

# Retirement Housing Foundation COMMITTED TO SERVICE • DEDICATED TO EXCELLENCE • ENHANCING QUALITY OF LIFE

### DeSmet Retirement Community

1425 N New Florissant Road • Florissant, MO 63033 • (314) 838-3811

#### **DeSmet Management Team**

Executive Director	Carol Turpin
Director of Nursing	Marcus Geuin
Business Office Manager	Michelle Dunning
Dietary Director	Carybee Reed
Maintenance Director	Cecil Harris
Community Liaison	Lisa Alessi
Activity Director	Sarah Dillingham

#### Carol's Corner

What a crazy summer in the Midwest. Either bake or pouring rain. It was good to see the pavement completed and the new grass to come in September.

Do you know of anyone who would like to volunteer at DeSmet? Contact Sarah in Activities. I look forward to our next phase of renovating. Lighting and flooring in the dining room, hall painting, dining rooms chairs, etc.

The dining room looks great with a change of color on the walls. The staff is here to assist with concerns that come up. If we do not know about your concern, how can we assist with the issue.

Accept what is-Let go of what was-Have faith in what will be



#### September 2019



#### **A Purr-fect Place**

September is Happy Cat Month, and any feline fan knows that if there's one object that makes a cat happy, it's a cardboard box. Many cat owners can attest to this, and images of kitties in boxes of all sizes demonstrating the "If I fits, I sits" principle—can be found on the internet. Researchers say this quirk is likely related to a cat's natural instinct to retreat to an enclosed area to hide from danger and to stalk prey. The closed sides of a box also provide comfort and warmth, keeping cats relaxed and content.





## September 2019

AR Activity Room

CR Community Room

CH Chapel

AD Assisted Living Dining Room

O Outing/Trip

✓ Sign-Up Required

★ Mark the Date

☐ Open to All

☐ Open to All

■ I/L Residents Only

CA Community Room Cafe

					Outing/Trip	■ I/L Residents Only
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
lappy Birthday Jean! 1 9:30 CH Rosary 0:15 CH Catholic Communion Service 2:30 CH Sunday Service with Brother George□	Happy 2 Labor Day	8:30 AR Coffee & Donuts 10:00 AD Manicures - A/L side 12:00 O Lunch @ White Castle 2:00 AR Nickel Bingo	8:00 CR Independent Living Breakfast   12:30 AD A/L Residents' Council Meeting★  1:30 CR Ice Cream Sundaes - Courtesy of First Light  2:00 CR RPI Exercise□  2:30 AR Horse Races  2:30 CR I/L Town Hall Meeting★	9:00 AR Mind Joggers 10:00 AR Wheel of Fortune 2:00 CR SOCIAL HOUR with Dan Sproat ★ 6:30 CR Bible Study with Ms. Helen	8:30 O Wal Mart 10:00 AR Morning Stretch 2:00 AR Nickel Bingo	WE
9:30 CH Rosary 0:15 CH Catholic Communion Service 2:30 CH Sunday Service with Brother George□	8:30 O Schnucks & Smoke Shop Run ✓ 10:30 AR You Be the Judge 12:00 CR RPI Exercise ☐ 1:30 AR Monday Movie, Manicures, and Popcorn ☐ 3:00 CA Bible Study with Ms. Betty	8:30 AR Coffee & Donuts 10:00 AD Manicures - A/L side 12:00 Shop @ Michael's Crafts ✓ 2:00 AR Nickel Bingo	8:00 CR Independent Living Breakfast   10:30 AD Light n' Lively  2:00 CR RPI Exercise  2:30 CR Whoopee	9:00 AR Wii Bowling 10:00 AR Wheel of Fortune 2:00 CR SOCIAL HOUR with Sue Kennedy ★ 6:30 CR Bible Study with Ms. Helen	8:00 O Breakfast Club - IHOP ✓ 10:00 CR Mind & Body □ 2:00 AR Nickel Bingo	LIVE LAUGH LOVE
9:30 CH Rosary 0:15 CH Catholic Communion Service 2:30 CH Sunday Service with Brother George□	Happy Birthday Cora! 16 9:00 ○ Aldi & Smoke Shop Run ✓ 12:00 CR RPI Exercise  1:30 AR Monday Movie, Manicures, and Popcorn □ 3:00 CA Bible Study with Ms. Betty	8:30 AR Coffee & Donuts 10:00 AD Manicures - A/L side 12:00 O Lunch @ Chick-fil-a	8:00 CR Independent Living Breakfast   10:30 AD Light n' Lively  2:00 CR RPI Exercise   2:30 AR Horse Races	Happy Birthday Joe! 19 9:00 AR Mind Joggers 10:00 CR Helping Hands, Loving Hearts 2:00 CR SOCIAL HOUR with Stacy ★ 6:30 CR Bible Study with Ms. Helen	Happy Birthday Wilbert! 20 12:00 CR Flu Clinic Times TBD 8:30 ○ Dollar Tree 10:00 CR Mind & Body □ 11:00 CR Life Changes Lunch-\$5 ✓ 2:00 AR Nickel Bingo	
appy Birthday Hardy! 22 9:30 CH Rosary 0:15 CH Catholic Communion Service 2:30 CH Sunday Service with Brother George□	8:30 O Dierbergs & Smoke Shop Run \( \sigma 10:30 AR \) You Be the Judge 12:00 CR RPI Exercise \( \sigma 1:30 AR \) Monday Movie, Manicures, and Popcorn \( \sigma 3:00 CA \) Bible Study with Ms. Betty	8:30 AR Coffee & Donuts 10:00 AD Manicures - A/L side 12:00 O Thrift Store 2:00 AR Nickel Bingo	Happy Birthday Santa! 25 8:00 CR Independent Living Breakfast 10:30 AD Light n' Lively 2:00 CH Catholic Mass 2:00 CR RPI Exercise 2:30 CR Whoopee	9:00 AR Wii Bowling 10:00 AR Wheel of Fortune 2:00 CR SOCIAL HOUR with Dan Sproat ★ 6:30 CR Bible Study with Ms. Helen	Happy Birthday Lillian! 27 8:30	LOVE MAKES THIS HOUSE A HOME
9:30 CH Rosary 0:15 CH Catholic Communion Service 2:30 CH Sunday Service with Brother George	9:00 O Schnucks & Smoke Shop Run ✓ 12:00 CR RPI Exercise   1:30 AR Monday Movie, Manicures, and Popcorn   3:00 CA Bible Study with Ms. Betty			10:00 AR Blitz everyday⊡	Cardinals	HAPPY FALL

# "This Month In History"

#### **SEPTEMBER**

**1928:** By accident, Scottish scientist Alexander Fleming discovers penicillin, the world's first antibiotic.

**1930:** American Bobby Jones becomes the first to achieve the Grand Slam of golf by winning the year's four major championships.

**1955:** Little Richard records what will be his first major hit, "Tutti Frutti." Loud and with a driving beat, the song is hailed as pioneering the rock 'n' roll sound.

**1970:** A groundbreaking sitcom at the time, "The Mary Tyler Moore Show" premieres.

**1987:** New York City's Rockefeller Center is declared a National Historic Landmark.

**1998:** A new federal law mandates that all automobiles sold in the U.S. must be equipped with air bags.

**2002:** Kelly Clarkson is named the first "American Idol" for the inaugural season of the TV singing competition. Clarkson has gone on to top the music charts and win several Grammy Awards.

**2011:** After 41 years, the daytime TV soap opera "All My Children" airs its final episode.



1425 N New Florissant Road Florissant, MO 63033

