





AUGUST 2025

SUNDAY

MONDAY 😽

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

DAILY ACTIVITY CLASSES - FREE TO RESIDENTS AND COMMUNITY AGED 62 AND OLDER				
8:00 Tai Chi (3AR) 9:00 Strength and Stretch w/Cesar (3A) 10:00 Angelus Plaza Choir (4A)	7:30 Chinese Folk Dance w/Angel (3L) 8:00 Tai Chi (3AR) 9:00 Art Class w/Armando (304) 9:00 Yoga & Mediation w/Cesar (3L) 10:00 Spanish Class w/Anthony (3C) 10:00 Korean Folk Dance (4CAF)	7:30 Kung Fu w/Angel (3L) 8:00 Tai Chi (3AR) 9:30 Zumba w/Sara (3L) 1:00 Chinese Karaoke Club (4A) 1:30 Computer Technology Clinic w/Derek (3CL)	7:30 Chinese Folk Dance w/Angel (3L) 8:00 Tai Chi (3AR) 9:00 ESL Class w/Mary (CL) 9:00 Zumba w/Fransini (P) 10:00 Yoga & Meditation w/Cesar (3L) 10:00 Spanish Class w/Anthony (3C) 1:00 English Literacy w/Mary (CL) 1:00 English Literacy w/Mary (3CL) 3:00 Line Dance for Beginners w/Anna (3AR) 7:30 Kung Fu w/Angel (3L) 8:00 Tai Chi (3AR) 9:00 Cardio Workout w/Cesar (P) 10:00 Guitar Class (4A) 12:00 Korean Folk Dance (3L) 1:30 Computer Technology Clinic w/Derek (3CL) 2:00 Korean-American Art (4A) Calligraphy Class w/Mr. Yoon (304)	8:00 Tai Chi (3AR) 9:00 Balance Exercise
SPECIAL MONTHLY EVENTS - FREE TO RESIDENTS AND COMMUNITY AGED 62 AND OLDER				
31	LOCATION KEY (3SAC) Senior Activity Center (3L) Library (3CL) 3rd Floor Computer Lab (3C) 3rd Floor Conference Room (3AR) 3rd Floor Activity Room	LOCATION KEY Cont. (4A) 4th Floor Auditorium (4CAF) 4th Floor Cafeteria (5WiFi) 5th Floor Lounge (5DR) 5th Floor Dining Room (PD) Promenade Deck	SUMMER*	
3	1:30 pm Overboard (2018) (3L)	5	7	Art Appreciation Day 1:00 pm (31)



1:30 pm Spare Parts (2015)(3L)



24th Annual **Senior Talent Show** 1st Rehearsal 1:00 pm (4A)

24th Annual

Senior Talent Show

2nd Rehearsal w/DJ Ryan

1:00 pm (4A)

Health Lecture by SEEN Health & PACE Program - 2:00 pm (3L) (Presented in Chinese Language)

Health Lecture by Purpose Driven Physician

(in Korean) - 2:00 pm (3L)

6:00 p.m. Chinese Resident Birthday Party (4CAF)

Art Appreciation Day 1:00 pm (3L)

25

1:30 pm A Day Late and A Dollar Short (2014)(3L)

1:30 pm

(1995)

(3L)

Major Payne

A DAY LATE A DOLLAR SHORT

Miss and Mrs. Cops

13



29

24th Annual Senior Talent Show/DJ Ryan Sponsored by PIH Heath Good Samaritin 1:30 pm (4A)



23

28

Resident Birthday Party w/ Mike & Mandy 2:00 pm (Promenade)