



ANGELUS PLAZA

A Retirement Housing Foundation® Community

ACTIVITIES CALENDAR

The Flight / Angelus Plaza Senior Activity Center

FEBRUARY 2026

All Activities Are Subject to Change.

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

DAILY ACTIVITY CLASSES - FREE TO RESIDENTS AND COMMUNITY AGED 62 AND OLDER

8:00 Tai Chi (3AR) 10:00 Angelus Plaza Choir (4A)	7:30 Chinese Folk Dance w/Angel (3L) 8:00 Tai Chi (3AR) 9:00 Art Class w/Armando (304) 9:00 Yoga & Meditation w/Angel (3L) 10:00 Korean Folk Dance (4CAF) 10:15 Spanish Class w/Anthony (3C) 2:00 NEW! Computer & AI Class w/Rick Chang - Chinese/English (3CL)	7:30 Kung Fu w/Angel (3L) 8:00 Tai Chi (3AR) 9:00 Move with Music w/Cesar (P) 1:00 Chinese Karaoke Club (4A) 1:30 Computer Technology Clinic w/Derek - Korean/English (3CL)	7:30 Chinese Folk Dance w/Angel (3L) 8:00 Tai Chi (3AR) 9:00 NEW! ESL-1 Class w/Mary (CL) 9:00 Yoga & Meditation w/Cesar (3L) 10:15 Spanish Class w/Anthony (3C) 11:00 NEW! ESL-2 Class w/Mary (CL) 1:00 English Library w/Mary (3CL) 2:00 Korean Karaoke (4CAF) 3:00 Line Dance for Beginners w/Anna (3AR)	7:30 Kung Fu w/Angel (3L) 8:00 Tai Chi (3AR) 9:00 NEW! Strength & Stretch w/Cesar (P) 10:00 Guitar Class w/Andy (4A) 10:00 NEW! Zumba w/Sara (P) 12:00 Korean Folk Dance (3L) 1:00 Korean Worship Dance (3L) 1:30 Computer Technology Clinic w/Derek - Korean/English (3CL) 2:00 Korean-American Art (4A)	8:00 Tai Chi (3AR) 9:00 Balance Exercise w/Cesar (P) 9:00 NEW! ESL-1/Vocabulary Class w/Mary (CL) 10:30 English Conversation w/Alice (3C) 1:00 Project H.A.N.D.S. (3C)	8:00 Tai Chi (3AR) 9:00 Zumba Gold w/Sara (P) 10:00 Korean Choir (4A)
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SPECIAL MONTHLY EVENTS - FREE TO RESIDENTS AND COMMUNITY AGED 62 AND OLDER

1 	2 Groundhog Day 1:30 pm Romeo + Juliet (1996) (3L) 	3 	4 	5 	6 	7
8 	9 Superbowl LX 1:30 pm My Fair Lady (1964) (3L) 	10 	11 	12 	13 	14
15 	16 Presidents' Day 1:30 pm Breakfast at Tiffany's (1961) (3L) 	17 	18 	19 	20 	21
22 	23 	24 	25 	26 	27 	28
LOCATION KEY (3SAC) Senior Activity Center (3L) Library (3CL) 3rd Floor Computer Lab (3C) 3rd Floor Conference Room (3AR) 3rd Floor Activity Room		LOCATION KEY Cont. (4A) 4th Floor Auditorium (4CAF) 4th Floor Cafeteria (5WiFi) 5th Floor Lounge (5DR) 5th Floor Dining Room (P) Promenade Deck				