



**Angelus Plaza Senior Activity Center**  
A Retirement Housing Foundation® Community  
255 South Hill Street  
Los Angeles, CA 90012

Phone (213) 623-4352  
Fax (213) 626-0280  
TDD (800) 545-1833, Ext. 359

www.angelusplaza.org

~ **The Angelus Plaza Waitlist  
is Currently Closed** ~

## WHAT WE DO

Located in the heart of Downtown L.A.'s Historic Bunker Hill District, Angelus Plaza is the largest affordable housing community for older adults in the nation. The Plaza and its Senior Activity Center opened in 1980. Five high-rise towers house a diverse community of 1400 adults with an average age of 82. The six-story Senior Activity Center provides a variety of supportive services, programs, and amenities. We collaborate with outside organizations, volunteers, and senior clubs to provide activities for older adults living downtown and surrounding areas. The Senior Activity Center serves approximately 8,000 older adults monthly. Our programs emphasize ongoing education, a healthy and active lifestyle, multi-cultural understanding, and intergenerational involvement. Our programs are free, and open to all seniors (age 55+).

We welcome donations to support programs and services.



### **Notification of Nondiscrimination on Basis of Disability Status**

Retirement Housing Foundation does not discriminate on the basis of disability status in the admission or access, or treatment of employment in its federally assisted programs. The person named below has been designated to coordinate compliance with nondiscrimination requirements contained in the Department of Housing and Urban Development's regulations implementing Section 504 (24CFR, Part 8 dated June 2, 1998).

Yuri Escandon, VP  
Affordable Housing Operations  
Retirement Housing Foundation  
911 N. Studebaker Road,  
Long Beach, CA 90815  
Telephone: 562-257-5100  
TDD 800-545-1833, ext. 359



## The Flight by Angelus Plaza

A Retirement Housing Foundation® Community

**Summer Rummage Sale**  
Friday, June 5, 2026  
9:00 a.m. to 2:30 p.m.  
255 South Hill Street Courtyard

**Father's Day Bingo**  
Friday, June 12, 2026  
1:30 p.m.  
(Library)

**Father's Day & Resident Birthday  
Celebration with DJ Ryan**  
Thursday, June 18, 2026  
1:30 p.m.  
(Promenade)

**Volunteer & Collaborators Meeting**  
(Invite Only)  
Tuesday, June 23 at 9:00 a.m.  
3rd Floor Conference Room

## June Message

"June is the pearl of summer, shining with warmth and joy."

~ L.M. Montgomery

# Memories in the Making!



The Flight / Angelus Plaza Senior Activity Center

## Clubs at Angelus Plaza

### DANCE

**CHINESE RESIDENTS CLUB**  
 Monday (3AR): 1:00 p.m. - 3:00 p.m.  
 Thursday (3AR): 1:00 p.m. - 3:00 p.m.

**GOLDEN GROOVERS WITH RICK & KATY**  
 Saturday (3AR): 9:00 - 10:00 a.m.

**KOREAN FOLK DANCE**  
 Monday (4A): 10:00 a.m. - 12:00 p.m.

**KOREAN FOLK DANCE BY MYANG SOOK**  
 Thursday (3L): 12:00 - 1:00 p.m.

**KOREAN WORSHIP DANCE**  
 Thursday (3L): 1:00 - 2:00 p.m.

**LATIN AMERICAN DANCE CLUB**  
 Sunday (3AR): 12:30 p.m. - 4:30 p.m.

**LOS ANGELES COUNCIL FILIPINO-AMERICAN SENIOR DANCE CLUB**  
 Tuesday and Friday (3AR)  
 11:00 a.m. - 2:30 p.m.

### MUSIC

**ANGELUS PLAZA CHORUS BY LA HOPE CHURCH**  
 Sunday (4A): 10:00 a.m. and 1:00 p.m.

**DRUM CIRCLE FOR BEGINNERS W/MYANG SOOK**  
 Thursday (4A): 3:00 - 4:00 p.m.

**GUITAR CLASS WITH ANDY**  
 Thursday (4A): 10:00 - 11:00 a.m.

**KOREAN CHOIR**  
 Saturday (4A): 10:00 a.m. - 12:00 p.m.

## RECREATION / SOCIAL

**BILLIARDS (POOL)**  
 Monday to Friday (3AR)  
 8:30 a.m. - 4:00 p.m.

**KOREAN ASSOCIATION CLUB**  
 Monday to Friday (Room 410)  
 9:30 a.m. - 11:30 a.m.

**PING-PONG**  
 Monday to Friday (3AR)  
 6:00 - 7:45 a.m. / 9:00 - 10:45 a.m.  
 4:30 - 8:00 p.m.  
 Saturday, Sunday (3AR):  
 6:00 - 7:45 a.m. / 9:00 a.m. - 8:00 p.m.

**THRIFTY SHOP**  
 Tuesday and Thursday (Room 403):  
 9:00 a.m. - 12:00 p.m.

## Spiritual Services at Angelus Plaza

**ANGELUS CHURCH**  
 Sunday - 9:00 a.m. - 1:00 p.m.  
 Building B South - Community Room

**CHINATOWN CHURCH OF CHRIST**  
 Thursday (3L): 9:30 a.m. to 11:00 a.m.

**1ST CHINESE FCBC**  
 2nd and 4th Saturday, (3L)  
 1:00 - 5:00 p.m.

**THE GLOBAL LOVE'S CHURCH**  
 Monday - Saturday (5DR)  
 5:00 - 7:00 a.m.  
 Sunday Services: 11:00 a.m. to 4:00 p.m.

## A RETIREMENT HOUSING FOUNDATION® COMMUNITY

**GRAPEVINE CLUB AT LOS ANGELES**  
 1st Sunday / 2nd Saturday  
 5:00 to 10:00 p.m.  
 4th Floor, Auditorium

**GLORY CHURCH OF JESUS CHRIST**  
 1st Thursday / 2:30 to 4:00 p.m.  
 3rd Floor Library

**JOYFUL CHRISTIAN COMMUNITY CHURCH BIBLE STUDY**  
 2nd Wednesday - 9:00 - 11:30 a.m.  
 5th Floor, Dining Room

**LA HOPE CHURCH SERVICES**  
 Sunday - 11:00 a.m.  
 4th Floor, Auditorium

**ST. BASIL KOREAN CATHOLIC CHURCH**  
 3rd Saturday - 10:00 a.m. to 2:00 p.m.  
 3rd Floor Library

**TRUE LOVE CHURCH**  
 Daily, 5:00 - 6:00 a.m.  
 Sunday: 10:00 a.m. to 2:00 p.m.  
 3rd Floor Library

**YOUNG NAK PRESBYTERIAN CHURCH OF LOS ANGELES BIBLE STUDY**  
 3rd Thursday of the Month  
 3:00 p.m. - 4th Floor, Auditorium



# Sangnok Villa

732 S. Bonnie Brae  
 Los Angeles, CA 90057

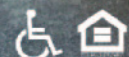
Call Us At  
**213-483-1192**  
 TDD: (800) 545-1833 Ext. 359

**Affordable Housing in the Heart of Koreatown**

**NOW LEASING**

## FIRST MONTH RENT FREE

- 1 Bedroom Apartments
- Utilities Included
- No Application Fees
- On-Site Laundry
- Korean Manager On-Site



Please register to become a vendor at 213-623-4352, ext. 4022 (Jacquie), or in person on the 3rd floor in the Senior Activity Room.

### Father's Day Word Search

- DAD
- DEDICATED
- DEPENDABLE
- FATHER
- FATHERHOOD
- GENEROUS
- HERO
- HONOR
- INSPIRING
- LOVE
- MENTOR
- MOTIVATING
- RESPECT
- SUPPORTIVE
- THOUGHTFUL
- WISE

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| M | G | N | I | T | A | V | I | T | O | M | D | O | U | D | L | T |
| E | X | C | U | T | H | O | U | G | H | T | F | U | L | R | O | Q |
| N | D | D | R | E | H | T | A | F | T | V | T | H | W | N | V | Z |
| T | E | O | N | X | B | H | D | P | Y | C | O | N | V | B | E | Y |
| O | P | O | N | G | J | I | A | H | I | N | E | T | R | B | K | D |
| R | E | H | B | E | L | U | X | D | O | X | K | P | B | M | E | D |
| E | N | R | G | N | Y | K | G | R | T | X | U | A | S | T | V | V |
| J | D | E | X | E | I | P | U | X | Q | L | W | U | A | E | G | V |
| S | A | H | C | R | Z | P | H | E | R | O | P | C | D | V | R | B |
| N | B | T | L | O | C | H | N | U | K | P | I | I | A | X | H | I |
| V | L | A | M | U | V | U | Y | G | O | D | H | Y | D | D | V | T |
| P | E | F | C | S | T | S | W | R | E | H | I | S | Q | L | U | L |
| V | X | T | O | Y | R | D | T | D | F | C | Z | M | J | Q | O | Y |
| I | N | S | P | I | R | I | N | G | Z | U | F | W | A | N | I | H |
| Q | M | L | B | Y | V | X | H | R | K | H | I | Y | P | B | R | V |
| U | R | Y | T | E | V | B | J | G | T | S | M | O | L | J | O | F |
| S | D | Q | A | I | G | L | G | G | E | G | M | O | Q | Z | B | X |

**Thursday, June 18, 2026  
at 1:30 p.m.  
Promenade**

## Father's Day & June Birthday Celebration w/DJ Ryan

HAPPY  
**FATHER'S DAY**



**GOLDEN GROOVERS**  
Every Saturday | 9:00 a.m.  
3rd Floor Activity Room



Get prepared to groove the morning away with Rick and Katy every Saturday morning.

# LA's Health and Wellness Partner

Let us care for all your medical needs.

PIH HEALTH GOOD SAMARITAN HOSPITAL

CARING FOR THE COMMUNITY FOR OVER 140 YEARS

For more information on the PIH Health Angelus Plaza Clinic call 213.633.4777



**SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY**

**DAILY ACTIVITY CLASSES - FREE TO RESIDENTS AND COMMUNITY AGED 62 AND OLDER**

|  |  |   |   |   |   |   |
|--|--|---|---|---|---|---|
| 8:00 Tai Chi (3AR)<br>10:00 Angelus Plaza Choir (4A) | 7:30 Chinese Folk Dance w/Angel (3L)<br>8:00 Tai Chi (3AR)<br>9:00 Art Class w/Armando (304)<br>9:00 Yoga & Meditation w/Cesar (3L)<br>10:00 Korean Folk Dance (4CAF)<br>10:00 Zumba Gold w/Natalie (P)<br>2:00 Computer & AI Class w/Rick Chang - Chinese/English (3CL) | 7:30 Kung Fu w/Angel (3L)<br>8:00 Tai Chi (3AR)<br>9:00 Move with Music w/Cesar (P)<br>1:00 Chinese Karaoke Club (4A)<br>1:30 Computer Technology Clinic w/Derek - Korean/English (3CL) | 7:30 Chinese Folk Dance w/Angel (3L)<br>8:00 Tai Chi (3AR)<br>9:00 ESL-1 Class w/Mary (CL)<br>9:00 Yoga & Meditation w/Cesar (3L)<br>10:00 Zumba w/Candace (P)<br>10:15 Spanish Class w/Anthony (3C)<br>11:00 ESL-2 Class w/Mary (CL)<br>1:00 English Literacy w/Mary (3CL)<br>2:00 Korean Karaoke (4CAF)<br>3:00 Line Dance for Beginners w/Anna (3AR) | 7:30 Kung Fu w/Angel (3L)<br>8:00 Tai Chi (3AR)<br>9:00 Strength & Stretch w/Cesar (P)<br>10:00 Guitar Class w/Andy (4A)<br>10:00 Zumba w/Natalie (P)<br>12:00 Korean Folk Dance (3L)<br>1:00 Korean Worship Dance (3L)<br>1:30 Computer Technology Clinic w/Derek- Korean/English (3CL)<br>2:00 Korean-American Art (4A) | 8:00 Tai Chi (3AR)<br>9:00 Balance Exercise w/Cesar (P)<br>9:00 ESL-1/Vocabulary Class w/Mary (CL)<br>10:30 English Conversation w/Alice (3C)<br>1:00 Project H.A.N.D.S. (3C) | 8:00 Tai Chi (3AR)<br>9:00 <b>NEW!</b> Golden Groovers w/Rick & Katy (3AR)<br>9:00 Zumba w/Ana<br>10:00 Korean Choir (4A) |
|--|--|---|---|---|---|---|

**SPECIAL MONTHLY EVENTS - FREE TO RESIDENTS AND COMMUNITY AGED 62 AND OLDER**

|   |   |   |   |   |   |
|---|---|---|---|---|---|
| 1<br>1:30 pm<br><i>Grown Ups</i> (2010)<br>(3L)<br> | 2<br>   | 3<br><br>Fruit Art Carving with Sophia<br>2:00 pm (Library)           | 4<br><br>BEST DAD NEWS  | 5<br><br>Summer Rummage Sale<br>9:00 a.m. to 2:30 p.m.<br>(255 South Hill Street Courtyard) | 6<br>   |
| 7<br>   | 8<br>1:30 pm<br><i>Grown Ups 2</i> (2013)<br>(3L)<br>       | 9<br>10:00 a.m.<br>Nail Shop w/Jacque & Saylah<br>Library<br>         | 10<br><br>Health Talk with Welbe Health<br>(in Chinese) 2:00 p.m. (3L)  | 11<br>  | 12<br><br>Father's Day Bingo<br>1:30 p.m.<br>(3L)   |
| 14 <b>Flag Day</b><br>                              | 15<br>1:30 pm<br><i>Casablanca</i> (1942)<br>(3L)<br>       | 16<br>10:00 a.m.<br>Nail Shop w/Jacque & Saylah<br>Library<br>        | 17<br><br>Health Lecture by My Place Health by SCAN - 2:00 pm (3L)<br>(Presented in Korean Language)<br>6:00 p.m. Chinese Resident Birthday Party (4CAF)                | 18<br><br>Father's Day & June Birthday Party Celebration w/DJ Ryan<br>1:30 p.m. (Promenade) | 19 <b>Juneteenth</b><br>  |
| 21 <b>Father's Day</b><br>                          | 22<br>1:30 pm<br><i>Life With Father</i> (1947)<br>(3L)<br> | 23<br>9:00 a.m.<br>Volunteer & Collaborators Meeting (3C) Invite Only | 24<br>Korean Movie<br>국제시장<br><i>Ode to My Father</i> (2014)<br>1:30 pm (3L)<br>  | 25<br><br>BEST DAD IN THE WORLD   | 26<br><br>Bingo by CBAS<br>2:00 p.m.<br>(4CAF)  |
| 28  | 29<br>1:30 pm<br><i>The Music Man</i> (1962)<br>(3L)<br>    | 30<br>  | <b>LOCATION KEY</b><br>(3SAC) Senior Activity Center<br>(3L) Library<br>(3CL) 3rd Floor Computer Lab<br>(3C) 3rd Floor Conference Room<br>(3AR) 3rd Floor Activity Room |   | <b>LOCATION KEY Cont.</b><br>(4A) 4th Floor Auditorium<br>(4CAF) 4th Floor Cafeteria<br>(5WiFi) 5th Floor Lounge<br>(5DR) 5th Floor Dining Room<br>(P) Promenade Deck |



RECIPE BY  
**CHEF ANDY**  
BUILDING A MANAGER

### Father's Day Asian Fusion Cheesy Steak Tacos

**Ingredients:**

- 1 lb steak
- 8 tortillas
- 1 cup shredded mozzarella cheese
- 2 tbsp soy sauce
- 1 tbsp sesame oil
- Pickled cucumbers
- Green onions
- Sriracha mayo
- Lime wedges



**Directions:**

1. Marinate steak with soy sauce and sesame oil.
2. Grill steak and slice thinly.
3. Warm tortillas and melt cheese inside.
5. Drizzle with sriracha mayo and serve with lime wedges.

### Tacos Asiáticos Fusión de Bistec con Queso para el Día del Padre

**Ingredientes:**

- 500 g de bistec
- 8 tortillas
- 1 taza de queso mozzarella rallado
- 2 cucharadas de salsa de soja
- 1 cucharada de aceite de sésamo
- Pepinos encurtidos
- Cebollín
- Mayonesa con sriracha
- Limón

**Instrucciones:**

1. Marina el bistec con salsa de soja y aceite de sésamo.
2. Asa el bistec y córtalo en tiras finas.
3. Calienta las tortillas y derrite el queso dentro.
4. Agrega carne, pepinos encurtidos y cebollín.
5. Añade mayonesa con sriracha y sirve con limón.



### 父亲节亚洲融合芝士牛排玉米饼

**材料:**

- 500克牛排
- 8张玉米饼
- 1杯马苏里拉芝士碎
- 2汤匙酱油
- 1汤匙芝麻油
- 腌黄瓜
- 葱花
- 是拉差蛋黄酱
- 青柠角



**做法:**

1. 将牛排烤熟后切片。
2. 加热玉米饼并放入融化芝士。
3. 加入牛排、腌黄瓜和葱花。
4. 淋上是拉差蛋黄酱，搭配青柠享用。



### 아버지의 날 아시안 퓨전 치즈 스테이크 타코

**재료:**

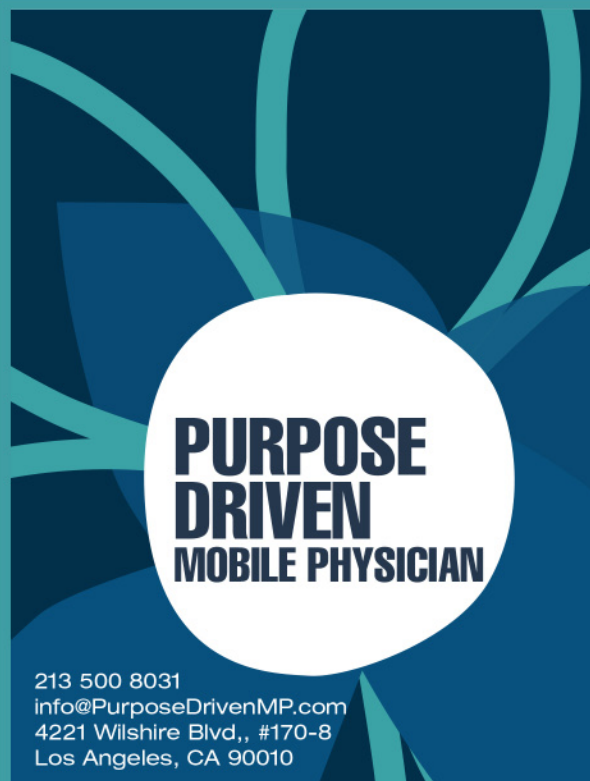
- 스테이크 500g
- 또띠아 8장
- 모짜렐라 치즈 1컵
- 간장 2큰술
- 참기름 1큰술
- 오이피클
- 대파
- 스리라차 마요
- 라임



**만드는 방법:**

1. 스테이크를 간장과 참기름에 재웁니다.
2. 스테이크를 구워 얇게 썹니다.
3. 또띠아를 데우고 치즈를 녹입니다.
4. 스테이크, 오이피클, 대파를 넣습니다.
5. 스리라차 마요를 뿌리고 라임과 함께 제공합니다.





**PURPOSE  
DRIVEN  
MOBILE PHYSICIAN**

213 500 8031  
info@PurposeDrivenMP.com  
4221 Wilshire Blvd., #170-8  
Los Angeles, CA 90010



## 부모님을 위한 또 하나의 가족

가족 중에 의사가 있으면 부모님이 더 건강하시다는 이야기...  
이제 우리집 이야기입니다.



### 시니어를 위한 통합 진료 프로그램

## 케이데이 페이스



7월 1일 새롭게 오픈하여 넓고 깨끗한 공간에서 진료, 재활, 영양 관리,  
여가 활동까지 한 곳에서!

케이데이는 24시간 365일 의료진이 대기하고 있어, 만성 질환이나 급성 질환에 대한 응급 상황을 대비할 수 있습니다.  
방문 예약 및 등록을 원하시면 전화 주세요. 센터 방문에 도움이 필요하신 경우 교통편을 제공해 드립니다.

**상담 문의: (213) 757-2080 TTY: (213) 757-2083**

Kday\_NP003\_KR (모델은 실제 가족 사진이 아닙니다.)

303 S. Union Ave., Los Angeles, CA 90057

월요일-금요일, 오전 7:30 - 오후 4:00

K-day.com

# Olive Hill Pharmacy

On the 2<sup>nd</sup> Floor of Administration Building

**Business Hours**  
9:30 AM-6:00 PM(Monday-Friday)  
Tel:(213)680-2000

## 올리브힐 약국

관리사무소 건물 2 층에 있습니다

# Olive Hill 药店

位于管理办公室的二楼

**Tel: (213)680-2000**



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Call (310) 928-1644 or  
Email jeff@commercialconnectivity.com

CCS is pleased to support the Angelus Plaza Senior Activity Center.

# 온누리 사랑의 교회

## The Global Love's Church

“사랑해요, 감사해요, 함께해요!”

**\*예배안내**

- 주일예배: 오전 11시
- 새벽기도회: 오전 5시 30분 (화-금)

**\*예배장소**

- 255 S Hill St 본관 5층 Los Angeles, CA 90012

**\*교회 연락처**

- Phone: (213)550-7089

- Email: gjohn1017@gmail.com





# 나성소망교회



담임목사: 김재율

**예배시간: 주일 오전 11시**

예배장소: (본관 4층)  
255 S. Hill St. #401  
Los Angeles, CA 90012

마스크를 착용하고 거리두기를 하면서 예배할 것입니다

213.550.7377  
www.lahopechurch.com

**섬김 프로그램**

- 자연탐상:** 주일 예배 후  
밭아 현미밥과 풍성한 야채와 과일, 건강식 반찬
- 무료안방의료봉사:** 매달 첫 주일 1-3PM  
경산한외과대학병원 원장과 기독교의사 협회
- 기타교실(Guitar Class):**  
목 10:30-11:30AM, 주일 2-3PM  
정신건강과 치매예방에 넘버원!
- 엔젤스합창단(Choir):** 수, 주일 1:00-2:00PM
- 나성소망한국학교:** 매 주일 오후  
1,2,3세 토달 교육 현장 - 한국어, 영어, 수학, 스토리텔링, 음악, 미술

**부속기관**

**소망수양관**  
3270 N. Mountain Springs Rd., Pinon Hills, CA 92372 | 213.500.7013

**갈릴리 신학대학**  
255 S. Hill St. #401, Los Angeles, CA 90012 | 213.746.1004

메디케어 65세 이상 신규 가입 및 상담

## MEDICARE OPTIONS



**줄리아 리 Julia W. Lee**

Cell: 213.808.2006  
E-mail: Juliawon0713@gmail.com CA Lic. #4095589  
4055 Wilshire Blvd. #321, Los Angeles, CA 90020

- 65세 메디케어 신청 도움이 필요하신분 도와드립니다.
- PART B 보험료 절약 프로그램을 알려드립니다.
- 만성질환 있으신분 맞춤형 플랜 찾아드립니다.
- 치과치료, 안경, 보청기, 침술 치료 필요하신분
- 골프, 탁구, 헬스클럽 등의 혜택이 필요하신분

건강에 관련하여 필요한 혜택을 찾아서 성심성의껏 도와 드리겠습니다.