

Retirement Housing Foundation

COMMITTED TO SERVICE • DEDICATED TO EXCELLENCE • ENHANCING QUALITY OF LIFE

DeSmet Retirement Community

1425 N New Florissant Road • Florissant, MO 63033 • (314) 838-3811

DeSmet Management Team

Executive Director	Carol Turpin
Director of Nursing	Marcus Geuin
Business Office Manager	Michelle Dunning
Dietary Director	Carybee Reed
Maintenance Director	Cecil Harris
Community Liaison	Lisa Alessi
Activity Director	Sarah Dillingham

Volunteer Visits

Do you have a talent that you would love to share with others? How about a topic that you could present to a group? Vacation photos to show off? Or maybe you would just like to sit down for a friendly chat or card game. We are always looking for volunteers of all types. Contact the office for more information. We'd love to have you!

A Long-Running Celebration

Bristol, R.I., has hosted a Fourth of July celebration every year since 1785, earning it the nickname "America's Most Patriotic Town." Bristol begins its festivities on Flag Day, June 14, and caps them off with a parade on July 4.



July 2019

Welcome, Lisa

DeSmet has added a "Community Liaison" Manager. Her name is Lisa Alessi. She comes to DeSmet as an experienced resident advocate.

Please welcome her to the DeSmet Family

Independence Day

On July 4, 1776, the Continental Congress approved the Declaration of Independence. A few days later, on July 8, the first public reading of the document occurred when Col. John Nixon read it to an assembled crowd in Philadelphia.

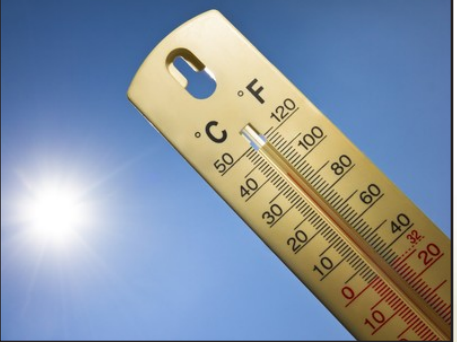
Seeking Liberty

The legal separation of the American Colonies from Great Britain occurred on July 2, 1776, when the Second Continental Congress approved a resolution declaring the United States independent from English rule. Over the next two days, Congress debated and revised the wording of the Declaration of Independence, which was approved on July 4.

Make Your Own Luck

Would you like to increase the odds of something good happening in your life? Good luck is more likely to strike if you step out of your comfort zone and are receptive to fresh opportunities. Experts say that being open to new activities, people and places can help create more positive experiences.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 8:30 O Dierbergs & Smoke Shop Run✓ 10:00 AR Blitz 12:00 CR RPI Exercise□ 1:30 AR Monday Movie Matinee□ 3:00 CA Bible Study with Ms. Betty	2 8:30 AR Coffee Talk 10:00 AR Blitz□ 10:00 AD Pampered Nails - A/L side 12:00 O Lunch @ White Castle✓ 2:00 AR Nickel Bingo	3 8:00 CR Independent Living Breakfast☕ 9:00 CR Pampered Nails - I/L side 10:00 AR Blitz□ 12:30 AD A/L Residents' Council Meeting★ 2:00 CR RPI Exercise□ 2:30 CR I/L Town Hall Meeting★	Independence Day!!! 4 	5 8:30 O Walmart 10:00 AR Blitz□ 2:00 AR Nickel Bingo	
7 10:15 CH Catholic Communion Service 2:30 CH Sunday Service with Brother George□	8 8:30 O Aldi & Smoke Shop Run✓ 10:00 AR Blitz□ 12:00 CR RPI Exercise□ 1:30 AR Monday Movie Matinee□ 3:00 CA Bible Study with Ms. Betty	9 8:30 AR Coffee Talk 10:00 AR Blitz□ 10:00 AD Pampered Nails - A/L side 12:00 O Shop @ Kohl's✓ 2:00 AR Nickel Bingo	10 8:00 CR Independent Living Breakfast☕ 9:00 CR Pampered Nails - I/L side 10:00 AR Blitz□ 2:00 CR RPI Exercise□ 2:30 AR Horse Races	11 9:00 AR Toss Up 10:00 AR Blitz□ 10:00 CR Wheel of Fortune 11:15 CR Blood Pressure Clinic by Kindred Hospice★ 2:00 CR Social Hour with Sterling - Sponsored by RPI Therapy★ 6:30 CR Bible Study with Ms. Helen	12 7:30 O Golden Corral Breakfast Club✓ 10:00 AR Blitz□ 11:00 O Ross Dress for Less✓ 2:00 AR Nickel Bingo	
14 10:15 CH Catholic Communion Service 2:30 CH Sunday Service with Brother George□	Happy Birthday Mary Margaret! 15 8:30 O Schnucks & Smoke Shop Run✓ 10:00 AR Blitz□ 12:00 CR RPI Exercise□ 1:30 AR Monday Movie Matinee□ 3:00 CA Bible Study with Ms. Betty	16 8:30 AR Coffee Talk 10:00 AR Blitz□ 10:00 AD Pampered Nails - A/L side 12:00 O Shop @ Marshall's✓ 2:00 AR Nickel Bingo	Happy Birthday Liz! 17 8:00 CR Independent Living Breakfast☕ 9:00 CR Pampered Nails - I/L side 10:00 AR Blitz□ 2:00 CR RPI Exercise□ 2:30 AR Horse Races	18 9:00 AR Wii Bowling 10:00 AR Blitz□ 10:00 CR Wheel of Fortune 11:30 CA DIY Summer Flip-Flop Wreath/Welcome Sign 2:00 CR Social Hour with Stacy McClenahan★ 6:30 CR Bible Study with Ms. Helen	19 8:30 O Dollar Tree✓ 10:00 AR Blitz□ 11:00 CR Life Changes Lunch-\$5✓ 2:00 AR Nickel Bingo	
21 10:15 CH Catholic Communion Service 2:30 CH Sunday Service with Brother George□	22 8:30 O Aldi & Smoke Shop Run✓ 10:00 AR Blitz□ 12:00 CR RPI Exercise□ 1:30 AR Monday Movie Matinee□ 3:00 CA Bible Study with Ms. Betty	23 8:30 AR Coffee Talk 10:00 AR Blitz□ 10:00 AD Pampered Nails - A/L side 12:00 O Lunch @ St. Louis Bread Company✓ 2:00 AR Nickel Bingo	24 8:00 CR Independent Living Breakfast☕ 9:00 CR Pampered Nails - I/L side 10:00 AR Blitz□ 2:00 CH Catholic Mass 2:00 CR RPI Exercise□ 2:30 AR Horse Races	25 9:00 AR Toss Up 10:00 AR Blitz□ 10:00 CR Wheel of Fortune 2:00 CR Social Hour with Dan Sproat★ 6:30 CR Bible Study with Ms. Helen	Happy Birthday Frances! 26 10:00 AR Blitz□ 12:00 CR Birthday Party Lunch & Entertainment with Stanley★ 2:00 AR Nickel Bingo	
28 10:15 CH Catholic Communion Service 2:30 CH Sunday Service with Brother George□	29 8:30 O Dierbergs & Smoke Shop Run✓ 10:00 AR Blitz□ 12:00 CR RPI Exercise□ 1:30 AR Monday Movie Matinee□ 3:00 CA Bible Study with Ms. Betty	30 8:30 AR Coffee Talk 10:00 AR Blitz□ 10:00 AD Pampered Nails - A/L side 12:00 O Shop @ Salvation Army✓ 2:00 AR Nickel Bingo	31 8:00 CR Independent Living Breakfast☕ 9:00 CR Pampered Nails - I/L side 10:00 AR Blitz□ 2:00 CR RPI Exercise□ 2:30 AR Horse Races			

"This Month In History"

JULY

1903: Cyclists compete in the first Tour de France. Maurice Garin was the first to cross the finish line in Paris.

1914: A dance craze begins after the fox trot is performed at a club in New York City.

1926: Showing a fish swimming in the Florida Keys, the first underwater color photo is taken by a National Geographic magazine photographer.

1937: Cheap, filling and needing no refrigeration, the canned meat product Spam is introduced.

1946: The bikini swimsuit debuts at a fashion show in Paris.

1958: President Dwight D. Eisenhower signs the Alaska Statehood Act, allowing the territory to become the 49th state.

1960: Harper Lee's "To Kill a Mockingbird" is published and quickly becomes a best-seller. The novel was awarded the Pulitzer Prize a year later.

1988: Sprinter Florence Griffith Joyner, nicknamed Flo-Jo, sets the world record for the women's 100-meter. Her record of 10.49 seconds still stands today.

2002: Major League Baseball's All-Star Game ends in a 7-7 tie after 11 innings because both teams run out of pitchers.

2018: In an effort to reduce environmental pollution, Starbucks announces it will stop providing disposable plastic straws in its stores by 2020.



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