



Retirement Housing Foundation

COMMITTED TO SERVICE • DEDICATED TO EXCELLENCE • ENHANCING QUALITY OF LIFE

DeSmet Retirement Community

1425 N New Florissant Road • Florissant, MO 63033 • (314) 838-3811

DeSmet Management Team

Executive Director	Carol Turpin
Director of Nursing	Marcus Geuin
Business Office Manager	Carol Turpin
Dietary Director	Carybee Reed
Maintenance Director	Cecil Harris
Marketing Director	Carol Turpin
Activity Assistant	JaWanna James

Welcome to the Dog Days of Summer

This is what you call Missouri Hot! Please remember to hydrate (drink more water) when temperatures are in the 90s. I would like to share a picture of my grandchildren. They are 6, 5, 18 months, and newborn. I have truly been blessed.



The newborn was named Caroline Jean after Grandma. She was born 6-15-21.

Movies on Monday in the IL dining room, fun and snacks.

August 2021



THIS IS "MISSOURI HOT".

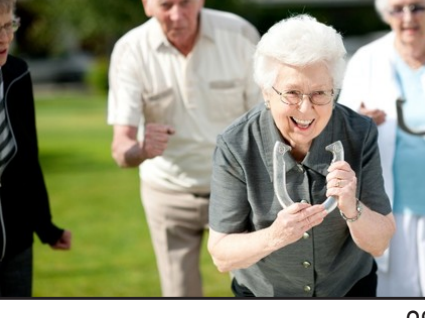
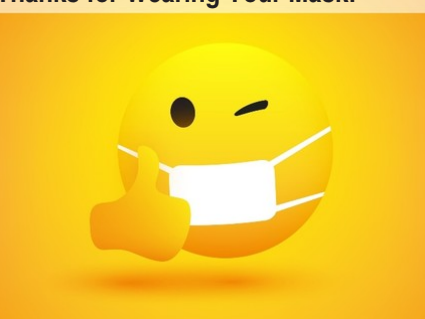
We are coming in to the hottest part of the summer. Please make sure you drink lots of water and watch the strong sunlight for a burn. Make sure you use sunscreen.

We will offer hydration stations in both the Independent Living and the Assisted Living.

Crickets Can Tell You the Temperature

You could call them nature's thermometers.

Listening to the chirps of crickets can give you a rough estimate of the outside temperature. The Old Farmer's Almanac provides this formula: Count the number of chirps in 14 seconds, then add 40 to that number. For example, if you hear 30 chirps, add 40, which would be 70 degrees.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CR - 7:00AM Continental Breakfast 1 	2 7:00 CR Continental Breakfast 11:00 CR IL Exercises with Ms. Lula 12:30 AR Blitz☐ 12:30 AL Wootie 1:30 CR Movie and Popcorn☐	National Watermelon Day 3 7:00 CR Continental Breakfast 12:30 AL Tropical BINGO 1:30 AR Nickel Bingo	Chocolate Chip Cookies Day 4 7:00 CR Continental Breakfast 9:30 O Aldi ✓ 12:30 AR Blitz 12:30 AL Chair Exercising with Jay 1:00 AL AL Residents Council 2:30 CR Town Hall Meeting 🍷	5 7:00 CR Continental Breakfast 11:00 CR IL Exercises with Ms. Lula 12:30 AL Table Talk 1:30 AR Nickel BINGO☐	6 7:00 CR Continental Breakfast 11:30 RA Snack Delivery 12:30 AL Family Feud 1:30 AR Nickel BINGO☐	AR - 12:30 Blitz 7 
CR - 7:00AM Continental Breakfast 8 	National Women's Day 9 7:00 CR Continental Breakfast 11:00 CR IL Exercises with Ms. Lula 12:30 AR Blitz☐ 12:30 AL Toss Up! 1:30 CR Movie and Popcorn☐	10 7:00 CR Continental Breakfast 11:00 AR Crafting ☐ 12:30 AL Prize BINGO 1:30 AR Nickel Bingo	11 7:00 CR Continental Breakfast 9:00 CR IL Resident and Staff Breakfast 9:30 O Schnucks ✓ 12:00 AR Blitz 12:30 AL Chair Exercising with Jay 1:30 RA AL One on One 1:30 AR Horse Races with Lauri☐	12 7:00 CR Continental Breakfast 11:00 CR IL Exercises with Ms. Lula 12:30 AL Wootie 2:00 CR Social Hour with Marty '70s Theme (You may dress in '70s Clothing) ☐	13 7:00 CR Continental Breakfast 11:30 RA Fresh Popcorn Delivery 12:30 AL What's That Phrase? 1:30 AR Nickel BINGO☐	AR - 12:30 Blitz 14 
CR - 7:00AM Continental Breakfast 15 	Tell a Joke Day 16 7:00 CR Continental Breakfast 11:00 CR IL Exercises with Ms. Lula 12:30 AR Blitz☐ 12:30 AL Wootie 1:30 CR Movie and Popcorn☐	17 7:00 CR Continental Breakfast 12:30 AL Tropical BINGO 1:30 AR Nickel Bingo	18 7:00 CR Continental Breakfast 10:00 O Walmart ✓ 12:00 AR Blitz 12:30 AL Chair Exercising with Jay 1:30 RA AL One on One	19 7:00 CR Continental Breakfast 11:00 CR IL Exercises with Ms. Lula 12:30 AL Wootie 1:30 AR Nickel BINGO☐	National Lemonade Day 20 7:00 CR Continental Breakfast 11:00 CR Life Changes Luncheon 11:30 RA Snack Delivery 12:30 AL Family Feud 1:30 AR Nickel BINGO☐	Senior Citizens Day 21 
ATTENTION Residents: 22 Please know when setting your Doctor's appointments to make your appointments between 9AM- 2PM, to return back by 3PM Thank You!	National Heroes Day 23 7:00 CR Continental Breakfast 11:00 CR IL Exercises with Ms. Lula 12:30 AR Blitz☐ 12:30 AL Toss Up! 1:30 CR Movie and Popcorn☐	Tie Dye Day! 24 7:00 CR Continental Breakfast 11:00 AR Crafting (Tie Dye) ☐ 12:30 AL Prize BINGO 1:30 AR Nickel Bingo	25 7:00 CR Continental Breakfast 10:00 O Shopping Dollar Tree/ Walgreens ✓ 12:00 Blitz 12:30 AL Chair Exercising with Jay 1:30 RA AL One on One 1:30 AR Horse Races with Lauri☐	26 7:00 CR Continental Breakfast 11:00 CR IL Exercises with Ms. Lula 12:30 AL Trivia 2:00 CR Social Hour with Stacey Michael Jackson Theme!☐	27 7:00 CR Continental Breakfast 11:30 RA Fresh Popcorn Delivery 12:30 AL What's that Phrase? 1:30 AR Nickel BINGO☐	28 7:00 CR Continental Breakfast 12:30 AR Blitz
CR - 7:00AM Continental Breakfast 29 	30 7:00 CR Continental Breakfast 11:00 CR IL Exercises with Ms. Lula 12:30 AR Blitz☐ 12:30 AL Wootie 1:30 CR Movie and Popcorn☐	31 7:00 CR Continental Breakfast 12:30 AL Tropical BINGO 1:30 AR Nickel Bingo		August Birthdays!! Happy Birthday! Mr. Grimes - 8/6 Ms. Mickey - 8/11 Ms. Lenora - 8/16 Ms. Viola - 8/20	While participating in events held or sponsored by DeSmet, "social distancing" must be practiced and face coverings worn at all times (optional for those residents fully vaccinated) in the dining room to reduce the risk of exposure to COVID-19, because COVID-19 is extremely contagious, and we will continue to follow CDC guidelines and other directives provided for the protection of residents during events or activities.	Thanks for Wearing Your Mask! 

Word Search

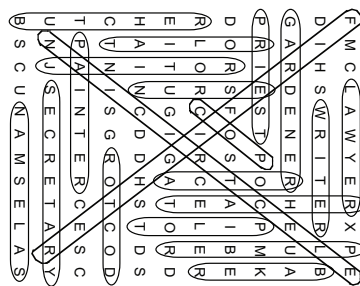
Category: Occupations

F M C L A W Y E R X P E
D I H S W R I T E R L B
G A R D E N E R H E U A
P R I E S T P O C P M K
D O R S F O S T A I B E
R L O R C I R C E L E R
E I T U G I G A T O R D
H A I N C D D H S T D S
C T N I S G R O T C O D
T P A I N T E R C E S C
U N J S E C R E T A R Y
B S C U N A M S E L A S

1. Gardener
- 2.
- 3.
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Word Search Solution:

1. Actor
2. Baker
3. Butcher
4. Cop
5. Doctor
6. Electrician
7. Firefighter
8. Gardener
9. Janitor
10. Lawyer
11. Nurse
12. Painter
13. Pilot
14. Plumber
15. Priest
16. Salesman
17. Secretary
18. Tailor
19. Teacher
20. Writer



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