

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2019

## Independent & Assisted Living Pioneer House

			<p>10:00 Strength &amp; Balance <b>1</b> 10:30 Walking group 10:30 Walking group 11:00 What am I? 1:30 Beauty Box 2:30 May Day Craft 3:30 Documentary 4:15 Nature Walk</p> <p>May Day</p>	<p>10:00 Light Weights <b>2</b> 10:30 Walking group 11:00 Table Tennis 1:30 Bingo 2:30 Men's Group <b>3:00 Resident Council</b> 4:15 Nature Walk</p>	<p>10:00 Chair Exercise <b>3</b> 10:30 Walking group 11:00 Trivia- 3<sup>rd</sup>Floor 1:30 Pokeno 2:30 Fun with words 3:00 Ice Cream Social 3:30 Travelogue 4:15 Nature Walk</p>	<p>10:00 Chair Exercise <b>4</b> 10:30 Walking group 11:00 Paper flowers 1:30 Bingo 2:30 Chips and salsa 3:30 Movie 4:15 Nature Walk</p> <p>Celebrate Cinco de Mayo!</p>
<p>10:45 Church up on 6<sup>th</sup> <b>5</b> 2:30 Play Yahtzee in Library 3:00 Residents Movie Choice</p> <p>Cinco de Mayo</p>	<p>10:00 Chair Exercise <b>6</b> 10:30 Walking group 11:00 Bible Study 1:30 Pokeno 2:30 Jewelry Making 3:00 Gardening 3:30 Movie 4:15 Nature Walk</p> <p>Ramadan</p>	<p>10:00 Tone it up <b>7</b> 10:30 Walking group <b>11:00 Dining Mtg.</b> 1:30 Bowling <b>3:00 Music with Sweet G's</b> 4:15 Nature Walk</p>	<p>10:00 Strength &amp; Balance <b>8</b> 10:30 Walking group 11:00 What am I? 1:30 Beauty Box 2:30 Coconut Cream Pie day 3:30 Documentary 4:15 Nature Walk</p>	<p>10:00 Light Weights <b>9</b> 10:30 Walking group 11:00 Current Events Discussion 1:30 Bingo 2:30 Men's Group 3:00 Convo. Ball 4:15 Nature Walk</p>	<p>10:00 Chair Exercise <b>10</b> 10:30 Walking group 11:00 Trivia- 3<sup>rd</sup>Floor <b>1:30 Mother's day tea party with Antonio</b> 3:00 Ice Cream Social 3:30 Travelogue 4:15 Nature Walk</p>	<p>10:00 Chair Exercise <b>11</b> 10:30 Walking group 11:00 Fun with words In the Lobby 1:30 Bingo 2:30 Mother's day craft 3:00 Smoothies 3:30 Movie 4:15 Nature Walk</p>
<p>10:45 Church up on 6<sup>th</sup> <b>12</b> 2:30 Play Checkers in Library 3:00 Residents Movie Choice</p> <p>Mother's Day</p>	<p>10:00 Chair Exercise <b>13</b> 10:30 Walking group 11:00 Bible Study 1:30 Pokeno 2:30 Jewelry Making 3:00 Smoothies 3:30 Movie 4:15 Nature Walk</p>	<p>10:00 Tone it up <b>14</b> 10:30 Walking group 11:00 Coffee &amp; Chat 1:30 Horse Shoes 2:30 Make your own pizza 3:30 Movie 4:15 Nature Walk <b>Book Talk 11:00am Library</b></p>	<p>10:00 Strength &amp; Balance <b>15</b> 10:30 Walking group 11:00 Who am I? 1:30 Beauty Box 2:30 Easter word search <b>3:00 Music Mike Ely</b> 4:15 Nature Walk</p>	<p>10:00 Light Weights <b>16</b> 10:30 Walking group 11:00 Table Tennis 1:30 Bingo 2:30 Project Hands 3:00 Picture postcard 3:30 Movie 4:15 Nature Walk</p>	<p>10:00 Chair Exercise <b>17</b> 10:30 Walking group 11:00 Trivia- 3<sup>rd</sup>Floor 1:30 Pokeno 2:30 Name 5 3:00 Ice Cream Social 3:30 Travelogue 4:15 Nature Walk</p>	<p><b>10:00 Chair Zumba</b> <b>18</b> 10:30 Walking group 11:00 Jeopardy in the Lobby 1:30 Bingo 2:30 Armed Forces Trivia 3:30 Movie 4:15 Nature Walk</p> <p>Armed Forces Day</p>
<p>10:45 Church up on 6<sup>th</sup> <b>19</b> 2:30 Play Yahtzee in Library</p>	<p>10:00 Chair Exercise <b>20</b> 10:30 Walking group 11:00 Bible Study 1:30 Pokeno 2:30 Jewelry Making 3:00 Which Queen Am I? 3:30 Movie 4:15 Nature Walk</p> <p>Victoria Day (Canada)</p>	<p>10:00 Tone it up T <b>21</b> 10:30 Walking group 11:00 Coffee &amp; Chat <b>1:30 Music with Alvin</b> 2:30 Sip &amp; Paint 3:30 Movie 4:15 Nature Walk</p>	<p>10:00 Strength &amp; Balance <b>22</b> 10:30 Walking group 11:00 Cranium Crunches 1:30 Beauty Box 2:30 Scrapbooking 3:30 Documentary 4:15 Nature Walk</p>	<p>10:00 Light Weights <b>23</b> 10:30 Walking group 11:00 Current Events Discussion 1:30 Bingo! 2:30 Men's Group 3:00 Convo. Ball 3:30 Movie 4:15 Nature Walk</p>	<p>10:00 Chair Exercise <b>24</b> 10:30 Walking group 11:00 Trivia- 3<sup>rd</sup>Floor <b>1:30 Theater Performance</b> 3:00 Ice Cream Social 3:30 Travelogue 4:15 Nature Walk</p>	<p><b>10:00 Chair Zumba</b> <b>25</b> 10:30 Walking group 11:00 Fun with words In the Lobby 1:30 Bingo 2:30 Planting flowers 3:30 Movie 4:15 Nature Walk</p>
<p>10:45 Church up on 6<sup>th</sup> <b>26</b> 2:30 Play Checkers in Library 3:00 Residents Movie Choice</p>	<p>10:00 Chair Exercise <b>27</b> 10:30 Walking group 11:00 Bible Study <b>12:00 Memorial Day BBQ</b> 1:30 Pokeno 2:30 Jewelry Making 3:00 Gardening 3:30 Movie</p> <p>Memorial Day</p>	<p>10:00 Tone it up <b>28</b> 10:30 Walking group 11:00 Coffee &amp; Chat 1:30 Spelling Bee 3:00 Mint Julep 3:30 Movie 4:15 Nature Walk</p>	<p>10:00 Strength &amp; Balance <b>29</b> 10:30 Walking group 11:00 What am I? 1:30 Beauty Box 2:30 Make your own fruit Salad 3:30 Documentary 4:15 Nature Walk</p>	<p>10:00 Light Weights <b>30</b> 10:30 Walking group <b>11:00 Red Hat Lady Club</b> 1:30 Bingo 2:30 Men's Group 3:00 <b>BirthDay Party</b> 3:30 Movie 4:15 Nature Walk</p>	<p>10:00 Chair Exercise <b>31</b> 10:30 Walking group 11:00 Trivia- 3<sup>rd</sup>Floor 1:30 Pokeno 2:30 A Lovely Day 3:00 Ice Cream Social 3:30 Travelogue 4:15 Nature Walk</p>	