



**Angelus Plaza Senior Activity Center**  
A Retirement Housing Foundation® Community  
255 South Hill Street  
Los Angeles, CA 90012

Phone (213) 623-4352  
Fax (213) 626-0280  
TDD (800) 545-1833, Ext. 359  
[www.angelusplaza.org](http://www.angelusplaza.org)

**~ The Angelus Plaza Waitlist  
is Currently Closed ~**



Located in the heart of Downtown L.A.'s Historic Bunker Hill District, Angelus Plaza is the largest affordable housing community for older adults in the nation. The Plaza and its Senior Activity Center opened in 1980. Five high-rise towers house a diverse community of 1400 adults with an average age of 82. The six-story Senior Activity Center provides a variety of supportive services, programs, and amenities. We collaborate with outside organizations, volunteers, and senior clubs to provide activities for older adults living downtown and surrounding areas. The Senior Activity Center serves approximately 8,000 older adults monthly. Our programs emphasize ongoing education, a healthy and active lifestyle, multi-cultural understanding, and intergenerational involvement. Our programs are free, and open to all seniors (age 55+).

We welcome donations to support programs and services.



**Notification of  
Nondiscrimination on  
Basis of Disability Status**

Retirement Housing Foundation does not discriminate on the basis of disability status in the admission or access, or treatment of employment in its federally assisted programs. The person named below has been designated to coordinate compliance with nondiscrimination requirements contained in the Department of Housing and Urban Development's regulations implementing Section 504 (24CFR, Part 8 dated June 2, 1998).

Yuri Escandon, VP  
Affordable Housing Operations  
Retirement Housing Foundation  
911 N. Studebaker Road,  
Long Beach, CA 90815  
Telephone: 562-257-5100  
TDD 800-545-1833, ext. 359



*The Flight*  
**by Angelus Plaza**  
A Retirement Housing Foundation® Community

**Hate & Crime Prevention Event with LAPD**  
Thursday, 9/04/25 at 1:30 p.m. (5th Floor Dining Room)

**Resident Birthday Party with Tricia and Tracy**  
Friday, 9/12/25 at 2:00 p.m. (Promenade)

**Latin American Heritage Festival with  
Susie Hansen Latin Band & Dancers**  
Sponsored by So Cal Gas & LA Hope Church  
Friday, 9/26/25 at 1:30 p.m. (Promenade)

**Volunteer & Collaborator Meeting**  
By Invite Only  
Tuesday, 9/30/25 at 9:00 (3rd Floor Conference Room)

**September  
Message**

"September tries its best  
to have us forget summer."

~ Bernard Williams



# Dear Sponsors,

On behalf of the 24th Senior Talent Show team, we extend our sincere thanks to each of you for your generous support.

Thank you to PIH Health Good Samaritan Hospital for sponsoring the winners' prizes, to the Korean Association for providing exciting raffle gifts, and to Fast Recovery Home Health for the delicious snacks and refreshments enjoyed by all.

Your contributions made the event truly special and memorable for our seniors. We deeply appreciate your kindness and community spirit.

Sincerely,  
Angelus Plaza Senior Activity Center Team

## Memories in the Making!



**WINNERS: 1st: Sunset Light Dance Team, 2nd: Korean Drum Circle, 3rd: Anna Line Dance Group, 4th: Angel's Wang Group**

## Clubs at Angelus Plaza

### DANCE

#### CHINESE RESIDENTS CLUB

Monday (3AR): 1:00 p.m. - 3:00 p.m.  
Thursday (3AR): 1:00 p.m. - 3:00 p.m.

#### KOREAN FOLK DANCE

Monday (4A): 10:00 a.m. - 12:00 p.m.

#### KOREAN FOLK DANCE BY MYANG SOOK

Thursday (3L): 12:00 - 1:00 p.m.

#### KOREAN WORSHIP DANCE

Thursday (3L): 1:00 - 2:00 p.m.

#### LATIN AMERICAN DANCE CLUB

Sunday (3rd Floor Activity Room)  
12:30 p.m. - 4:30 p.m.

#### LOS ANGELES COUNCIL

#### FILIPINO-AMERICAN

#### SENIOR DANCE CLUB

Tuesday and Friday (3AR)  
11:00 a.m. - 2:30 p.m.

### MUSIC

#### ANGELUS PLAZA CHORUS BY

#### LA HOPE CHURCH

Sunday (4A): 10:00 a.m. and 1:00 p.m.

#### GUITAR CLASS BY LA HOPE CHURCH

Thursday (4A)  
10:00 - 11:00 a.m.

#### KOREAN CHOIR

Saturday (4A)  
10:00 a.m. - 12:00 p.m.

### RECREATION / SOCIAL

#### BILLIARDS (POOL)

Monday to Friday (3AR)  
8:30 a.m. - 4:00 p.m.

#### KOREAN ASSOCIATION CLUB

Monday to Friday (Room 410)  
9:30 a.m. - 11:30 a.m.

#### PING-PONG

Monday to Friday (3AR)  
6:00 - 11:00 a.m. / 4:00 - 8:00 p.m.  
Saturday, Sunday (3AR):  
6:00 a.m. - 8:00 p.m.

#### THRIFTY SHOP

Tuesday and Thursday (Room 403):  
9:00 a.m. - 12:00 p.m.

## Spiritual Services at Angelus Plaza

### ANGELUS CHURCH

Sunday - 9:00 a.m. - 1:00 p.m.  
Building B South - Community Room

### ANGEL'S MISSION CHURCH

Monday - Saturday 5:00 - 7:00 a.m.  
Sunday: 10:00 a.m.  
3rd Floor Library

### CHINATOWN CHURCH OF CHRIST

Thursday - 9:30 a.m. to 11:00 a.m.  
3rd Floor Library

### 1ST CHINESE FCBC

2nd and 4th Saturday, Library  
1:00 - 5:00 p.m.

### THE GLOBAL LOVE'S CHURCH

Monday - Saturday  
5th Floor Dining Room  
5:00 - 7:00 a.m.  
Sunday Services  
11:00 a.m. to 4:00 p.m.

### GRAPEVINE CLUB AT LOS ANGELES

1st Sunday / 2nd Saturday  
5:00 to 10:00 p.m.  
4th Floor, Auditorium

### GLORY CHURCH OF JESUS CHRIST

1st Thursday / 2:30 to 4:00 p.m.  
3rd Floor Library

### JOYFUL CHRISTIAN COMMUNITY CHURCH BIBLE STUDY

2nd Wednesday - 9:00 - 11:30 a.m.  
5th Floor, Dining Room

### LA HOPE CHURCH SERVICES

Sunday - 11:00 a.m.  
4th Floor, Auditorium

### SHALOM ISRAEL AMERICA BY LA ONNURI CHURCH

1st Saturday of the Month  
11:00 a.m. - 2:00 p.m., Library

### ST. BASIL KOREAN CATHOLIC CHURCH

3rd Saturday - 10:00 a.m. to 2:00 p.m.  
3rd Floor Library

### TRUE LOVE CHURCH

Daily, 5:00 - 6:00 a.m.  
Sunday: 10:0 a.m. to 2:00 p.m.  
245 S. Hill St, Bldg-C, Community Rm

### YOUNG NAK PRESBYTERIAN CHURCH OF LOS ANGELES BIBLE STUDY

3rd Thursday of the Month  
3:00 p.m. - 4th Floor, Auditorium

## A RETIREMENT HOUSING FOUNDATION® COMMUNITY

FRIDAY,  
SEPTEMBER  
12

**Resident  
September  
Birthday  
Party  
with  
Tricia  
& Tracy**

**2:00 p.m.  
Promenade**

**Dance, sing  
and enjoy  
refreshments  
as we  
celebrate  
all of our  
September  
Resident  
Birthdays!**





# Healthy Aging Month

## Embrace Wellness at Every Age

September is Healthy Aging Month, a time dedicated to encouraging people of all ages to focus on their physical, mental, and emotional well-being. Healthy aging isn't just about adding years to life, but adding life to years through good habits and positive choices.

This month reminds us to:

- Stay physically active
- Eat a balanced diet
- Maintain social connections
- Keep the mind engaged
- Prioritize regular health check-ups

No matter your age, it's never too late to adopt habits that promote vitality and independence. Let's celebrate aging by embracing wellness every step of the way!



# Latín American Heritage Festival

w/the Susie Hansen Band & Latin Dancers

**Friday, September 26**  
1:30 p.m. on the Promenade

**Sponsored by So Cal Gas & LA Hope Church**  
**Raffle Prizes & Free Food, 1st come, 1st serve.**

# Septiembre es el Mes del Envejecimiento Saludable

## Adopta el Bienestar a Cualquier Edad:

Septiembre es el Mes del Envejecimiento Saludable, una fecha dedicada a animar a personas de todas las edades a centrarse en su bienestar físico, mental y emocional. Envejecer saludablemente no se trata solo de añadir años a la vida, sino de añadir vida a los años mediante buenos hábitos y decisiones positivas.



Este mes nos recuerda:

1. Mantenernos físicamente activos
2. Llevar una dieta equilibrada
3. Mantener las relaciones sociales
4. Mantener la mente ocupada
5. Priorizar los chequeos médicos regulares

Sin importar la edad, nunca es tarde para adoptar hábitos que promuevan la vitalidad y la independencia. ¡Celebremos el envejecimiento adoptando el bienestar en cada paso del camino!

# 九月是健康老化月

## 擁抱健康，不分年齡

九月是健康老化月，致力於鼓勵各年齡層的人們關注身心健康。健康老化不僅意味著延年益壽，更意味著透過良好的習慣和積極的選擇，讓生命更持久。

- 這個月提醒我們：
- 保持身體活躍
- 均衡飲食
- 保持社交聯繫
- 保持思維活躍
- 重視定期健康檢查

無論您年齡幾何，養成促進活力和獨立生活的習慣永遠不會太晚。讓我們擁抱健康，迎接老化的每一步！



The Flight / Angelus Plaza Senior Activity Center

# 9월은 건강한 노화의 달입니다:

## 모든 연령대에서 웰빙을 받아들이세요

9월은 건강한 노화의 달로, 모든 연령대의 사람들이 신체적, 정신적, 정서적 웰빙에 집중하도록 장려하는 시기입니다. 건강한 노화는 단순히 수명을 늘리는 것이 아니라 좋은 습관과 긍정적인 선택을 통해 수명을 연장하는 것입니다.

이번 달은 우리에게 다음을 상기시킵니다.

1. 신체 활동 유지하기
2. 균형 잡힌 식단을 섭취하기
3. 사회적 연결 유지하기
4. 정신을 집중하기
5. 정기 건강검진을 우선시하기

나이에 관계없이 활력과 독립성을 촉진하는 습관을 들이기에 너무 늦은 때란 없습니다. 모든 단계에서 웰빙을 받아들여 노화됨을 경축합시다!



Chinese Resident Club



Social Services Coordinator Team

# Thank You for Your Generous Support!

On behalf of the SAC Team, we extend our heartfelt thanks to the **Social Services Coordinator's Team** — Maggie Marsetti, Carol Yeung, Sarah Choi, and Jeana Yung Han — for their generous in-kind donations to our recent **Rummage Sale**. Your thoughtful contributions played a meaningful role in the event's success. We also extend our sincere gratitude to the **Chinese Resident Club's** volunteers: Katy Fuld, Winnie Yu, Sherry Shan and Anne Hall for your time, dedication, and fundraising efforts. Your commitment helped significantly increase our funds for upcoming **Special Events**, and we are truly grateful. Thank you all for being such an important part of our community!

Sincerely, The SAC Team



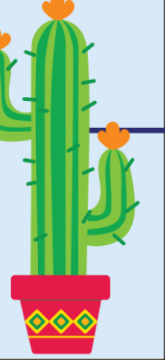


SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

### DAILY ACTIVITY CLASSES - FREE TO RESIDENTS AND COMMUNITY AGED 62 AND OLDER

|                                                                                                |                                                                                                                                                                                                            |                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                  |                                                                                                                |
|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|
| 8:00 Tai Chi (3AR)<br>9:00 Strength and Stretch w/Cesar (3A)<br>10:00 Angelus Plaza Choir (4A) | 7:30 Chinese Folk Dance w/Angel (3L)<br>8:00 Tai Chi (3AR)<br>9:00 Art Class w/Armando (304)<br>9:00 Yoga & Mediation w/Cesar (3L)<br>10:00 Korean Folk Dance (4CAF)<br>10:15 Spanish Class w/Anthony (3C) | 7:30 Kung Fu w/Angel (3L)<br>8:00 Tai Chi (3AR)<br>9:30 Zumba w/Sara (3L)<br>1:00 Chinese Karaoke Club (4A)<br>1:30 Computer Technology Clinic w/Derek (3CL) | 7:30 Chinese Folk Dance w/Angel (3L)<br>8:00 Tai Chi (3AR)<br>9:00 ESL Class w/Mary (CL)<br>9:00 Zumba w/Fransini (P)<br>10:00 Yoga & Meditation w/Cesar (3L)<br>10:00 Spanish Class w/Anthony (3C)<br>10:45 Phonics w/Mary (CL)<br>1:00 English Literacy w/Mary (3CL)<br>3:00 Line Dance for Beginners w/Anna (3AR) | 7:30 Kung Fu w/Angel (3L)<br>8:00 Tai Chi (3AR)<br>9:00 Cardio Workout w/Cesar (P)<br>10:00 Guitar Class (4A)<br>12:00 Korean Folk Dance (3L)<br>1:00 Korean Worship Dance (3L)<br>1:30 Computer Technology Clinic w/Derek (3CL)<br>2:00 Korean-American Art (4A)<br>2:30 Calligraphy Class w/Mr. Yoon (304)<br>3:00 <b>NEW!</b> Latin Dance (3AR) | 8:00 Tai Chi (3AR)<br>9:00 Balance Exercise w/Cesar (3AR)<br>9:00 ESL Class w/Mary (CL)<br>10:30 English Conversation w/Alice (3C)<br>1:00 Project H.A.N.D.S. (3C)<br>2:00 Korean Karaoke (4CAF) | 8:00 Tai Chi (3AR)<br>9:00 Zumba Gold w/Sara (P)<br>10:00 Korean Choir (4A)<br>2:00 Ukelele Class w/David (4A) |
|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|

### SPECIAL MONTHLY EVENTS - FREE TO RESIDENTS AND COMMUNITY AGED 62 AND OLDER

|                                                                                                  |                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                 |                                                                                                                                                     |                                                                                                                                                                       |                                                                                                    |
|--------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
|                  | <b>1 Labor Day</b><br><br>Senior Activity Center is Closed                                                        | <b>2</b><br>                                                                                                                                                                | <b>3</b><br>                                                                                                                                | <b>4</b><br><br>Hate & Crime Prevention w/ LAPD<br>1:30 pm (5DR) | <b>5</b><br>                                                                      | <b>6</b><br>    |
| <b>7 Grandparents Day</b>                                                                        | <b>8</b><br>1:30 pm<br><i>The Last Time I Saw Paris</i> (1954) (3L)<br>                                         | <b>9</b><br>NATIONAL<br><b>HISPANIC</b><br>HERITAGE MONTH                                                                                                                                                                                                      | <b>10</b><br><br>Health Lecture by SEEN Health & PACE Program - 2:00 pm (3L)<br>(Presented in Chinese Language)                            | <b>11</b><br>                                                  | <b>12</b><br>Resident Birthday Party w/Tricia & Tracy<br>2:00 pm (Promenade)<br> | <b>13</b>                                                                                          |
| <b>14</b><br> | <b>15</b><br>1:30 pm<br><i>A Farewell to Arms</i> (1932) (3L)<br>                                               | <b>16</b><br>                                                                                                                                                              | <b>17</b><br>Health Lecture by Purpose Driven Physician (in Korean) - 2:00 pm (3L)<br>6:00 p.m. Chinese Resident Birthday Party (4CAF)<br> | <b>18</b><br>                                                  | <b>19</b><br>                                                                    | <b>20</b><br> |
| <b>21</b><br>  | <b>22</b><br>Rosh Hashanah (begins at sundown) Fall Begins<br>1:30 pm<br><i>His Girl Friday</i> (1940) (3L)<br> | <b>23</b><br>                                                                                                                                                              | <b>24</b><br>Korean Movie 수학여행<br><i>School Excursion</i> (1969) 1:30 pm (3L)<br>                                                          | <b>25</b><br>                                                  | <b>26</b><br>Latin American Heritage Festival w/Susie Hansen Latin Band & Dancers<br>Sponsored by So Cal Gas & LA Hope Church<br>1:30 pm (Promenade)                  | <b>27</b><br> |
| <b>28</b>                                                                                        | <b>29</b><br>1:30 pm<br><i>Too Many Husbands</i> (1995) (3L)<br>                                                | <b>30</b><br><br>Volunteer & Collaborator Meeting (by Invite Only) 9:00 a.m. (3C)<br> | <b>LOCATION KEY</b><br>(3SAC) Senior Activity Center<br>(3L) Library<br>(3CL) 3rd Floor Computer Lab<br>(3C) 3rd Floor Conference Room<br>(3AR) 3rd Floor Activity Room                                                         |                                                                                                                                                     | <b>LOCATION KEY Cont.</b><br>(4A) 4th Floor Auditorium<br>(4CAF) 4th Floor Cafeteria<br>(5WiFi) 5th Floor Lounge<br>(5DR) 5th Floor Dining Room<br>(P) Promenade Deck |                                                                                                    |



RECIPE BY  
**CHEF ANDY**  
BUILDING A MANAGER



### Mini Arepas with Cheese (Venezuelan/Colombian)

*A quick and delicious Latin American staple!*

#### Ingredients:

- 2 cups pre-cooked cornmeal (masarepa – e.g., P.A.N.)
- 2 ½ cups warm water
- 1 tsp salt
- 1 cup shredded mozzarella or queso blanco
- 1 tbsp oil or butter (for cooking)

#### Instructions:

1. In a bowl, mix warm water and salt. Slowly stir in cornmeal.
2. Knead until smooth and let rest for 5 minutes.
3. Shape into small round patties.
4. Heat oil on a skillet over medium heat. Cook arepas 4–5 minutes per side until golden.
5. Slice open and fill with cheese while hot.

#### Enjoy warm!

Great as a snack or part of a celebration platter.

### Mini arepas con queso (venezolanas/colombianas)

¡Un clásico latinoamericano rápido y delicioso!

#### Ingredientes:

- 2 tazas de masarepa precocida (p. ej., P.A.N.)
- 2 ½ tazas de agua tibia
- 1 cucharadita de sal
- 1 taza de mozzarella rallada o queso blanco
- 1 cucharada de aceite o mantequilla (para cocinar)

#### Instrucciones:

1. En un tazón, mezcle el agua tibia y la sal. Incorpore la masa de maíz lentamente.
2. Amase hasta que esté suave y deje reposar 5 minutos.
3. Forme pequeñas arepas redondas.
4. Caliente el aceite en una sartén a fuego medio. Cocine las arepas de 4 a 5 minutos por lado hasta que estén doradas.
5. Abra las arepas y rellénelas con queso mientras estén calientes.

#### ¡Disfrútelas calientes!

Ideales como refrigerio o para una celebración.



### 迷你起司玉米餅

(委內瑞拉/哥倫比亞美食)

一道快速美味的拉丁美洲主食！

#### 配料:

- 2 杯預煮玉米粉（西班牙文稱為 masarepa 或 P.A.N.）
- 2.5 杯溫水
- 1 茶匙鹽
- 1 杯馬蘇里拉起司絲或 白起司（西班牙語稱為 queso blanco）
- 1 湯匙油或奶油（用於烹飪）

#### 做法：

1. 在碗中，將溫水和鹽混合。慢慢拌入玉米粉。
2. 揉至順滑，靜置 5 分鐘。
3. 做成小圓餅。
4. 在煎鍋中以中火加熱油。玉米餅每面煎 4–5 分鐘，直至呈金黃色。
5. 切開，趁熱填入乳酪。



### 치즈를 곁들인 미니 아레파스 (베네수엘라/콜롬비아)

빠르고 맛있는 라틴 아메리카 필수품!

#### 재료:

- 익혀놓은 콘밀 가루 2컵(Masarepa – 예: P.A.N.)
- 따뜻한 물 2 & 1/2컵
- 소금 1작은술
- 잘게 썬 모짜렐라 또는 케소 블랑코 1컵
- 기름 또는 버터 1큰술(요리용)

#### 요리법

1. 그릇에 따뜻한 물과 소금을 섞습니다. 콘밀가루를 섞어면서 천천히 저어줍니다.



2. 부드러워질 때까지 반죽하고 5분 동안 그대로 방치해 둡니다.
3. 반죽을 작은 둥근 패티 모양으로 만듭니다.
4. 프라이팬에 기름을 두르고 중불로 가열합니다. 황금색이 될 때까지 패티를 한 면당 4-5분 동안 요리합니다.
5. 뜨거운 상태에 반을 가르고 그속에 치즈를 채웁니다.

따뜻하게 즐기십시오!

간식이나 축하용 접시의 일부로 내놓아도 좋습니다.



# 혼자 계신 '어르신'들을 위한 전인적 돌봄 헤리티지 페이스

혼자 계시더라도, 혼자가 아닙니다.  
의료전문가가 가족이 되어 드립니다.

- 전담 의료진 및 병원 연계
- 처방약 집으로 배달
- 의료보조기기 및 장비 제공 (위커, 휠체어 등)
- 샤워 보조, 청소, 세탁 등 홈케어
- 건강식 식사 준비 및 배달
- 병원·센터 교통 지원
- 사회적 교류 및 정서적 프로그램



아프지 말라고 손 잡아주던 그날,  
혼자가 아니라는 걸 알았어요.

집에서, 또는 센터에서 서비스를 받으실 수 있으며, 모든 것을 함께 도와드립니다.  
삶의 품격을 지켜드리는 따뜻한 동반자



상담문의

☎ 888-804-1118

🌐 www.heritagepace.org

## Olive Hill Pharmacy

On the 2<sup>nd</sup> Floor of Administration Building

Business Hours

9:30 AM-6:00 PM(Monday-Friday)

Tel:(213)680-2000

## 올리브힐 약국

관리사무소 건물 2 층에 있습니다

## Olive Hill 药店

位于管理办公室的二楼

Tel: (213)680-2000



### HIGH-SPEED WIFI IN YOUR APARTMENT!

Use all your devices at once without interruption.

公寓內配有高速WiFi  
一次性使用所有設備而不會中斷。

아파트의 고속 무선 인터넷  
중단없이 모든 장치를 한 번에 사용하십시오.

Call (310) 928-1644 or  
Email jeff@commercialconnectivity.com

CCS is pleased to support the Angelus Plaza Senior Activity Center.

## UMBRELLA HOSPICE CARE

☎ 323 272 3648

☎ 323 272 3680

✉ PatientCare@UmbrellaHospiceCare.com

📍 4221 Wilshire Blvd #170-14  
Los Angeles CA 90010

- 전문 간호사 방문
- 작업 및 물리치료
- 소셜 워커
- 케어기버 코디네이션
- 전문 개인 도움 서비스

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#### \*예배안내

- 주일예배: 오전 11시

- 새벽기도회: 오전 5시 30분 (화-금)

#### \*예배장소

- 255 S Hill St 본관 5층 Los Angeles, CA 90012

#### \*교회 연락처

- Phone: (213)550-7089

- Email: gjohn1017@gmail.com