

May 2020

Pioneer House

415 P Street Sacramento, CA 95814 | (916) 442- 4906



Robert Godfrey
Executive Director

Luz Ashimi
Director of Nursing

Jennifer Northart
Director of Nursing
Assistant

Ann Pierson
Business Office Manager

Sandhya Mala
Social Services Director

Kayla Frazier
ALU Manager

Desiere Martinez
Director of Marketing

Stephanie Butler
Human Resources

Candace Worthen
Director of Activities

Shawana Brown
Food Service Director

Caesar Goldsby
Maintenance Supervisor
Environmental Services

KEEP IN TOUCH While Social Distancing

Get Crafty

Work on something together, apart!

- Puzzling
- Scrapbooking
- Recipe Sharing
- Jewelry Making
- Cloth Masks
- Project Hands



Knowledge is Power

Reading Books/ magazine
Watch documentaries

Listen to your Body, Mind
& Sprit

Listening to Music
Learn a foreign language

- **Spanish Phrases**

Cinco de Mayo- The fifth of May
Hola- Hello

Buenos dias- Good Morning
Buenas tardes- Good Afternoon
Buenas Noches- Good Night

It's the Thought That Counts

- Pen Pals
- Give them a call



Stay Social

Stay connected with your loved ones by:

Sharing photos
Instant Messaging & Video chatting

May Birthdays

James B	5/1
Marian H	5/5
David A	5/19
Helen A	5/24
Don M	5/27

Birthday Cart

Thursday May 21st

@2:30pm



May Special Events-

5/2 Mock tails & Chocolate Cream Pies

5/5 Quesadilla Cart

5/10 Special Mother's day snack & Dinner

5/18 Snacks for Queen

5/21 Birthday Party Cart

5/ 25 Memorial Day BBQ

Employee of the Month Cerissa Peete



Cerissa is our May employee of the month. She has been working in Assisted living department for 7 years as a Med Tech. Sometimes can be very shy, but don't let that fool you. She is very hard working and loves helping others. On her free time she enjoys spending time with her family & kids. Thank you Cerissa for what you do.





