


## Towers August

*Menu Subject to Change*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1st Line Soup of the Day</b>  <b>Check Lunch Boards For Chef Daily Special</b>		<b>1.Chicken Gnocchi</b>  Meatloaf Fish & Chips Baby Carrots Broccoli Spears Steak Fries	<b>2.Italian Wedding</b>  Roast Turkey Pulled Pork Sandwich Peas & Mushrooms Cauliflower Au Gratin Baked Beans	<b>3. Turkey Noodle</b>  Salisbury Steak Broiled Tilapia Green Beans Stewed Tomatoes Red Roasted Potatoes	<b>4.Tomato</b>  Teriyaki Chicken Swedish Meatballs Vegetable Medley Cream Corn Jasmine Rice
<b>5.Clam Chowder</b>	<b>6.Minestrone</b>	<b>7.Egg Drop Soup</b>	<b>8.Turkey Chili</b>	<b>9.Cream Of Potato</b>	<b>10.Gumbo</b>	<b>11.Vegetable</b>
Pot Roast Broccoli Stuffed Chicken Root Vegetables Italian Green Beans Tri Color Potatoes	Pork With Apple Chutney Herb Roasted Chicken Spinach Grilled Squash Mac & Cheese	Beef & Broccoli Sweet & Sour Chicken Oriental Blend Spring Roll Fried Rice	Fried Catfish Stuffed Cabbage Zucchini Collard Greens Hushpuppies	Beef Tips Chicken Alfredo Corn Broccoli Cuts Rice Pilaf	Veal Stew Stuffed Sole Peas Roasted Vegetables Yellow Rice	Pepperoni Pizza Chicken Picatta Asparagus Brussel Sprouts Scalloped Potatoes
<b>12.Lentil</b>	<b>13.Black Bean</b>	<b>14.Crawfish Chowder</b>	<b>15.Chicken &amp; Rice</b>	<b>16.Cream Of Mushroom</b>	<b>17.Enchilada Soup</b>	<b>18.Tomato Basil</b>
Glazed Ham Beef Brisket Succotash French Cut Green Beans Mashed Sweet Potatoes	Manicotti Carnitas Pork Mixed Vegetables Cream Spinach Black Beans & Rice	Grilled Salmon Corned Beef Cabbage Baby Carrots Boiled Potatoes	Spaghetti W/Meat sauce Seafood Salad Croissant Italian Blend Squash & Zucchini Lima Beans	BBQ Pork Sandwich Swiss Steak Green Beans Harvard Beets Waffle Fries	Beef Taco Salad Enchiladas Calico Corn Breaded Veggie Stick Refried Beans	Sloppy Joe Pecan Chicken Capri Blend Cauliflower Shoestring Fries
<b>19.Manhattan Chowder</b>	<b>20.Navy Bean &amp; Ham</b>	<b>21.Sausage/Parm/Kale</b>	<b>22.Cheddar &amp; Broccoli</b>	<b>23.Pasta de Fagioli</b>	<b>24.Beef Barley</b>	<b>25.Chicken &amp; Dumpling</b>
Roast Turkey W/Dressing Sweet & Sour Pork Green Bean Casserole Asian Blend Vegetable White Rice	Eggplant Parmesan BBQ Ribs Stewed Tomatoes Corn Cobbett's Baked Beans	Country Fried Steak Liver & Onions Seasoned Zucchini Broccoli Spears Wild Rice	Pork Tenderloin Meatball Hoagie Cream Spinach Brussel Sprouts Onion Rings	Tuna Casserole Chicken Marsala Field Peas Squash Rice Pilaf	Tortilla Incrusted Tilapia Portabella Swiss Burger Fried Green Tomatoes Asparagus Mac & Cheese	Chicken W/Spinach Artichoke Catfish Mustard Greens Fried Okra Butter Beans
<b>26.Corn Chowder</b>	<b>27.Chili</b>	<b>28.Beef Stew</b>	<b>29.Split Pea &amp; Ham</b>	<b>30.Loaded Potato</b>	<b>31.Tomato Florentine</b>	
Shrimp Skewers Tenderloin Tips Peas & Carrots Mushroom & Onions Jasmine Rice	Greek Burger Coconut Shrimp Summer Squash Winter Blend Baby Bakers	Lemon Pepper Tilapia Fried Chicken Seasoned Spinach Green Beans Au Gratin Potatoes	Spaghetti W/Meatballs Waldorf Salad California Blend Cauliflower Scalloped Potatoes	Shepherds Pie Linguini W/ Clam Sauce Tuscany Blend Okra & Tomatoes Pinto Beans	Chicken Wings Grilled Mahi Prince Edward Blend Broccoli Spears Wild Rice	