

September 2018

Independent & Assisted Living

							10:00 Chair Yoga 10:30 Walking group 11:00 Gardening 1:30 Bingo 2:30 Darts 3:00 Finish the Phrase 3:30 Movie & Popcorn	1					
11:15 Church service 2:30 Color for Relaxation 3:00 Family Movie	2	10:00 Exercise 10:30 Walking group 11:00 Labor Day Trivia 12:00 Picnic on the Patio 1:30 Pokeno 3:00 Smoothie 3:30 Movie & Popcorn 4:15 Nature Walk	3	10:00 Light Weights 10:30 Walking group 11:00 Dining Mtg. 1:30 Word Games 2:30 Detective 3:00 Finish the Phrase 3:30 Movie 4:15 Nature Walk	4	10:00 Exercise 10:30 Walking group 11:00 Word Jumble 1:30 Music w/ Paul 2:30 Reminisce 3:00 Cheese Tasting 3:30 Documentary 4:15 Nature Walk	5	10:00 Tai Chi w/ Rowena 10:30 Walking group 11:00 Who am I? 1:30 Music w/ Mable 3:00 Resident Mtg. 3:30 Movie 4:15 Nature Walk	6	10:00 Exercise 10:30 Walking group 11:00 Trivia- 3 rd Floor 1:30 Pokeno 2:30 BOOK CLUB 3:00 Ice Cream Social 3:30 Documentary 4:15 Nature Walk	7	10:00 Chair Yoga 10:30 Walking group 11:00 Gardening 1:30 Bingo 2:30 Word Games 3:00 You Be the Judge 3:30 Movie & Popcorn	8
8:00 Grandparents Day Breakfast 11:15 Church service 2:30 Word Search 3:00 Family Movie <small>Grandparents Day</small>	9	10:00 Tai Chi w/ Rowena 10:30 Walking group 11:00 Gardening 1:30 Pokeno 3:00 Music w/SweetG's 4:15 Nature Walk <small>Rosh Hashanah</small>	10	10:00 Light Weights 10:30 Walking group 11:00 Coffee & Chat 1:30 Para Transit speaker 3:00 Honey Tasting 3:30 Movie 4:15 Nature Walk	11	10:00 Exercise 10:30 Walking group 11:00 What am I? 1:30 Beauty Box 2:30 Project Hands 3:00 Who am I? 3:30 Documentary 4:15 Nature Walk	12	10:00 Light Weights 10:30 Walking group 11:00 What am I? 1:30 Bingo 2:30 Convo. Ball 3:00 Making Soap 3:30 Movie 4:15 Nature Walk	13	10:00 Exercise 10:30 Walking group 11:00 Trivia- 3 rd Floor 1:30 Pokeno 2:30 Horse Shoes 3:00 Ice Cream Social 3:30 Documentary 4:15 Nature Walk	14	10:00 Chair Yoga 10:30 Walking group 11:00 Gardening 1:30 Bingo 2:30 Wheel of Fortune 3:00 Bowling 3:30 Movie & Popcorn	15
11:15 Church service 2:30 Color for Relaxation 3:00 Family Movie	16	10:00 Tai Chi w/ Rowena 10:30 Walking group 11:00 Jeopardy 1:30 Pokeno 3:00 Smoothies 3:30 Movie & Popcorn 4:15 Nature Walk	17	10:00 Light Weights 10:30 Walking group 11:00 Coffee & Chat 1:30 Music w/ Benny 3:00 Finish the Phrase 3:30 Movie 4:15 Nature Walk	18	10:00 Exercise 10:30 Walking group 11:00 Categories 1:30 Beauty Box 2:30 Sip & Paint 3:30 Documentary 4:15 Nature Walk <small>Yom Kippur</small>	19	10:00 Light Weights 10:30 Walking group 11:00 Who am I? 1:30 Bingo 2:30 You be the Judge 3:00 Project Hands 3:30 Movie 4:15 Nature Walk	20	10:00 Exercise 10:30 Walking group 11:00 Trivia- 3 rd Floor 1:15 Pokeno 2:15 Music w/ Alvin 3:00 Ice Cream Social 3:30 Documentary 4:15 Nature Walk	21	10:00 Chair Yoga 10:30 Walking group 11:00 Gardening 1:30 Bingo 2:30 Categories 3:00 You Be the Judge 3:30 Movie & Popcorn <small>Autumn Begins Oktoberfest Begins</small>	22
11:15 Church service 2:30 Word Search 3:00 Family Movie	23	10:00 Tai Chi w/ Rowena 10:30 Walking group 11:00 Gardening 1:30 Pokeno 3:00 Jewelry Making 3:30 Movie & Popcorn 4:15 Nature Walk <small>Sukkot</small>	24	10:00 Light Weights 10:30 Walking group 11:00 Activity Mtg. 1:30 Arts & Crafts 2:30 Wheel of Fortune 3:00 Smoothies 3:30 Movie 4:15 Nature Walk	25	10:00 Exercise 10:30 Walking group 11:00 What am I? 1:30 Beauty Box 2:30 Discuss & Recall 3:00 Watercolors w/ Marie 4:15 Nature Walk	26	10:00 Light Weights 10:30 Walking group 11:00 What am I? 1:30 Bingo 2:30 Convo. Ball 3:00 Birthday Party 4:15 Nature Walk	27	10:00 Exercise 10:30 Walking group 11:00 Trivia- 3 rd Floor 1:30 Pokeno 2:30 Bulls Eye 3:00 Ice Cream Social 3:30 Documentary 4:15 Nature Walk	28	10:00 Chair Yoga 10:30 Walking group 11:00 Gardening 1:30 Bingo 3:00 Jeopardy 3:30 Movie & Popcorn Join us for Alz Walk!	29
11:15 Church service 2:30 Color for Relaxation 3:00 Family Movie	30												