



**SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY**

**DAILY ACTIVITY CLASSES - FREE TO RESIDENTS AND COMMUNITY AGED 62 AND OLDER**

8:00 Tai Chi (3AR) 10:00 Angelus Plaza Choir (4A)	7:30 Chinese Folk Dance w/Angel (3L) 8:00 Tai Chi (3AR) 9:00 Art Class w/Armando (30A) 9:00 Yoga & Meditation w/Cesar (3L) 10:00 Korean Folk Dance (4CAF) 10:00 Zumba Gold w/Natalie (P) 10:15 Spanish Class w/Anthony (3C) 2:00 Computer & AI Class w/Rick Chang - Chinese/English (3CL)	7:30 Kung Fu w/Angel (3L) 8:00 Tai Chi (3AR) 9:00 Move with Music w/Cesar (P) 1:00 Chinese Karaoke Club (4A) 1:30 Computer Technology Clinic w/Derek - Korean/English (3CL)	7:30 Chinese Folk Dance w/Angel (3L) 8:00 Tai Chi (3AR) 9:00 ESL-1 Class w/Mary (CL) 9:00 Yoga & Meditation w/Cesar (3L) 10:00 <b>NEW!</b> Zumba w/Candace (P) 10:15 Spanish Class w/Anthony (3C) 11:00 ESL-2 Class w/Mary (CL) 1:00 English Literacy w/Mary (3CL) 2:00 Korean Karaoke (4CAF) 3:00 Line Dance for Beginners w/Anna (3AR)	7:30 Kung Fu w/Angel (3L) 8:00 Tai Chi (3AR) 9:00 Strength & Stretch w/Cesar (P) 10:00 Guitar Class w/Andy (4A) 10:00 Zumba w/Natalie (P) 12:00 Korean Folk Dance (3L) 1:00 Korean Worship Dance (3L) 1:30 Computer Technology Clinic w/Derek- Korean/English (3CL) 2:00 Korean-American Art (4A)	8:00 Tai Chi (3AR) 9:00 Balance Exercise w/Cesar (P) 9:00 ESL-1/Vocabulary Class w/Mary (CL) 10:30 English Conversation w/Alice (3C) 1:00 Project H.A.N.D.S. (3C)	8:00 Tai Chi (3AR) 10:00 Korean Choir (4A) 2:00 Ukelele Class w/David (4A)
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**SPECIAL MONTHLY EVENTS - FREE TO RESIDENTS AND COMMUNITY AGED 62 AND OLDER**

31	<b>LOCATION KEY</b> (3SAC) Senior Activity Center (3L) Library (3CL) 3rd Floor Computer Lab (3C) 3rd Floor Conference Room (3AR) 3rd Floor Activity Room	<b>LOCATION KEY Cont.</b> (4A) 4th Floor Auditorium (4CAF) 4th Floor Cafeteria (5WiFi) 5th Floor Lounge (5DR) 5th Floor Dining Room (P) Promenade Deck			1		2
3	4 1:30 pm <i>Cheaper by the Dozen</i> (2003) (3L) 	5 <b>Cinco de Mayo</b> Cinco de Mayo Social - 2:00 p.m. Sponsored by HYZEN in the Koreatown Galleria (3AR) 	6 Fruit Art Carving with Sophia 2:00 pm (Library) 	7	8	9 	
10 <b>Mother's Day</b> HAPPY Mother's DAY	11 1:30 pm <i>Since You Went Away</i> (1944) (3L) 	12 10:00 a.m. Nail Shop w/Jacquie & Saylah Library 	13 <b>Welbe Health</b> Health Talk with Welbe Health (in Chinese) 2:00 p.m. (3L) 	14 Mother's Day & May Birthday Party Celebration w/Mike & Mandy Sponsored by Anthem Blue Cross & Seoul Medical Group / 2:00 p.m. (Promenade) 	15 	16 	
17 	18 1:30 pm <i>The Miniver Story</i> (1950) (3L) 	19 API Rehearsal w/DJ Ryan 1:00 p.m. Promenade 	20 Health Lecture by Purpose Driven Mobile Physician (in Korean) - 2:00 p.m. (3L) 6:00 p.m. Chinese Resident Birthday Party (4CAF) 	21 	22 Tropical Bingo Sponsored by CBAS 2:00 p.m. (4CAF) 	23 	
24	25 <b>Memorial Day</b> Holiday SAC Closed No Movie Today 	26 10:00 a.m. Nail Shop w/Jacquie & Saylah Library 	27 Korean Movie <i>하트맨 Heart Man</i> (2026) 1:30 pm (3L) 	28 API Festival w/DJ Ryan Sponsored by Welbe Health & LA Hope Church 1:30 p.m. Promenade 	29 	30	