

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# February 2019

## Pioneer House



10:00 Ball Exercise  
 10:30 Walking group  
 11:00 Trivia- 3<sup>rd</sup>Floor  
 1:30 Bingo  
 3:00 Ice Cream Social  
 3:30 Travelogue  
 4:15 Nature Walk  
**Wear Red Day**

**10:00 Chair Zumba**  
 10:30 Walking group  
 11:00 This week in History  
 1:30 Bingo  
 2:30 Chasing Shadows  
 3:00 Cooking Club  
 3:30 Movie

10:45 Church up on 6<sup>th</sup>  
 2:30 Play Chess in Library  
 3:00 Residents Movie Choice  
**Super Bowl Party**



**10:00 Chair Yoga**  
 10:30 Walking group  
 11:00 Bible Study  
 1:30 Pokeno  
 2:30 Jewelry Making  
 3:00 Darts  
 3:30 Movie  
 4:15 Nature Walk

10:00 Tone it up  
 Tuesday  
 10:30 Walking group  
 11:00 Coffee & Chat  
 1:30 Chinese Craft  
 2:30 Pot stickers  
 3:30 Movie on China  
 4:15 Nature Walk

Chinese New Year

10:00 Strength & Balance  
 10:30 Walking group  
 11:00 Who am I?  
 1:30 Beauty Box  
 2:30 Nutella Day  
 3:30 Documentary  
 4:15 Nature Walk

10:00 Light Weights  
 10:30 Walking group  
 11:00 Current Events Discussion  
 1:30 Bingo  
 2:00 Scrabble - 2<sup>nd</sup> Floor  
**3:00 Resident Mtg.**  
 3:30 Movie  
 4:15 Nature Walk

10:00 Ball Exercise  
 10:30 Walking group  
 11:00 Trivia- 3<sup>rd</sup>Floor  
 1:15 Bingo  
**2:15 Music with Antonio**  
 3:00 Ice Cream Social  
 3:30 Travelogue  
 4:15 Nature Walk

**10:00 Chair Zumba**  
 10:30 Walking group  
 11:00 This week in History  
 1:30 Bingo  
 2:30 You be the judge!  
 3:00 Chocolate Kiss Cookies  
 3:30 Movie

Groundhog Day

10:45 Church up on 6<sup>th</sup>  
 2:30 Play Chess in Library  
 3:00 Residents Movie Choice

**10:00 Chair Yoga**  
 10:30 Walking group  
 11:00 Bible Study  
 1:30 Pokeno  
 2:30 Jewelry Making  
 3:00 African America Trivia  
 3:30 Movie  
 4:15 Nature Walk

10:00 Tone it up  
 Tuesday  
 10:30 Walking group  
 11:00 Coffee & Chat  
 1:30 Tea Tasting  
 2:30 Making Valentine's Day cards  
 3:30 Movie  
 4:15 Nature Walk

10:00 Strength & Balance  
 10:30 Walking group  
 11:00 Cranium Crunches  
 1:30 Beauty Box  
 2:30 Heart frame  
 3:30 Documentary  
 4:15 Nature Walk

10:00 Light Weights  
 10:30 Walking group  
 11:00 Current Events Discussion  
**1:30 Music w/ Tim Duran**  
**3:00 Not So Newlywed Game**  
**5:30 Candle light Dinner**



Valentine's Day

10:00 Ball Exercise  
 10:30 Walking group  
 11:00 Trivia- 3<sup>rd</sup>Floor  
 1:30 Bingo  
 2:30 Fun with words  
 3:00 Ice Cream Social  
 3:30 Travelogue  
 4:15 Nature Walk

**10:00 Chair Zumba**  
 10:30 Walking group  
 11:00 This week in History  
 1:30 Bingo  
 2:30 You be the judge!  
 3:00 Chocolate chip cookies  
 3:30 Movie

10:45 Church up on 6<sup>th</sup>  
 2:30 Play Chess in Library  
 3:00 Residents Movie Choice

**10:00 Chair Yoga**  
 10:30 Walking group  
 11:00 Bible Study  
 1:30 Pokeno  
 2:30 Jewelry Making  
 3:00 President Trivia  
 3:30 Movie  
 4:15 Nature Walk

Presidents' Day (US)

10:00 Tone it up  
 Tuesday  
 10:30 Walking group  
 11:00 Coffee & Chat  
**1:30 Music with Alvin**  
 3:00 Peppermint patty chocolate cookies  
 3:30 Movie  
 4:15 Nature Walk

10:00 Strength & Balance  
 10:30 Walking group  
 11:00 What am I?  
 1:30 Beauty Box  
 2:30 Sip & Paint  
 3:30 Documentary  
 4:15 Nature Walk

10:00 Light Weights  
 10:30 Walking group  
 11:00 Current Events Discussion  
 1:30 Bingo  
 2:00 Scrabble - 2<sup>nd</sup> Floor  
**3:00 Birthday Party**  
 3:30 Movie  
 4:15 Nature Walk

10:00 Ball Exercise  
 10:30 Walking group  
 11:00 Trivia- 3<sup>rd</sup>Floor  
 1:30 Bingo  
 3:00 Ice Cream Social  
 3:30 Travelogue  
 4:15 Nature Walk

**10:00 Light Weights**  
 10:30 Walking group  
 11:00 This week in History  
 1:30 Bingo  
 2:30 You be the judge!  
 3:00 Tootsie Roll Day  
 3:30 Movie

10:45 Church up on 6<sup>th</sup>  
 2:30 Play Chess in Library  
 3:00 Residents Movie Choice

**10:00 Chair Yoga**  
 10:30 Walking group  
 11:00 Bible Study  
 1:30 Pokeno  
 2:30 Jewelry making- Friendship bracelets  
 3:30 Movie  
 4:15 Nature Walk

10:00 Tone it up  
 Tuesday  
 10:30 Walking group  
 11:00 Coffee & Chat  
 1:30 Categories  
 2:30 Tea cup fairy garden  
 3:30 Movie  
 4:15 Nature Walk

10:00 Strength & Balance  
 10:30 Walking group  
 11:00 Cranium Crunches  
 1:30 Beauty Box  
 2:30 Brain teasers  
 3:30 Documentary  
 4:15 Nature Walk

10:00 Light Weights  
 10:30 Walking group  
 11:00 Current Events Discussion  
 1:30 Bingo  
 2:00 Scrabble - 2<sup>nd</sup> Floor  
 3:00 Would You Rather?  
 3:30 Movie  
 4:15 Nature Walk

**Independent & Assisted Living**