

DECEMBER 2018

Pioneer House

415 P Street Sacramento, CA 95814 * (916) 442- 4906



Robert Godfrey
Executive Director

Jill Garcia
Director of Nursing

Yolanda Wertman
Business Office Manager

Stephanie Butler
Human Resources

Amy Nash
Assisted Living Coordinator

Sandhya Mala
Social Services Director

Frances Santillan
Director of Marketing

Candace Worthen
Director of Activities

Shawana Brown
Food Service Director

Lonnie Anderson
Environmental Services

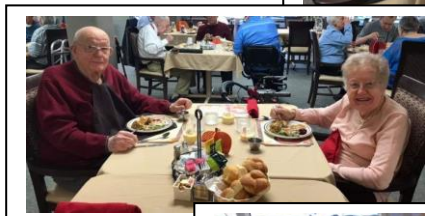
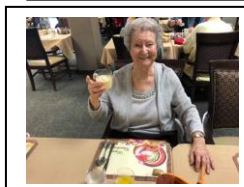
Roop Lal
Maintenance Supervisor

JOLLY
Jingle
MIX *and*
Mingle

JOIN US FOR
Breakfast for dinner
Friday December 14th
5:30pm
Dining Room

TUESDAY DECEMBER 4TH
MUSIC W/MIKE ELY 1:30PM
Friday December 7th
Music w/ Antonio 1:30pm
Sunday December 9th
Music w/ Mindwinder Production 3-5pm
Monday December 10th
Hats & Taps 2:00pm
Tuesday December 11th
Music w/ Benny 1:30pm
WEDNESDAY DECEMBER 12TH
CAROLING W/CALPERS 1:30PM
Wednesday December 12th
Westminster Caroling 6pm
Saturday December 15th
Cub Scout 128 Christmas Caroling 3pm
Tuesday December 18th
Music w/ Alvin 1:30pm
THURSDAY DECEMBER 20TH
CHRISTMAS PIANO RECITALS 6PM
Monday December 31st
Music w/Clint 4pm

Thanksgiving Lunch

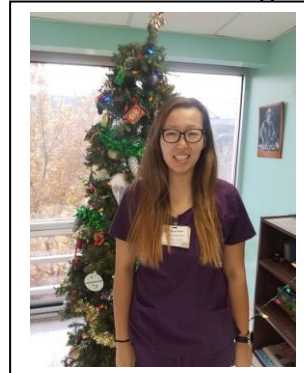


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thANKS
gIVING



Employee of the Month

Hannah Hetherington



Hannah Hetherington has a genuine heart. She is very caring and has patience with our patients. She can be seen caring for residents not necessarily in her section, such a good team player. Observed her teaching a stroke resident to sing and speak with small phrases. She is definitely an asset to our Pioneer House team. Way to go Hannah!

6th Floor News

Santa Coming to Town
Wednesday December 19th
10:30am



Movie & Eggnog
Tuesdays and Saturdays
4:30pm



Look at the dailies for more Christmas activities.

Book Club



Pick up new book
December 14th
2:00pm

A new thriller from #1 New York Times bestselling author and "Queen of Suspense" Mary Higgins Clark. When a terrible crime shocks a New Jersey community, all signs point to one suspect. But if he's innocent as he claims, it means the murderer is still out there...

In astrology, the Archers of Sagittarius are those born between December 1–21. These open-minded travelers are in constant motion, searching the globe for meaning. Curious, optimistic, and enthusiastic, they are not afraid of change and treasure freedom. Those born from December 22–31 are Capricorn's Goats. Goats are focused on lofty goals; these hardworking and determined souls will prevail with grit and resilience.

BIRTHDAY COLORS

December 1–2: Cream

People born under this color are active, sporty, and competitive. They don't hold grudges and adjust easily to new situations.

December 3–12: Aqua

Aqua people can change their feelings suddenly and easily. They are truthful and generally believe in other people. They like adventure and love to travel.

December 13–22: Lime

If you were born lime, you appear calm even when you are in a stressful situation. You can get jealous (lime green with envy), but you are devoted. You have the kind of personality that makes everyone trust and like you.

December 23: Olive

Olive people are cheerful, warm, kind, and lighthearted. They seem to get along well with friends and family.

December 24–31: Purple

Those born purple are mysterious, popular, and unselfish. They are curious and easily interested in things.

Please Note: All activities are subject to change at any time. RCFE# 340300522

December Birthdays

12/02: Harvey Laib
12/03: Joyce Mundel
12/04: Daniel Martinez
12/04: Terry Zuccaro
12/11: Chuck Schepel
12/20: John Dierking
12/20: Elsie Hayes
12/26: Jean Harlow
12/28: Lydia Wacker

Birthday Party
Thursday December 27th
3pm
Activity Room

Around the World

How do you say *December* in different languages?

- Italian – Dicembre
- Spanish – Diciembre
- Portuguese – Dezembro
- German – Dezember
- French – Décembre
- Danish, Norwegian, Swedish, Flemish, Dutch, and English – December

December Full Moon

Known as the cold moon, the long night moon, or the wolf moon, for Native Americans it was a symbol of Coming full circle. As we reach the end of the year and look forward to the beginning of a new year, take some time this month to reflect and Appreciate the past year. What are your hopes for the coming year?

What's Lucky in December?

Lucky Colors: Blue and Green
Lucky Days: Tuesday and Saturday
Lucky Numbers: 2 and 8
Lucky Letters: D and R
Lucky Animal: Reindeer