



ANGELUS PLAZA

A Retirement Housing Foundation® Community

ACTIVITIES CALENDAR

The Flight / Angelus Plaza Senior Activity Center

DECEMBER 2025

All Activities Are Subject to Change.

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

DAILY ACTIVITY CLASSES - FREE TO RESIDENTS AND COMMUNITY AGED 62 AND OLDER

8:00
Tai Chi (3AR)
9:00
Strength and
Stretch
w/Cesar (3A)
10:00
Angelus Plaza
Choir (4A)

7:30 Chinese Folk Dance w/Angel (3L)
8:00 Tai Chi (3AR)
9:00 Art Class w/Armando (304)
9:00 Yoga & Meditation w/Cesar (3L)
10:00 Zumba Gold w/Marisa (P)
10:00 Korean Folk Dance (4CAF)
10:15 Spanish Class w/Anthony (3C)

7:30 Kung Fu w/Angel (3L)
8:00 Tai Chi (3AR)
9:30 Zumba w/Sara (P)
1:00 Chinese Karaoke Club (4A)
1:30 Computer Technology
Clinic w/Derek (3CL)
3:00 **NEW!** Taekwondo (L)

7:30 Chinese Folk Dance w/Angel (3L)
8:00 Tai Chi (3AR)
9:00 ESL Class w/Mary (CL)
10:00 Yoga & Meditation w/Cesar (3L)
10:15 Spanish Class w/Anthony (3C)
10:45 Phonics w/Mary (CL)
1:00 English Literacy w/Mary (3CL)
3:00 Line Dance for Beginners
w/Anna (3AR)

7:30 Kung Fu w/Angel (3L)
8:00 Tai Chi (3AR)
9:00 Cardio Workout w/Cesar (P)
10:00 Guitar Class (4A)
12:00 Korean Folk Dance (3L)
1:00 Korean Worship Dance (3L)
1:30 Computer Technology
Clinic w/Derek (3CL)
2:00 Korean-American Art (4A)
2:30 Calligraphy Class w/Mr. Yoon (304)
3:00 Latin Dance (3AR)

8:00 Tai Chi (3AR)
9:00 Balance Exercise
w/Cesar (P)
9:00 ESL Class w/Mary (CL)
10:30 English Conversation
w/Alice (3C)
1:00 Project H.A.N.D.S. (3C)
2:00 Korean Karaoke (4CAF)

8:00 Tai Chi (3AR)
9:00 Zumba Gold
w/Sara (P)
10:00 Korean
Choir (4A)
2:00 Ukelele Class
w/David (4A)

SPECIAL MONTHLY EVENTS - FREE TO RESIDENTS AND COMMUNITY AGED 62 AND OLDER

	1 1:30 pm <i>Santa Claus</i> (1985) (3L) 	2 	3  Fruit Art Carving with Sophia 2:00 pm (Library)	4  Meet Your Dr. of Acupuncture by K-Day - 2:00 p.m. (3L)	5  Xmas Bingo 1:30 p.m. (3L)	6 
7 	8 1:30 pm <i>Elf</i> (2003) (3L) 	9 10:00 a.m. Nail Shop w/Jacque & Carlos Library 	10 	11  5th Annual Resident Seasonal Show w/DJ Ryan - 1:30 p.m. (4A)	12 	13
14  Hanukkah (begins at sundown)	15 1:30 pm <i>Dr. Seuss' How The Grinch Stole Christmas</i> (2000) (3L) 	16 	17 Health Lecture by Purpose Driven Physician (in Korean) - 2:00 p.m. (3L) 6:00 p.m. Chinese Resident Birthday Party (4CAF) 	18 	19  Holiday Concert & Resident Birthday Party Celebration w/Tricia & Tracy - 2:00 p.m. (4A)	20 
21	22 1:30 pm <i>It's A Wonderful Life</i> (1946) (3L) 	23 10:00 a.m. Nail Shop w/Jacque & Carlos Library 	24 Christmas Eve 	25 Christmas Day <i>Merry Christmas</i> Senior Activity Center Closed 	26 Kwanzaa 	27
28 	29 1:30 pm <i>Trading Places</i> (1983) (3L) 	30 	31 New Year's Eve 	LOCATION KEY (3SAC) Senior Activity Center (3L) Library (3CL) 3rd Floor Computer Lab (3C) 3rd Floor Conference Room (3AR) 3rd Floor Activity Room		LOCATION KEY Cont. (4A) 4th Floor Auditorium (4CAF) 4th Floor Cafeteria (5WiFi) 5th Floor Lounge (5DR) 5th Floor Dining Room (P) Promenade Deck 