

September 2019

Pioneer House

415 P Street Sacramento, CA 95814 || (916) 442- 4906



Robert Godfrey
Executive Director

Jill Garcia
Director of Nursing

Ann Pierson
Business Office Manager

Sandhya Mala
Social Services Director

**Frances Santillan
& Desiere Martinez**
Director of Marketing

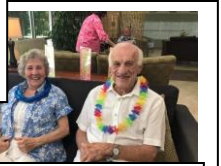
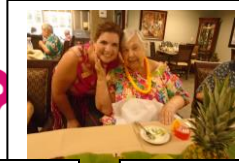
Stephanie Butler
Human Resources

Candace Worthen
Director of Activities

Shawana Brown
Food Service Director

Caesar Goldsby
Maintenance Supervisor
Environmental Services

August Events



Goodbye Jill



Director of nurses Jill Garcia is moving onto retirement after working six years at Pioneer House. She will be tending to many things that give her joy. Being grandma to her 6 grandchildren is at the top of her list. She will also be enjoying her lake home up north. Jill has spent most of her nursing career here in sacramento. She started out in Salinas California and early on move up here to start her family. Jill has worked in long term care with the geriatric population. She has a great understanding and knowledge of this ever changing field. She will be greatly missed by her team and the rest of the Pioneer House family. We wish her well on her next adventure.



Shriners Hospitals for Children®

Wednesday, September 4th
10:30am

Touring the hospital, also dropping off Project Hands donation.



Wednesday, September 11th
11:00am



Wednesday, September 18th
11:00am

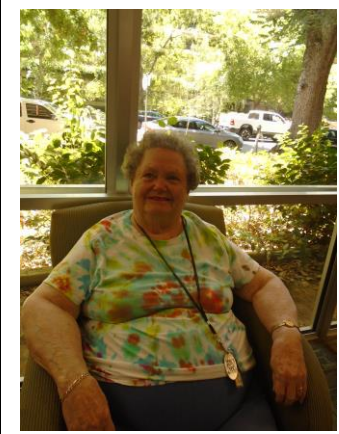
Shopping & Outings

9/4	8:30	Safeway & Rite Aid
	10:30	Shriner's Hospital
	Tour &	Project Hands Donation
	1:30	Dollar Tree
9/11	8:30	Trader Joe's & CVS
	11:00	Out to Lunch at Denny's
	1:30	Target
9/18	8:30	Raley's
	11:00	Out to lunch California Fish Grill
	1:30	99 Cent Store
9/25	8:30	SaveMart
	11:00	Out to lunch Mod Pizza
	1:30	Wal-Mart



Wednesday, September 25th
11:00am

Resident of the month



Liz Marshment

Read about Liz on the 1st floor

Employee of the Month

Jasmine Collins



Jasmine is our September employee of the month. She has been working in Assisted living department for a year. Sometimes can be very shy, but don't let that fool you. She is very hard working and loves helping others. On her free time she enjoys spending time with her kids Thank you Jasmin for what you do.

Read about her story of the 1st floor

Library News

Bookmoblie: The bookmoblie will be here the 2nd Thursday, September 12th

Book Club: The club is currently reading Your own books, discussion on 2nd Tuesday, September 10th at 11am in Library
Next Book is [The Great Alone](#) by Kristin Hannah

Volunteers: Thank you Miles Snyder

FOOTBALL TRIVIA

1. What is it called when a quarterback or other player on offense gets sacked/tackled in their own end zone?
2. What does "three and out" mean?
3. What is a "Hail Mary"?
4. When would you try to maneuver a two-point conversion?
5. What is the red zone?
6. Which football positions usually have numbers between 1-19?
7. The home team is required to provide how many footballs for game play (not including kicking situations)?
8. Which official functions as the backup timekeeper?
9. Which member of the offensive team can request a playable ball during inclement weather conditions?
10. Which two officials are responsible for ruling on the success of a field goal attempt?

ANSWERS: (1) Safety (2) The offense doesn't get a first down, and they take three downs on the fourth down they punt the ball away (3) A play in which the receivers are all sent downfield towards the end zone (4) After scoring a touchdown (5) Any yard lines in-between the offenses opponents end zone and their 20-yard line (6) Kickers and Quarterbacks (7) 24 (8) Line Judge (9) Center (10) Back Judge and Field Judge

Pioneer House Celebrate Mickey 102nd Birthday



Mickey was born 1917 in Oklahoma. Both parents were farmers. She got married at the young age of sixteen and had four children. After her children grew up she got a job washing clothes at a dry cleaner. Now in days you can find Mickey enjoying her wordsearch books, trivia and socials up on the 6th floor.



September Birthdays

Judith Borchert	9/4	
Mildred Roberts	9/9	102!
Hoover Ebbert	9/10	
Doreen Mathis	9/14	
Richard Pye	9/21	
David Fann	9/16	
Anne Kmeto	9/22	

Birthday Party
Thursday, September 26th
Activity Room

3:00pm

What's Cookin' in September?

Oat & Honey Banana Bread



Ingredients:

- 1/2 cup honey
- 1/3 cup extra virgin olive oil
- 2 eggs
- 1/4 cup milk
- 2 large ripe bananas, mashed
- 1/2 cup plus 1 teaspoon rolled oats, divided
- 1 3/4 cups flour
- 2 teaspoons baking powder
- 2 teaspoons cinnamon

Directions

1. Preheat oven to 350°F. Spray a standard-size loaf pan with cooking spray.
2. Whisk honey and oil in large bowl. Stir in eggs, milk, and bananas. Stir 1/2 cup oats, flour, baking powder, cinnamon, vanilla, and salt.
3. Transfer mixture into the prepared loaf pan. Sprinkle