

# #APIFamilyViolence

May 22, 2019 | 12:00 - 1:00 pm PDT

A Twitter & Facebook Chat for #APAHM #APAHM19

Hosted by Asian Pacific Institute on Gender-Based Violence  
@apigbv



*Please let us know if you will be joining us for the chat by [RSVPing here](#)*

**When:** Wednesday, May 22, 2018 | 12:00 PM – 1:00 pm (PDT)

**Where:** Join us on **Twitter** (<http://twitter.com/apigbv>) or **Facebook** (<http://facebook.com/apigbv>) or find the conversation by searching either platform for #APIFamilyViolence.

**WHAT:** We are making space to have a conversation on **#APIFamilyViolence** during Asian Pacific American Heritage Month **#APAHM** (**#APAHM19**) in order to break down the stigmas around talking about issues like family violence, domestic violence, sexual violence, and other forms of abuse in API communities and to uplift the amazing anti-violence work being done.

**WHO:** We (**@apigbv**) will pose the questions. We welcome the voices of all who work with API survivors, with API communities, or who are committed to ending gender violence, including direct service providers, API community organizations, and state/national domestic violence and sexual assault coalitions and organizations.

Please email any questions or comments to Shirley Luo at [sluo@api-gbv.org](mailto:sluo@api-gbv.org)

## Promoting the Chat

Help us spread the word by sharing [this invitation](#)! Feel free to add your own logo or text.

### #APIFamilyViolence

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Learn more at [api-gbv.org/APIFamilyViolence2019](http://api-gbv.org/APIFamilyViolence2019)



## Sample messages:

Help us raise awareness about violence in #API communities. Join us and @apigbv on 5/22 at 12 PDT for a #TwitterChat #FacebookChat on #APIFamilyViolence for #APAHM! #APAHM19 [add image]

How can we increase safety & access for #API survivors? On May 22 at 12 PDT, join us and lend your voice to a #TwitterChat #FacebookChat on #APIFamilyViolence for #APAHM, hosted by @apigbv! [add image]

## Participating on Twitter:

Find the conversation on our feed ([twitter.com/apigbv](https://twitter.com/apigbv)) or [searching for the hashtag](#). Respond via Tweet, Retweet/quote, or comment. Remember to use #APIFamilyViolence, #APAHM, and #APAHM19 in your response. An answer can look something like this:

**A1: [Your answer] #APIFamilyViolence #APAHM #APAHM19**

As the questions come very fast, it's best to plan your responses beforehand. You can use the chat as an opportunity to highlight some of your work or resources with links or graphics of your own!

## Chat Schedule

**12:00 PM – Welcome to the #APIFamilyViolence Chat! Who is participating today?**

12:01 PM – Responses from participants

**12:03 PM – Q1 asked by @apigbv**

12:03-12:10 PM – Q1 responses from participants

**12:10 PM – Q2 asked by @apigbv**

12:10-12:17 PM – Q2 responses from participants

**12:17 PM – Q3 asked by @apigbv**

12:17-12:24 PM – Q3 responses from participants

**12:24 PM – Q4 asked by @apigbv**

12:24-12:31 PM – Q4 responses from participants

**12:31 PM – Q5 asked by @apigbv**

12:31-12:38 PM – Q5 responses from participants

**12:38 PM – Q6 asked by @apigbv**

12:38-12:45 – Q6 responses from participants

**12:45 PM – Q7 asked by @apigbv**

12:45-12:52 – Q7 responses from participants

**12:52 PM – Q8 asked by @apigbv**

12:52-12:59 – Q8 responses from participants

**12:59 PM – Thank you for chatting with us!**

## Participating on Facebook:

The chat will be happening on our page ([facebook.com/apigbv](https://facebook.com/apigbv)), where we will ask each question as a separate post at the above times. To participate, simply comment on the post! Questions will remain up after the chat, so you can respond or revisit the conversation at a later time. You can also share the post and add your response, links, or images.

The chat is a good opportunity to interact with other participants by responding to comments and learning about what they do by visiting their profiles or websites.

If you would like to pose a question during the chat, you can do so by using the #APIFamilyViolence hashtag and tagging @apigbv, and we will share it.

## Chat Questions:

<b>Q1</b>	<b>How might cultural stereotypes about and amongst APIs increase vulnerability to &amp; perpetuate gender violence? #APIFamilyViolence?</b>
<p><i>Questions to consider for your response:</i></p> <ul style="list-style-type: none"><li>▪ How are APIs viewed outside of the API community? How do views and expectations of APIs impact the likelihood of abuse?</li><li>▪ What stereotypes and expectations does the media perpetuate about APIs? How might these normalize violence?</li><li>▪ What stereotypes and expectations do API communities hold, and how do these normalize violence and victim blaming?</li><li>▪ This might include gender norms, racial stereotypes, and more.</li></ul>	<p><i>Sample responses:</i></p> <ul style="list-style-type: none"><li>▪ A1. Stereotypes that API individuals are submissive &amp; docile may lead abusers and perpetrators to prey on API women, believing that they will accept the abuse or choose not to speak out if they are being abused or assaulted. #APIFamilyViolence #APAHM #APAHM19</li><li>▪ A1. In order to end gender violence, we must confront and transform traditional gender norms in API communities that condone and excuse male aggression and patriarchy. #APIFamilyViolence #APAHM #APAHM19</li></ul>
<b>Q2</b>	<b>Many API survivors are immigrants, or have limited English proficiency (LEP). How do these statuses increase someone's vulnerability to gender violence?</b>
<p><i>Questions to consider for your response:</i></p> <ul style="list-style-type: none"><li>▪ How might an abuser use someone's immigrant or LEP status to maintain control over them?</li><li>▪ What barriers to access or help do these statuses create, and where might these barriers show up (i.e. at a doctor visit, when responding to law enforcement, at courts, etc.)?</li></ul>	<p><i>Sample responses:</i></p> <ul style="list-style-type: none"><li>▪ A2. Abusers will tell immigrant survivors that they will be deported if they reach out for help. The fear of deportation keeps many survivors silent - 78% have concerns contacting police. #APIFamilyViolence #APAHM #APAHM19 <a href="http://www.apigbv.org/resources/immigration-survey-findings/">www.apigbv.org/resources/immigration-survey-findings/</a></li></ul>

<ul style="list-style-type: none"> <li>▪ Why might a survivor who is an immigrant and/or LEP choose not to disclose abuse?</li> </ul>	<ul style="list-style-type: none"> <li>▪ A2. Listening to survivors' voices means making sure language barriers are addressed. LEP survivors should not have to rely on their abuser to interpret for them! #APIFamilyViolence #APAHM #APAHM19</li> </ul>
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<b>Q3</b> What other sociocultural factors can make an API person vulnerable to abuse?	
<p><i>Questions to consider for your response:</i></p> <ul style="list-style-type: none"> <li>▪ What other intersections do API individuals inhabit, and how can they increase someone's vulnerability?</li> <li>▪ How might an abuser leverage someone's economic status or abuse them financially?</li> <li>▪ How might religious expectations or norms affect vulnerability?</li> <li>▪ How might homophobia or transphobia within a LGBTQ survivor's family or community make them vulnerable?</li> </ul>	<p><i>Sample responses:</i></p> <ul style="list-style-type: none"> <li>▪ A3. Financial abuse is all too common in intimate partner relationships. Abusers prevent survivors from attaining economic independence, keeping them trapped &amp; fearful that leaving the relationship will lead to poverty and homelessness. #APIFamilyViolence #APAHM #APAHM19</li> <li>▪ A3. An abusive partner may exploit the homophobia &amp; transphobia within an LGBTQ survivor's family &amp; community, trusting that they will not feel safe telling anyone about the abuse. #APIFamilyViolence #APAHM #APAHM19</li> </ul>

<b>Q4</b> #APIFamilyViolence is not always physical. What other types of everyday harms or microaggressions do API girls, women, men, LGBTQ, gender non-conforming or other marginalized communities experience?	
<p><i>Questions to consider for your response:</i></p> <ul style="list-style-type: none"> <li>▪ What are some ways that misogyny and power play out in everyday contexts, between intimate partners, parent and child, or among coworkers, friends, strangers, etc?</li> <li>▪ What types of abuses affect API children, teens, adults, and elders?</li> <li>▪ How might an API individual's vulnerabilities and needs differ from childhood to elderhood?</li> <li>▪ What stereotypes and expectations do API communities hold, and how do these normalize violence and victim blaming?</li> <li>▪ This might include gender norms, racial stereotypes, and more.</li> </ul>	<p><i>Sample responses:</i></p> <ul style="list-style-type: none"> <li>▪ A4. API girls who endure harassment and catcalling from young ages internalize the hurt. We need to teach them that they have value, that they are not objects #APIFamilyViolence #APAHM #APAHM19</li> <li>▪ A4. Surviving one form of abuse puts one at risk of experiencing another. Ex) traffickers target women left vulnerable by domestic violence or girls running away from abusive homes. #APIFamilyViolence #APAHM #APAHM19</li> </ul>

	<ul style="list-style-type: none"> <li>▪ A4. In workplaces, women’s success is often minimalized. Why are men never told “you got the job because you’re pretty”? #APIFamilyViolence #APAHM #APAHM19</li> </ul>
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<b>Q5</b>	<p><b>We estimate rates of domestic violence to be between 21-55% in API communities, but abuse is underreported. Why might an API survivor not disclose their abuse &amp; what barriers might they face in accessing services &amp; help?</b></p>
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<p><i>Questions to consider for your response:</i></p> <ul style="list-style-type: none"> <li>▪ What fears might a survivor have about disclosure, such as being shamed/blamed, fears for their children or loved ones, fear of retaliation, etc.?</li> <li>▪ How might stigma around mental health affect a survivor’s ability to disclose abuse if they are experiencing mental health issues or illnesses?</li> <li>▪ How can gender, cultural, and community norms affect a survivor’s choice to either disclose the abuse or remain silent?</li> <li>▪ What systems barriers do API survivors face in reaching out for help or accessing services from an agency, law enforcement, or other forms of help (e.g. not being able to speak the language, inaccessibility of courts, lack of transportation to a shelter, inability to take time off work, etc.)?</li> <li>▪ What negative experiences might a survivor who attempted to disclose abuse or seek help from law enforcement have?</li> </ul>	<p><i>Sample responses:</i></p> <ul style="list-style-type: none"> <li>▪ A5. The concept of “saving face” is strong in many API cultures. Survivors feel pressured to stay silent so as not to tarnish their or their family’s reputation with disclosure of abuse. #APIFamilyViolence #APAHM #APAHM19</li> <li>▪ A5. Going to court can be daunting for survivors of violence. Courts should ensure that there are trauma-informed practices and proper interpreters to support survivors seeking legal protection and safety for themselves and their families. #APIFamilyViolence #APAHM #APAHM19</li> <li>▪ A5. In API communities, intense stigma around mental health bar survivors from asking for help for fear they will be ostracized, confined, or minimized. #MentalHealthAwareness is crucial in services, courts, law enforcement, etc. #APIFamilyViolence #APAHM #APAHM19</li> <li>▪ A5. API survivors are told by friends, family, faith leaders: “go home and fix things with your partner. Try to work things out to keep the family together.” Minimizing abuse normalizes violence! #APIFamilyViolence #APAHM #APAHM19</li> </ul>
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**Q6**

**In what ways do culturally-specific services support survivors in healing, empowerment, and agency? What culturally-specific services are available to API survivors?**

*Questions to consider for your response:*

- What are some unique needs API survivors can have? How do culturally-specific services meet those needs whereas a “one size fits all” approach would not be able to or doesn’t? Have you seen such instances?
- What are some promising practices or services culturally-specific domestic violence agencies in your communities offer or engage in?
- What other community resources (including services and information) can we refer a survivor to, in order to help them establish safety or seek help?
- What are some best practices for practicing survivor-centered advocacy as a counselor, advocate, peer, etc.?

*Sample responses:*

- A6. Culturally-specific services tailor help and services to the unique experience of an API survivor, ensuring that their cultures are understood, not tokenized. #APIFamilyViolence #APAHM #APAHM19
- A6. Each survivor is unique. Meeting survivors where they are with culturally-specific services is crucial to helping them to heal at their own pace, on their own terms. #APIFamilyViolence #APAHM #APAHM19

**Q7**

**One of our biggest strengths as a community is our ability to turn sentiment into action. What are some movements, campaigns, or community events currently working to end violence?**

*Questions to consider for your response:*

- How has the #MeToo Movement impacted the API community and API survivors? What have been the positive and/or negative impacts?
- What other hashtags or social media activities are being used to start conversations around gender violence?
- #APAHM is all about celebrating our heritage. What are some practices or traditions in your culture that promote gender equity, healthy relationships, consent, etc?
- What other campaigns, events, rallies, etc do you know of or participate in?

*Sample responses:*

- A7. Movements like #MeToo, #TimesUp & #WhyIStayed have created room for survivors of #DomesticViolence, #SexualAssault & other forms of gender violence to speak up and know that they are not alone. #APIFamilyViolence #APAHM #APAHM19
- A7. The #MeToo Movement has gone global, inspiring survivors from across Asia and the Pacific Islands to share their experiences & speak out against sexual violence. #APIFamilyViolence #APAHM #APAHM19

**Q8**

**Small, every day actions are just as important to shifting cultures. What is #1 Thing we can do each day to change gender norms, support a survivor, or challenge injustice?**

*Questions to consider for your response:*

- How has the #MeToo Movement impacted the API community and API survivors? What have been the positive and/or negative impacts?
- What other hashtags or social media activities are being used to start conversations around gender violence?
- #APAHM is all about celebrating our heritage. What are some practices or traditions in your culture that promote gender equity, healthy relationships, consent, etc?
- What other campaigns, events, rallies, etc do you know of or participate in?

*Sample responses:*

- A8. Ending gender violence starts with every day actions. Starting a conversation with a young person about consent is a first step towards creating a culture of respect. #APIFamilyViolence #APAHM #APAHM19
- A8. Listen to survivors. Recognize that they are individuals, and not just statistics. Let them know that they are seen, they are heard, and that we are with them. #APIFamilyViolence #APAHM #APAHM19