



Angelus Plaza Senior Activity Center
A Retirement Housing Foundation® Community
255 South Hill Street
Los Angeles, CA 90012

Phone (213) 623-4352
Fax (213) 626-0280
TDD (800) 545-1833, Ext. 359

www.angelusplaza.org

**~ The Angelus Plaza Waitlist
is Currently Closed ~**



Located in the heart of Downtown L.A.'s Historic Bunker Hill District, Angelus Plaza is the largest affordable housing community for older adults in the nation. The Plaza and its Senior Activity Center opened in 1980. Five high-rise towers house a diverse community of 1400 adults with an average age of 82. The six-story Senior Activity Center provides a variety of supportive services, programs, and amenities. We collaborate with outside organizations, volunteers, and senior clubs to provide activities for older adults living downtown and surrounding areas. The Senior Activity Center serves approximately 8,000 older adults monthly. Our programs emphasize ongoing education, a healthy and active lifestyle, multi-cultural understanding, and intergenerational involvement. Our programs are free, and open to all seniors (age 55+).

We welcome donations to support programs and services.



**Notification of
Nondiscrimination on
Basis of Disability Status**

Retirement Housing Foundation does not discriminate on the basis of disability status in the admission or access, or treatment of employment in its federally assisted programs. The person named below has been designated to coordinate compliance with nondiscrimination requirements contained in the Department of Housing and Urban Development's regulations implementing Section 504 (24CFR, Part 8 dated June 2, 1998).

Yuri Escandon, VP
Affordable Housing Operations
Retirement Housing Foundation
911 N. Studebaker Road,
Long Beach, CA 90815
Telephone: 562-257-5100
TDD 800-545-1833, ext. 359



The *Flight*
by **Angelus Plaza**

A Retirement Housing Foundation® Community

WELBE BINGO

Sponsored by Welbe Health
Wednesday, 3/06 at 1:30 p.m.
Library

**ST. PATRICK'S DAY CELEBRATION
W/DJ RYAN**

Thursday, 3/07 at 1:30 p.m.
Promenade

GOOD SLEEP WORKSHOP

Tuesday, 3/12 at 1:30 p.m.: Korean / 2:30 p.m.: Chinese
Brought to you by SILVER, SSG
Library

**CHAT WITH FAST RECOVERY
HOME HEALTH**

Thursday, 3/14 at 1:30 p.m. - 5th Floor Dining Room

HEALTH LECTURE BY PIH

Thursday, 3/21 at 1:30 p.m. - 5th Floor Dining Room

**RESIDENT'S BIRTHDAY CELEBRATION
W/YASHA**

Thursday, 3/28 from 2:00 p.m. - Promenade

**MARCH
Message**

May peace and plenty bless your world
With a joy that long endures
And may all life's passing seasons
Bring the best to you and yours."

~ Irish Blessing





DEAR SO. CAL GAS COMPANY!

What a success! Angelus Plaza Residents and guests had a Lunar New Year Celebration on February 8, 2024 and it was unforgettable because of your sponsorship!

On behalf of the Angelus Plaza Senior Activity Center and Angelus Plaza Residents and guests, we want to extend a heart-felt thank you for your commitment to making this event so successful. Traditional music, Lion dancers, beautiful decoration and amazing food – all happened because of your generosity and support. We truly appreciated the help of the volunteers; it would not be that easy without your help.

You are truly appreciated.

Sincerely,
Angelus Plaza Senior Activity Center Team

Thank You
Volunteers

LOOKING FOR VOLUNTEERS FOR OUR COMMUNITY!

The benefits of volunteering are almost too much to count! There are social, emotional, physical, and professional perks. Volunteering also builds up the community, helps to end loneliness, increases socializing, builds bonds, creates friends, develops emotional stability, promotes longevity, and can even reduce the risk of Alzheimer's Disease. Studies from the *Journal of Gerontology* indicate that social service helps to improve elasticity in the brain. As volunteers age, volunteering can help to maintain the connections in their brains that often break down in Alzheimer's patients. Any social interaction can help delay or prevent Alzheimer's, and volunteering can be a wonderful way to do just that. Volunteering adds fun to your years and leads to graceful aging. In fact, older people who volunteer often feel younger and chronically-ill people may have fewer symptoms and pain. Some research has even found that volunteers may have less heart disease. If you are ready to make friends, improve mental and physical health, and maybe even develop some new skills along the way, start volunteering! You can change your life and the lives of others when you do. Don't overlook the benefits of volunteering, and instead, embrace them! Here, at Angelus Plaza, we value our volunteers. We acknowledge and celebrate their amazing work with our Volunteer Recognition Luncheon in November, provide free coffee and snacks at any time, and offer free unlimited xerox copy access, and so much more. Become a Volunteer at Angelus Plaza! Call Jacquie at (213) 623-4352, ext. 4022, and find more about our Volunteer Program.

WELBE BINGO!
Wednesday, March 6
at 1:30 p.m.
Library

Sponsored by Welbe Health

Join us for this exciting game of chance
Bingo Winners can look forward to
Special Prizes!



CLUBS AT ANGELUS PLAZA

DANCE

CHINESE RESIDENTS CLUB

Monday (3AR): 1:00 p.m. - 3:00 p.m.
Thursday (3AR): 1:00 p.m. - 3:00 p.m.

KOREAN FOLK DANCE

Monday (4A)
10:00 a.m. - 12:00 p.m.

LATIN-AMERICAN CLUB

Sunday (3AR)
12:30 p.m. - 4:30 p.m.

LOS ANGELES COUNCIL FILIPINO-AMERICAN SENIOR DANCE CLUB

Tuesday and Friday (3AR)
11:00 a.m. - 2:30 p.m.

MUSIC

ANGELUS PLAZA CHOIR BY LA HOPE CHURCH

Sunday (4A)
10:00 a.m. and 1:00 p.m.

CHINESE FOLK MUSIC

Tuesday (Room 313)
3:30 p.m. - 5:00 p.m.

KOREAN CHORUS

Saturday (4A)
10:00 a.m. - 12:00 p.m.

RECREATION / SOCIAL BILLIARDS (POOL)

Monday to Friday (3AR)
8:30 a.m. - 4:00 p.m.

KOREAN ASSOCIATION CLUB

Monday to Friday (Room 410)
9:30 a.m. - 11:30 a.m.

LATIN-AMERICAN GAME CLUB

Wednesday (4CAF)
1:00 p.m. - 4:00 p.m.

PING-PONG

Monday to Friday (3AR)
6:00 - 11:00 a.m. / 4:00 - 8:00 p.m.
Saturday, Sunday (3AR)
6:00 a.m. - 8:00 p.m.

THRIFTY SHOP

Tuesday and Thursday (Room 403)
9:00 a.m. - 12:00 p.m.

SPIRITUAL SERVICES AT ANGELUS PLAZA

ANGEL'S MISSION CHURCH

Monday - Saturday 5:00 - 7:00 a.m.
Sunday: 10:00 a.m.
3rd Floor, Library

CHINATOWN CHURCH OF CHRIST

Thursday - 10:00 a.m. to 12:00 p.m.
3rd Floor, Room 313

1ST CHINESE FCBC

2nd and 4th Saturday, Library
1:00 - 5:00 p.m.

THE GLOBAL LOVE'S CHURCH

Monday - Saturday
5th Floor Dining Room
5:00 - 7:00 a.m.
Sunday Services
11:00 a.m. to 4:00 p.m.

GRAPEVINE CLUB AT LOS ANGELES

1st Sunday / 2nd Saturday
5:00 to 10:00 p.m.
4th Floor, Auditorium

GLORY CHURCH OF JESUS CHRIST

3rd Wednesday / 2:30 to 4:00 p.m.
Library

JOYFUL CHRISTIAN COMMUNITY CHURCH BIBLE STUDY

2nd Wednesday - 9:00 - 11:30 a.m.
5th Floor, Dining Room

LA HOPE CHURCH SERVICES

Sunday - 11:00 a.m.
4th Floor, Auditorium

SHALOM ISRAEL AMERICA BY LA ONNURI CHURCH

1st Saturday of the Month and
2/21, 4/4, 10/16, 12/18
10:00 a.m. - 2:00 p.m.

ST. BASIL KOREAN CATHOLIC CHURCH

3rd Saturday - 10:00 a.m. to 2:00 p.m.
3rd Floor, Library

TRUE LOVE CHURCH

Daily, 5:00 - 6:00 a.m.
Sunday: 10:00 a.m. to 2:00 p.m.
245 S. Hill St., Bldg-C, Community Rm

YOUNG NAK PRESBYTERIAN CHURCH OF LOS ANGELES BIBLE STUDY

3rd Thursday of the Month
3:00 p.m. - 4th Floor, Auditorium

A RETIREMENT HOUSING
FOUNDATION® COMMUNITY

MARCH
7

St. Patrick's
Day
Celebration
featuring DJ Ryan

Thursday, March 7
at 1:30 p.m.
Promenade

Enjoy good cheer, a wee bit
of mischief, music and Irish
snacks! Be sure to wear
your lucky green, or you
might get pinched!

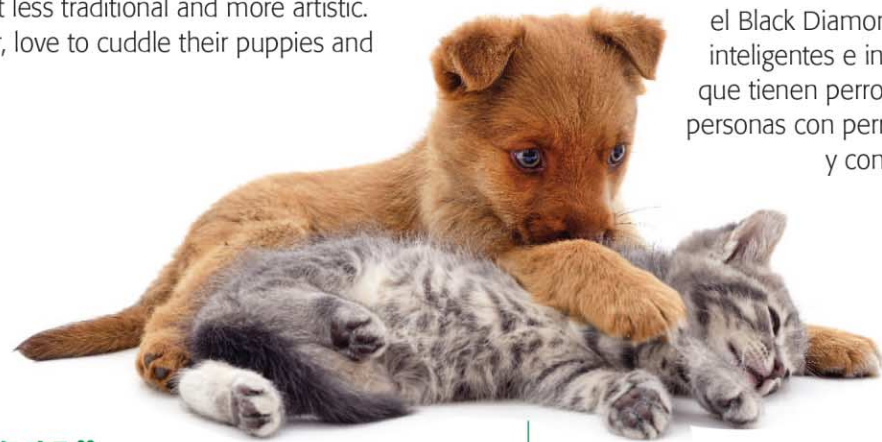


CELEBRATING NATIONAL PUPPY DAY AND CUDDLY KITTEN DAY: "PAWS AND PURRS"

Being around animals can be very beneficial health wise. It helps to reduce anxiety, tension, stress hormones, and even lower our blood pressure and heart rate. And of course, animals make people feel less isolated and alone. Did you know that even just petting a dog or cat can lower your risk of heart attack, seizure and stroke? March 23 is a National Puppy Day and Cuddly Kitten Day. Even though it's been shown that cat lovers and dog people often exhibit totally different personalities, they still are united in their love for these delightful animals! At the Westminster Dog Show, dog authorities argue that they are outgoing while cat people are sometimes seen as more aloof. Cat owners at the Black Diamond Cat Show say they are more intelligent and independent than their dog-owning counterparts. According to researchers, dog people are more extroverted, agreeable, and conscientious. Cat lovers tend to be a bit less traditional and more artistic. Both parties, however, love to cuddle their puppies and kittens!

慶祝小狗和可愛的小貓日：“爪子和咕嚕聲”

與動物在一起對您的健康非常有益。它有助於減少焦慮、緊張、壓力，甚至降低我們的血壓和心率。當然，動物讓人們感覺不那麼孤立和孤獨。您是否知道，即使只是撫摸狗或貓也可以降低心臟病發作、癲癇發作和中風的風險？3月23日是全國小狗和可愛小貓日。貓主人和狗主人都對這些可愛的動物充滿熱愛！在威斯敏斯特狗展上，狗的權威人士認為，狗很外向，而貓的主人有時被認為比較冷漠。黑鑽貓展上的貓主人表示，他們比養狗的人更聰明、更獨立。研究人員表示，養狗的人比較外向、隨和、認真。愛貓人士往往不那麼傳統，而更藝術。然而，雙方都喜歡擁抱他們的小狗和小貓！



CELEBRANDO EL DÍA NACIONAL DEL CACHORRO Y EL DÍA DEL GATITO DE PELUCHE: "PATAS Y RONRONEOS"

Estar cerca de animales puede ser muy beneficioso para la salud. Ayuda a reducir la ansiedad, la tensión, las hormonas del estrés e incluso a reducir la presión arterial y la frecuencia cardíaca. Y, por supuesto, los animales hacen que las personas se sientan menos aisladas y solas. ¿Sabías que incluso el simple hecho de acariciar a un perro o gato puede reducir el riesgo de ataque cardíaco, convulsiones y accidentes cerebrovasculares? El 23 de marzo es el Día Nacional del Cachorro y el Día del Gatito de Peluche. A pesar de que se ha demostrado que el gato los amantes y los amantes de los perros a menudo exhiben personalidades totalmente diferentes, ¡todavía están unidos en su amor por estos encantadores animales! En la Exposición Canina de Westminster, las autoridades caninas argumentan que son extrovertidos, mientras que los amantes de los gatos a veces son vistos como más distantes. Los dueños de gatos en el Black Diamond Cat Show dicen que son más inteligentes e independientes que sus contrapartes que tienen perros. Según los investigadores, las personas con perros son más extrovertidas, agradables y concienzudas.

전국 강아지 날과 귀여운 새끼 고양이의 날을 기념하기: “강아지발과 가르랑”

동물과 함께 있는 것은 건강 측면에 매우 유익할 수 있습니다. 이것은 불안, 긴장, 스트레스 호르몬을 줄일 뿐 아니라 혈압과 심박수를 낮추는 데 도움이 됩니다.

또한 물론 동물은 사람들이 고립감과 외로움을 덜 느끼게 해줍니다. 당신은 개나 고양이를 쓰다듬는 것만으로도 심장마비, 발작, 뇌졸중의 위험을 낮출 수 있다는 사실을 알고 계셨나요?

3월 23일은 전국 강아지 날과 귀여운 새끼 고양이의 날입니다.

고양이 애호가와 개 애호가는 종종 완전히 다른 성격을 보인다는 것이 밝혀졌지만 그들은 여전히 이 유쾌한 동물에 대한 사랑으로 하나가 되어 있습니다!

웨스트민스터 도그 쇼(Westminster Dog Show)에서 반려견 당국은 이들이 외향적이라고 주장하는 반면 고양이파 사람들은 가끔 냉담한 것으로 보여집니다. 블랙 다이아몬드 캣 쇼(Black Diamond Cat Show)에 참가한 고양이 주인들은 반려견을 키우는 그 반대파들보다 그들이 더 똑똑하고 독립적이라고 말합니다.

반려견을 키우는 사람들은 더 외향적이고, 유쾌하며, 양심적이라고 연구자들은 말합니다. 고양이 애호가들은 조금 덜 전통적이고 더 예술적인 경향이 있습니다.

그러나 당사자들 모두 강아지와 새끼 고양이를 껴안는 것을 좋아하지요!

Memories in the Making!



HIGH-SPEED WIFI IN YOUR APARTMENT!

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一次性使用所有設備而不會中斷。

아파트의 고속 무선 인터넷
중단없이 모든 장치를 한 번에 사용하십시오.

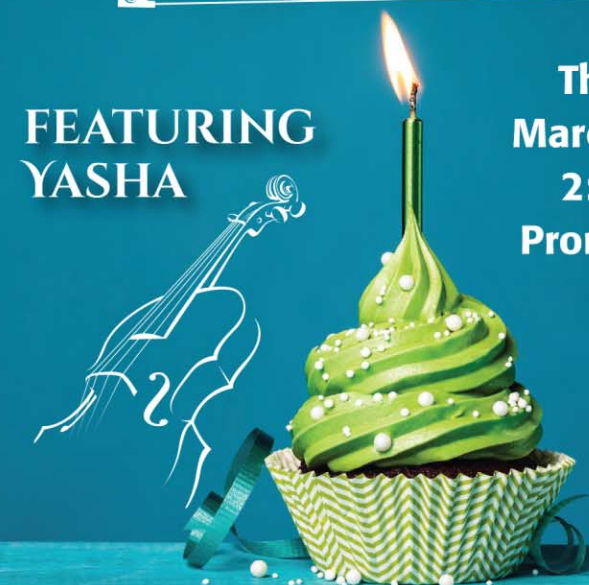
Call (310) 928-1644 or

Email jeff@commercialconnectivity.com

CCS is pleased to support the Angelus Plaza Senior Activity Center.

RESIDENT BIRTHDAY CELEBRATION

FEATURING
YASHA





















Thursday,
March 28 at
2:00 p.m.
Promenade



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

DAILY ACTIVITY CLASSES						
8:15 Zumba Gold with Saida (P)	7:30 Chinese Folk Dance (P) 8:30 Tai Chi (3AR) 9:00 Zumba Gold w/Saida (P) 9:00 Art Class w/Armando (304) 10:00 Spanish Class w/Anthony (3C) 10:00 Korean Folk Dance (4CAF) 1:00 Computer Class w/Roy (3CL) 2:00 Korean Karaoke (4CAF)	7:30 Kung Fu (P) 8:30 Tai Chi (3AR) 9:30 Move w/Music w/Andy (P) 1:00 Chinese Karaoke Club (3L) 1:30 Computer Technology Clinic w/Joanna (3CL) 4:35 Middle Eastern Dance w/Danny (3AR)	7:30 Chinese Folk Dance w/Angel (P) 8:30 Kung Fu w/Angel (P) 9:00 ESL Class (CL) 9:00 Zumba w/Fransini (P) 10:00 Yoga & Meditation w/Cesar (3L) 10:00 Spanish Class w/Anthony (3C) 1:00 Computer 101 w/Mary (3CL) 3:00 Line Dance for Beginners w/Anna (3AR)	8:30 Tai Chi (3AR) 9:00 Cardio Workout w/Cesar (P) 1:00 Korean Worship Dance (3L) 1:30 Computer Technology Clinic w/Joanna (3CL) 2:00 Korean-American Art (304) 3:00 Latin Dance w/Anita (3AR)	8:30 Tai Chi (3AR) 9:00 Balance Exercise w/Cesar (P) 9:00 ESL Class w/Mary (CL) 10:30 English Conversation w/Alyce (3C) 1:00 Project H.A.N.D.S. (3C)	8:15 Zumba Gold with Saida (P) 10:00 Korean Chorus (4CAF)

FOR OUTINGS & SHOPPING SHUTTLES, PLEASE REGISTER BY CALLING (213) 623-4352, EXT. 4023 OR IN PERSON AT THE SENIOR ACTIVITY CENTER, 3RD FLOOR

31  Easter Sunday	LOCATION KEY (3SAC) Senior Activity Center (3L) Library (3CL) 3rd Floor Computer Lab (3C) 3rd Floor Conference Room (3AR) 3rd Floor Activity Room		(4A) 4th Floor Auditorium (4CAF) 4th Floor Cafeteria (5WiFi) 5th Floor Lounge (5DR) 5th Floor Dining Room (PD) Promenade Deck			1 2
3	4 1:30 p.m. "Timetable" (1956) (3L) 	5	6 1:30 p.m. Welbe Bingo (Library) Sponsored by Welbe Health 3:00 p.m. Art Class w/Nate (304)	7 1:30 p.m. St. Patrick's Day Celebration w/DJ Ryan (Promenade) 	8 Korean Movie <i>Our Season</i> 3일의 휴가 1:30 p.m. (3L) 	9
10 Daylight Savings Time Begins	11 1:30 p.m. "The Luck of the Irish" (1948) (3L) 	12  Check-In by 9:00 a.m. Costco (3SAC) 1:30 p.m.: Korean / 2:30 p.m.: Chinese Good Sleep Workshop(3L) Brought to you by SILVER, SSG	13  3:00 p.m. Art Class w/Nate (304)	14  Check-In by 9:00 a.m. Daiso (3SAC) 1:30 .m. - Chat with Fast Recovery Home Health- 5 DR	15	16
17 St. Patrick's Day 	18 1:30 p.m. "Topkapi" (1964) (3L) 	19 Spring Begins  Check-In by 9:00 a.m. Walmart (3SAC)	20  Korean Movie <i>Miss Fortune</i> 화사한 그녀 1:30 p.m. (3L) 6:00 p.m. Chinese Resident Birthday Party (4CAF)	21  Check-In by 9:00 a.m. 99 Ranch Market (3SAC) 1:30 .m. Health Lecture by PIH- 5DR	22	23 Happy Purim  Purim Begins
24 Palm Sunday	25 1:30 p.m. "The Raid" (1954) (3L) 	26 Check-In by 9:00 a.m. Cabrillo Beach (3SAC) Korean Friendship Bell	27	28  Check-In by 9:00 a.m. Gaju (3SAC) 2:00 p.m - Resident's Birthday Celebration w/Yasha Promenade	29 Good Friday Chinese Movie Hi Mom 你好，李焕英 1:30 p.m. (3L) 	30

RECIPE BY
CHEF ANDY
BUILDING A MANAGER



YUKON GOLD & LEEK SOUP

INGREDIENTS

- 1 pound Yukon gold potatoes, peeled and diced
- 4 ea. fresh leek, white and light green parts only, sliced
- 6 cups chicken broth or 2 cubes of chicken bouillon (1 cube makes 3 cups)
- 2 tablespoons unsalted butter
- tt. sea salt
- 2 sprigs of fresh thyme
- 1/4 tsp. white or black pepper
- 1/2 cup sour cream
- Hand-held blender or counter top blender

INSTRUCTIONS

In an 8 qt. pot, add the chicken broth, potato, leek, thyme and bring to a boil. Once it boils, lower the heat to medium, then stir a little and let the potato cook until tender. Turn off the heat, add the butter, and remove the stems from the thyme. With a hand-held blender, blend the ingredients until completely pureed. Add in the sour cream, then enhance the flavor with salt and white pepper to taste.
Note: a cornstarch slurry may be used to adjust the thickness of the soup to individual's liking. Soup must be on low to medium heat to get the slurry to activate.

Cornstarch Slurry - 1 tbsp. of cornstarch to 2 tbsp. of water or 1 to 2 ratio.

SOPA YUKON GOLD Y PUERROS

INGREDIENTES

- 1 libra de papa Yukon Gold, pelada y cortada en cubitos
- 4 c/u. puerro fresco, solo las partes blancas y verdes claras, en rodajas
- 6 tazas de caldo de pollo o 2 cubitos de caldo de pollo (1 cubito rinde 3 tazas)
- 2 cucharadas de mantequilla sin sal
- sal marina
- 2 ramitas de tomillo fresco
- 1/4 cucharadita pimienta blanca o negra
- 1/2 taza de crema agria
- Batidora de mano o batidora de mostrador

INSTRUCCIONES

En unos 8 cuartos. En una olla, agrega el caldo de pollo, la papa, el puerro, el tomillo y deja hervir. Una vez que hierva baje el fuego a medio. revuelve un poco y deja que la papa se cocine hasta que esté tierna. Apaga el fuego, añade la mantequilla y retira el tallo del tomillo. Con una batidora de mano, mezcle el ingrediente hasta que esté completamente mezclado. Agregue la crema agria y ajuste el sabor con sal y pimienta blanca al gusto.

Nota: se puede usar una mezcla de maicena para ajustar el espesor de la sopa al gusto de cada persona. La sopa debe estar a fuego bajo a medio para que se active la mezcla. Lechada de maicena: 1 cucharada. de maicena por 2 cucharadas. de agua o proporción 1 a 2

薯仔和韭菜湯

原料:

- 1磅育空金薯仔(黃薯仔), 去皮切丁
- 4根新鮮韭菜, 僅白色和淺綠色部分, 切片
- 6杯雞湯;或將2塊雞湯放入3杯水
- 2大匙無鹽奶油
- 2小枝新鮮百里香
- 海鹽
- 1/4茶匙白胡椒或黑胡椒
- 1/2杯酸奶油
- 浸入式攪拌機或普通攪拌機

指示:

在8誇脫的鍋中: 加入雞湯、薯仔、韭菜、百里香。煮滾。一旦沸騰, 將火調至中火, 然後稍微攪拌, 讓薯仔煮至變軟。關掉火, 加入奶油, 去掉百里香的莖(把百里香葉留在湯裡)。將成分混合直至完全變成泥狀。加酸奶油, 然後用海鹽和白胡椒調味。

注意: 如果您想要湯濃稠, 可將1湯匙玉米澱粉和2湯匙水放入碗中混合。用低至中火將其添加到湯中, 然後混合。

골드유콘과 리크 수프

재료

- 1 파운드 골드유콘 감자, 껍질을 벗긴 후에 주사위 모양으로 썰기
- 생 리크 4개, 흰색과 연 초록 부위만, 슬라이스 하기
- 6컵의 치킨브로스 또는 2 큐브의 치킨 부용 (1개의 큐브는 3컵을 만들수 있습니다)
- 2 큰술 무염버터
- 1 작은 술 천일염
- 2줄기의 생 타임
- 1/4 작은술 후추가루
- 1/2 컵 사워크림
- 손 블렌더/믹서기 또는 카운터톱 블렌더/믹서기

요리법

8 쿼트 사이즈 냄비에 치킨브로스, 감자, 리크, 타임을 넣고 끓입니다. 끓게되면 불을 중간불로 줄인 후에 감자가 완전히 익을때까지 조금 휘저어 줍니다. 불을 끈 후에 버터를 넣고 타임 줄기대를 골라냅니다. 모든 재료가 완전히 질게 될때까지 손 믹서기로 돌립니다. 사워크림을 넣고 맛을 위해 소금과 후추가루를 넣어 풍미를 높입니다.

참고: 각자의 취향에 맞게 스프의 걸죽하게 하는것은 물에 푼 감자전분으로 조정합니다. 스프의 걸죽함을 조정하려면 불을 중간불로 줄여야합니다.

감자전분물- 감자전분가루 1 큰술과 물 2 큰술이거나 1대2 비율.



Thank you Fast Recovery Home Health for sponsoring our lovely Valentine's Day Event on February 16. Residents truly enjoyed their pastry treats and coffee.



Fast Recovery
Home Health Care, Inc.

4221 Wilshire Blvd., #170-8, Los Angeles, CA 90010
(818) 245-5367

Our Services Include

Mobile Physician Services
Skilled Nursing Services
Physical & Occupational Therapists
Medical Social Workers
Care Giver Coordination



소중한 가족의 마지막 순간까지 저희 오렌지 호스피스가 사랑으로 함께 하겠습니다.

Where can we receive hospice services?
Our specialized team will visit the patient at their current residence to provide services and supply all necessary medical equipment and medications.

Who pays for hospice care?
Hospice expenses are fully covered by Medicare, ensuring no financial burden on the patient. Additionally, prescription medications, medical equipment, and room charges are also provided by hospice services.

Orange Hospice will lovingly be by your side, for every special moment until the very end.

어디서 호스피스 서비스를 받나요?
환자가 현재 거주하는 곳으로 전문팀이 방문해 서비스를 제공하고, 필요한 의료용품 및 의약품들을 공급해 드립니다.

호스피스 비용 부담은?
호스피스 비용은 메디케어에서 전액 지원함으로 환자의 부담은 전혀 없습니다. 또한 조제약이나 의료기구, 장비 등도 호스피스에서 제공됩니다.

한국어 상담
562.237.3298
엔젤레스 플라자 담당 팀장이 방문하여 친절하게 상담해 드립니다.

주7일 24시간 여러분과 함께합니다.
T. 714.790.0594

Orange Hospice

Olive Hill Pharmacy

On the 2nd Floor of Administration Building

Business Hours
9:30 AM-6:00 PM(Monday-Friday)
Tel:(213)680-2000

올리브힐 약국

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Olive Hill 药店

位于管理办公室的二楼

Tel: (213)680-2000



나성소망교회

예배시간: 주일 오전 11시
예배장소: (본관 4층)
255 S. Hill St. #401
Los Angeles, CA 90012
마스크를 착용하고 거리두기를 하면서 예배할 것입니다
213.550.7377
www.lahopecchurch.com

담임목사: 김재율

섬김 프로그램

- 자연발상:** 주일 예배 후
발아 현미밥과 풍성한 야채와 과일, 건강식 반찬
- 무로한방의료봉사:** 매달 첫 주일 1-3PM
경산한의원과대학병원 원장과 기독교한의사 협회
- 기타교실(Guitar Class):**
목 10:30-11:30AM, 주일 2-3PM
정신건강과 치매예방에 넘버원!
- 엔젤스합창단(Choir):** 수, 주일 1:00-2:00PM
- 나성소망한국학교:** 매 주일 오후
1,2,3세 토탈 교육 현장 - 한국어, 영어, 수학, 스토리텔링, 음악, 미술

부속기관

소망수양관
3270 N. Mountain Springs Rd., Pinon Hills, CA 92372 | 213.500.7013

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call 213.633.4777.

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The Global Love's Church

"사랑해요, 감사해요, 함께해요!"

***예배안내**
- 주일예배: 오전 11시
- 새벽기도회: 오전 5시 30분 (화-금)

***예배장소**
- 255 S Hill St 본관 5층 Los Angeles, CA 90012

***교회 연락처**
- Phone: (213)550-7089
- Email: gjohn1017@gmail.com