

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities are held in Oasis Dining Room unless noted. Residents are required to wear face mask during activities.	1 9:30 Activity Supplies 10:00 Hymns & Devotions 10:30 Daily Chronicles 11:00 Stretch Flex 2:00 Nail care	2 9:30 Activity Supplies 10:00 Coffee Break 10:30 Daily Chronicles 11:00 Chair Yoga (A) 2:00 Bible Study 2:30 Ice cream social 3:00 Junk Drawer Detective	3 9:30 Activity Supplies 10:00 Coffee Break 10:30 Animal Kingdom 2:00 Bingo	4 9:30 Activity Supplies 10:00 Coffee Break 10:30 Daily Chronicles 11:00 Chair Yoga (A) 2:00 Smooth Jazz By Jonathan	5 9:30 Activity Supplies 10:00 Coffee Break 10:30 Daily Chronicles 11:00 Jumbo Ball Toss 2:00 Happy Hour with Bob on guitar	6 9:30 Activity Supplies 10:00 Coffee Break 10:30 Daily Chronicles 11:00 Word Games 2:00 Bingo
7 9:30 Activity Supplies 9:30 Catholic Communion (R/R) 10:00 Coffee break 10:30 Daily Chronicles 11:00 Chit Chat w/ Darla 2:00 Celebrating a Peaceful Month	8 9:30 Activity Supplies 10:00 Coffee Break 10:30 Daily Chronicles 11:00 Stretch Flex 2:00 Resident Council 3:00 Nail Care	9 9:30 Activity Supplies 10:00 Coffee Break 10:30 Daily Chronicles 11:00 Chair Yoga (A) 2:00 Bible Study 2:30 Ice cream social 3:00 Music w/ Artie	10 9:30 Activity Supplies 10:00 Coffee Break 10:30 Daily Chronicles 11:00 Arts & Crafts 2:00 Bingo	11 9:30 Activity Supplies 10:00 Coffee Break 10:30 Daily Chronicles 11:00 Chair Yoga (A) 2:00 Beat the Heat	12 9:30 Activity Supplies 10:00 Coffee Break 10:30 Daily Chronicles 11:00 Reminisce Ball toss 2:00 Happy Hour w/ Peggy on piano	13 9:30 Activity Supplies 10:00 Coffee Break 10:30 Daily Chronicles 11:00 Word Games 2:00 Bingo
14 9:30 Activity Supplies 10:00 Coffee break 10:30 Daily Chronicles 11:00 Chit Chat w/ Darla 2:00 Learning about the Sunny Sunflowers	15 9:30 Activity Supplies 10:00 Hymns & Devotions 10:30 Daily Chronicles 11:00 Stretch Flex 2:00 Nail care	16 9:30 Activity Supplies 10:00 Coffee Break 10:30 Daily Chronicles 11:00 Chair Yoga (A) 2:00 Bible Study 2:30 Ice cream social	17 9:30 Activity Supplies 10:00 Coffee Break 10:30 Daily Chronicles 11:00 Arts & Crafts 2:00 Bingo	18 9:30 Activity Supplies 10:00 Coffee Break 10:30 Daily Chronicles 11:00 Chair Yoga (A) 2:00 What's cooking? Sunflower Seed cookies	19 9:30 Activity Supplies 10:00 Coffee Break 10:30 Daily Chronicles 11:00 Nudle Ball 2:00 Happy Hour w/ The Smooth Sounds by Jonathan	20 9:30 Activity Supplies 10:00 Coffee Break 10:30 Daily Chronicles 11:00 Word Games 2:00 Bingo
21 9:30 Activity Supplies 9:30 Catholic Communion (R/R) 10:00 Coffee break 10:30 Daily Chronicles 11:00 Chit Chat w/ Darla 2:00 A Sense of Humor	22 9:30 Activity Supplies 10:00 Coffee Break 10:30 Daily Chronicles 11:00 Stretch Flex 2:00 Nail care	23 9:30 Activity Supplies 10:00 Coffee Break 10:30 Daily Chronicles 11:00 Chair Yoga (A) 2:00 Bible Study 2:30 Ice cream social	24 9:30 Activity Supplies 10:00 Coffee Break 10:30 Daily Chronicles 11:00 Cranium Crunches 2:00 Bingo 2:00 Music Therapy w/ Judy (R/R)	25 9:30 Activity Supplies 10:00 Coffee Break 10:30 Daily Chronicles 11:00 Chair Yoga (A) 2:00 Sing-a-long w/ Marsha	26 9:30 Activity Supplies 10:00 Coffee Break 10:30 Daily Chronicles 11:00 Horse Shoes 2:00 Happy Hour w/ Peggy on Piano	27 9:30 Activity Supplies 10:00 Coffee Break 10:30 Daily Chronicles 11:00 Word Games 2:00 Bingo
28 9:30 Activity Supplies 10:00 Coffee break 10:30 Daily Chronicles 11:00 Chit Chat w/ Darla 2:00 Things That Are Golden Trivia	29 9:30 Activity Supplies 10:00 Hymns & Devotions 10:30 Daily Chronicles 11:00 Stretch Flex 2:00 Nail care 3:00 Klondike Bars	30 9:30 Activity Supplies 10:00 Coffee Break 10:30 Daily Chronicles 11:00 Chair Yoga (A) 2:00 Bible Study 2:30 Ice cream social 3:00 What Am I?	31 9:30 Activity Supplies 10:00 Coffee Break 10:30 Daily Chronicles 11:00 Golden Oldies "Name That Tune" 2:00 Bingo	August 2022 Activity Key A=Auditorium		