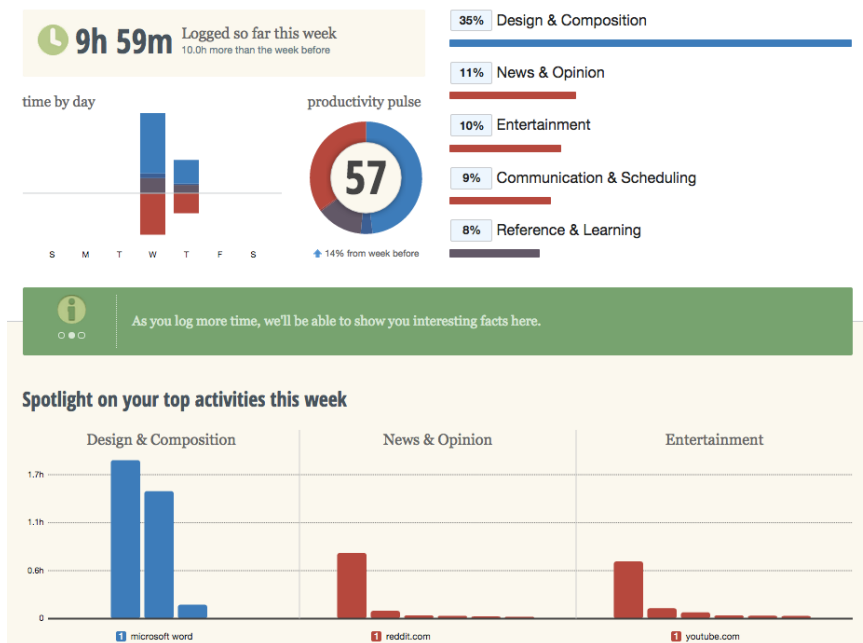
6. Positivity Strategist

Robyn
Stratton-Berkessel

<http://positivitystrategist.com/positivity-resources/>

A whole list of resources which will help you to be more positive in your everyday life.

7. Rescue Time



www.rescuetime.com

Rescue Time is a more advanced time tracker which you can use to see exactly how you've been using your time. You can use this to test yourself and prevent yourself from spending too much time on unproductive tasks. Reduce your stress by being more productive!

8. [mind.com](http://www.mind.org.uk)

<http://www.mind.org.uk/information-support/tips-for-everyday-living/stress/#.V3j8XpMrKR>



Mind is an amazing charity that deals with mental health. They have a bunch of world-class resources on dealing with stress.

9. Last Pass



www.lastpass.com

Stop trying to remember your passwords. Have them all in one place, secure and saved. Stop stressing about lost passwords!

10. Sane Box

www.sanebox.com



Sane Box is the best way to make checking your email easier and faster. Don't crazy, stay Sane! Stop email overload. Stop stress.