

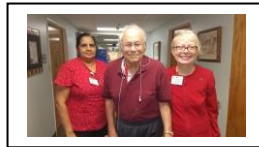
March 2019

Pioneer House

415 P Street Sacramento, CA 95814 * (916) 442-4906



February Events



Robert Godfrey
Executive Director

Jill Garcia
Director of Nursing

Stephanie Butler
Human Resources

Amy Nash
Assisted Living Coordinator

Sandhya Mala
Social Services Director

Frances Santillan
Director of Marketing

Candace Worthen
Director of Activities

Shawana Brown
Food Service Director

Lonnie Anderson
Environmental Services

Roop Lal
Maintenance Supervisor

St. Patrick's Day Parade

Presented by [Downtown Sacramento Partnership](#) at [Old Sacramento Waterfront](#), Sacramento CA

Mar 16



Hundreds of colorful marchers dressed in green, along with Irish and Highland dancers, pipe and drum bands, historic re-enactors and a variety of cultural organizations all join together to be a part of the 23rd annual St. Patrick's Day parade. The parade steps off promptly from Neasham and Front Streets in Old Sacramento Waterfront and proceeds throughout the national historic landmark district.

DATES & TIMES*

- **Mar 16, 2019 at 11:30 am - 03:00 pm (Sat)**



Wednesday, March 6th
11:00am

IHOP is an American multinational pancake house restaurant chain that specializes in breakfast foods.



Wednesday, March 13th
11:00am

You'll always find your game at **Red Hawk** Casino – with more than 2,500 slots ranging from one penny to \$25, and including the best in video slots, reel slots and all your favorite progressives.



Wednesday, March 20th
8:30am

Smart & Final is the smaller faster warehouse store where busy households find great savings on food, supplies and culinary equipment. We have everything you need.

Shopping & Outings

3/6 8:30 Safeway & Rite Aid
11:00 Out to Lunch at IHOP
1:30 Dollar Tree

3/13 8:30 Trader Joe's
11:00 Red Hawk Casino

3/20 8:30 Smart & Final
11:00 Out to Lunch
Johnny Rockets
1:30 99 Cent Store

3/27 8:30 Raley's
11:00 Crocker Art Museum
Admission \$8 for non members
1:30 Wal-Mart



Wednesday, March 20th
11:00am

The Johnny Rockets Group Inc. is an American restaurant franchise whose themed decor is based upon 1950s diner-style restaurants.



Wednesday, March 27th
11:00am
Admission \$8 for non members

Welcome our new staff

| | |
|----------------|------------------|
| Zena Micael | RN |
| Nikki Dinglasa | Receptionist/CNA |

Great Train Robbery

Starting at \$55 for Adults | 2.5 Hours | BBQ Buffet Lunch Included



Take a ride on the wild side, and live out your own old Western showdown aboard the Sacramento RiverTrain's Great Train Robbery. Keep a weathered eye on the horizon for greedy outlaws! But don't fret, our on-board Marshal will keep everyone safe!

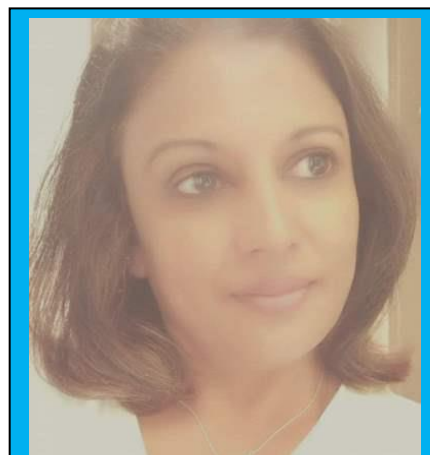
This 2.5-hour experience is fun for kids and adults alike, and you'll feel like you've traveled back in time as you're entertained with a live Wild West show. Relax in Elkhorn Park and enjoy a barbecue buffet lunch. You don't need to go far to find an amazing adventure!

Each ticket includes a 2.5-hour train ride, BBQ buffet lunch and Wild West show.

Sales end three hours before departure. **SPECIAL DIETARY REQUIREMENTS MUST BE SUBMITTED 24 HOURS IN ADVANCE, NO EXCEPTION**

Please let activity department know if your are interested by March 13th.

Employee of the Month Lata Kusum



Proud to announce our longest employee Lata Kusum is March's employee of the month. Started working at Pioneer House at the age of 19 in house keeping. After working in caregiving she found her nitch with activities. Lata goes far beyond the call of duty, doing more than others expect. She is always very helpful, works with a smile on her face and a skip in her step. Thank you!

Library News

Bookmobile: The bookmobile will be here the 2nd Thursday, March 14.

Book Club: The club is currently reading "The Language of flowers" by Vanessa Deffenbaugh
Next Book is Born a Crime

Volunteers: Looking for volunteers to help keep library organized. If interested come see activities





March Birthdays

| | |
|--------------------|------|
| Mildred Martin | 3/01 |
| John Meers | 3/04 |
| Liz Marshment | 3/09 |
| Margaret Sifuentes | 3/26 |
| Margaret Padilla | 3/30 |

Birthday Party
March 28th
Activity Room
3:00pm

What's Cookin' in March? Cauliflower Bacon Cheese Bites



Ingredients:

- Cooking spray
- 4 cups cauliflower florets, steamed and cooled
- 6 ounces bacon, cooked until crispy
- 1 egg
- 1 teaspoon baking powder
- 1/4 teaspoon salt
- 1/3 cup chopped scallions
- 1/2 cup coconut flour
- 1 cup shredded cheddar cheese

Directions

1. Preheat oven to 400°F. Spray a miniature muffin pan with cooking spray.
2. Place cauliflower in a food processor and process until the cauliflower looks like rice.
3. Combine cauliflower, bacon, egg, baking powder, salt, scallions, coconut flour, and cheese in a large bowl.
4. Spoon mixture by equal heaping tablespoonful into each muffin cup, pressing slightly to firm.
5. Bake 15 minutes. Allow to cool before serving.