

July 2019

Pioneer House

415 P Street Sacramento, CA 95814 * (916) 442-4906



Robert Godfrey
Executive Director

Jill Garcia
Director of Nursing

Amy Nash
Assisted Living Coordinator

Frances Santillan
Director of Marketing

Ann Pierson
Business Office Manager

Stephanie Butler
Human Resources

Sandhya Mala
Social Services Director

Candace Worthen
Director of Activities

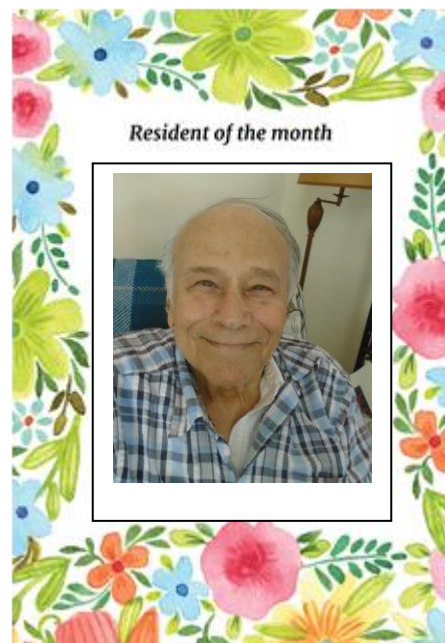
Shawana Brown
Food Service Director

Lonnie Anderson
Environmental Services

June Events



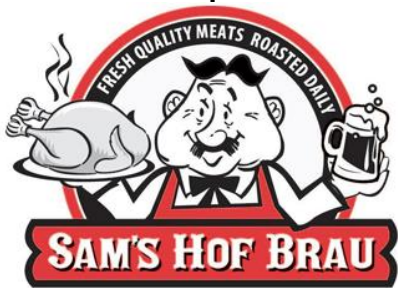
Men's Group



Read about Rick's life in the hallway next to the Library.



**Wednesday July 3rd
Rivert Cats
6:30pm**



**Wednesday July 10th
Sam's Hof Brau
11:00am**



**Thursday July 18th
California State Fair
10:30am**

We invite all branches of Military and Veteran services to enjoy a day making memories at the California State Fair with FREE Admission. This invitation is extended to dependents of active duty troops. Must show ID status at box office for FREE Admission.

The day will include:

- 11:00am Opening Ceremony
- US Army MH-6 Little Bird & MH-6 FRIES Demos
- Special performances on Community Stages
- The SaveMart California's Kitchen MRE Cooking Challenge
- Dozens of community booths specializing in services & resources for Military/Veterans/Dependents
- All the amusement, inspiration, and education the fair has to offer!
- Present your Military & Veteran ID, showing your status at the box office to receive FREE Admission.

We appreciate your service. Thank You, and see you at the CA State Fair!

Shopping & Outings

7/3	8:30	Safeway & Rite Aid
	11:00	Out to lunch Round table
	1:30	99 Cent Store
	6:30	River Cats Game
7/10	8:30	Trader Joes & CVS
	11:00	Out to Lunch Sam's Hof Brau
7/17	8:30	Raleys
	11:00	Shopping at Ross
7/18	10:30	California State Fair
7/24	8:30	Grocery Outlet
	11:00	Thrift Store
	1:30	Dollar Tree
7/31	8:30	Save Mart
	11:00	Target
	1:30	Wal- Mart
	6:30	After Dinner Out for Ice Cream At Gunther's



**Wednesday July 31st
Gunther's Ice Cream
6:30pm**

After dinner out for ice Cream at Gunther's. Gunther's Ice Cream uses the finest ingredients available, a slow, hand-controlled freezing process, and higher butterfat than commercial ice creams. The result is a richer, creamier ice cream that has made Gunther's famous for almost 80 years.

Welcome our new staff

Yaziel

CNA



Pioneer House is proud to celebrate
the
100th
Birthday of
Shirley G



Shirley was born in Arizona, she comes from a family of seven, four boys & three girls. She only had one daughter and was blessed with two grandchildren. Shirley retired from working at the State of California. Her favorite hobbies were being a seamstress and eating good food. Happy 100th Birthday Shirley, from your friends here at Pioneer House.



Empolyee of the month **Bethal Wondimu**



Pioneer House is pleased to announce Bethal as July employee of the month. Bethal has been apart of Pioneer House for 3 years as a CNA on the 6th floor. Sometimes can be very shy, but don't let that fool you. She is very hard working and loves helping others. On her free time she enjoys being with her family. Thank you for what you do.

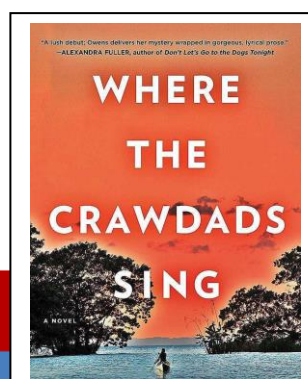
Library News

Bookmobile: The bookmoblie will be here the 2nd Thursday, July 11th

Book Club: The club is currently reading "The Guernsey Literary and Potato Peel Pie society" by Shaffer

Next Book is [Where the Crawdads sing](#) by Delia Owens

Volunteers: Thank you Patricia Olsen & Miles Snyder



Pick up
new Book
July 11th



In astrology, those born July 1–22 are the Crabs of Cancer. Guided by their hearts, Crabs are emotional and nurturing. They create deep bonds and comfortable homes, and are always willing to welcome people into their circle. Those born between July 23–31 are Lions of Leo. Leos are natural leaders: intelligent, courageous, and bold. Leos' social natures also make them excellent friends.



July Birthdays

Maria M	7/2
Rick B	7/8
Miles S	7/13
Ruby D	7/18
Nellie N	7/19
Faith O	7/21
Madeline B	7/23
Florence P	7/25 101!
Cathrine B	7/25
Nellie C	7/26
Marie A	7/29
Shirley G	7/30 100!

Birthday Party
July 25th
Activity Room
3:00pm



What's Cookin' in July?

Creamy Shrimp Dip

A no-bake recipe



Ingredients:

- 1 (8-ounce) package cream cheese, room temperature
- 1 cup sour cream
- 2 tablespoons lemon juice
- 1/4 teaspoon garlic salt
- 1/2 teaspoon Worcestershire sauce
- 1 cup cooked salad shrimp
- Chips for serving

Directions

1. Combine cream cheese, sour cream, lemon juice, garlic salt, and Worcestershire sauce in a small bowl. Stir in shrimp.
 2. Cover and chill for 1 hour.
 3. Serve with chips.
- Makes 8–10 servings*