

Retirement Housing Foundation

COMMITTED TO SERVICE • DEDICATED TO EXCELLENCE • ENHANCING QUALITY OF LIFE

DeSmet Retirement Community

1425 N New Florissant Road • Florissant, MO 63033 • (314) 838-3811

DeSmet Management Team

Executive Director Carol Turpin
Director of Nursing Marcus Geuin
Dietary Director Carybee Reed
Maintenance Director Cecil Harris
Marketing Director Candy Wingo
Activity Director JaWanna James

Gobbling Up Turkey for Thanksgiving

Chances are, on Thanksgiving Day, turkey will be on the menu for the holiday meal. How did this bird become the symbol for the day?

The Pilgrims of the Plymouth colony and local Wampanoag Indians marked the first Thanksgiving in 1621. Although written accounts of the food offered mention wild fowl, and turkeys were plentiful in the area, they likely weren't the focus of the spread then.

However, the Pilgrims' tradition of giving thanks for harvests became common, and in 1863, President Abraham Lincoln made Thanksgiving a national holiday. Magazine editor Sarah Josepha Hale had lobbied for such a day, and she wrote about New Englanders serving roast turkey for the festivities. Others then adopted the menu.

Historians point to the fact that turkey is native to North America and widely available across the U.S. The pick is also practical because a turkey can feed a large gathering of people. At the same time, turkey as a main dish on holidays and special occasions was reflected in popular books throughout the 19th century.

All this helped reinforce the turkey's image as a symbol of Thanksgiving, a celebration now nicknamed Turkey Day.

November 2022



A Harvest Gem

Bundles of dried corn cobs with colorful kernels are a familiar sight in fall displays. Called flint corn, this kind of corn is not eaten off the cob like sweet corn, but can be ground into cornmeal, made into hominy or sometimes popped. An heirloom variety of flint corn, called Glass Gem corn, has become a seasonal star due to its glistening rows of rainbow-colored kernels.

Brainteaser

Question: What word is six letters long, but when you remove one letter, you're left with 12?

Answer: Dozens.

Protect Your Sweaters

When hanging sweaters in a closet, choose wide, wooden hangers for heavier knits and slim, velvet hangers for lightweight cardigans. These will help prevent fabrics from stretching or slipping.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 7:00 CA Continental Breakfast 10:00 CR Chair Exercises 11:30 AL Pampered Nails 1:30 CR Nickel BINGO	2 10:00 O Dierbergs ✓ 11:30 AL Chair Exercises AL 1:00 AL AL Resident Council 1:00 AL Topic Chat 2:30 CR Town Hall Meeting ☕	3 7:00 CA Continental Breakfast 11:30 AL Take a Lap! (Resident Walk) 1:30 CR Nickel BINGO	4 7:00 CA Continental Breakfast 10:00 O Kohl's ✓ 12:30 AL Family Feud 1:30 CR Nickel BINGO	5 
6 CHANGE YOUR CLOCKS	7 7:00 CA Continental Breakfast 11:30 AL Chair Exercises AL 1:30 CR Movie Monday	8 7:00 CA Continental Breakfast 10:00 CR Chair Exercises 11:30 AL Pampered Nails 1:30 CR Nickel BINGO	9 10:00 O Schnucks ✓ 11:30 AL Chair Exercises AL 1:00 AL Topic Chat	10 7:00 CA Continental Breakfast 11:30 AL Take a Lap! (Resident Walk) 1:30 CR Nickel BINGO ☐	11 Veterans Day 7:00 CA Continental Breakfast 10:00 O Target ✓ 12:30 AL Family Feud 1:30 CR Nickel BINGO	12 
13	14 7:00 CA Continental Breakfast 11:30 AL Chair Exercises AL 1:30 CR Movie Monday	15 7:00 CA Continental Breakfast 10:00 CR Chair Exercises 11:30 AL Pampered Nails 1:30 CR Nickel BINGO	16 10:00 O Walmart ✓ 11:30 AL Chair Exercises AL 1:00 AL Topic Chat	17 7:00 CA Continental Breakfast 11:30 AL Take a Lap! (Resident Walk) 1:30 AR Thanksgiving Crafting ☐	18 7:00 CA Continental Breakfast 10:30 O Pizza Party! (you must pay \$5 to attend) ✓ 12:30 AL Family Feud 1:30 CR Nickel BINGO	19 Happy Birthday Joan!! 
20 	21 7:00 CA Continental Breakfast 11:30 AL Chair Exercises AL 1:30 CR Movie Monday	22 7:00 CA Continental Breakfast 10:00 CR Chair Exercises 11:30 AL Pampered Nails 1:30 CR Nickel BINGO	23 9:00 O Dierbergs ✓ 11:30 AL Chair Exercises AL 1:00 AL Topic Chat	24 	25 7:00 CA Continental Breakfast 12:30 AL Family Feud 1:30 CR Nickel BINGO	26
27	28 7:00 CA Continental Breakfast 11:30 AL Chair Exercises AL 1:30 CR Movie Monday	29 7:00 CA Continental Breakfast 10:00 CR Chair Exercises 11:30 AL Pampered Nails 1:30 CR Nickel BINGO	30 10:00 O Shnucks ✓ 11:30 AL Chair Exercises AL 1:00 AL Topic Chat			

Word Search

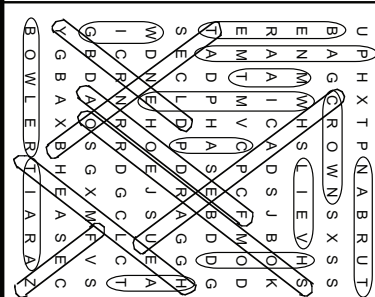
Category: Things Worn on the Head

U P H X T P N A B R U T
B A G C R O W N S X S S
E N M W H S L I E V H S
R A A I C A D S J B O K
E M T M V C P C F M O D
T A D P H A S E B D D G
S E C L D P D R A G G H
W D N E H O E J S U E A
I C R N R R D G C L C T
G B D A O S G X M F V S
Y G B A X B H E A S E C
B O W L E R T I A R A Z

1. Crown
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____
19. _____
20. _____

Word Search Solution:

1. Beret
2. Bonnet
3. Bowler
4. Cap
5. Chapeau
6. Crown
7. Derby
8. Fedora
9. Fez
10. Hat
11. Helmet
12. Hood
13. Panama
14. Sombrero
15. Tam
16. Tiara
17. Turban
18. Veil
19. Wig
20. Wimple



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