

SEPTEMBER 2018

Pioneer House

415 P Street Sacramento, CA 95814 * (916) 442- 4906



Robert Godfrey
Executive Director

Jill Garcia
Director of Nursing

Yolanda Wertman
Business Office Manager

Stephanie Butler
Human Resources

Amy Nash
Assisted Living Coordinator

Sandhya Mala
Social Services Director

Frances Santillan
Director of Marketing

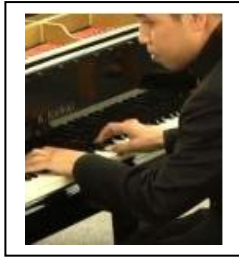
Candace Worthen
Director of Activities

Shawana Brown
Food Service Director

Lonnie Anderson
Environmental Services

Roop Lal
Maintenance Supervisor





**Music at Noon
Wednesday 5th
Leaving 11:30am**

Music At Noon is meeting the needs of those who desire beauty and tranquility in the middle of their day; it is also meeting the needs of musicians who desire to communicate their art to the community.



**California Museum
Wednesday 5th
Leaving 1:30pm**

Home of the official California Hall of Fame, the California Museum educates and enlightens visitors on California's rich history and unique influence on the world through innovation, the arts and culture.

Admission \$7.50



**Red Lobster
Wednesday 12th**

Red Lobster is a chain of restaurants that specializes in serving quality seafood and fresh fish! The restaurant serves a variety of different fish & seafood entrees, side dishes, and salads.

Shopping & Outings

- 9/5 8:30 Safeway & Rite Aide
- 11:30 Music at Noon
Sack Lunch will be provided,
Sign up at the front desk
- 1:30 California Museum \$7.50

- 9/12 8:30 Trader Joes
- 11:00 Out to Lunch
Red Lobster

- 9/13 1:15 Hornblowers \$18.00
Spots are limited

- 9/19 8:30 Raleys
- 11:00 Out to Lunch
Old Ironsides

- 9/26 8:30 Save Mart
- 11:00 Target
- 1:30 Wal-Mart

Be sure to sign up at the front desk as spots fill up quickly



**HORNBLOWER
Thursday 13th**

In this delightful one-hour **Sacramento** river cruise, we'll sail past Old **Sacramento's** famous historical sites, including the Delta King, the I Street Bridge, the Tower Bridge, and the Air Force Docks.

Admission \$18.00



**Old Ironsides
Wednesday 19th**

The **Old Ironsides** menu offers a long list of Mediterranean influenced burgers and sandwiches. Join us for lunch in Downtown Sacramento

Activity Department news

Anyone interested in Pinochle, Bridge, or Scrabble? Let Candace know

6th Floor News

Labor day Picnic on Patio

Cheese Tasting Wednesday Sept 5th

Tea & Chat Thursday Sept 6th & 20th

New Who wants to be a millionaire Game!

Employee of the Month

Ashley Thorne



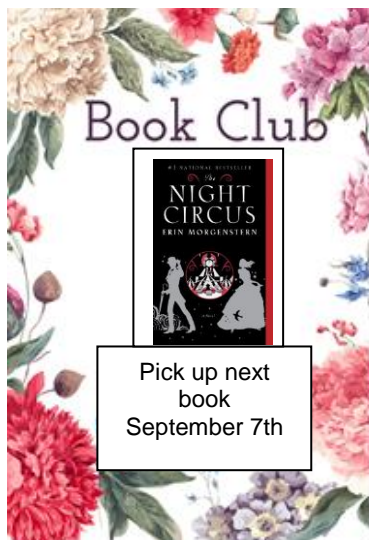
Ashley has been a valued employee at Pioneer House since August 2017. She always has a smile, and is very patient. Ashley primarily works on our 6th floor skilled unit, where she is adored by not only fellow employees, but the residents as well.



Thank you Shirley for pulling off another tag on our wish tree!

Reminder

Alpha One
Monthly Blood Pressure
Every 3rd Friday
10:30am - 11:00am
In the Lobby



The **circus** arrives without warning. No announcements precede it. It is simply there, when yesterday it was not. Within the black-and-white striped canvas tents is an utterly unique experience full of breathtaking amazements.

Horoscopes and Birthdays

In astrology, Virgo's Virgins are those born between September 1–22. Virgos are one of the most careful signs of the zodiac. They pay attention to detail, analyze problems, and plan so as to leave nothing to chance. These amazing listeners give excellent advice. Those born from September 23–30 balance the scales of Libra. Libras strive for balance, avoid conflict, and desire fairness for everyone. To achieve this, they are sociable, strategic, charming, and diplomatic.



Birthstone – Sapphire

The sapphire is the September birthstone. Some linguists and astrologists believe that its name comes from the Sanskrit word *sanipriya*, meaning “sacred to Saturn.” Next to the diamond, the sapphire is one of the hardest materials known. Sapphires come in many colors (ranging from yellow to green and orange), but the finest sapphire color is a rich, velvety cornflower blue.



What's Lucky in September?

- Lucky Colors: Gold and Brick Red
- Lucky Days: Monday and Friday
- Lucky Numbers: 6 and 9
- Lucky Letters: S and R
- Lucky Plant: Apple Tree

September Birthdays

Judith Borcher	9/04	
Virginia King	9/09	
Mildred Roberts	9/09	
Hoover Ebbert	9/10	
Lena Brown	9/14	104
Doreen Mathis	9/14	
David Fann	9/16	
Richard Pye	9/21	
Anne Kmeto	9/22	

September Birthday Party
September 27th
3:00pm
Activity Room



- Boxcar Willie (singer) – September 1, 1931
- Mort Walker (cartoonist) – September 3, 1923
- Grandma Moses (painter) – September 7, 1860
- Otis Redding (singer) – September 9, 1941
- Arnold Palmer (golfer) – September 10, 1929
- Agatha Christie (writer) – September 15, 1890
- Peter Falk (actor) – September 16, 1927
- H.G. Wells (writer) – September 21, 1866
- Jim Henson (puppeteer) – September 24, 1936
- Linda Hamilton (actress) – September 26, 1956
- Ed Sullivan (TV host) – September 28, 1901
- Johnny Mathis (singer) – September 30, 1935