

November 2019

# Pioneer House

415 P Street Sacramento, CA 95814 | (916) 442- 4906



**Robert Godfrey**  
Executive Director

**Paula Limoges**  
Director of Nursing

**Ann Pierson**  
Business Office Manager

**Sandhya Mala**  
Social Services Director

**Frances Santillan  
& Desiere Martinez**  
Director of Marketing

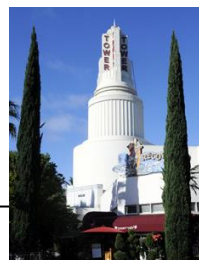
**Stephanie Butler**  
Human Resources

**Candace Worthen**  
Director of Activities

**Shawana Brown**  
Food Service Director

**Caesar Goldsby**  
Maintenance Supervisor  
Environmental Services

## October Events



## *Resident of the month*



**Suzanne B.**



WEDNESDAY, NOVEMBER 6<sup>TH</sup>

11:00AM

Marie Calendar's

operates over 65 restaurants and 1 East Side Mario's restaurant in the United States and Mexico.

And while many things have changed, one thing will always remain the same the quality and care that goes into making each and every one of our legendary pies.

And for that, we can all be thankful



WEDNESDAY, NOVEMBER 13<sup>TH</sup>

11:00AM

Panera Bread Company chain of bakery-café' fast casual restaurants in the United States and Canada, Offerings include soups, salads, pasta, sandwiches, specialty drinks and bakery items.



WEDNESDAY, NOVEMBER 20<sup>TH</sup>

10:00AM

#### What Makes Mandarin Hill Orchards Citrus So Good?

The answer is simple. The warm days and cool nights in our little foothills town of Penryn are perfect for growing citrus. We let our fruit stay on our trees until they are at their peak of ripeness, and pick them by hand to make sure each one is as sweet and delicious as possible. **Lunch will be provided.**

## Shopping & Outings

11/6	8:30	Safeway & Rite Aide
	11:00	Out to Lunch at Marie Callenders
	1:30	Dollar Tree
11/13	8:30	Trader Joes & CVS
	11:00	Out to Lunch at Panera
	2:00	Target
11/20	8:30	Raley's
	10:00	Mandarin Hill & Lunch provided
	2:00	99 Cent Store
11/27	8:30	Save Mart
	11:00	California Museum
	1:30	Wal-Mart



CALIFORNIA MUSEUM

VISIT THE

CALIFORNIA MUSEUM

WEDNESDAY 27<sup>TH</sup>

11:00AM ADMISSION \$7.50

Located one block from the California State Capitol on the corner of 10th and O Streets, The California Museum is a short distance from many of the Sacramento region's points of interest highlighting California's past and present. Enhance your visit to the Museum by exploring more of the area's historical and cultural attractions listed on the sites below.

One of our residents is a published author. She has provided the Pioneer House library with a copy of one of her books, which you may wish to borrow. It's called **The Haunting of Wicker House**. She may loan others from time to time.

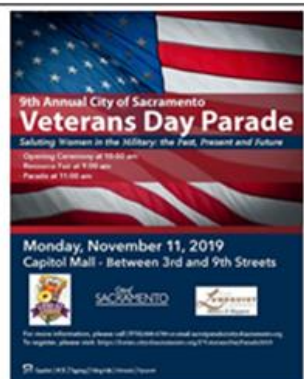
In *The Haunting of Wicker House*, orphaned 14-year-old Kaitlyn comes to live with her ailing great-aunt, who is being cared for by a doctor Kaitlyn distrusts at first meeting. Lonely in the big house in Sacramento, she befriends four ghosts, none of whom understands why they are haunting Wicker House. They tell her about the doctor's hidden agenda. He believes there is a treasure in the house, hidden by Kaitlyn's great-grandfather, and he intends to find it.



Harriet is a resident at Pioneer House, who has written and published ten books, all available at [www.Amazon.com](http://www.Amazon.com).

They are: *The Haunting of Wicker House*; *Omni: An Outer Space Adventure*; *Jennifer's Journey*; *The Wizard's Key*, and *Adventures in Fyelda*. *Heritage* is a Young Adult ghost story, and *Nature's Gory* is a thriller. *The Last Dragon* and *The Alabasters* are short story collections. Her latest book, set in prehistoric times, is *The Dawn People*. She has also published several short stories, two of which have appeared in anthologies.

On Harriet's Author website, at [www.darlingbooks.com](http://www.darlingbooks.com), there are blogs and more short stories, if you're interested.



## Employee of the Month

Mary Hill



Pioneer House is proud to announce Mary Hill as our November Employee of the Month. She has been with Pioneer House since 2015 and is an excellent team player. She primarily works on the 6<sup>th</sup> floor. Mary is amazing with our residents and is a good team player. She is always willing to help without any hesitation.

## Independent & Assisted Living News Looking For:

### Bridge Players!!



Bridge group  
Starts in November on  
Wednesdays  
At 2:30pm  
Activity Room





## Library News

**Bookmobile:** The bookmobile will be here the 2<sup>nd</sup> Thursday, November 14<sup>th</sup>

**Book Club:** The club is currently reading Kiyo Story & Just Mercy, discussion on 2<sup>nd</sup> Tuesday, November 12<sup>th</sup> at 11am in Library  
Next Book is [Nightingale by Kristin Hannah](#)

## November Birthdays

Ruth Hodges	11/5
Rachel Bates	11/7
Glenda Monte	11/13
Joy Ebbert	11/21
Warner Brown	11/21
Peter Tutschka	11/23
Mary Duefrene	11/25
Hortencia Lozano	11/27

Birthday Party  
Thursday November 21<sup>st</sup>  
3:00pm  
Activity Room

## What's Cookin' in November?

### Leftover Thanksgiving Turkey Salad Sandwich

A no-bake recipe

#### Ingredients:

- 1 pound leftover turkey, chopped
- 1 stalk celery, diced
- 1/2 green bell pepper, diced
- 1/2 red onion, diced
- 1/2 cup dried cranberries
- 1/2 cup mayonnaise
- 1/4 cup apple cider vinegar
- Salt and pepper

#### Directions

1. Combine turkey, celery, pepper, onion, cranberries, Mayonnaise, vinegar, salt, and pepper in a large bowl.
2. Divide salad evenly between 4 slices of bread. Top each With one slice of bread. Serve immediately.

