

Mixed-Up Camping

Unscramble the letters to reveal words associated with camping.

- 1. RFOSET _____
- 2. MPOSACS _____
- 3. SLHHTFAGLI _____
- 4. CKACKAPB _____
- 5. RAONOC _____
- 6. ENTST _____
- 7. EOOMI SQUST _____
- 8. NTNRAEL _____
- 9. PICAFRME _____
- 10. BGU RSPYA _____
- 11. EUNRAT _____
- 12. RSATS _____
- 13. GPESLN EIBGA _____
- 14. EAVTUNDRE _____
- 15. SINIHFG _____
- 16. RULBSI ANOC _____
- 17. TCEENAN _____
- 18. ARI TERMASTS _____

JUNE BIRTHDAYS

Pat V	6/5
Janiece R	6/8
Patricia O	6/17
JD IL	6/25

Birthday Cart 6/25

Flag Day Quotes



- 1. "And so, my fellow Americans: ask not what your country can do for you—ask what you can do for your country." ~John F. Kennedy
- 2. "The things that the flag stand for were created by the experiences of a great people. Everything that it stands for was written by their lives. The flag is the embodiment, not of sentiment, but of history." ~Woodrow Wilson
- 3. "This nation will remain the land of the free only so long as it is the home of the brave." ~Elmer Davis



Robert Godfrey
Executive Director

Luz Ashimi
Director of Nursing

Jennifer Northart
Director of Nursing Assistant

Ann Pierson
Business Office Manager

Sandhya Mala
Social Services Director

Kayla Frazier
ALU Manager

Stephanie Butler
Human Resources

Candace Worthen
Director of Activities

Shawana Brown
Food Service Director

Employee of the Month

Francis San Miguel



Francis has been with our Food and Nutrition Department since March 2019. He hit the floor from the very beginning as a rock star. He values our residents and does over and beyond to make their dining experience exceptional. He is also a valued team player who is there for his coworkers by offering to work extra shifts for them in times of need. Thank you Francis for all you do at Pioneer House.

Pioneer House

RCFE # 340300522
415 P Street Sacramento, CA 95814 (916) 442- 4906

The Making of a Man

Not only is June 21 Father's Day, but June is Men's Health Month. All June long, we are asked to honor the men in our lives: dads, husbands, brothers, and uncles. Ironically, research suggests that men may be unsure of how best to honor themselves, partly because some men are questioning traditional definitions of manhood. The strong silent type. A man of action and not words. The breadwinner. The jock. The buffoon. All of these are common male stereotypes. And while working hard, enjoying sports, and joking around are certainly positive qualities, some psychologists argue that American society tends to overemphasize qualities of toughness, self-reliance, material wealth, and emotional detachment in boys and men. Qualities such as willingness to compromise, showing vulnerability, expressing emotions, and nurturing others are viewed as feminine and signs of weakness. This wasn't always so. In the late 19th century, men were expected to be compassionate caretakers. But when the bulk of men's work moved from the homestead to the factory, masculine ideals began to shift. In fact, the Boy Scouts were founded in 1910 to reinforce those qualities of loyalty, courteousness, and kindness that were feared to be lost. Many men today share similar fears.

JUNE SPECIAL EVENTS

- 6/1 Strawberry Parfaits
- 6/5 Ice Cream Social
- 6/12 Banana Splits
- 6/14 Flag Day
- 6/19 Ice Cream Social
- 6/20 Watermelon Day
- 6/21 Father's Day
- 6/25 Birthday Party
- 6/26 Ice Cream Soda Social



